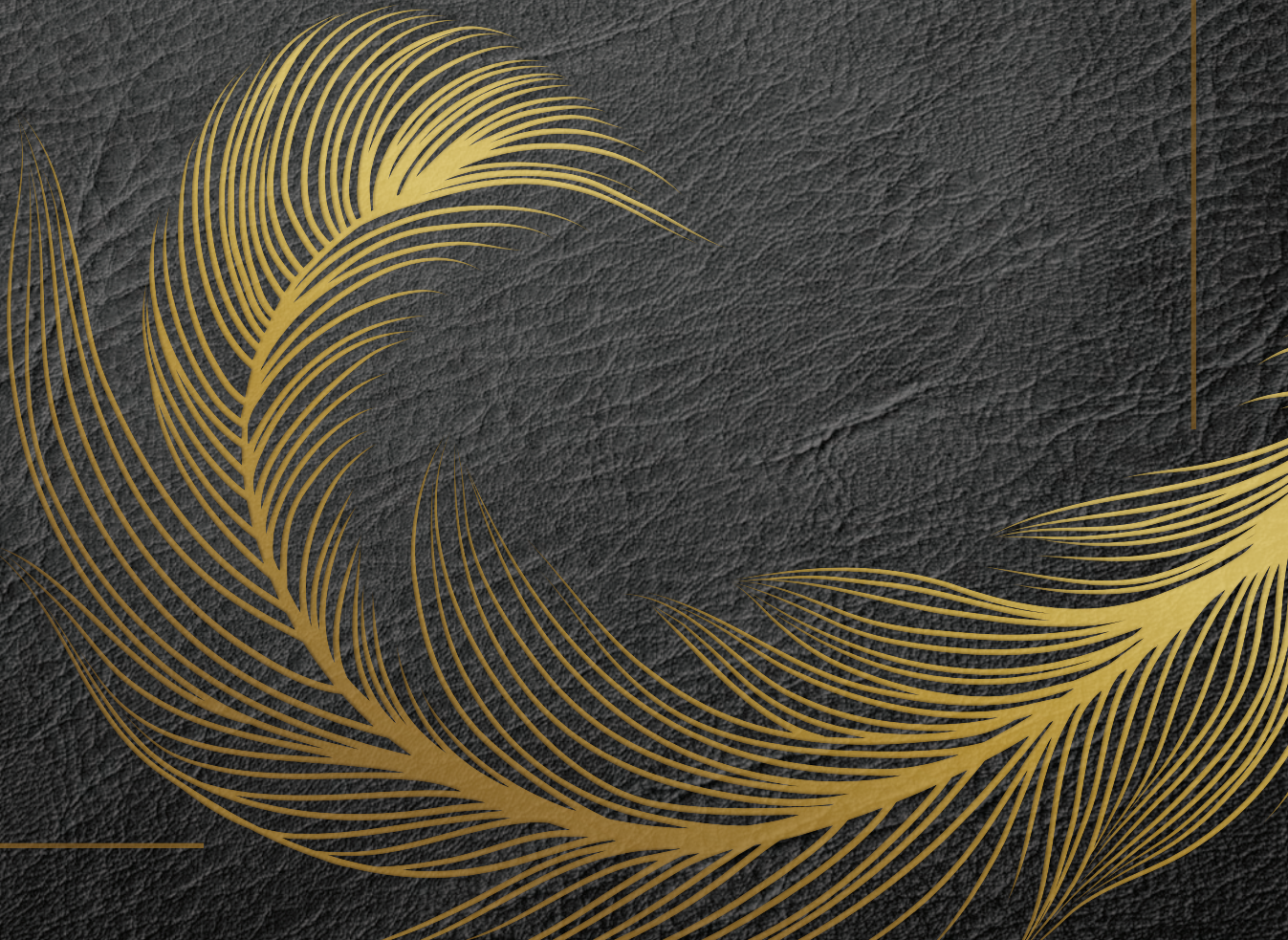


2019–2020

REHABILITATIVE ALTERNATIVES TO INCARCERATION

a HANDBOOK of
COMMUNITY & GOVERNMENT
PROGRAMS in
SASKATCHEWAN



2019–2020
**REHABILITATIVE
ALTERNATIVES TO
INCARCERATION**

**a HANDBOOK of
COMMUNITY & GOVERNMENT
PROGRAMS in
SASKATCHEWAN**

**COMMUNITY LEGAL ASSISTANCE SERVICES
FOR SASKATOON INNER CITY INC. (CLASSIC)**

123 – 20th Street West, Saskatoon SK S7M 0W7

Phone: (306) 657-6100

Fax: (306) 384-0520

www.classiclaw.ca

CLASSIC (COMMUNITY LEGAL ASSISTANCE SERVICES FOR SASKATOON INNER CITY INC.) provides free, professional and confidential legal services for low-income members of our community who otherwise cannot afford legal advice or representation. As a free law clinic operating in Saskatoon, Saskatchewan, CLASSIC has been continuously providing service to the community since February 2007. CLASSIC also works with other community organization through mutual referrals so that clients' legal and non-legal issues are appropriately addressed.

CLASSIC works toward social justice with low-income, marginalized Saskatchewan residents, with a commitment to Indigenous peoples, through a legal clinic that is guided by the needs of the community. This engages law and inter-disciplinary students through experiential learning, providing insights into the cultural and social reality of law and fosters an ethic of social justice.

Published by the Indigenous Law Centre

Indigenous Law Centre

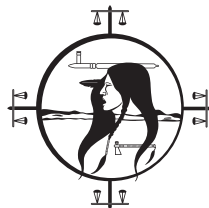
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Indigenous Law Centre



INTRODUCTION

In the years since the amendments to the *Criminal Code*¹ that saw the inclusion of s. 718.2(e), which requires sentencing judges to consider “all available sanctions other than imprisonment that are reasonable in the circumstances ... with particular attention to the circumstances of Aboriginal offenders,” the Supreme Court of Canada (SCC) has affirmed the remedial nature of the provision in *R v Gladue* and most recently in *R v Ipeelee*.² Despite attempts to mitigate the overrepresentation of Indigenous people in Canadian prisons and correctional centres, the trend has continued to worsen in recent years,³ and Indigenous peoples continue to languish in correctional facilities in unprecedented numbers.

R v Ipeelee has provided Canadian courts with much-needed clarification of the Gladue principles underlying s. 718.2(e) and identified several problems that have surfaced in their application. A related hindrance to consideration of all available sanctions has been that there are few community and government resources available to provide alternatives to custodial sentences in the community and/or insufficient awareness about the resources that do exist. Without those options for Indigenous peoples in conflict with the law, defence counsel has had limited ability to point to viable alternatives to custody. Both of these issues are rooted in the lack of time and resources available to defence counsel

to point out available alternatives for their clients when advocating for the consideration of Gladue principles.

THE PURPOSE OF THIS HANDBOOK

The purpose of this handbook is to increase awareness about community and government resources across Saskatchewan that provide rehabilitative alternatives to custodial sentences, particularly for Indigenous peoples. The manual includes information about addictions and mental health services, Alternative Measures and extrajudicial sanctions, counselling services, anger management and other programming.

CLASSIC hopes the handbook will assist defence counsel in pointing to the applicability of Gladue principles while identifying alternative, rehabilitative programming for their clients. The manual may also assist judges, probation officers and parole officers in the identification of government and community-based services for individuals in conflict with the law. The ultimate aim of the manual is to reduce the representation of Indigenous people in the criminal justice system by providing viable programming alternatives that address criminogenic factors and promote healing in the lives of Indigenous people, their families and communities.

1 *Criminal Code*, RSC 1985, c. C-46 [the “Code”].

2 *R v Gladue*, [1999] 1 SCR 688; *R v Ipeelee*, [2012] 1 SCR 433.

3 Office of the Correctional Investigator of Canada. “Annual Report of the Office of the Correctional

Investigator 2011-2012,” Retrieved on August 21, 2015 from: <http://www.ocibec.gc.ca/cnt/rpt/annrpt/annrpt20112012-eng.aspx>.

ACKNOWLEDGMENTS

CLASSIC wishes to thank the Law Foundation of Saskatchewan for funding this update to our original handbook. CLASSIC also wishes to thank students Elise von Holwede and Robin Schmidt for their extensive work to update this handbook. Finally, CLASSIC is immensely grateful to our partners at the Indigenous Law Centre for assisting us with the editing and publication of this updated version.

CLASSIC continues to acknowledge:

- the Dakota Dunes Community Development Corporation for its generous support of the original handbook;
- the hard work of Patricia Louie, who primarily researched and compiled the original handbook; and
- Julia Quigley for her legal research and preparation of the introduction.

DISCLAIMER

The resources identified in this handbook endeavours to be a reflection of the programs and services available in Saskatchewan as of 2019-20 and are as accurate and complete as the research allowed. Given the limitations of research, the handbook is not comprehensive. Moreover, given the ever-changing nature of programs and services, and the contact information of service providers, the information in the handbook is subject to change. The financial impacts of COVID-19 may impact some of the resources listed in this handbook.

If you are a service provider with relevant programming not mentioned in the handbook, or the information about your programming or contact information requires updating, please email CLASSIC at info@classiclaw.ca, noting in the subject line "Information for Rehabilitative Alternatives Handbook" so that your information may be included in a future revision.

For your convenience, this text is searchable using the keyboard shortcut Control+F or Command+F Find command.

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CITIES

ESTEVAN

ADDICTIONS & MENTAL HEALTH SERVICES **St. Joseph's Hospital/Mental Health Clinic**

1174 Nicholson Road
P.O. Box 5000-202
Estevan, SK, S4A 2V6
Phone: (306)637-3610

Services Offered:

- Addiction services
- Assessment/recovery Services
- Gambling addiction programming
- Child and youth services (0–18 Years of Age)
- Behavioural management
- Emotional, developmental and behavioural disorders
- Screening, assessment and therapy services for adults
- Group screening, assessment and therapy services
- Psychologist
- Alternatives to Violence Program (ATV)
- Adult Sex Offenders (SO) Program

For new referrals within the Health Region, please contact the Intake Office at (306)842-8665 or toll-free at (800)216-7689.

Estevan Public Health Clinic

1176 Nicholson Road
Estevan, SK, S4A 2V6
Phone: (306)637-3610
24-Hour Lifeline: (855)579-5952
Public Health Nurse: (306)637-3626
Hours: 24 hours, 7 days per week

Services Offered:

- Emergency Psychiatry Services:
Phone: (306)842-8665

Smile Services Inc.

1201 2nd Street
Estevan, SK, S4A 0M1
Phone: (306)634-6428
Fax: (306)634-8535
Youth Addiction Services: Phone:
(306)637-2465
Adult Addiction Services: Phone:
(306)637-2422 or (306)637-2420
For more information, please contact
the intake worker at (306)842-8665
Alternatives to Violence Program & Sex
Offender Treatment: Phone: (306)842-
8678

Services Offered:

- Mental health services
- Spiritual care coordinator
- Supervised Exchange Mental Health Support Living Program – 15 clients max.
- Smile van transportation
- Outpatient addiction services
- Outpatient problem gambling services
- Youth & family addiction services (0–18 years of age)
- Case management for emotional, developmental and behavioural disorders
- Adult screening, assessment and therapy services
- Group screening, assessment and therapy services
- Adult Alternatives to Violence (ATV) Program
- Adult Sex Offenders (SO) Program
 - Offered weekly
 - Men and women
 - 18 years of age and older
 - Voluntary and mandated clients (usually referred by Adult Probation Services followed by Social Services and Envision)
- Community Support Program

- The Community Support Program is a transitional housing program designed to assist clients in the initial stages of recovery from addiction. It consists of 3 2-bedroom apartments located in Estevan, SK, where clients who are at a high risk of relapse, are returning from in-patient treatment, have an opportunity to continue their treatment goals in the safe, supportive environment of the Community Support Program.

Referrals may be accepted from physicians, justice, social workers, employers, clergy, schools, SGI and self-referrals. Problem Gambling Services are scheduled out of the Weyburn office with clinics in Kipling and Estevan.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Smile Services Inc.

1201 2nd Street

Estevan, SK, S4A 0M1

Phone: (306)634-6428

Fax: (306)634-8535

Fine Option Central Office: Phone: (306)787-3333

Services Offered:

- Fine Option Program
- Community Service Orders Program
- Adult Alternative Measures Program

You must obtain an order from court to register for the program. After receiving your order from court, you must bring one of the following forms to your local Fine Option agent:

- Notice of Fine
- Notice of Conviction
- Deemed Parking Conviction Notice

Individuals are referred from Crown and police. There is no cost associated. There is no wait-list.

COUNSELLING & PROGRAMMING **Envision Counselling & Support Centre**

P.O. Box 511

Estevan, SK, S4A 2A5

Phone: (306)637-4004

Email:

info@envisioncounsellingcentre.com

Services Offered:

- Adult counselling
- Adult resources
- Children Exposed to Violence (CEV)
- Family Intervention Program
- Interpersonal Violence and Abuse Program (IVA)
- Children and youth counselling
- Children and youth resources
- Support
- Community outreach
- Cyber safety
- Family resources/support
- Anger management
- Assertiveness & boundaries
- Drugs & alcohol
- Healthy lifestyle/relationships
- Self-esteem & body image
- Sexting
- Sexual assault
- Counselling

No referral is necessary for retaining counselling services at Envision Counselling and Support Centre. Referrals for counselling may be given by lawyers, educators, courts, and/or health-care professionals. Individuals may also self-refer. A counsellor will try

to contact you within 24 hours and/or after the weekend.

Estevan Family Resource Centre

1322 7th Street, Estevan, SK

Alana Clow Counselling & Support

Services Confidential Line: (306)634-7234

Email:

Counsellor.familycentre@sasktel.net

Hours: Monday–Thursday, 9:00–11:30 am

& 1:30–4:00 pm; Fridays 9:00–12:00 pm

Email: Estevanfamilycentre@sasktel.net

Evenings & weekends are volunteer run (centre will only be open IF there is a volunteer; see the Facebook page for updates)

Services Offered:

- Counselling support for individuals and families:
 - Assistance with navigating systems, crisis intervention, support groups, community traumatic response, information education & referrals.

The Estevan Family Resource Centre has a Family Educator/Crisis Counsellor on staff who offers support services and assistance to children, youth, adults, seniors; no individual or situation is turned away. The counsellor utilizes a brief solution-focused approach with the goal of the crisis being resolved within 6 sessions. If further support is required, appropriate referrals will be made and sessions will be continued until the referral source is able to accommodate services. All programs and service are free to the public.

HUMBOLDT

ADDICTIONS & MENTAL HEALTH SERVICES Humboldt Community Services – Rural

515 14th Avenue

P.O. Box 1930

Humboldt, SK, S0K 2A0

Mental Health & Addiction Services:

(306)682-5333 (ask for an intake worker)

Therapies: (306)682-8105

Toll-free: (855) 613-8205

All sites are open Monday through

Friday 8:30 am to 4:30 pm

Services Offered:

- Case management
- Mental health promotion and education services
- Family counselling
- Individual, family and group counselling/therapy – including children, youth and adults experiencing mental health, substance abuse and gambling issues
- Community development
- Community collaboration
- Referrals to other services/agencies

Clients can refer themselves (walk-in or telephone) or be referred by a third party. Referrals to a psychiatrist or psychologist must be made through a family physician. We offer services to children, youth and adults experiencing mental health, substance use/abuse and problem gambling issues. Our multidisciplinary team consists of a variety of professionals, including addiction counsellors, community mental health nurses, marriage and family therapists, psychiatrists, psychologists and social workers. Referrals come from a wide range of sources, including court referrals. Wait-lists are determined by staffing and

need at the time of intake. Addictions appointments typically vary between 1 and 2 weeks, whereas mental health services range between 3 and 4 weeks. There is no cost for those with a Saskatchewan health card.

LLOYDMINSTER

ADDICTIONS & MENTAL HEALTH SERVICES Lloydminster Community Health Centre

3830 43rd Avenue

Lloydminster, SK, S9V 1Y3

Phone: (306)820-6250

Fax: (306)825-3666

Website: www.pnrha.ca

Hours are Monday through Friday 8:00 am–4:30 pm

Services Offered:

- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)
- Child and youth services (0–18 years of age)
 - Mental health and addiction services
- Psychologists
- Social workers
- Individual and group therapy

They accept a range of referrals, including court referrals. The wait-list is dependent on need at the time of intake and varies from 24 hours to 30 business days. There is no cost associated.

Thorpe Recovery Centre

21060 Tranquility Way

P.O. Box 291

Blackfoot, AB, T0B 0L0

Phone: (780)875-8890

Toll-free: (877)875-8890

Fax: (780)875-2161

Email: info@thorperecoverycentre.org

Services Offered:

- Medically supported detox
 - 24/7 support for those in the initial stages of recovery
- Residential treatment program
 - 42–90 days of support to build a solid foundation in recovery
- Continuing care program
 - Weekly peer-support groups for alumni of residential treatment
- Family intensive program
 - Designed to help families learn new ways to cope with addiction
- Thorpkins Children's Program
 - 3-day workshop for children aged 7–12 to identify and express their feelings, develop self-care skills, and deepen communication with their family
- 2020 intensive offerings
 - short-term programs available to support individuals and loved ones in all aspects of recovery

The wait-list is constantly fluctuating. For accurate, up-to-date information, please contact our admissions staff. There is a rolling admissions structure that schedules intakes Monday through Friday, 8:30am to 4:00pm. This means that individuals begin treatment as soon as the funding is established and a bed is available. There is a restricted number of government-subsidized beds sponsored by the Province. These are distributed on a first-come-first-serve basis. Privately funded beds are also available; payment may come from

individual clients, employer-mandated treatment or private sponsorships.

MARTENSVILLE

ADDICTIONS & MENTAL HEALTH SERVICES

Ranch Ehrlo Society

P.O. Box 580

Martensville, SK, S0K 2T0

Phone: (306)659-3100

Services Offered:

- Mental health, substance, drug and alcohol abuse treatment centre
- Facility for adults, children and teenagers
- Programs for women, men, LGBTQ programs, adult programs, young adult programs

Levels of Care:

- Holistic treatment
- In-patient
- Individualized treatment

Treatment Focus:

- Opiate addiction
- Alcoholism
- Mental health and substance abuse

Therapy Programs

- Family therapy
- Individual therapy
- Trauma therapy
- Group therapy
- Life skills
- Creative arts therapy

MEADOW LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Robert Simard Centre

3-711 Centre Street

Meadow Lake, SK, S9X 1E6

Phone: (306)236-1540

Fax: (306)236-4409

Services Offered:

- Outpatient addiction services
- Outpatient mental health services
- Detoxification/in-patient addictions treatment
- Counselling, education and relapse prevention

They accept various forms of referrals, including court referrals. There is no cost associated with a Saskatchewan health card. The wait-list varies.

Flying Dust First Nation Health Centre

8001 Flying Dust Reservation

Meadow Lake, SK, S9X 1T8

Phone: (306)236-8670

Fax: (306)236-2835

Website: www.mlhc.ca

Hours: Monday through Friday, 8:30 am to 4:30 pm

Services Offered:

- Addiction services
- Community health nurse
- Dental therapist
- Dietitian
- Family support
- Home care services
- Maternal child worker
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

There is no wait-list. There is no cost with a Saskatchewan health card.

Meadow Lake Hospital

7-711 Centre Street

Meadow Lake, SK, S9X 1E6

Phone: (306)236-1550

Fax: (306)236-5801

Services Offered:

- Addiction services
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

The individual calls and asks to speak with an intake worker who will set up an appointment. There is a wait-list but it varies. There is no cost with a Saskatchewan health card.

COUNSELLING & PROGRAMMING**The Meadow Lake Tribal Council**

8003 Flying Dust First Nation
Meadow Lake, SK, S9X 1T8
Phone: (306)236-1345

Services Offered:

- Support, program support, consultation, advice and training
- Resolution health support
- Addictions programs
- Community wellness support
- Positive wellness
- Case management coordinator
- Mistahey Musqua Treatment Centre
- eHealth: Telehealth Services
- Waskoosis Safe Shelter
- Domestic violence outreach

The individual calls to set up an appointment. There is no cost. There is no wait-list.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS**The Meadow Lake Tribal Council**

8003 Flying Dust First Nation
Meadow Lake, SK, S9X 1T8
Phone: (306)236-1345
Amber Ericson – SGI Traffic Liaison
Jewel Wolverine – EJC/Alternative Measure Coordinator

Keely Stanley – Reintegration Support
Loretta King – Mediation Coordinator

**Meadow Lake Tribal Council (MLTC)
Community Justice Program**

P.O. Box 8001
Meadow Lake, SK, S9X 1T8
Phone: (306)236-5654
Email: receptionist@mltc.net

Services Offered:

Supports community-based justice initiatives for First Nation communities within Meadow Lake Tribal Council:

- Alternative Measures/Extrajudicial Sanctions Program
- Victim Advocate Training
- Victim offender mediations
- Serious Offence Program
- Community Justice Forums
- Diversion programs
- Family conferencing
- Sentencing Circles
- Community referrals
- Reintegration plans
- Healing Circles
- Proactive Justice Initiatives
- Youth and culture camps
- Community Justice Support
- Facilitate Justice Awareness Initiatives

Positively Parenting

201 2nd Street West
Meadow Lake, SK, S9X 1Y2
Phone: (306)236-4804
Mobile: (306)240-8274
Fax: (306)236-4867

Services Offered:

- Anger management classes
- Adult anger management
 - 4-week course; offered every second month; Wednesdays 1:00–3:00 pm; \$50.00 registration fee (covers the cost of participant manual)

- Youth anger management (ages 14–18); free

Please call for intake, assessment and course details.

MELFORT

ADDICTIONS & MENTAL HEALTH SERVICES Melfort Hospital

510 Broadway Avenue
P.O. Box 1480
Melfort, SK, S0E 1A0
Mental Health Central Intake Services
Phone: (306)752-8767
Fax: (306)752-8711

Services Offered:

- Outpatient mental health services
- Outpatient rehabilitation services, long-term care
- Therapy for victims of abuse
- Child and youth service
- Behaviour management counselling
- Therapy for stress, anxiety, depression, phobia
- Psychological assessment
- Crisis service
- Education information provided
- Outpatient addiction services
- SGI screening
- Problem gambling and counselling

Individuals are referred by clinics, hospitals, schools, self-referral and courts. There is no wait-list for services. There is no cost with a Saskatchewan health card.

Marguerite Riel Centre

104 Burrows Avenue West
Melfort, SK, S0E 1A0
Phone: (306)752-4950
Email:
j.yakowecmetisheritage@sasktel.net

Services Offered:

- Addiction services
- Ongoing educational support services to improve the health and well-being of primarily Métis and First Nation people in northeast and north central Saskatchewan
- Culturally appropriate, flexible and holistic programs
- Outreach workers and referrals, court and justice support, Residential School health support workers, cultural awareness and one-on-one support.

They accept court referrals. Individual can call or drop in to access services. There is no wait-list. There is no cost.

Sakwatamo Lodge (Located on James Smith First Nation)

P.O. Box 3917
Melfort, SK, S0E 1A0
Phone: (306)864-3631
Fax: (306)864-2204
Website: vsanderson@pagc.net

Services Offered:

- In-patient addiction services
- In-patient concurrent program
 - Five-week program with continuous intake
- Family-based in-patient addiction services (18 years and older)
 - Individuals and couples
 - 5-week in-patient program
- Concurrent disorders program
- Residential Schools program
- Individual counselling
- Couples counselling

Court referrals are accepted. Corrections clients also accepted as well as clients on suboxone. The wait-list is 5–7 weeks. The individual can call the intake number and will need to fill out

an application. There is no cost associated with a Saskatchewan health card.

Notice: The Sakwatamo Lodge is currently doing a 5-week individual and couples treatment program. The Sakwatamo Lodge is also currently going through renovations and is not offering the family program. Please feel free to send in applications and an intake date will be given at our earliest convenience. Application must be filled out by a referring agent, doctor, addictions counsellor, etc. Client application and medicals forms must be completed and up to date. Applications must be complete before sending in, as incomplete applications will not be put on the waiting list. Any medication must be bubble wrapped and have the client's name on packaging prior to attending.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

James Smith First Nation

Prince Albert Grand Council Community Justice Program
P.O. Box 1059
Melfort, SK, S0E 1A0
Phone: (306)864-3636
Fax: (306)864-3336
Tammy Sanderson, JSCN Justice Worker:
sandersontly@hotmail.com

Services Offered:

- Alternative Measures
- Victim/offender mediation
- Family group conferencing
- School mediation
- Community justice forums
- Accountability hearings

The individual is referred from the courts or the community. There is no cost. They can access services immediately. We

ask for a 3-month adjournment to complete the file.

Melfort Community Justice Committee

1006 Main Street North
Melfort, SK, S0E 1A0
Phone: (306)752-6420

Services Offered:

- Alternative Measures Program
 - The police make a recommendation to the Crown prosecutor if they feel the offender is a candidate for Alternative Measures. A person who is referred and chooses to participate in the program will be asked to admit responsibility for the offence. A meeting is then arranged between the victim, the offender and community members. Each participant is given an opportunity to express their thoughts and feelings and with the assistance of the facilitator, a fair agreement is made. Agreements may involve volunteer work, paying the victim for damages caused, attending counselling or other conditions agreed to by all parties. The process most often leads to restoration of harmony between the victim and offender.

COUNSELLING & PROGRAMMING

Aspire Too

202 Main Street, 2nd Floor
Melfort, SK, S0E 1A0
Phone: (306)382-2391

Services Offered:

- Counselling

- Chemical health assessments
- Individual, family, group counselling
- Family health counselling
- Impaired driving education
- Relapse awareness
- Aftercare counselling
- Intervention facilitation & preparation
- Wellness & pastoral/spiritual counselling
- Weekend retreats based on twelve steps principles
- Referrals to other health-care providers
- Addiction services
- Mood disorders, including depression and bipolar disorder
- Anxiety disorders, including panic disorders and OCD
- Complex mental health diagnosis
- Workplace stress
- LGBTQ support, including gender identity
- Grief, loss, bereavement
- Parent-child conflict
- Parenting coaching and support
- Trauma, including acute trauma and PTSD
- Attachment therapy
- Autism spectrum disorders
- Cognitive developmental and learning disabilities
- Co-dependency
- Anger management
- Self-esteem and assertiveness
- Conflict and communication skills
- Couples and relationship counselling
- Family counselling
- Divorce recovery
- Affair recovery – individuals and couples
- Pet bereavement
- Play therapy
- Art therapy
- Emotional IQ skill development

This is a for-profit service; however, their fees may be subsidized. Contact for more details.

North East Outreach & Support Services

126 McKendry Avenue East

P.O. Box 2066

Melfort, SK, S0E 1A0

Email: admin@northeastoutreach.ca

Phone: (306)752-9464

Crisis Line: (800)611-6349

admin@northeastoutreach.ca

Services Offered:

Walk-in Counselling: Melfort – Mondays
9:30 am–3:30 pm

- Supportive counselling, information and advocacy through individual or group support sessions
- Referrals to other community agencies and help with coordination of the services you need
- Assistance with crisis situations
- Assistance with access to shelter and planning for your safety

2nd Stage Housing

- A new second stage shelter will give domestic violence survivors a place to stay for up to 12 months after they've spent the maximum amount of time at the emergency shelter
- Personal Violence Prevention and Support Program
- Personal Violence Counsellors will work with you to help you explore options, discover your strengths and encourage your personal growth

24-Hour Crisis Line

- Our 24-Hour Crisis Line provides free and confidential service (we do not subscribe to caller display

and do not require the caller to give his/her name)

- Telephone support in any crisis
- Supportive listening
- Information and referrals

They accept self-referrals and court referrals. There is no wait-list for services. There is no cost associated.

MELVILLE

ADDICTIONS & MENTAL HEALTH SERVICES **Saul Cohen Centre**

200 Heritage Drive

P.O. Box 164

Melville, SK, S0A 2P0

Phone: (306)728-7320

To talk to somebody about services in the region, please call the Sunrise Health Region Mental Health and Addiction Services Office: (306)786-0558, or toll-free: (888)989-8444

Services Offered:

- Outpatient mental health services (visiting specialists)
- Outpatient addiction services (visiting specialists)
- Family Resource Centre

Some services are provided by visiting specialists and may not be offered every day. Please contact the facility for complete information or service availability. There is no cost associated with a Saskatchewan health card. The wait-list varies. You may be referred by a health professional (physician, public health nurse or nurse practitioner).

MOOSE JAW

ADDICTIONS & MENTAL HEALTH SERVICES **Dr. F.H. Wigmore Regional Hospital**

55 Diefenbaker Drive

Moose Jaw, SK, S6J 0C2

Phone: (306)691-6464

Fax: (306)691-6461

Adult Community Services Recovery Program: Phone: (306)691-6478

Connects Program: Phone: (306)691-6478

Services Offered:

- Adult clinical services
 - 24-hour clinical care – drug and alcohol medical detox
- Outpatient alcohol and drug rehabilitation
- In-patient addiction recovery
- Individual therapy
- Opiate addiction
- Alcoholism
- Family therapy
- Cognitive behavioural therapy
- Trauma therapy
- Group therapy
- Adult Community Services Recovery Program
 - Mental illness/social worker
- Connect Program
- Internet-based cognitive therapy
- Free online therapy (over 18 years of age)

Internet-Based Cognitive Therapy

Website: www.onlinetherapyuser.ca

Email: Online.Therapy.User@uregina.ca

Phone: (306)337-3331

Child and Youth Services

55 Diefenbaker Drive

Moose Jaw, SK, S6J 0C2

Phone: (306)691-6464

Fax: (306)691-6461

Services Offered:

- Mental health and addictions treatment & assessment
 - Substance abuse, anxiety, eating disorders, family difficulties, abuse, grief, behavioural disorders

- Individual, family and group services
- Child and Youth Program (children and youth up to the age of 18 and their families)

Wakamow Manor – Thunder Creek

Social Detox

200 Iroquois Street East
Moose Jaw, SK, S6H 4T3
Phone: (306)694-4030
Fax: (306)694-4031

Services Offered:

- Detoxification program
 - 20 detoxification beds for people over the age of 16 who seek assistance with withdrawal from alcohol or other drugs for periods of up to 14 days.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

John Howard Society of Saskatchewan

Moose Jaw Branch
15 Hochelaga Street West
Moose Jaw, SK, S6H 2E9
Phone: (306)693-0777
Fax: (306)692-7655
Toll-free: (866)485-0777
Email: jboldt@SKjohnhoward.ca

Services Offered:

- Adult Alternative Measures
- Extrajudicial Sanctions Program for Youth
- Mediation
- Community Justice Forum for Adults and Youth
- Restorative justice initiatives
- Crime Prevention Program for Youth
- Fine Option Program for Adults and Youth
- Community Services Order Program for Adult and Youth

- Stop-Lift Program for Adult and Youth (theft and property offences)

Alternatives to Violence Program

Moose Jaw Transition House Outreach Services

72 High Street
Moose Jaw, SK, S6H 0B8
Phone: (306)693-6511

Services Offered:

- Alternatives to Violence Program

Mandated clients are referred from probation through the DVT or attend as condition of probation. Available to women over the age of 16 and their children; males must be under the age of 18. Voluntary clients can also request service. Formal risk assessment is done by the DVTO Coordinator or the Bail Supervision Officer using ODARA and SARA. Probation co-facilitates the groups at Five Hills Health Region. The group is closed and runs for 12 weeks, 2 hours per week. The program utilizes a variety of therapeutic approaches, including CBT, narrative, psycho-educational and solution-focused therapy. Referrals are made through the Ministry of Justice, Social Services and court referrals. There is no cost associated or a wait-list.

COUNSELLING & PROGRAMMING

Moose Jaw Christian Counselling Centre Inc.

4-54 Stadacona Street West
Moose Jaw, SK, S6H 1Z1
Phone: (306)692-5500
Fax: (306)692-5554
Email: mjccc@shaw.ca

Services Offered:

- Mental health therapy
- Counselling
- Marriage counselling

- Parenting counselling
- Depression
- Anxiety
- Eating disorders
- Sexual disorders
- Abuse issues
- Family counselling

The individual can call in to set up an appointment for both in-person and phone sessions. They would accept court referrals. The wait-list varies between 1 and 2 weeks. Cost is on a sliding scale.

Moose Jaw Family Services

200 Main Street South
Moose Jaw, SK, S6H 5S7
Phone: (306)694-8133
Fax: (306)694-4193

Services Offered:

- Mental health therapist/counselling

A referral is not required; however, they accept a wide range of referrals, including court referrals. Cost is based on a sliding scale. Services are usually available within a week.

NORTH BATTLEFORD

ADDICTIONS & MENTAL HEALTH SERVICES

Battlefords Mental Health and

Addictions Centre

1092 107th Street
North Battleford, SK, S9A 1Z1
Phone: (306)446-6500
Fax: (306)446-6546

Services Offered:

- Mental health assessment and treatment
- Psychologists & social workers available
- In-patient services

- Care for people with acute psychiatric illness; 22-bed in-patient unit
- Programming includes assessment, crisis intervention, stabilization, treatment and early activities of rehabilitation
- Psychiatric rehabilitation services
 - Health promotion, education and ongoing rehabilitation
 - Supportive counselling, consultation, community treatment, medication management, and assistance and support in identifying appropriate residential and vocational placements for clients
- Mental health therapies
 - 24-hour emergency psychiatric services, education, prevention and rehabilitation, as well as consultation with other medical specialists.
- Addictions services
 - Prevention, education, early Intervention and recovery
 - Assessment, individual and group counselling
- Problem gambling treatment
- Child and youth services (0–18 years of age)

Catholic Family Services

101-1092 101st Street
North Battleford, SK, S9A 0Z8
Phone: (306)445-6960

Dr. Mahmood

2591 99th Street
North Battleford, SK, S9A 2X5
Phone: (306)446-5554

Dr. Bull

1101 101st Street
 North Battleford, SK, S9A 0Z5
 Phone: (306)445-6070

Battle River Treaty 6

1192 101st Street
 North Battleford, SK, S9A 0Z6
 Phone: (306)937-6700

Kanaweyimik

91 23rd Street West
 Battleford, SK, S0M 0E0
 Phone: (306)445-3500

Battlefords Counselling and Consulting

9800 Territorial Drive North
 Battleford, SK, (located in the CBI clinic)
 Email: info@battlefordscounselling.com
 Phone: (306)480-7608

How to Access Services:

All requests for services are handled by the program's intake services. Intake receives, screens, assesses and prioritizes all new requests for service. Requests can be made by the individual seeking service, or by physicians, family members or school personnel. Requests can be made by phone, fax or by attending in person (walk in to any PNHHR Mental Health and Addictions Services location). Intake is open from 8 am–12 noon and 1 pm–5 pm, Monday through Friday, except statutory holidays. From 5 pm–8 am and on weekends and statutory holidays, urgent cases may access services through the local emergency department. A provincial Healthline staffed with personnel experienced in mental health and addictions issues may be contacted at any time of the day or night by calling 811.

BTCIH Youth Outreach

Box 1658
 North Battleford, SK, S9A 3W2

Phone: (306)937-6700
 Fax: (306)937-2993
 Email: brt6hc@brt6hc.ca

Services Offered:

- Outpatient addiction services
 - Wellness program for clients age 10–20
 - Both males and females accepted
 - Concurrent disorders, Residential Schools, child counselling, and parent and child counselling

They accept clients with physical disabilities, pregnant women, court referral or Corrections clients, clients on methadone, clients on suboxone and clients taking other psychoactive medications.

**Canadian Mental Health Association
Justice Community Program**

1101 103rd Street North
 North Battleford, SK, S9A 1K3
Justice Community Support Staff
 Lesley Aimoe – North Battleford: Phone: (306)445-3890
 Email: lesleya@cmhask.com
 David Jones : Phone : (306)525-5601 ext. 225
 Email: davidj@cmhask.com

Services Offered:

- Mental health services
- Justice Community Support Program (JCSP)
 - offered to severe violent offenders
- Assist the clients with practical, emotional and behavioural problems
- The program focuses on supporting mental health and social reintegration during the transition from prison to community life

JCSP is involved with individuals with mental illness who are currently serving custodial sentences and providing reintegration planning from custody to community or from community sentence to post-sentence.

Hopeview Recovery Home

1891 96th Street
North Battleford, SK, S9A 0J1
Phone: (306)446-7370
Fax: (306)445-0424

Services Offered:

- Alcoholism information & treatment centre
- Child and youth outpatient addiction services
- Child and youth outpatient mental health services
- Long-term residential addictions services

Individuals require a referral from an addiction worker and participation in another 28-day addiction treatment within the last 5 years to access this service. The female wait-list is approximately 1 month, while the male wait-list is approximately 3 months.

The Lighthouse Serving the Battlefords

962 102nd Street
North Battleford, SK, S9A 1E4
Phone: (306)445-3600
Fax: (306)445-3606
Email:
hello@lighthousenorthbattleford.org

Services Offered:

- SMART Recovery Addictions Program
 - An addictions program offered in both individual and group formats, held on Monday, Wednesday, and Friday

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS Battlefords Tribal Council Alternative Measures Program

1011 103rd Street North
North Battleford, SK, S9A 1K3
Phone: (306)446-1400
Fax: (306)446-1308

Services Offered:

- Alternative Measures Program
- Aboriginal Courtworker Program
- Cultural Camps/Community Integration Program
- First Nations Youth Restorative and Healing Project

Individual and court referrals are accepted. There is no wait-list. There is no cost associated.

COUNSELLING & PROGRAMMING Battlefords Indian and Métis Friendship Centre

960 103rd Street
North Battleford, SK, S9A 1K2
Phone: (306)445-8216
Fax: (306)445-6863

Services Offered:

- Referral & advocacy services and support
- Cultural programming activities
 - Crafts, round dances, feast, etc.

There are no fees for programming or services.

PRINCE ALBERT

ADDICTIONS & MENTAL HEALTH SERVICES Prince Albert Adult & Youth Addiction Services

101-15th Street East, 2nd Floor
Prince Albert, SK, S6V 1G1
Phone: (306)765-6550
Fax: (306)765-6567

Hours: Monday through Friday 8:00 am–4:00 pm; closed 12:00–1:00 pm (last appointment starts 3:30 pm). Closed on holidays

Services Offered:

- Addiction services
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

They have counsellors on-site and a walk-in service for first time clients and clients returning after a period of time without service. There is a 45-minute assessment and then they are booked and connected with a counsellor. There can be a wait-list for subsequent appointments. They accept a wide range of referrals, including court referrals. There is no cost associated.

Brief and Social Detox

1200 24th Street West (Victoria Hospital site)
P.O. Box 3000
Prince Albert, SK, S6V 4N9
Phone: (306)765-6700
Fax: (306)765-6701

Services Offered:

- Detoxification
 - Brief detox is for 24 hours for individuals currently under the influence
 - Social detox is 5–10 days of service after the person is no longer intoxicated

Call in to access services. There is no wait-list as services are first come, first served. They do accept court referrals.

There is no cost with a Saskatchewan health card.

Cooperative Health Clinic & Methadone Assisted Recovery Program

110 8th Street East
Prince Albert, SK, S6V 0V7
Phone: (306)763-6464
Fax: (306)763-2207

Services Offered:

- Social worker services
- Counselling for individuals (18 years or older)
- Have no insurance coverage for mental health counselling
- Opiate Recovery Program
- Program is led by methadone- and suboxone-prescribing physicians that diagnose and treat clients who have an opiate addiction
- Coordinate with pharmacists, prescribers, other case managers
- Education
- Intervention/referrals in social and legal matters
- Case management
- Counselling and skill development
- Advocacy
- Liaise with other health and social services
- Support in filling out forms and applications and providing referral letters
- Referrals to detox, in-patient treatment centres, outpatient treatment centres and to counsellors who deal with specialized addictions such as gambling, food, etc.

People NOT Eligible for Counselling Services:

- Under the age of 18

- Experiencing strong and repetitive thoughts of suicide
- Experience unstable psychotic disorders or borderline personality disorders
- Seeking couples or family counselling
- Eligible to access uninsured First Nations and Inuit health coverage, mental health
- Counselling coverage through EFAP or any other insurance

Services are available through self-referral or through the referral of a physician or nurse practitioner (your primary health care provider). Whether physician/nurse practitioner or self-referred, you will be contacted to book your one-hour appointment.

Prince Albert Mental Health Services

2345 10th Avenue

P.O. Box 3003

Prince Albert, SK, S6V 6G1

Phone: (306)765-6055

Fax: (306)765-6349

Hours: Monday through Friday, 8:00 am–5:00 pm; closed weekends and holidays. They have a walk-in service Monday through Friday, 9:00 am–11:30 am, and between 1:00 and 4:00 pm.

Services Offered:

- Outpatient mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

If the individual is experiencing suicidal ideation, they can phone in and ask to set up an intake with a psychologist or

social worker, where they will then set up an appointment. The wait-list can be up to two months. They do accept court referrals but because of the wait-list it can take time. There is no cost with a Saskatchewan health card.

Métis Addictions Council of Saskatchewan Inc. (MACSI)

334 19th Street East

Prince Albert, SK, S6V 1J7

Phone: (306)953-8250

Toll-free: (866)722-2155

Stabilization Program: (306)953-8262 (24-hour direct line)

Fax: (306)953-8261

Email: princealbert@macsi.ca

Services Offered:

- In-patient treatment program
 - 28-day residential option for adults
 - Holistic programming, therapeutic group workshops, one-to-one counselling, educational sessions, self-help meetings, cultural teachings, recreational programming and more
- Outpatient services
 - Addiction screening, assessment, pre-treatment readiness counselling, relapse prevention, aftercare counselling and community referrals
- Stabilization program
 - Short-stay social detox service of 7–14 days
 - If medical detox services are needed, individuals will be referred to a brief detox unit prior to attending stabilization

Entry Requirements:

- In-patient treatment program:
 - There may be times when a longer treatment stay is needed. When available, additional support is provided to meet more complex needs. This support is short-term, recovery focused and flexible in order to meet unique needs. The individual will need to complete a referral package located on the website by an addiction worker. A screening occurs and there is a wait-list that ranges from 3 to 4 weeks to access a bed. They accept court referrals. There is no cost associated.
- Outpatient treatment:
 - The individual can meet with a counsellor once or on a weekly basis. There is no wait-list or costs associated.
- Stabilization program:
 - Individuals may self-refer or be referred by others but must not be under the influence of substances upon entry. This is first come, first served, as the person calls in daily to see if a bed is available. The individual has to have come out of acute withdrawal and finished a medical detox program prior to entry. The day program has programs offered in the afternoon.

There are 6 co-ed beds.
The typical stay is 1–14 days. The wait-list varies.
There is no cost associated

Peter Ballantyne Cree Nation Health Services Inc.

2200 7th Avenue West
P.O. Box 339
Prince Albert, SK, S6V 5R7
Phone: (306)953-4425
Fax: (306)922-4979
Hours: Monday through Friday 8:30 am–5:00 pm.

Services Offered:

- Outpatient Addictions Services

To access services, contact the regional intake line at (306)765-6550 or toll-free at (855)765-6550. There is no cost associated with a Saskatchewan health card. Wait-list varies.

Prince Albert Family Treatment Centre

1200 24th Street West
Prince Albert, SK, S6V 5T4
Phone: (306)765-6375

Services Offered:

- Family addiction services (women only)
 - 6-week in-patient addictions treatment facility for females with dependent children where childcare is a barrier to treatment.
 - Clients will receive life skills coaching and parenting support during the in-patient stay. Mothers and children have specialized living quarters, which enables them to live together as a single-family unit.

- Mothers have access to professional daycare while they are in programming.

Priority will be given to those clients that are pregnant or nursing and clients at high risk for relapse.

Things to Consider in the Referral

Process:

- Acute withdraw must be completed before intake.
- The parent must have custody of the children.
- Children must be able to stay with the parent in treatment for the 6-week stay
- We can accommodate children from the ages of 0–12 years.
- Clients can actively be receiving methadone treatment.
- Clients cognitive ability and mental health should be such that they will be able to participate in the treatment program.
- Court involvement must be indicated prior to admission.
- Criminal history must be indicated prior to admission.
- The importance of a strong discharge plan is critical to increase the effectiveness of treatment therefore discharge planning (identifying community supports) should begin to occur prior to admission.

Specific Pre-Admission Requirements

- Acute withdrawal must be complete before intake.
- Clients must have a residence to return to after completion of treatment and post-treatment support should be identified prior to intake.
- Families must not have pre-scheduled appointments or

obligations that will require absence from the Family Treatment Centre (e.g., court appearances, doctor appointments, etc.).

- Clients must be prepared and able to participate in the programming and counselling as required.
- Family Treatment Centre is not under any obligation to accept a person who has been legally ordered to attend the in-patient program.
- Admission/ discharge travel arrangements (to and from the Family Treatment Centre) must be in place prior to admissions.
- Clients will be given a date and time of arrival for treatment and it is important to attend at the scheduled time. If a client encounters any unforeseen delays, please call us at 765-6375 to us know of your expected time of arrival.
- All school aged children are encouraged to bring schoolwork that is deemed important by their school/teachers. Educational support will be provided to children to assist them in completing work that is provided to them during their 6-week absence from their regular school.

Medical Pre-Admission Requirements

- Clients must not require medical detox from alcohol and drugs. A pre-admission medical must be completed on adults only, unless a child has a known illness.
- Clients must have a valid Personal Health Care number.

The Family Treatment Centre accepts referrals from Outpatient Addictions

Services throughout the province of Saskatchewan – both on- and off-reserve. Admissions to the Family Treatment Centre are contingent on the availability of pre- and post-treatment counselling and follow up. Referrals must be complete and will be reviewed by intake. Any missing information will be requested before a client can be placed on the wait-list. After acceptance into the family treatment program an intake date will be given to the referring worker/client.

Saskatchewan Impaired Driver Treatment Centre

61 North Industrial Drive
P.O. Box 1600
Prince Albert, SK, S6V 5T2
Phone: (306)922-8333
Fax: (306)922-8815

Services Offered:

In-patient addictions services
The individuals are court-ordered through probations or community corrections. There are 28 beds and the wait-list is approximately 7 months. There is no cost associated.

White Buffalo Youth Inhalant Treatment Centre

P.O. Box 2500
Prince Albert, SK, S6V 7G3
Phone: (306)764-5250
Fax: (306)764-5255

Services Offered:

- In-patient addiction services and outreach
 - 4-month residential program that is culturally based & family oriented
- Youth programs available include concurrent disorders, on-the-land, gender-based, and child counselling

They accept clients with physical disabilities, court referral or Corrections clients, clients on suboxone and clients taking other psychoactive medications.

Prince Albert Grand Council Spiritual Healing Lodge

Wahpeton Reserve 94 B
Box 2350
Prince Albert, SK, S6V 6Z1
Phone: (306)953 2498
Fax: (306)953-2514
Email: shlereception@pagc.net

Services Offered:

- Spiritual Healing Lodge
 - The Lodge provides accommodation for federal inmates and offenders; the Lodge is designated for low-security males from federal institutions.
- All-inclusive Elders teachings provided by the EAG includes:
 - Weekly sweats – talking circles
 - Pipe ceremonies – one-on-ones
 - Smudging – traditional parenting
 - Healthy relationships – fire keepers teachings
 - Medicine wheel teachings
 - Traditional ceremonies

Further programs included at the Lodge and surrounding communities:

- Group addiction counselling, AA, NA & GA – individual addiction counselling,
- Men's group (family violence prevention)
- Parenting skills grief & loss – anger management
- Church – literacy upgrading
- Beading – carving
- Drum making – hide tanning

- Drumming and singing – carpentry projects
- Sun Dances – rain dances
- Round Dances – pow wows
- Fasting – Tipi teachings
- Nutrition – STD clinics
- Community service opportunities at culture gatherings and pow wows
- Presentations to schools and groups on topics such as gang awareness
- Providing wood and rocks to the Elders in surrounding communities is also available, at a cost; contact the Lodge for further information

Who Can Apply?

- Federal serving inmates who are presently not serving a sentence for one of the following offences:
 - Prison breach or escape
 - Outstanding charges
 - Serving federal inmates may apply under a Section 81 Agreement with Corrections Canada

Contact your parole officer for information.

Access Place

3-101 15th Street East
 Prince Albert, SK
 Phone: (306)765-6544
 Hours: 8 am–12 pm & 1–4 pm, Monday, Wednesday, Thursday and Friday; 1–4 pm Tuesday
 Harm Reduction Program: Phone: (306)765- 6533

Services Offered:

- Access Place offers a variety of services focusing on sexual health, hepatitis, HIV care and harm reduction.

- Hepatitis C and HIV positive care program
 Referral to addiction programs, detox, methadone program, mental health, home care, housing support, etc.
- Peer support program
- Straight to the Point Harm Reduction Program

Program access by self-referral or formal referral from any health care practitioner. Also provides free take-home naloxone kits.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS **Saskatchewan Aboriginal Courtworker Program**

77b 11th Street West
 Prince Albert, SK, S6V 3A8
 Phone: (306)953-7254
 Fax: (306)764-7295
 Main Office:
 Chief Joseph Custer Rsv #201
 2300 9th Ave West
 P.O. Box 2350
 Prince Albert, SK, S6V 6Z1
 Phone: (306)953-7200
 Fax: (306)764-6272

Services Offered:

- Alternative Measures program
- Victim/offender mediation
- Family group conferencing
- School mediation
- Adult/youth stop-lift program
- Community justice forums and accountability hearings
- Also offers a surrogate victim training
- Native family systems training
- Community Action Against Crystal Meth Conference
- Youth day programs – includes topics on life in prison, talking

circles, positive relationships and family violence

The program receives referrals pre-charge (from police, community members) and post-charge (Provincial/Federal prosecution office, RCMP).

Prince Albert Grand Council (PAGC) Justice Unit

77A 11th Street West

P.O. Box 2350

Prince Albert, SK, S6V 3A8

Phone: (306)953-7254

Fax: (306)764-7295

Winter Office Hours: Monday–Friday 8:30 am–12:00 pm & 1:00–5:00 pm

Summer Office Hours: Monday–Friday 8:00 am–12:00 pm & 1:00–4:30 pm

Services Offered

- Rural Alternative Measures
- Urban Alternative Measures
- Saskatchewan Aboriginal Courtworker Program
- Crime prevention

The individual is referred from the courts or the community. There is no cost. They can access services immediately. They ask for a 3-month adjournment to complete the file.

Prince Albert Friendship Centre

1409 1st Avenue East

Prince Albert, SK, S6V 2B2

Phone: (306)764-3431

Note: Cree and Dene translation available

Services Offered:

- Information provision and referral
- Community education/development
- Counselling
- Support group/peer support
- Family violence program

- Counselling
- Traditional counselling
- Aboriginal Courtworker Program
 - Youth and adult
 - Culturally sensitive treatment
- Community service order/fine option
- Resolution health support worker
- Traditional Elder – Indian Residential School counselling
- Family liaison courtworker

The individual can drop in to access services or they can call. They accept court referrals. There is no cost and no wait-list.

Prince Albert Grand Council (PAGC) Urban and Rural Community Justice Programs

Opawakoscikan First Nation #201

P.O. Box 2350

Prince Albert, SK, S6V 6Z1

Phone: (306)953-7254

Phone: (306)953-7200

Fax: (306)764-6272

Website: <http://www.pagc.sk.ca/>

Services Offered:

- Alternative Measures Program
- Diversion programming
- Mediation programming

Available for adult and the young offenders in the city of Prince Albert and in nearby communities and rural areas surrounding the city. The program uses formal cautioning, victim-offender mediation and family/group conferencing for both pre- and post-charge referrals. Referrals come from the courts and the community. There is no wait-list. There is no cost associated. They ask for a 3-month adjournment to work on the file.

John Howard Society of Saskatchewan

Prince Albert Branch
94 15th Street East
Prince Albert, SK, S6V 1E8
Phone: (306)981-2264
Email: lahenakew@sk.johnhoward.ca

Services Offered:

- Alternative to Remand Program

JHSS, Prince Albert will provide a community alternative to accused who would otherwise be involved in short-term municipal police, RCMP or other custody cells. Services will be provided to no more than 30 participants for short-term informed case management and potential crisis residency concern.

COUNSELLING & PROGRAMMING

Aspire Too

496 Marquis Road (use back door)
Prince Albert, SK, S6V 8B3
Phone: (306)491-3424

Services Offered:

- Counselling

This is a for-profit service; however, their fees may be subsidized.

Prince Albert Friendship Centre

1409 1st Avenue East
Prince Albert, SK, S6V 2B2
Phone: (306)764-3431

Services Offered:

- Family service worker
 - Includes finding adequate housing, facilitating family visitations and dealing with government agencies on client's behalf
- Family wellness worker
- Traditional teachings through the medicine wheel
- Traditional counselling and mentoring with Elders

- Sweats
- Indigenous Spirituality-based teachings
- Resolution health support worker
- Traditional Elder – Indian Residential School
- Traditional Elder – cultural support Elder

The individual drops in to access services. There is no wait-list. There is no cost associated. They accept court referrals.

REGINA

ADDICTIONS & MENTAL HEALTH SERVICES **Addiction Treatment Centre**

1640 Victoria Avenue
Regina, SK, S4T 1K6
Phone: (306)766-6600
Fax: (306)766-7970
Adult Addiction Services: (306)766-6600

Services Offered:

- Addiction services
- Recovery planning
- Traditional cultural care
 - First Nation and Metis Elder guidance
 - Medicine wheel teachings
 - Smudging
 - Healing room for spiritual practices
- Day patient program
 - 4-week, group-based, non-residential treatment program for chemically dependent people
- One-on-one counselling
- Insight Group
 - Educational group for individuals affected by someone's use of alcohol or drugs
- Aftercare Group
 - The groups provide information regarding the

typical problems that develop during the first years of sobriety

- Discovery Group
 - Educational group that allows participants to explore their chemical use and assist in personal recognition that addiction may be present
- Ready for Change Group
 - Drop-in educational group for clients who are ready to make some changes in their lives regarding their use of substances
 - Provided over 6 sessions, the client will receive information on addiction and the recovery process
- Relapse Prevention Group
 - Individuals who are currently in recovery from alcohol and drugs but think they could be at risk to relapse will benefit from this group
 - 10- to 12-week course will run one night a week, twice a year
 - Persons are required to undergo an initial assessment to participate in this group
- Drop-in Recovery Support Group is offered on Tuesdays from 1 to 3 pm
- "I'm Important Too" Group
 - An 8-week program for children, ages 6 to 12
- Community education programs
- A Recovery Support Group is also offered at Albert Scott Community Centre on Thursday from 1 to 3 pm
- Addiction counselling support services are offered at

Carmichael Outreach and Adult Campus on a regular basis

Participants must be referred to this program by a counsellor at Addiction Services. For more information on entry requirements contact the facility for further details. Requirements vary across programs.

Problem Gambling Programs

1640 Victoria Avenue
Regina, SK, S4P 0P7
Main Office: (306)766-6600
Fax: (306)766-7970

- PG day-treatment programs
 - There are two phases of day treatment available to individuals with problem gambling issues. Phase 1 includes information about gambling addiction and recovery, and the effects on self and life issues. Phase 2 involves a more introspective look into the impact of gambling addiction on the individual and the dynamics of the addicted family. Included is education and interactive group exercises. Each phase is a week in duration and available to all residents of Saskatchewan; inter-provincial participants are also considered.
- Women's PG Support Group
 - A weekly support group for females with problem gambling issues. This group provides a safe and confidential environment to share recovery experiences, ask questions

and receive feedback. All participants must be referred to this program by a PG counsellor at Addiction Services.

- Mixed PG Support Group
 - A weekly co-ed support group in which both males and females with problem gambling issues are welcome. This group provides a safe and confidential environment to share recovery experiences, ask questions and receive feedback. All participants must be referred to this program by a PG counsellor at Addiction Services.
- PG Family Wellness Group
 - A psycho-educational support group for individuals who have been affected by someone else's problem gambling behaviour. This 2-hour group will meet weekly for 4 weeks. Contact the main number at Addiction Services for more information. The group is scheduled to begin in the fall of 2016.

Different programs are available for any person, 18 years or older, who is experiencing issues with problematic gambling behaviour or individuals who have been affected by someone else's gambling behaviour. Individuals receive an assessment and develop a treatment plan suited to their needs. Services could include outpatient individual counselling sessions and/or group sessions.

Detoxification & Drug Treatment Court Services

1640 Victoria Ave
Regina, SK, S4P 0P7
Phone: (306)766-6600
Fax: (306)766-7970

Services Offered

- Integrated detoxification program
- Brief detox program
 - 20 Beds
- Social detox program
 - 25 Beds
- Secure Youth Detoxification & Stabilization Centre
 - Phone: (306)787-1058
 - Fax: (306)798-4307
- Drug Treatment Court
 - Phone: (306)766-6300
 - Fax: (306)766-7927
 - This program combines daily attendance at an individualized treatment program and regular supervision by the court.
 - This holistic approach involves the judiciary, Addiction Services staff and community agencies, such as the Ministry of Social Services and the Ministry of Corrections and Public Safety and Policing, Probation Services.
 - To be eligible, adult offenders must be dependent on drugs and their criminal behaviour must have been caused or motivated by their addiction. Participants must have a residence in Regina.
 - Dedicated Substance Abuse Treatment Unit,

- Regina Provincial Correctional Centre.
- 5-week program for inmates incarcerated at the Regina Provincial Correctional Centre. It is a designated unit that provides in-patient treatment programming for high-risk/high-need offenders. The treatment program includes individual counselling, educational workshops and process groups. All referrals are taken from sentenced inmates within the Regina Provincial Correctional Centre.

Participation in the Drug Treatment Court program is voluntary but requires the approval of the Crown prosecutor.

Harm Reduction Methadone Clinic

1048 Albert Street
Regina, SK, S4R 2P8
Phone: (306)766-6350
Hours: Monday–Friday, 8 am–5 pm

Services Offered

- Safe injection Site
- Recovery option program

Canadian Mental Health Association – Justice Community Program

210-1942 Hamilton Street
Regina, SK, S4P 2C5
Phone: (306)525-5601 ext. 225 (David Jones, Director)
Email: davidj@cmhask.com
Fax: (306)569-3788

Services Offered:

- Mental health services

- Justice Community Support Program (JCSP) is offered to severe violent offenders
 - The program focuses on supporting mental health and social reintegration during the transition from prison to community life
 - Addressing housing needs and barriers to maintaining residency
 - Is on an optimal medication regimen
 - Has sufficient medication to last at least until follow-up appointment
 - Ensuring an integrated treatment approach is maintained for clients with co-occurring disorders
 - Initiating benefit applications/reinstatement to financial and other programs
 - Ensuring the client has adequate identification, including Photo ID
 - Ensuring client has continuous access and resources for adequate food and clean clothing
 - Engaging client's family and/or other community-based support services
 - Guidance through basic daily living skills
 - Teaching skills and techniques to minimize the negative interference of external factors

JCSP is involved with individuals with mental illness who are currently serving custodial sentences and providing reintegration planning from custody to community or from community sentence to post-sentence.

Harm Reduction Methadone Maintenance Program

1048 Albert Street
Regina, SK, S4R 2P8
Phone: (306)766-6350
Monday through Friday: 8:00 am–12:30 pm and 1:00–4:30 pm
Saturday, Sunday, and Holidays: 11:00 am–3:00 pm

Services Offered:

- Methadone program
- Harm reduction programs for injection users

If the person qualifies as a candidate for methadone treatment and agrees to the conditions of the program, they sign a "Treatment Agreement." Before starting methadone treatment, it is important for a client to have a physical examination by a doctor. This includes blood work to test for diseases like HIV and Hepatitis C, and liver functions. This is to ensure their body is healthy enough to handle the methadone. The client then sees a methadone-prescribing doctor. The doctor assesses their physical health and starts them on a regulated dose of methadone. The dose is different for every person. The client sees the doctor regularly to reassess their health and change the dose of methadone if needed. The client sees a counsellor to further develop a treatment plan and receive support. They accept walk-ins and a variety of referrals, including court referrals. There is no wait-list. The only cost is that of the methadone prescription, which depends on coverage and varies between people.

Oxford House Society of Regina

200-855 Arcola Avenue
Regina, SK, S4N 0S9
Phone: (306)570-5709 to reach outreach worker

Fax: (866)725-8008
Email: ow1@oxfordhousesk.ca

Services Offered:

- Outreach program
- Oxford House Regina provides safe, affordable housing for men and women in recovery from addictions

The application process is started by a counsellor referral or from a medical professional. Individuals must either gain employment or become involved in educational upgrading. Any individual who has completed a recognized addiction treatment program within the last year can apply to become a member of Oxford House.

Métis Addictions Council of Saskatchewan Inc. (MACSI)

329 College Avenue East
Regina, SK, S4N 0V9
Phone: (306)522-3681
Toll-free: (866)815-6515

Services Offered:

- In-patient treatment
 - 28-day residential option for adults.
 - Individuals participate in holistic programming, therapeutic group workshops, one-to-one counselling, educational sessions, self-help meetings, cultural teachings, recreational programming
- Outpatient services
 - Addiction screening
 - Assessment
 - Pre-treatment readiness counselling
 - Relapse prevention
 - Aftercare counselling
 - Community referrals

- Aftercare program

The individual will need to complete a referral package located on the website. There is a wait-list that ranges from 2–3 weeks to access a bed for the in-patient treatment program. They accept court referrals. The individual can meet with a counsellor once or on a weekly basis to access outpatient services. The wait-list is approximately 2 weeks for an initial appointment. There is no cost associated.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

John Howard Society of Saskatchewan

Regina Branch
1801 Toronto Street
Regina, SK, S4P 1M7
Phone: (306)757-6657
Toll-free: (888)757-6658
Email: provincial@sk.johnhoward.ca

Services Offered:

- Fine Option Program
- Community Service Program

Referrals are made through the Ministry of Justice, Social Services and court referrals. There is no cost associated or a wait-list.

Regina Alternative Measures Program

2815 Dewdney Avenue
Regina, SK, S4T 0X8
Phone: (306)244-0440
Email: info@reginaramp.ca
Hours: 8:00 am–5:00 pm, Monday through Friday

Services Offered:

- Restorative justice program
- Alternative Measures
 - status-blind pre- and post-charge diversion program

Referrals are made through the Ministry of Justice, Social Services and court referrals. There is no cost associated or a wait-list.

COUNSELLING & PROGRAMMING

Ehrlo Counselling Services

1951 Francis Street
Regina, SK, S4N 6V1
Phone: (306)751-2467
Fax: (306)751-2416
Website: www.ehrlo.com

Services Offered:

- Counselling
- Available to adults, children, youth, families

Please contact facility regarding fees for assessments, workshops, training or letter writing. Ehrlo Counselling Services operates on an hourly fee for counselling services.

Family Service Regina

200-1440 Broadway Avenue
Regina, SK, S4P 1E2
Phone: (306)757-6675
Fax: (306)757-0133
Email: info@familyserviceregina.com
Please note: email is not monitored 24/7 and should not be used in crisis situations. If you are in crisis, please call our office during regular business hours or Mobile Crisis at: (306)757-0127

Services Offered:

- Mental health counselling
 - Individuals, couples, families
- Intergenerational cycles of abuse

Street Workers Advocacy Project Regina Inc. ("SWAP")

1355 Albert Street
Regina, SK, S4R 2R6
Phone: (306)525-1722
Email: admin@swapregina.org

Hours: Mon, Wed, Fri, Sat, 8:30 pm–1:00 am

The SWAP Outreach van is active on the streets between the hours of 8:30 pm and 1:00 am.

Services Offered:

- SWAP Drop-In Centre
- Referrals
- Advocacy
- Court support
- Crisis support
- Counselling
- Access to housing lists
- Transportation to medical or legal appointments

Eligibility: Persons involved in street prostitution, including sexually exploited youth and youth at risk ("at risk" usually means exposed to an environment of one or more of the following: heightened violence, drugs/alcohol, high unemployment rates, leaving school without learning, early and risky sexual behaviors), as well as other street-involved people.

Prairie Spirit Connections Inc.

809 Victoria Avenue

Regina, SK, S4N 0R5

Phone: (306)525-9682

Fax: (306)525-9685

Email:

prairiespiritconnections@gmail.com

Services Offered:

Addiction Services:

- Call (306)525-9682 and ask for Dave Wihlidal

Awakening Your Spirit Program

Mending the Family Circle Program

- A 4-day healing camp
- 3 days of classroom instruction per week

- Ceremonies throughout the 14 weeks
- One support visit per week
- One family day per month – parents and children
- One case management per month
- Working closely with the Ministry of Social Services and other community organizations
- Sacred fire
- Smudging
- Sweat lodge
- Cultural activities
- Seven Sacred Teachings
- Healing circles
- Cultural protocol
- Picking medicine
- Addictions
- Co-dependency
- Triggers and coping skills
- Domestic violence
- Grief and loss
- Healthy relationships
- Anger
- Conflict resolution
- Communication
- Stress
- Building self-esteem
- Parenting

Tending the Fire Program

Areas of cultural teachings and ceremonies covered through this program include:

- The Seven Sacred Teachings
- Smudge
- Pipe ceremony
- Medicine wheel
- Drum and song
- Sweat lodge
- Medicine picking
- Talking circle
- Tipi teachings
- Healing ceremonies
- Cultural protocols
- Sacred fire
- Drug education

- Triggers and coping skills
- Domestic violence
- Grief and loss
- Healthy relationships
- Anger
- Self-esteem
- Emotions
- Co-dependency
- Conflict resolution
- Communications
- Parenting

Female Elder

- Call (306)525-9682 and ask for Lena Tanner

Regina General Hospital Native Health Services

Level 1, 1440 14th Avenue
Regina, SK, S4P 0W5
Phone: (306)766-4155
Phone: (306)766-2232

Services Offered:

- Counselling services
- Cultural and spiritual diversity programs
- Native health services
- Traditional Aboriginal health care/healing circle
- Elder
- Counselling services

Individuals can call and make an appointment. There is a minimal wait-list for appointments. The wait-list for referrals to other services is dependent on the capacity of those services. There are no costs associated. They do accept a variety of referrals, including court referrals, on a case-by-case basis, depending on the nature of the need and the time frame.

SASKATOON

ADDICTIONS & MENTAL HEALTH SERVICES **Community Addiction Services and** **Mental Health Outpatient Services**

Sturdy Stone Building
122 3rd Avenue North, Suite 156
Saskatoon, SK, S7K 2H6
Phone: (306)655-7777
Fax: (306)655-4115
Hours: 8:00 am–12:00 noon; 1:00 pm–5:00 pm

Services Offered:

- Adult substance use/abuse program
- Individual or group counselling
- Adult family program
- Mental health counselling
- Concurrent disorders program (services offered at sturdy stone)
- Problem gambling treatment programs
- Tobacco cessation program
- Addiction education group
 - Facilitator Dwayne Porter: Phone: (306)655-4114

Mental Health and Addiction Services Single Session Drop-In Workshops, 2019

A one-hour psycho-educational group on defining addiction, types of drugs, medical aspects of chemical dependency, the stages of use and addiction as a disease, along with an overview of services provided within MHAS.

*see website for current schedule:
https://www.saskatoonhealthregion.ca/locations_services/Services/mhas/Pages/CommunityAddictionServices.aspx

Child & Youth Addiction Services **(12–18 Years)**

715 Queen Street, 2nd floor
Saskatoon, SK, S7K 4X4
Phone: (306)655-7777
Fax: (306)655-4115

Services Offered:

- Counselling
 - Behavioural disorders
 - Complicated bereavement and trauma
 - Depression and anxiety
 - Eating disorders
 - Issues unique to gay and lesbian youth
 - Mental illnesses
 - Parent/teen conflict
 - Social skills
 - Substance misuse
 - Suicide risk

Methadone Clinic – Methadone Assisted Recovery Services

1611 20th Street West
 Saskatoon, SK, S7M 0Z7
 Phone: (306)655-0480
 Fax: (306)655-0459

Services Offered:

- Adult based service
- Youth involvement is at the discretion of the physician

The criteria for referral is opioid addiction and dependency.

Metis Addiction Council of Saskatchewan (MACSI) – Day Program

335 Avenue G South
 Saskatoon, SK, S7M 1V2
 Phone: (306)652-8951
 Toll-free: (877)652-8951
 Fax: (306)665-0703
 Email: saskatoon@macsi.ca

Services Offered:

- Individual counselling is offered Monday through Friday mornings, while each afternoon from 1:00 pm to 4:00 pm participants attend an educational and supportive group workshop.
 - Topics covered in the 6-week program are

addictions basics, relapse, grief and trauma, relationships, social learning and culture, thoughts and emotions.

Adult Family Program (Saskatoon Health Region)

2302 Arlington Avenue
 Saskatoon, SK, S7J 3L3
 Phone: (306)665-7777
 Toll-free: (877)652-8951

Services Offered:

- Counselling
 - Provides individual and group counselling that offers support and information for family members who struggle with substance use, mental health and/or gambling concerns

The individual calls the phone number to make an appointment. They accept a variety of referrals, including self-referrals, doctor referrals and court orders. The wait-list is approximately a week and there is no cost.

Brief and Social Detox

201 Avenue O South
 Saskatoon, SK, S7M 2R6
 Phone: (306)655-4195
 Fax: (306)655-4196
 Open 24 hours a day, 7 days a week

Services Offered:

- Social Detox Unit (SDU)
 - A recovery-based in-patient unit where clients often begin or reconnect with their recovery process. Clients may self-refer to the SDU. Upon admission, clients are assessed to determine the

appropriate detox services. If clients are intoxicated upon arrival, they may be supported through the Brief Detox Unit for up to 24 hours prior to SDU admission.

- Brief Detox Unit (BDU)
 - 12-bed unit that provides a safe place to stay for a short period of time to rest and recover from intoxication or drug abuse.
 - An alternative to overnight incarceration or admission to emergency rooms for intoxicated people who do not require emergency care.
 - An opportunity for brief intervention where clients are monitored (vital sign/observed) for approximately 12 hours by an Emergency Medical Technician (EMT).
 - Addiction counselling support is also available.
 - Following a brief stay in the BDU, clients may choose to attend the SDU to enter a recovery focused program.

They accept a variety of referrals, including court referrals. To access services, the individual can call daily to access the social detox. There is no cost associated. The wait-list is upwards of a week or longer. Clients can self-refer to the Brief Detox Unit by walk-in or phone.

Admission Criteria:

- Be medically stable (conscious)
- Present no risk of harm to self or others
- Voluntarily accept services

Calder Centre

2003 Arlington Avenue
Saskatoon, SK, S7J 2H6
Phone: (306)655-4500
Fax: (306)655-4545

Services Offered:

- In-patient addiction services
 - The program is based on a 4-week residential stay but offers flexibility to shorten or extend the length of stay depending on the individual's needs
 - 32 adult beds for ages 18 and over
 - 12 youth beds for ages 12–18 years
- Counselling and education on substance use/abuse
- Group counselling
- Gender specific treatment is provided based on research that indicates males and females differ in onset, consequences and recovery from substance use/abuse

Referrals to Calder Centre are made through an addictions community case manager who coordinates a continuum of care for clients before, during and after their stay. The wait-list is 8 weeks for males and 4–5 weeks for females. They require a referral from an addictions counsellor. They do not accept client on remand; they have to be sentenced and get a referral from an addictions counsellor or be released and meet with an addictions counsellor to get a referral. There is no cost associated.

Canadian Mental Health Association – Justice Community Program

129-122 3rd Avenue North
Saskatoon, SK, S7N 2H6

Phone: (306)933-3045 (Lisa Harder)
 (306)525-5601 ext. 225 (David Jones,
 Director)
 Fax: (306)569-3788

Services Offered:

- Mental Health Services/ Serious Violent Offenders Registry (SVOR)
 - The program focuses on supporting mental health and social reintegration during the transition from prison to community life

JCSP is involved with individuals with mental illness who are currently serving custodial sentences and providing reintegration planning from custody to community or from community sentence to post-sentence.

Canadian Mental Health Association – Problem Gambling Community Program/Gambling Awareness Program

3-804 Dufferin Avenue
 Saskatoon, SK, S7H 2B8
 Phone: (306)683-3669
 Fax: (306)683-2246
 Website: www.cmhask.com

Services Offered:

- Education on problem gambling

Community Addictions Prevention Program (CAPP)

Saskatoon Tribal Council (STC)
 Community Addictions Program
 Coordinator
 STC Health & Family Services
 200-335 Packham Avenue
 Saskatoon, SK, S7N 4S1
 Phone: (306)956.6100
 Fax: (306)956.3268

Services Offered:

- STC Health Centre on 20th Street – HIV/AIDS Reduction Program (SHARP), needle exchange,

urban immunization program, addictions and gambling outreach

- STC Urban Justice
- Labour Force Development STC Employment & Training Services – access to job training and career development supports
- White Buffalo Youth Lodge
- Cress Housing - Cress Housing owns and operates affordable rental housing in Saskatoon
- STC Urban Family Services – Family Programs including health and wellness programs, family rights advocacy, PALS, CHUMS

Emergency Homes

- Safe House – 24/7, 365 days/year emergency shelter for children at risk of sexual exploitation
- Oskayak wikiwaw – 8-bed facility for siblings in care; ages 6–12 years
- Pewasayaw Transitional Home – short-term, 5-bed transitional facility for children entering foster care; ages 0–8 years
- Children's Home – 10-bed facility with goal of reuniting children and sibling groups with immediate/extended family; ages 0–12 years

CUMFI Wellness Centre

315 Avenue M South
 Saskatoon, SK, S7M 2K5
 Phone: (306)651-1010
 Fax: (306)975-0388
 Email: cumfiadmin@sasktel.net

Services Offered:

- Mentorship services for older youth and adults with FASD or other cognitive disabilities
 - Eligibility: diagnoses of a cognitive disability or characteristics consistent

with a cognitive disability;
no limited services through
Social Services or CDS

- Grief and bereavement counselling

Mental Health and Addiction Services – Adult Outreach Services

Adult Outreach Services
315 Avenue M South
Saskatoon, SK, S7M 0Y9
Phone: (306)655-4195

Services Offered

- Counselling
 - Assist with food and shelter concerns
 - Assist with medical transportation
 - Connect clients with supportive community-based organizations (e.g., AIDS Saskatoon, Friendship Inn)
 - Link clients to appropriate services within Saskatoon Health Region
- Home detox program

Adult Outreach Services provides community support to adults 18 years and older. The role of Adult Outreach is to engage clients within the core community who may not engage in traditional recovery services. The individual calls the phone number to make an appointment. They accept a variety of referrals, including self-referrals, doctor referrals and court orders. The wait-list is approximately a week and there is no cost.

Community Adult Mental Health Services – Child & Youth Mental Health Services

715 Queen Street, 4th Floor
Saskatoon, SK, S7K 4X4
Phone: (306)655-8877
Youth Program: (306)655-7777
Hours: Monday through Friday, 8:00 am–4:30 pm
Referrals to Community Adult Mental Health programs are to be directed to Centralized Intake at (306)655-777

Services Offered:

- Mental health and addictions counselling
- Case management/home care: individual assessment and care planning to include
 - Recovery planning
 - Housing planning
 - Medication management
 - Ongoing engagement and assessment
 - Coordination of services and supports
 - Relevant crisis management

Who Do We Serve?

- Persons 18 years or older who:
 - Have been diagnosed with a mental illness as defined in the DSM-V (major diagnosis) by a psychiatrist and are actively involved with a psychiatrist
 - Have suffered a significant loss of social functioning for a period generally exceeding 18 months as a result of a mental health disorder
 - Individuals at risk of becoming chronically disabled by a

mental health disorder,
including persons who are
acutely ill or traumatized

Case managers work with community agencies and programs and other SHR services to ensure a coordinated and comprehensive approach is taken to assist in improving quality of life.

McKerracher Centre

2302 Arlington Avenue
Saskatoon, SK, S7J 3L3
Phone: (306)655-4590

Services Offered:

- Day program offers several educational, recreational and social groups and activities to enhance coping skills and quality of life.

Referrals are not required. McKerracher day program services are available Monday through Friday. Contact the McKerracher Centre for more information.

Community Recovery Adult Services

314 Duchess Street
Saskatoon, SK, S7K 0R1
Phone: (306)655-0440
Hours: Monday through Friday, 8:00 am–4:30 pm; closed over lunch hour.

Services Offered:

- Seniors mental health and addiction services (65+)
- Mental health nurses
- Social workers
- Rehab workers
- Psychiatrists
- Adult addictions & counselling services

MHAS Out-Patient

Saskatoon City Hospital
701 Queen Street
Saskatoon, SK, S7K 0M7
Phone: (306)655-8999

Services Offered:

- Counselling
- Peer support program
- For individuals (including family members) 18 years or older who are experiencing significant distress, which may include:
 - Anxiety
 - Depression
 - Eating difficulties
 - Enduring health, mental health and stress-related problems
 - Isolation and loneliness
 - Life challenges related to experiences of oppression such as racism, sexism and poverty
 - Problems associated with histories of trauma, loss, abuse and violence
 - Relationship issues

Referrals to this program can be made by Mental Health & Addictions (MHAS) staff on behalf of their clients. Clients without an MHAS worker can seek a referral to our program by calling Centralized Intake at (306)655-7777 or contact McKerracher Centre for more information.

Methadone Clinic – Methadone Assisted Recovery Services

1611 20th Street West
Saskatoon, SK, S7M 0Z7
Phone: (306)655-0480

Services also offered at the Mayfair Clinic

504 33rd Street West
Saskatoon, SK, S7L 0V8
Phone: (306)655-4006

Services Offered:

- Methadone assisted recovery

They accept doctor and self-referrals. They would accept court referrals but the services are voluntary-based. The criteria for referral are opioid addiction and dependency. Clients must have previously attempted to abstain from opioids (e.g., morphine, dilaudid) with or without assistance. The wait-list varies and is dependent upon the number of individuals inquiring and doctor availability. There is no cost associated with seeing a doctor with a Saskatchewan health card. Medication costs are based on individual's financial state and medical health insurance.

Métis Addictions Council of Saskatchewan Inc. (MACSI)

335 Avenue G South
Saskatoon, SK, S7M 1V2
Phone: (306)652-8951
Toll-free: (877)652-8951
Fax: (306)665-0703
Email: saskatoonmacsi@sasktel.net

Services Offered:

In-patient Treatment

- A 28-day residential option for adults
- Therapeutic group workshops, one-to-one counselling, educational sessions, self-help meetings, cultural teachings, recreational programming

The individual will need to complete a referral package located on the website by an addictions worker. A

screening occurs and there is a wait-list that ranges from 3–4 weeks to access a bed. They accept court referrals. There is no cost associated.

Outpatient Services

- Addiction screening, assessment, pre-treatment readiness counselling, relapse prevention, aftercare counselling and community referrals

The individual can meet with a counsellor once or on a weekly basis. There is no wait-list or costs associated.

Field Services

- One-to-one counselling and group workshops are commonly delivered in partnership with other agencies. The Field Educator will make referrals and connect youth and families with appropriate supports. Field Educators are available for presentations to Youth and adult audiences.

Day Program

- Day program offers a flexible, drop-in, harm reduction approach to recovery and well-being. Individual counselling is offered Monday through Friday mornings, while each afternoon from 1:00 to 4:00 pm participants attend an educational and supportive group workshop. Topics covered in the 6-week program are addictions basics, relapse, grief and trauma, relationships, social learning and culture, thoughts and emotions.

Anyone can drop in for programming. They require a Saskatchewan health card and fill out a brief intake form. It is

based on a harm reduction model.
There is no cost associated.

CUMFI McLeod House

4-101 Avenue T South
Saskatoon, SK, S7M 3A7
Phone: (306)665-0425
Fax: (306)665-0428
Email: www.cumfi.org

Services Offered:

- Housing for men recovering from addictions
- Transitional home for men with addictions
- Kanawayimik in-house programming, seminars & workshops
- Alcoholics Anonymous groups
- Outpatient Addictions Services
- Telephone assessment, information, and referral for either the problem gambler themselves or family and friends
- They offer province-wide referrals to support groups, problem gambling counsellors and treatment alternatives

The wait-list varies up to a few months. The length of stay can vary from 1 month to 3 years. The cost is \$660/month for either single or shared accommodations. The cost may be supplemented if the individual is not working through social assistance/rental supplement. Referrals come from Larson House, treatment centres and self-referrals. They accept court referral from probation/parole. The individual can call the help line and be connected with a counsellor. There is no wait-list. They return the individual's call within 48 hours and it takes approximately 48–72 hours to access services. They accept court referrals. Services are free for the individuals and for their family members if they want to access counselling.

Royal University Hospital

103 Hospital Drive
Saskatoon, SK, S7N 0W8
Phone: (306)655-1000
Second Phone: (306)655-1362
Intake: (306)655-7777

Services Offered:

- Outpatient addiction services
- Outpatient mental health services
- Social worker program

They accept referrals from clinics, hospitals, schools, self-referral and courts. The wait-list varies. There is no cost with a Saskatchewan health card.

Saskatoon City Hospital

701 Queen Street
Saskatoon, SK, S7K 0M7
Phone: (306)655-8000
Second Phone: (306)655-1000
Intake: (306)655-7777

Services Offered:

- Addiction services
- Mental health services
- Social worker programs

They accept referrals from clinics, hospitals, schools, self-referral and courts. The wait-list varies. There is no cost with a Saskatchewan health card.

Saskatoon Community Clinic

455 2nd Avenue North
Saskatoon, SK, S7K 2C2
Phone: (306)652-0300
Intake: (306)655-7777
Fax: (306)664-4120
Hours: Monday through Friday, 8:30 am–5:30 pm; Saturday 9:00 am–1:00 pm

Services Offered:

- Mental health/holistic health services

The wait-list varies and is dependent on need determined during the interview. They accept referrals from clinics, hospitals, schools, self-referral and courts. There is no cost with a Saskatchewan health card.

SHARP (Saskatoon HIV/AID Reduction Program)

1514 20th Street West
Saskatoon, SK, S7M 0Z5
Phone: (306)956-0345
Fax: (306)956-0339

Services Offered:

- Outpatient addiction services
- Group behavioural modification
- Social worker
- Services may include Resolution Health Support Workers
- Counselling
- Spiritual counselling with Elders
- Treatment

The services provided are free. They provide clean needles for those with an ongoing addiction and free testing to those that need it. They can drop-in Monday through Friday to access an addictions counsellor and then book regular appointments. They are open every day of the year. Elder services are available every Thursday. There is no wait-list and no cost associated.

Str8 Up: 10,000 Little Steps to Healing Inc.

Kinsmen Activity Place (lower level)
226 Avenue V South
Saskatoon, SK
Phone: (306)229-8853
Email: stuinukuafe04@gmail.com

- Community Sharing Circle
 - Wednesday evenings from 6:30–8:30 pm at 226 Avenue V South. Facilitated by Stacey Swampy, STR8 UP member.

This sharing circle gives STR8 UP members and the community a chance to share their struggles and hurts in a safe environment. This program is open for all members of the community to take part.

- Corrections
 - STR8 UP facilities sharing circles at Kilburn Hall (youth offender facility in Saskatoon) and at Saskatoon Correctional Centre (men's correctional facility).
- Women's Programming
 - Depending on the number of women who are active members at STR8 UP we offer a few programs. These have included women's sharing circles, family friendly activities, and women's health initiatives.

West Winds Primary Health Centre

3311 Fairlight Drive
Saskatoon, SK, S7M 3Y5
Phone: (306)655-4250
Fax: (306)655-4894
Hours: Monday through Friday, 8:30 am–5:00 pm

Services Offered:

- Outpatient addiction services
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)
- Social worker (services may include Resolution Health Support Workers)

They accept referrals from clinics, hospitals, schools, self-referral and courts. The wait-list varies. There is no cost with a Saskatchewan health card.

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**
Saskatoon Community Mediation
Services Diversion Program

208-220 3rd Avenue South
Saskatoon, SK, S7K 1M1
Phone: (306)244-0440

- Fee for Service Mediation
 - There is a fee based on a sliding scale; call in to set up an appointment
- Adult Diversion Program
 - They accept referrals from the Crown; there is no fee associated and no wait-lists
- Parent-Teen Mediation
 - There is a fee based on a sliding scale; call in and contact Helen Smith-McIntyre to set up an appointment

John Howard Society

218 – 33rd St. West
Saskatoon, SK, S7L 0V1
Phone: (306)244-8347
Fax: (306)244-9923
Toll-free: (877)244-8347
Email: sdyer@SKjohnhoward.ca

Services Offered:

- Fine Option Program
- Community service order program
- Social programs (youth ages 12–21)
- Housing support
- Bert's Safe Shelter
 - Males aged 12–15 years

- Temporary residence for up to 30 days
- Need referral from Ministry of Social Services
- Housing, addiction, family breakdown support
- Basswood Place
 - Males aged 12–15
 - Long-term staffed peer home
 - Need a referral by the Ministry of Social Services
- Jay's Place
 - 5 beds
 - Male youth aged 12–15
 - Staffed peer home environment
- Cedar House
 - 5 beds
 - Males aged 15–21
 - Need a referral by the Ministry of Social Services
- Supported Independent Living Program
 - Provides support to young people between age 16 and 21 who are currently involved with the Ministry of Social Services in the Long-Term/Permanent Ward, Section 10 and Section 56 Program
- Community Outreach Support Program
 - Education, employment, addictions, harm reduction, crisis intervention, counselling, housing, advocacy, mentorship, transportation, recreation

This program serves youth and young adults experiencing multiple and complex barriers and challenges. Supports include access to education

and employment, addictions and harm reduction assistance, crisis intervention, counselling, housing, advocacy.

Métis Family & Community Justice Services of Saskatchewan Inc.

1937 Ontario Avenue
Saskatoon, SK, S7K 1T5
Phone: (306)964-1440
Email: mfcjs.general@gmail.com

Services Offered

- Aboriginal Courtworker Program
- Diversion Program
 - Priority is given to first and second time offenders
 - MFCJS currently has 2 full-time and 1 half-time positions serving the provincial court areas of Saskatoon, Beardy's First Nations, Rosthern and Blaine Lake
- Community Justice Program
 - Diversion/Alternative Measures hearings
 - Mediations, family/group conferences
 - Healing and sentencing circles; and the recording of minutes for such processes

They accept referrals from the courthouse. For diversion, they require the individual to submit a 2-page essay about who they are. And they may ask them to complete community service or make a donation. For mediation, the requirements come from an agreement between the offender and the victim. The MFCJS courtworkers received Justice of the Peace training; this enables the courtworkers to visit the accused on Saturday and Sundays when they are brought in by the police over the weekend.

Saskatoon Community Corrections

129-122 3rd Avenue North
Saskatoon, SK, S7K 2H6
Phone: (306)933-6324
Fax: (306)933-5044
Website: www.justice.gov.sk.ca/CP

Services Offered (Available to Sentenced Offenders)

- Rehabilitation program
- Risk reduction
- Addictions programs
- Restitution Programs
- Cognitive behavioural programs
- Violent Offender Treatment
- Sex offender treatment
- Domestic violence treatment

Community Corrections supervises offenders on conditional sentences, probation or judicial interim release and works in collaboration with community resources.

COUNSELLING & PROGRAMMING Alternatives to Violence Programs

Saskatoon City Hospital, Room 1540
701 Queen Street
Saskatoon, SK, S7K 0M7
Phone: (306)655-8989
Fax: (306)655-8806

Services Offered:

- Alternatives to Violence Program
- The Education Service:
 - A 4-week group. This service offers general education about violence, the impact of violence and strategies for self-regulation. This group is a requirement for all clients and must be completed in full before moving into treatment group.

- The Man Alive Service:
 - This is a 16-week accountable/advocacy program for men who have been violent to their partners. This program focuses on inviting men to take personal responsibility for their behaviour and to practice nonviolence in their relationships.
- The Narrative Service:
 - This is a 16-week program that invites men to take a stand against their violence. The group focus is to assist men in developing healthy relationship values and lifestyle preferences that do not support violent behaviours.
- The Culturally Sensitive Service:
 - This 18-week program is a partnership between the Saskatoon Indian and Metis Friendship Centre and the Saskatoon Health Region. It is a group developed specifically for Aboriginal men who have been violent in their intimate relationships. The program includes Aboriginal traditions and ceremonies. This group is offered at the Westside Community Clinic.
- The Maintenance Service:
 - This is an ongoing support group for men who have successfully completed either Man Alive, Narrative or the Cultural program.
- Women's Alternatives to Violence Service:
 - This is a 16-week program that invites women to take

a stand against their violence. The group focus is to assist women in developing healthy relationship values and lifestyle preferences that do not support violent behaviours. A prescreening interview is required, and must be completed prior to starting the program. For more information, contact Deb Farden at (306)655-7924

The individuals call the intake line to access services. There is no cost for residents of Saskatchewan. The individual can be referred voluntary or through the courts. Self-referral can be made by contacting Elliott Field at (306)655-8989. Court referral requires the individual to have a specialized probations worker who does an assessment and then contacts Elliot Field to do an intake assessment. The criteria for eligibility are that the client takes responsibility and wants to seek services.

Who Do We Serve?

- The Alternatives to Violence Program provides services to adults 18 years and older who:
 - Have used violence in their intimate relationships
 - Are concerned about their behaviour towards their partner
 - Value healthy, equal and peaceful relationships
 - Are committed to changing their behaviours and beliefs

Eligibility Criteria

In order to participate in any of the Alternatives to Violence Programs, the following criteria must be met:

- Participants must be 18 years of age or older
- They choose to enter the program voluntarily
- There cannot be any outstanding charges of assault against another person, his/her partner, the partner's family or the children. It is required that outstanding charges are dealt with before entering the program. Participants are agreeable to the limits of confidentiality. Participants accept the boundaries of confidentiality, which will be reviewed upon entering the program.

Aspire Too

304-1114 22nd Street West
Saskatoon, SK, S7M 0S5
Phone: (306)382-2391

Services Offered:

- Counselling

This is a for-profit service; however, fees may be subsidized.

CFS SASKATOON

200-506 25th Street East
Saskatoon, SK, S7K 4A7
Phone: (306)244-7773
Email: staff@cfssaskatoon.sk.ca
Website: <http://www.cfssaskatoon.sk.ca>

Services Offered

- Counselling
 - Individual, couple and family counselling (children aged 6 and up) is available to assist those experiencing difficulties to

identify strengths, define problems and work toward alternatives and solutions.

- Programming
 - Groups for parents of teens
 - Bridging the Gap (for parents of challenging teens)
 - Reaching Out (when teens are out-of-control)
 - Strengthening Family Bonds (for parents whose children have been apprehended or are at risk of apprehension)
 - Building Healthy Families
 - Peaceful Parenting
 - Taming the Worry Dragon
 - The Fatherhood

As a result of changes to our funding agreements, we have instituted a flat rate of \$25.00/session for those whose family income is \$80,000 or less. All clients paying \$25.00/session will be served by a student intern. Anyone else will pay our full fee of \$110.00/session. CFS provides services for many Employee and Family Assistance Programs (EAP). Extended health benefits (e.g., Blue Cross, Manulife, etc.) may cover the costs for counselling.

Christian Counselling Services

617 3rd Avenue North
Saskatoon, SK, S7K 2J8
Phone: (306)244-9890
Email: chcounselling@sasktel.net

Services Offered:

- Counselling
- Individual, couple, family and children's counselling is available
- Telephone and online counselling also available
- Abuse
- Addictions

- Adoption Issues
- Anger management
- Anxiety
- Boundaries
- Depression
- Eating disorders
- Family violence
- Grief
- Personal identity
- Relationship issues
- Self-esteem
- Sexual integrity
- Stress management
- Trauma
- Therapy groups for men and women

Christian Counselling Services is a charitable organization. Services are available to anyone in the community regardless of race, religious belief, gender, age or sexual orientation. Special needs of clients such as literacy challenges, language comprehension, hearing impairment and/or physical disability are assessed to ensure that these are not barriers to receiving services. Fees are \$115 per 50-minute session with Registered Counsellors and \$135 per 50-minute session with Registered Psychologists. According to the Psychological Society of Saskatchewan, the recommended fee for psychological services provided by psychologists registered with the Saskatchewan College of Psychologists is \$180 per hour (effective 2018). Many churches will also provide support to their parishioners when accessing counselling services. Please check with your pastor or priest.

For clients in financial distress, Christian Counselling Services has a sliding fee scale. Please contact the front desk at (306)244-9890 for more information. Counselling interns completing their Master's Degree under the supervision of

a senior counsellor are also available to meet with clients for a reduced fee.

Family Service Saskatoon

102-506 25th Street East
Saskatoon, SK, S7K 4A7
Phone: (306)244-0127
Fax: (306)244-1201
Email: info@familyservice.sk.ca
Website: www.familyservice.sk.ca

Services Offered:

Free Drop-In Counselling

There is no cost for the first session. The sessions are offered on a first-come-first-serve basis during the clinic times.

Clinics are offered at the following locations:

- Family Service Saskatoon – Tuesday AND Thursday afternoons – 1:00–5:00 pm
- Mayfair Drugs – Wednesday afternoons – 1:00–5:00 pm
- OUT Saskatoon – Thursday evenings – 5:00–9:00 pm
- Saskatoon Public Library – Friday afternoons – 1:00–5:00 pm
- Carlyle King Branch – 1st and 3rd Friday of each month – 1:00–5:00 pm
- Frances Morrison Branch – 2nd and 4th Friday of each month – 1:00–5:00 pm

Free Child and Youth Services – Calming the Volcano Within

- This group is designed for youth, ages 12–18
- In this 8-week group, youth will learn and practice the skills needed for aggression and anger control

Pre-registration is required. A pre-group interview is required before the group.

Please contact reception at (306)244-0127 if you are interested.

Community Counselling

- Counselling services available individuals, couples, families and groups. Confidential, professional assistance for those experiencing personal difficulties, life transitions, family crises, work or community concerns. Fees are based on income.

Youth Exposed to Violence

- This program supports youth through both individual and group counselling. It engages youth in the classroom on issues off addiction, mental health, types of violence, healthy relationships and self-esteem. This program is free.

Teen and Young Parent Program

- Provides services to parents under the age of 30 and includes family support and counselling. Contact Myrna Kanigan at myrna.kanigan@familyservice.sk.ca to book in for the program. The fee is based on a sliding scale.

Child and Youth Support Worker Program

- The Child and Youth Support Program helps to support children and youth in Saskatoon, as directed by the Ministry of Social Services.
- Referrals to the program come through the Ministry of Social Services.

Adult Depression & Anxiety Group

- Registration required for this group that is a combination of

psycho-educational information, group activities and exercises to complete on your own.

- Topics include an introduction to anxiety & depression and the effects it has in the body and the brain, how to manage symptoms, assertiveness skills and more.
- A pre-group interview is required. There is no cost for this program.

Men's Working Group for Respectful Relationships – A Narrative Group for Men

- This group is for men who want to end their intimate partner violence and build respectful relationships. The narrative therapy group creates conversations with men about their values as well as their knowledge and skills to stop abuse and build respectful relationships. The group runs every other Saturday for 5 weeks from 9:00 am–4:00 pm.
- Self- or professional referrals are accepted. Pre-group interviews are required. Group is offered 2–3 times per year. Intakes ongoing. Contact Helene Davis at helene.davis@familyservice.sk.ca to book. The cost of the program is \$1,500.

Domestic Violence Court Case Workers

- Family Service Saskatoon employs 3 Domestic Violence Court Caseworkers. These workers ensure that victims of domestic violence are supported from the point of first contact to the complete resolution of their court case. Court caseworkers provide various supports such as court updates, trial support, reports to assess requests for changes to release conditions, advocacy

and referrals to other services offered in Saskatoon. Please contact Alana Gardiner at alana.gardiner@police.saskatoon.sk.ca to book. This program is free.

Invisible Scars: Exploring Emotional, Verbal and Psychological Abuse (Intimate Partner Violence) – For Women

- An 8-week group designed for women who have experienced intimate partner violence to gain personal awareness and understand how prolonged exposure to emotional abuse erodes self-esteem and confidence. The focus of the group is about healing and moving on from the effects of emotional abuse. Emotional abuse cuts to “the core of a person” and leaves invisible scars.

Intimate Partner Violence Drop-In Group – For Women

- Open and ongoing group for women who have experienced or are experiencing violence in their intimate partner relationships. Each week a new topic is discussed focusing on the general experience of intimate partner violence. Free childcare is provided. This program is free.
 - Tuesdays 6:00–7:30 pm
 - Thursdays 1:15–2:45 pm

Intimate Partner Violence Outreach Program

- Family Service Saskatoon provides individuals affected by interpersonal violence a place to come for confidential support in a safe and secure environment.

The IPV team provides unique individualized support especially in crisis situations. This is a voluntary program for those requiring assistance establishing and maintaining safe and healthy relationships. This program is free.

Abuse and Beyond – For Women

- Abuse and Beyond brings understanding to the role that violence plays in intimate partner relationships. The group helps women experiencing violence with their partner to find the strength to change this pattern. Groups are offered several times a year with free childcare services. Individual counselling services are also an integral component of this program. This program is free.

Saskatoon Indian and Métis Friendship Centre

168 Wall Street
Saskatoon, SK, S7K 1N4
Phone: (306)244-0174
Fax: (306)664

Services Offered:

- Sweat lodge

Every Saturday there will be a sweat lodge on Indian Hill at the Whitecap Dakota First Nation from 1:00 to 4:00 pm. Men will leave at 10:00 am; women will leave at 12:00 pm. All will meet up at SIMFC. Transportation provided. Protocol: Women wear long skirts; everyone required to bring towels. For more information/transportation please contact Vernon Linklater or Charleen Cote at (306)244-0174.

Saskatoon Family Counselling Centre

603 3rd Avenue North
Saskatoon, SK, S7K 2J8
Phone: (307) 652-3121
Fax: (306) 652-2709

Services Offered:

- Personal Counselling
 - Relationships
 - Stress at home or work
 - Depression
 - Anxiety
 - Grief and Loss
 - Life transitions
 - Alcohol and drugs
 - Spiritual issues
- Family Counselling
 - Communication
 - Abuse
 - Death
 - Divorce
- Critical Incidents
 - Group debriefing (school, workplace, community, family)
 - Individual Debriefing
 - Post-traumatic stress and trauma counselling
- Employee & Family Assistance (EFAP)
 - Counselling, wellness services and resources, consultation for individuals, management, and groups, and critical incident stress management (school tragedies, post-traumatic stress counselling)
- Individual & Family
 - General counselling for any reason for both individuals and families
- Couples & Relationships
 - Relationships
 - Stress at home or work
 - Depression
 - Anxiety
 - Grief and loss
 - Life transitions

- Alcohol and drugs
- Spiritual issues
- Workplace Consultation
 - Health and wellness in the workplace
 - Conflict resolution
 - Dealing with difficult people
 - Increasing job satisfaction
 - Balance between work and home
 - Helping set and evaluate goals
 - Concerns about use of alcohol or drugs
 - Assessing and developing career potential
 - Post career and retirement planning
 - Outplacement consulting
 - Disability management and advocacy
 - Planning to return to work
- Alcohol/Drugs/Gambling Counselling
- Grief/ Bereavement Counselling
- Loss Resolution
- Financial Counselling

Appointment times are available within 1–2 weeks and immediately for emergencies

Saskatoon Food Bank and Learning Centre

202 Avenue C North
Saskatoon, SK, S7L 0A2
Phone: (306) 664-6565

Services Offered:

- No-cost counselling
- Walk-in counselling clinics are an immediate, accessible form of brief counselling offering a timely and focused intervention. Counselling for low-income community members is available free of charge in partnership with CFS Saskatoon.

- SafeBus: emergency transportation
- It has been and continues to be dangerously cold. If you are freezing or in trouble, simply flag down a bus. The driver will stop and help you to the nearest terminal. Drivers have direct access to emergency services. No fare is required to get help using SafeBus.

The walk-in, no-cost clinic is available Monday through Friday, 9:00 am–3:00 pm. Hours and availability of counsellors are subject to change; please call to confirm.

Saskatoon Sexual Assault and Information Centre

201-506 25th Street East
Saskatoon, SK, S7K 4A7
Phone: (306)244-2294
Crisis Line: (306)244-2224 (24 hours)
Website:
www.saskatoonsexualassaultcentre.com

Services Offered:

- Counselling services
 - Crisis and short-term trauma counselling to individuals, ages 12 and older, who have experienced recent or historical sexual abuse or sexual assault.
 - Counselling is also available to partners and families of survivors.
- Provide information, referrals and support to those dealing directly or indirectly with issues of sexual assault, child sexual abuse and adult survivors of childhood sexual abuse, sexual harassment and domestic violence.

- Provide accompaniment to police station, support making police reports, assistance and preparation for court and information regarding the legal process.

There is no cost associated.

Saskatoon Tribal Council

STC Health & Family Services
200-335 Packham Avenue
Saskatoon, SK, S7N 4S1
Phone: (306)956-6100
Fax (306)956-326

Services Include:

- Walk-in counselling
- Indian Residential Schools Survivor Support Workers Program
 - Cultural support, including dialogue, ceremonies, prayers or traditional healing, may be provided
- Emotional support workers
 - Living Well Program Mental Health and Addictions
 - Individual and group counselling
 - Critical incident debriefings
 - Suicide intervention & follow up
 - Workshops
 - Presentation on wellness
 - Facilitation of support groups
 - Consultation and referrals

The individual can walk-in to access services. They will make appointments as necessary. They will accept self-referrals and court referrals. There is no cost associated.

Student Wellness Centre

University of Saskatchewan
Place Riel, 3rd and 4th Floors
Saskatoon, SK, S7N 5A3
Phone: (306)966-5768
Website:
<https://students.usask.ca/health/centres/wellness-centre.php>

Services Offered:

- The Student Wellness Centre offers a wide range of physical and mental health care to U of S students and their families.

SWITCH

Saskatoon Community Clinic – Westside
Community Clinic
1528-20th Street West
Saskatoon, SK, S7M 0Z6
Phone: (306)956-2518
Hours: Mondays and Wednesdays
evenings, 5:30–8:00 pm, and Saturdays
12:30–3:00 pm

Services Offered:

- Walk-in, inter-professional, holistic care with mentors and students from:
 - Social Work & Counselling
 - Pharmacy Review Program
 - Chiropractic & Acupuncture
 - Reiki, Iridology, Reflexology & Herbology
 - Naturopathic Medicine
 - Pediatrics
 - Gynecology
 - Speech Language Pathology
 - Nursing
 - Physical Therapy
 - Occupational Therapy
 - Dietician

There is no cost associated with their services. The appointments are walk-in. For more in-depth needs, they will make a referral. They have an Elder available on every shift.

Saskatoon Community Clinic – Westside Clinic

1528 20th Street West
Saskatoon, SK, S7M 0Z6
Phone: (306)664-4310
Fax: (306)934-2506

Services Offered:

- Counsellors
- Outreach workers
- Diabetes educators
- Dietitians
- Doctors
- Nurse practitioners
- Nurses
- Occupational therapists
- Pharmacists
- Physical therapists
- Lab services
- Referrals to specialists
- Special services like X-ray are provided by the Saskatoon Community Clinic at 455 2nd Avenue North

SWIFT CURRENT**ADDICTIONS & MENTAL HEALTH SERVICES
Community Health Services**

350 Cheadle Street West
Swift Current, SK, S9H 4G3
Phone: (306)778-5280
Fax: (306)778-5408
Hours: Monday through Friday, 8:00 am–5:00 pm

Services Offered:

- Outpatient mental health services
 - Individual, couple, family and group counselling

- Psychiatric assessments and treatment
- Rural clinics
- Public education
- Consultation
- Critical incident stress management
- Outpatient Addictions Services
 - Support and counselling to adults (18 years and older) and Youth (17 years and younger) for addictions to alcohol, drugs and gambling
 - Screening and assessment for users, abusers and addicts and affected family and friends
 - Couples and parents programming
 - Information sessions
 - Recovery planning
 - Counselling individuals and their families
 - Relapse education
 - Community education and development
 - Consultation
 - Safe Driving Program
 - Rural clinics

Referrals can be made to any Community Health Services by individuals, physicians, educators, lawyers and other health professionals. There is no cost associated. The wait-list varies. Note: Referrals to psychiatry must come in letter form from your medical doctor or other mental health professional.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Swift Current Community Justice Forum

The Salvation Army
780 1st Avenue North West
P.O. Box 2061
Swift Current, SK, S9H 4M7

Phone: (306)778-0515 ext: 225
Fax: (306)778-6419
Email: justice1@swiftcurrentarmy.com
Justice Coordinator: Pamela Hamlin

The Salvation Army administers the Alternative Measures Program for adults & the Extrajudicial Sanctions Program for youth. The programs provide a way for victims and offenders to achieve reconciliation, restitution and to restore peace and harmony with the aid of a trained mediator. The Crown prosecutor must approve the referral to the program. There is no cost associated with the program and there is no wait-list.

Swift Current Probation

350 Cheadle Street West
Swift Current, SK, S9H 4G3
Phone: (306)778-8244
Fax: (306)778-8413
Website: www.justice.gov.sk.ca/CP
Hours: Monday through Friday, 10:00 am–6:00 pm

Services Offered

- Alternatives to Violence Program/Domestic Violence Program.
- Currently there are several programs offered, ranging from 5 weeks to over a year in duration; these programs are facilitated by Mental Health Services, Probation Officers or together on a co-facilitation basis
 - Typically offered twice a year, in the spring and in the fall
- Sex offender programs

They have workers trained to facilitate such programming when there is a demand.

WARMAN

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

WEYBURN

ADDICTIONS & MENTAL HEALTH SERVICES

Weyburn Mental Health

Community Health Services Building
900 Saskatchewan Drive
P.O. Box 2003
Weyburn, SK, S4H 2Z9
Phone: (306)842-8665
Emergency Psychiatry Services: 24
hours/day, 7 days/week: Phone:
(306)842-8665

Services Offered:

- Addiction services
 - Assessment and recovery services
- Problem gambling counselling
- Child and youth services (0–18 years of age)
- Assessment, treatment, case management
- Family counselling
- Individual and group counselling
- Psychology
- Alternatives to Violence Program
- Sex offender program

They accept self-referrals through the intake line. For new referrals within the Health Region, please contact the Intake Office at (306)842-8665 or toll-free at (800)216-7689. The wait-list is determined by need and can vary from same-day service to later on. There is no cost with a Saskatchewan health card.

COUNSELLING & PROGRAMMING Envision Counselling & Support Centre

120 3rd Street South
Weyburn, SK, S4H 2L3
Phone: (306)842-8821

Services Offered:

- Counselling
 - Family
 - Adult
 - Teen
 - Children
- Workshops & groups
 - Envision holds several workshops and groups throughout the year. These gatherings provide a safe environment for individuals to come together, connect with one another and learn new skills. Workshops and groups are free of charge and participants must be over the age of 18 years. The topics covered vary for each office, but current information can be found on the Envision website: www.envisioncounsellingcentre.com

The counselling process begins with an initial intake interview. The number of sessions clients attend depends on the nature of the problem, the clients' reception to change, type of therapy and many other variables. There are no fees for the counselling services. No referral is necessary for retaining counselling services at Envision Counselling and Support Centre. Referrals for counselling may be given by lawyers, educators, courts and/or health-care professionals. Individuals may self-refer by calling the office in Estevan, Weyburn, Carlyle or Oxbow

during office hours. However, they cannot accept mandated clients as a result of their screening process in separation cases surrounding family violence.

Alternatives to Violence

P.O. Box 2003
Weyburn, SK, S4H 2Z9
Phone: (306)842-8665
Fax: (306)842-8690
Email: rwatson@schr.sk.ca

Services Offered:

- Individual counselling
- Group counselling

Services available in Cree and English.
Serves mandatory, voluntary and Aboriginal clients.

YORKTON

ADDICTIONS & MENTAL HEALTH SERVICES

Addiction Services

270 Bradbrooke Drive
Yorkton, SK, S3N 2K6
Phone: (306)786-0558
Toll-free: (888)989-8444

Services Offered:

- Outpatient addiction services
- Outpatient mental health services
- Crisis assessment team

They accept referrals from doctors, caregivers, courts, etc. Wait-list for accessing services is dependent upon needs at the time of intake. There is no cost associated with a Saskatchewan health card.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Yorkton Friendship Centre

139 Dominion Avenue
Yorkton, SK, S3N 1S3

Phone: (306)782-2822

Hours: Monday through Friday, 9:00 am–4:00 pm

Services Offered:

- Fine Option Program

This service is available to anyone in need. The individual drops-in. There is no wait-list. They accept court referrals.

Yorkton Tribal Council – Tribal Justice Unit

506 Broadway Street West, Suite 102
Yorkton, SK, S3N 0P3
Phone: (306)782-8132
Fax: (306)782-6180

Services Offered:

- Alternative Measures
- Extrajudicial sanctions
- Aboriginal Courtworker Program
- Youth & Adult Reintegration Program
- Community Justice Program
- Mediation services

COUNSELLING & PROGRAMMING

Yorkton Friendship Centre

139 Dominion Avenue
Yorkton, SK, S3N 1S3
Phone: (306)782-2822

Services Offered:

- Family worker
 - This program is designated to provide family counselling, money management and budgeting workshops, effective parenting workshops, family crisis services, trusteeship and referrals.

Alternatives to Violence

Sunrise Health Region, Mental Health Services

270 Bradbrook Drive

Yorkton, SK, S3N 2K6

Phone: (306)786-0558

Fax: (306)786-0556

Services Offered:

- Individual counselling
- Group counselling

Mandatory and voluntary clients are served. Wheelchair accessible

COMMUNITIES**ABERDEEN****ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS****Aboriginal Courtworkers Contact List**

See Appendix A.5

ABERNETHY**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS****Aboriginal Courtworkers Contact List**

See Appendix A.5

AHTAHKAKOOP FIRST NATION**ADDICTIONS & MENTAL HEALTH SERVICES****Ahtahkakoop Health Centre**

P.O. Box 64

Mont Nebo, SK, S0J 1X0

Phone: (306)468-2747

Fax: (306)468-2967

Toll Free: (800)807-6072

Hours: Monday through Friday, 8:30 am–4:30 pm; closed 12:00–1:00 pm

Services Offered:

- Needle exchange program
- Addiction services
- Community health developer/rep
- Elder's worker
- Environmental health officer/advisor
- Medical health officer
- Medical transport coordinator/clerk
- Mental health/holistic health services
 - Services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists
- Community health developer/rep
 - Women's Wellness Group offered every second week
 - Healing circle available when necessary or upon request at (306)468-2326

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS****Ahtahkakoop Justice Department**

P.O. Box 220

Shell Lake, SK, S0J 1X0

Phone: (306)468-3013

Fax: (306)468-2344

Services Offered:

- Alternative Measures Program
- Aboriginal Courtworker Program
- Cultural Camps/Community Integration Program

- First Nations Youth Restorative and Healing Project

COUNSELLING & PROGRAMMING **Cree Nations Treatment Haven**

P.O. Box 340
Canwood, SK, S0J 0K0
Phone: (306)468-2072
Fax: (306)468-2758

Services Offered:

35 Day In-patient Program

- The goal for our 35 Day In-patient Program is to provide the best possible alcohol and drug addiction treatment services to First Nations and non-First Nations men and women from Saskatchewan and across Canada from the ages of 17 and over, always keeping up to date with the best practices proven effective in the addictions treatment field and the latest research study outcomes.

The Matrix Model Program

- Clients can enter the program at any time
- Clients may enter or leave the group on an individual schedule
- The structure of the program and topics included in the various components are arranged to accommodate this open structure
- Clients who have been in treatment longer serve as role models to newcomers

Other Programs

- Individual/conjoint sessions
- Early Recovery Skills Group
- Relapse Prevention Group
- Family Education Group
- Social Support Group
- Drug & alcohol testing

- AA or Other Spiritual or Step Group
- Opioid treatment program
 - Methadone
 - Suboxone
- Sweats, church services
- AA meetings
- NA meetings
- CoDa meetings
- Sharing circles

Who Can Use This Treatment?

- Individuals 15 years of age and over who have completed a recent substance abuse evaluation
- Individuals manifesting stable psychiatric and medical conditions
- Individuals willing to make a serious commitment to complete the 8-week Matrix Program
- Individuals who do not require long-term in-patient treatment
- Individuals in a physician supervised methadone, suboxone or subutex maintenance program
- Individuals ordered to attend treatment by the justice system, probation services, social services, employer, etc.
- Individuals experiencing co-occurring disorders can effectively make use of this program but may also require additional mental health services
- Individuals requiring post-treatment aftercare services, or those who may have relapsed
- The individual/conjoint and family education components are designed to be used with the client and his/her spouse, significant other or family members

Referrals

Referrals may be made by the courts, probation/parole services, social services, family services, mental health services, addiction programs, employers, etc. Clients can also apply in person by completing the required admission forms.

Admissions

The following documents must be submitted to the Cree Nations Treatment Haven (CNTH) Matrix Program:

<http://www.creenationstreatmenthaven.ca/matrix-model-program.html>. The initial step is to set up a meeting with the case coordinator to assess whether or not a person meets program criteria. If so, the case coordinator will refer them to see the physician. The physician will evaluate the applicant and if approved, prescribe the starting dose. After someone begins treatment we expect them to enter into a form of regular counselling.

ALLAN

ADDICTIONS & MENTAL HEALTH SERVICES **Mental Health and Addiction Services**

Rural – Lanigan
Lanigan Integrated Hospital
36 Downing Drive
Box 1060
Lanigan, SK, S0K 2M0
Intake: (306)365-3400

Services Offered:

- Addiction counsellors
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers
- Case management

- Mental health promotion and education services
- Family counselling
- Individual, family and group counselling/therapy
- Community development
- Community collaboration
- Referrals to other services/agencies

There is a wait-list for counselling, but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary, and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated.

ALVENA

ADDICTIONS & MENTAL HEALTH SERVICES **Mental Health and Addiction Services** **Rural – Rosthern**

Rosthern Community Services
2014 6th Street
Box 216
Rosthern, SK, S0K 3R0
Intake: (306)232-6001

Services Offered:

- Addiction counsellors
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers
- Case management
- Mental health promotion and education services
- Family counselling
- Individual, family and group counselling/therapy
- Community development
- Community collaboration

- Referrals to other services/agencies

There is a wait-list for counselling, but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary, and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated.

ANNAHEIM

ADDICTIONS & MENTAL HEALTH SERVICES **Mental Health and Addiction Services**

Rural-Humboldt
Humboldt Community Services
515 4th Avenue
Box 1930
Humboldt, SK, S0K 2A0
Phone: (306)682-5333 (ask for intake worker)

Services Offered:

- Addiction Counsellors
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers
- Case management
- Mental health promotion and education services
- Family counselling
- Individual, family and group counselling/therapy
- Community development
- Community collaboration
- Referrals to other services/agencies

There is a wait-list for counselling, but it varies month to month by community. They do not offer group programming or specialized services anywhere other

than in larger centres. The services are voluntary, and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated.

ARCHERWILL

ADDICTIONS & MENTAL HEALTH SERVICES **Wadena Integrated Hospital**

433 5th Street Northeast
P.O. Box 10
Wadena, SK, S0K 4J0
Mental Health: Phone: (306)365-3400
Addictions: Phone: (306)682-5333

Services Offered:

- Addiction counsellors
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers
- Case management
- Mental health promotion and education services
- Family counselling
- Individual, family and group counselling/therapy
- Community development
- Community collaboration
- Referrals to other services/agencies

There is a wait-list for counselling, but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary, and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated.

ARCOLA

ADDICTIONS & MENTAL HEALTH SERVICES

Arcola Mental Health

P.O. Box 419

Arcola, SK, S0C 0G0

Phone: (306)455-2159

Intake: (306)842-8665

Services Offered:

- Addiction services
- Problem gambling
- Child and youth counselling (0–18 years)
- Family counselling
- Screening, assessment, therapy services
- Individual and group treatment
- Psychology services
- Alternative to Violence Program
- Sex Offender Program

For new referrals within the Health Region, please contact the Intake Office at (306)842-8665 or toll-free (800)216-7689. There is no cost with a Saskatchewan health card. The wait-list varies.

ASQUITH

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

ASSINIBOIA

ADDICTIONS & MENTAL HEALTH SERVICES

Assiniboia Union Hospital

501 6th Avenue East

P.O. Box 1120

Assiniboia, SK, S0H 0B0

Phone: (306)642-9400

Services Offered:

- Outpatient addiction services
 - Every 2nd Monday, Tuesday and Thursday, 8:00 am–4:30 pm
- Social worker
 - Monday, Tuesday, Wednesday and Friday, 8:00 am–5:00 pm

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Wood Mountain First Nation

P.O. Box 1792

Assiniboia, SK, S0H 0B0

Phone: (306)266-2039

Fax: (306)266-2024

Services Offered:

- File Hills Qu'Appelle Tribal Council Community Justice Initiative

Restorative Justice Unit Services Include:

- Probation: As officers of the court they supervise the court orders in our communities
- Youth reintegration: As a community liaison between youth released from court and their community resources
- Courtworker: As liaisons between the court and the community they offer insight into the workings of the courts, court terminology and give direction to clients to obtain legal aid
- Community justice: the officers meet with the justice committees, arrange justice gatherings, provide circle facilitation, mediation, trainings

Services Provided

- Extrajudicial sanctions (youth and adult)
- Community justice forums
- Consensus circle facilitation
- Court referrals mediation post/pre-charge
- Community referrals – mediation, healing circles, FASD, suicide interventions
- Youth reintegration to community
- Youth gang prevention and intervention
- Commissioner of Oath services
- Probation services
- Courtworker services

Community Based Justice Initiatives

- Justice Committee training
- Bylaw development/referrals
- Domestic violence initiative
- Justice policy development
- Section 81-84 pre-release plans
- Indigenous law development
- Facilitation of community safety plans
- Sentencing circle protocol development
- Anti-gang presentations
- Cyber bullying presentations

Training Workshops

- Proposal development
- Team-building workshops
- Youth peacemakers training – youth mediation
- Traditional mediation – Level 1, 2 and 3 (Resolving Conflict Constructively, Mediation Skills, Leading By Example)
- First Nation mediation based on tipi teachings, ceremonies, healing

- Self-governance justice facilitation training
- Justice Committee training
- Stress management

BALCARRES

ADDICTIONS & MENTAL HEALTH SERVICES

Balcarres Integrated Care Centre

100 South Elgin Street

Box 340

Balcarres, SK, S0G 0C0

Phone: (306)334-6260

Fax: (306)334-2865

Services Offered:

- Addictions counselling
- Mental health therapist

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Okanese First Nation

Okanese Band Office

Highway 310

Box 759

Balcarres SK, S0G 0C0

Phone: (306)334-2532

Fax: (306)334-2545

Services Offered:

- File Hills Qu'Appelle Tribal Council Community Justice Initiative

Restorative Justice Unit Services Include:

- Probation: As officers of the court they supervise the court orders in our communities
- Youth reintegration: As a community liaison between youth released from court and their community resources
- Courtworker: As liaisons between the court and the community they offer insight into the workings of the courts, court terminology and give direction to clients to obtain legal aid

- Community justice: the officers meet with the justice committees, arrange justice gatherings, provide circle facilitation, mediation, trainings

Services Provided

- Extrajudicial sanctions (youth and adult)
- Community justice forums
- Consensus circle facilitation
- Court referrals mediation post-/pre-charge
- Community referrals – mediation, healing circles, FASD, suicide interventions
- Youth reintegration to community
- Youth gang prevention and intervention
- Commissioner of Oath services
- Probation services
- Courtworker Services

Community-Based Justice Initiatives

- Justice Committee training
- Bylaw development/referrals
- Domestic violence initiative
- Justice policy development
- Section 81-84 pre-release plans
- Indigenous law development
- Facilitation of community safety plans
- Sentencing circle protocol development
- Anti-gang presentations
- Cyber bullying presentations

Training Workshops

- Proposal development
- Team-building workshops
- Youth peacemakers training – youth mediation
- Traditional mediation – Level 1, 2 and 3(Resolving Conflict

Constructively, Mediation Skills, Leading By Example)

- First Nation mediation based on tipi teachings, ceremonies, healing
- Self-governance justice facilitation training
- Justice Committee training
- Stress management

BALGONIE

ADDICTIONS & MENTAL HEALTH SERVICES **Alcoholics Anonymous**

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

BATTLEFORD

ADDICTIONS & MENTAL HEALTH SERVICES **Alcoholics Anonymous**

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

BEECHY

ADDICTIONS & MENTAL HEALTH SERVICES **Beechy Health Centre**

226 1st Avenue North

P.O. Box 68

Beechy, SK, S0L 0C0

Phone: (306)859-2118

To book an appointment, call the

Centralized Intake system: (866)268-9139

Monday through Friday, 8:00 am–4:30 pm

Services Offered:

- Outpatient services
- Individual, family and group outpatient counselling and education
- Ongoing assessment & treatment planning
- Referral to in-patient facilities
- Client and caregiver education & information
- Primary prevention through presentations to schools and community groups, information groups and promotion of healthy living

There is no cost associated with a Saskatchewan health card. Wait-list varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Beechy Health Centre

226 1st Avenue North

P.O. Box 68

Beechy, SK, S0L 0C0

Phone: (306)859-2118

To book an appointment, call

Centralized Intake system: (866)268-9139

Monday through Friday, 8:00 am–4:30 pm

Services Offered:

- Drug Diversion Program
 - 180 Alcohol and Drug Diversion Program for youth who are ticketed by the RCMP for minor consumption/possession of alcohol and/or possession of small amounts of controlled substances in lieu of paying the fine

There is no cost associated with a Saskatchewan health card. Wait-list varies.

BEARDY AND OKEMASIS

ADDICTIONS & MENTAL HEALTH SERVICES

Beardy's & Okemasis/Willow Cree Health Station

P.O. Box 96

Duck Lake, SK, S0K 1J0

Phone: (306)467-4402

Fax: (306)467-4609

Hours: Monday through Friday, 9:00 am–5:00 pm; closed 12:00–1:00 pm

After-hours taxi service to Rosthern (10 minutes away)

Services Offered

- Addiction services
- Mental health/ holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)
- First Nation Addiction Rehabilitation Fund (FNRF)/gambling addictions
- Indian Residential School Resolution Health Support Program
- Mental health crisis management
- National Native Alcohol and Drug Abuse Program (NNADAP)
- Non-insured health benefits navigator/ health educator
- Solvent abuse program

Mental Health and Addiction Services

Rural – Rosthern Community Services

2014 6th Street

Box 216

Rosthern, SK S0K 3R0

Intake: (306)232-6001

Services Offered:

- Case management

- Mental health promotion and education services
- Family counselling
- Individual, family and group counselling/therapy
- Referrals to other services/agencies

There is a wait-list for counselling, but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary, and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Beardy's & Okemasis First Nation Justice Program

P.O. Box 340
Duck Lake, SK, S0K 1J0
Phone: (306)467-4523
Fax: (306)467-4404

Services Offered:

- Alternative Measures
- Community-based intensive case management
- Stopping Abuse/Violence Education (SA/VE)
- Men's group
- Women's group

The program focuses on Alternative Measures for youths and adults, family group conferencing and sentencing and releasing circles. The program's objective is to provide effective, integrated, holistic community justice services that promote, strengthen and empower this community by supporting the cultural and spiritual needs of

Aboriginal people. The program also includes community-based intensive case management for offenders. Please note: programming is subject to funding.

Métis Family & Community Justice Services of Saskatchewan Inc. – Beardy's First Nations

1937 Ontario Avenue
Saskatoon, SK, S7K 1T5
Phone: (306)964-1440 or (866)622-2220
Fax: (306)964 1440
Email: mfcjs.general@gmail.com

Services Offered:

- Aboriginal Courtworker Program

The role of the courtworkers is to ensure that Aboriginal people who are charged with a criminal offence and/or family members of the accused receive just, equitable and culturally sensitive treatment. The Aboriginal courtworkers ensure that each client fully understands the criminal justice processes, which they will be involved in, and has the support that they need. Priority is given to first and second time offenders. The MFCJS courtworkers received Justice of the Peace training; this enables the courtworkers to visit the accused on Saturday and Sundays when they are brought in by the Police over the weekend. MFCJS currently has 2 full-time and 1 half-time positions serving the provincial court areas of Saskatoon, Beardy's First Nations, Rosthern and Blaine Lake.

BEAUVAL

ADDICTIONS & MENTAL HEALTH SERVICES Beauval Health Centre

Box 68
Beauval, SK, S0M 0G0
Phone: (306)288-4800

Toll-free: (866)848-8022
 Fax: (306)288-2225
 Website: www.kyrha.ca
 Hours: Monday through Friday, 8:00 am–5:00 pm; closed 12:00–1:00 pm, weekends and holidays

Services Offered:

- Community mental health RN; education on the effects of alcohol and drug abuse
- Follow-up support, home visits
- Addictions counsellor;
- Community outreach & education worker

There is no cost with a Saskatchewan health card. Wait-list varies. They accept a variety of referrals, including self-referral and court referrals.

BIGGAR

ADDICTIONS & MENTAL HEALTH SERVICES

Biggar and District Health Centre

501 1st Avenue West
 Box 130
 Biggar, SK, S0K 0M0
 Phone: (306)948-3323

Our services are accessed through the Region's centralized intake system by calling toll-free (866)268-9139, Monday through Friday, 8:00 am–4:30 pm

Services Offered:

- Outpatient services, counselling
- Individual, family and group outpatient counselling and education
- Ongoing assessment & treatment planning
- Child and youth counsellor *
- Referral to in-patient facilities

Services are free of charge to anyone possessing a valid Saskatchewan Health Services Card.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Biggar and District Health Centre

501 1st Avenue West
 Box 130

Biggar, SK, S0K 0M0
 Phone: (306)948-3323

Our services are accessed through the Region's centralized intake system by calling toll-free (866)268-9139, Monday through Friday, 8:00 am–4:30 pm

Services Offered

- Drug Diversion Program
 - 180 Alcohol and Drug Diversion Program for youth who are ticketed by the RCMP for minor consumption/possession of alcohol and/or possession of small amounts of controlled substances in lieu of paying the fine.

COUNSELLING & PROGRAMMING

West Central Crisis and Family Support Centre- Travelling Clinic

116 1st Avenue West
 Box 2235
 Kindersley, SK, S0L 1S0
 Phone: (306)463-6655
 After Hours Phone: (306)463-1860
 Fax: (306)463-6410

24-hr Support Line: (306)933-6200
 Office Hours: Monday through Friday, 9:00 am–5:00 pm (closed for lunch)

Services Offered:

- Counselling and support services
 - Individual counselling
 - Marital counselling
 - Crisis counselling
 - Short-term counselling
 - Family counselling

- Youth counselling
 - Suicide prevention
 - Anger management
 - Budget counselling
- Victim services
 - Domestic violence response
 - Traumatic events response
 - Sexual assault victim support
 - Safety planning
 - Critical stress management

Provides free counselling, information and referrals related to loss, pension, income assistance, food, financial assistance.

BIG ISLAND LAKE

ADDICTIONS & MENTAL HEALTH SERVICES Island Lake First Nation Health Clinic

P.O. Box 240

Big Island Lake FN, SK, S0M 3G0

Phone: (306)837-2265

Fax: (306)837-4480

Hours: Monday through Friday, 8:30 am–4:30 pm; closed at noon, weekends and holidays.

Services Offered:

- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists.)

To access services individuals in the Prairie North Health Region can contact the Healthline by dialing 811. There is no cost associated with a Saskatchewan health card. Wait-list varies.

BIG RIVER

ADDICTIONS & MENTAL HEALTH SERVICES Big River School

125 7 Avenue

Big River, SK, S0J 0E0

Phone: (306)469-0019

Services Offered:

- Addiction services
- Screening, assessment, counselling, treatment planning, support and follow-up counselling
- Referrals to in-patient, self-help and other community resources
- Education, support and counselling for people affected by someone else's addiction
- Smoking cessation (one-on-one counselling via phone or in person)

Big River Health Centre and Primary Health Care Clinic

220 1st Avenue North

Big River, SK, S0J 0E0

Phone: (306)469-2220

Fax: (306)469-2193

Call (306)469-2055 to access Nurse Practitioner, Psychiatrist, Youth Psychologist, Speech Language Services, Community Mental Health Nurse, and Pain Control Physician

Services Offered

- Outpatient addiction services
- Screening, assessment, counselling, treatment planning, support and follow-up counselling
- Referrals to in-patient, self-help and other community resources
- Education, support and counselling for people affected by someone else's addiction

- Smoking cessation (one-on-one counselling via phone or in person)
- Mental health/holistic health services

Hours are Monday through Friday, 9:00 am–5:00 pm; closed on weekends and holidays. To access services, contact the regional intake line at (306)765-6550 or toll-free at (855)765-6550. There is no cost associated with a Saskatchewan health card. Wait-list varies.

Cree Nations Treatment Haven

P.O. Box 340
Canwood, SK, S0J 0K0
Phone: (306)468-2072
Fax: (306)468-2758

Services Offered:

35 Day In-patient Program

- The goal for our 35 Day In-patient Program is to provide the best possible alcohol and drug addiction treatment services to First Nations and non-First Nations men and women from Saskatchewan and across Canada from the ages of 17 and over, always keeping up to date with the best practices proven effective in the addictions treatment field and the latest research study outcomes.

The Matrix Model Program

- Clients can enter the program at any time
- Clients may enter or leave the group on an individual schedule
- The structure of the program and topics included in the various components are
- Arranged to accommodate this open structure

- Clients who have been in treatment longer serve as role models to newcomers

Other Programs

- Individual/conjoint sessions
- Early Recovery Skills Group
- Relapse Prevention Group
- Family Education Group
- Social Support Group
- Drug & alcohol testing
- AA or Other Spiritual or Step Group
- Opioid Treatment Program
 - Methadone
 - Suboxone
- Sweats, church services
- AA meetings
- NA meetings
- CoDa meetings
- Sharing circles

Who Can Use This Treatment?

- Individuals 15 years of age and over individuals who have completed a recent substance abuse evaluation
- Individuals manifesting stable psychiatric and medical conditions
- Individuals willing to make a serious commitment to complete the 8-week matrix program
- Individuals who do not require long-term in-patient treatment
- Individuals in a physician supervised methadone, suboxone or subutex maintenance program
- Individuals ordered to attend treatment by the justice system, probation services, social services, employer, etc.
- Individuals experiencing co-occurring disorders can effectively make use of this program but may also require additional mental health services

- Individuals requiring post-treatment aftercare services, or those who may have relapsed
- The individual/conjoint and family education components are designed to be used with the client and his/her spouse, significant other or family members

Referrals

Referrals may be made by the courts, probation/parole services, social services, family services, mental health services, addiction programs, employers, etc. Clients can also apply in person by completing the required admission forms.

Admissions

The following documents must be submitted to the Cree Nations Treatment Haven (CNTH) Matrix Program:
<http://www.creenationstreatmenthaven.ca/matrix-model-program.html>. The initial step is to set up a meeting with the case coordinator to assess whether or not a person meets program criteria. If so, the case coordinator will refer them to see the physician. The physician will evaluate the applicant and if approved, prescribe the starting dose. After someone begins treatment we expect them to enter into a form of regular counselling.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Big River Community Justice Diversion Program

Big River First Nation
 P.O. Box 519
 Debden, SK, S0J 0S0
 Phone: (306)724-4700
 Aboriginal Courtworker: (306)724-4499
 Fax: (306)724-2161

Services Offered:

- Aboriginal Courtworker Program & Cree Court
- The Aboriginal Courtworker Program is mandated to assist Aboriginal youth and adults charged with an offense and Youth alleged to have committed an offense before the criminal courts receive fair, just, equitable and culturally sensitive treatment.

BIRCH HILLS

ADDICTIONS & MENTAL HEALTH SERVICES **Birch Hills Health Centre**

3 Wilson Street
 Birch Hills, SK, S0J 0G0
 Phone: (306)749-3331
 Mental Health/Addictions: (306)749-3302
 Fax: (306)749-2440

Services Offered:

- Outpatient Addictions Services
- Outpatient mental health services

Birch Hills Public School

110 McCallum Avenue
 Birch Hills, SK, S0J 0G0
 Addiction Services: (306)749-3301
 Hotline: 811: 24/7 professional health advice or mental health support

Services Offered:

- Outpatient services
- Screening, assessment, counselling, treatment planning, support and follow-up counselling
- Referrals to in-patient, self-help and other community resources
- Education, support and counselling for people

affected by someone else's addiction

- Smoking cessation (one-on-one counselling via phone or in person)

BLACK LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Black Lake Denesuline Health Nursing Station

P.O. Box 135

Black Lake, SK, S0J 0H0

Phone: (306)284-2020

Fax: (306)284-2090

Monday through Friday, 8:30 am–5:00 pm; closed 12:00–1:00 pm

Services Offered:

- Addiction services
- Admitting clerks
- Discharge coordinators
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists).

The individual must call the main line to access services. There is no cost associated with a Saskatchewan health card. The wait-list varies.

Athabasca Health Facility

224 Chicken First Nation

P.O. Box 124

Black Lake, SK, S0J 0H0

Phone: (306)439-2200

Fax: (306)439-2211

Second Phone: (306)284-2020

Youth Addiction Services: Phone: (306)439-2649

Youth Addiction Services: Fax: (306)439-2079

Emergency 24 hours, 7 days a week

Monday through Friday, 9:00 am–5:30 pm; closed 12:00–1:00 pm, weekends and holidays

Nurse practitioner on-call after hours

Services Offered

- Addiction services
- Community health developer/rep
- Mental health/holistic health services
- Youth addiction services
- Outpatient addiction services

For clients of all ages. Both men and women accepted. Programs available include: concurrent disorders, Residential Schools, child counselling and couples counselling. They accept clients with physical disabilities, pregnant women, court referral or Corrections clients, clients on methadone, clients on suboxone, and clients taking other psychoactive medications.

Black Lake Denesuline Health Centre

1 Boneleye Street

P.O. Box 135

Black Lake, SK, S0J 0H0

Phone: (306)284-2020

Fax: (306)284-2090

Services Offered:

- Addictions services
- Community health developer/rep
- Discharge coordinators
- Health director

Mental health/holistic services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists).

The individual calls the main line to access services. There is no cost

associated with a Saskatchewan health card. The wait-list varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Black Lake Denesuline Nation

73 Chiwewan Avenue

P.O. Box 27

Black Lake, SK, S0J 0H0

Phone: (306)284-2044

Fax: (306)284-2101

Services Offered:

- Prince Albert Grand Council
Community Justice Program
 - Rural Alternative Measures
 - Urban Alternative Measures
 - Saskatchewan Aboriginal
Courtworker Program
 - Crime prevention

BLAINE LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Blaine Lake Medical Clinic

307 Main Street South

Blaine Lake, SK, S0J 0J0

Monday through Friday, 8:30 am–4:30 pm

For appointments call: (306)497-2494

Services Offered:

- Mental health nurse and addiction counsellor are available by appointment

There is no cost associated with a Saskatchewan health card. Wait-list varies.

BORDEN

ADDICTIONS & MENTAL HEALTH SERVICES

Borden Primary Health Centre

308 Sheppard Street

P.O. Box 90

Borden, SK, S0K 0N0

Phone: (306)997-2110

Fax: (306)997-2114

Hours: Monday through Friday, 8:30 am–4:30 pm

Services Offered:

- mental health/holistic health services

To access services, contact intake at: (306)655-7777. There is no cost associated with a Saskatchewan health card. Wait-list varies.

BROADVIEW

ADDICTIONS & MENTAL HEALTH SERVICES

Broadview Hospital

901 Nina Street

P.O. Box 100

Broadview, SK, S0G 0K0

Phone: (306)696-5500

Fax: (306)696-2611

Services Offered:

- Outpatient mental health services (visiting)
- Outpatient addiction services (visiting)
- The Native Liaison Worker is a link between First Nations people in the area and the Broadview Union Hospital. The Liaison Worker educates employees and works to increase awareness and understanding of First Nations cultural beliefs and practices.

To access services, contact the intake line at (306)766-6600. There is no cost associated with a Saskatchewan health card. The wait-list varies.

Ochapowace Community Health Services

P.O. Box 550

Whitewood, SK, S0J 5C0

Phone: (306)696-3557

Fax: (306)696-3446

Services Offered:

- First Nation Addiction Rehabilitation Foundation (FNARF)
 - The mission of FNARF is to promote and maintain healthy lifestyles that enhance healthy individuals, families and communities. Also, to promote peoples' well-being through increasing use of mental, emotional, spiritual and physical resources, and to provide cost effective, holistic alternatives to deal with problem gambling activity.
- Medical transportation services

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**

Ochapowace First Nation

P.O. Box 550
Whitewood, SK, S0J 5C0
Phone: (306)696-2425
Toll-free: (888)706-2427
Fax: (306)696-3146

Justice Coordinator: Betty Watson

Email: betty.watson@ochapowace.ca
Phone: (306)696-2425

Services Offered:

- NNADAP worker
- Mental health counselling
- Addictions counselling
- Medical transportation

Kahkewistahaw First Nation

P.O. Box 609
Broadview, SK, S0G 0K0
Phone: (306)696-2660
Fax: (306)696-3154
Toll-free: (866)667-7710

Addictions Worker: Rodney Brass (ext. 232)

Mental Health Worker: Kiran Kashyap (ext. 227) Wednesday & Thursday

Services Offered:

- NNADAP worker
- Mental health counselling
- Addictions counselling
- Medical transportation

**Kahkewistahaw First Nation Enhanced
Services Delivery (ESD)**

P.O. Box 609
Broadview, SK, S0G 0K0
Phone: (306)696-3291
Fax: (306)696-3201

Services Offered:

- DWI – driving while impaired
- Pardons – regarding criminal charges, the initial fee which would support the clients fee for applying for a pardon.

BROCK**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**

Aboriginal Courtworkers Contact List

See Appendix A.5

BRUNO**ADDICTIONS & MENTAL HEALTH SERVICES**

**Mental Health and Addiction Services
Rural**

Humboldt Community Services
515 4th Ave
Box 1930

Humboldt, SK, S0K 2A0
Phone: (306)682-5333 (ask for intake worker)

Services Offered:

- Addiction counsellors
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers
- Case management
- Mental health promotion and education services
- Family counselling
- Individual, family and group counselling/therapy
- Community development
- Community collaboration
- Referrals to other services/agencies

There is a wait-list for counselling, but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary, and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated.

BUFFALO RIVER DENE NATION

ADDICTIONS & MENTAL HEALTH SERVICES

Buffalo River Health Centre

P.O. Box 130
Dillon, SK, S0M 0S0
second phone: (306)282-4442
Phone: (306)282-2132
Fax: (306)282-2117
Monday through Friday, 9:00 am–4:30 pm
After hours nurse: (306)282-4442.

Services Offered:

- Addiction services
- Community support worker
- Wellness coordinator

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Buffalo River Dene Nation

P.O. Box 40
Dillon, SK, S0M 0S0
Phone: (306)282-2033
Fax: (306)282-2101

Service Offered:

Supports community-based justice initiatives for First Nation communities within Meadow Lake Tribal Council:

- Alternative Measures/Extrajudicial Sanctions Program
- Victim advocate training
- Victim offender mediations
- Serious Offence Program
- Community justice forums
- Diversion programs
- Family conferencing
- Sentencing circles
- Community referrals
- Re-integration plans
- Healing circles
- Proactive justice initiatives
- Youth and culture camps
- Community Justice Support
- Facilitate Justice Awareness Initiatives

BUFFALO NARROWS

ADDICTIONS & MENTAL HEALTH SERVICES

Buffalo Narrows Health Centre

1491 Peterson Avenue
P.O. Box 40
Buffalo Narrows, SK, S0M 0J0
Phone: (306)235-5800
Toll-free: (866)848-8011
Fax: (306)235-4500
Monday through Friday, 8:00 am–5:00 pm; closed 12:00–1:00 pm

Services Offered:

- Outpatient addiction services
- Outpatient mental health services

To access services, contact the intake line at (306)235-5800 or toll-free at (866)848-8011. There is no cost with a Saskatchewan health card. Wait-list varies. They accept a variety of referrals, including self-referral and court referrals.

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**
Buffalo Narrows Friendship Centre

500 Buffalo Street
Box 189
Buffalo Narrows, SK, S0M 0J0
Phone: (306)235-4633

Services Offered:

- Fine Option Program

Friendship Centres offer programming in education and training, employment opportunities and counselling, health programs, children and youth programs, recreation programs and economic development. They also offer language training, skills development, computer training, work-site placements, nutrition programs, healing circles, alcohol and drug counselling, youth peer counselling, youth drop-in centres, etc. Contact the Friendship Centre for an up to date listing of services.

COUNSELLING & PROGRAMMING
Buffalo Narrows Friendship Centre

351 Buffalo Street
Buffalo Narrows, SK, S0M 0J0
Phone: (306)235-4633

Services Offered:

- Family support program
- Cultural connections for Aboriginal youth
- Phone-in counselling

BULYEA

ADDICTIONS & MENTAL HEALTH SERVICES
Strasbourg and District Health Centre – Rural

303 Edward St.
P.O. Box 217
Strasbourg, SK, S0G 4V0
Phone: (306)725-3220
Fax: (306)725-4060
Monday through Friday, 9:00 am–5:00 pm; closed 12:00–1:30 pm

Services Offered:

- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)
- Therapies

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

CABRI

ADDICTIONS & MENTAL HEALTH SERVICES
Cabri Medical Clinic (Primary Health Care Clinic)

510 1st Street North
Cabri, SK, S0N 0J0
Phone: (306)587-2286
Clinic hours are Monday through Friday, 8:00 am–12:00 pm, and 12:30–4:00 pm. See website for calendar schedule of services:
<https://cypresshealth.ca/health-facilities/cabri/>.

Services Offered:

- Mental health services
- Outpatient Addictions Services: support and counselling to adults (18 years and older) and youth (17 years and younger) for addictions to alcohol, drugs and gambling
 - Screening and assessment for users, abusers and addicts and affected family and friends
 - Couples and parents programming
 - Information sessions
 - Recovery planning
 - Counselling individuals and their families
 - Relapse education
 - Community education and development
 - Consultation
 - Safe Driving Program
 - Rural clinics

Hours: Monday through Friday, 8:00 am–3:30 pm. Closed at noon, weekends and holidays. To access services, contact the intake line at (877)329-0005. There is no cost associated with a Saskatchewan health card. Wait-list varies.

CADILLAC**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**

Aboriginal Courtworkers Contact List

See Appendix A.5

CANDO

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**

Red Pheasant First Nation

P.O. Box 70

Cando, SK, S0K 0V0

Phone: (306)937-7717

Fax: (306)937-7487

Services Offered:

- Community Justice Program provided by Battlefords Agency Chiefs Tribal Chiefs (BATC)
 - Alternative Measures Program
 - Aboriginal Courtworker Program
 - Cultural Camps/Community Integration Program
 - First Nations Youth Restorative and Healing Project

Mosquito First Nation

Box 177

Cando, SK, S0K 0V0

Phone: (306)937-6120

Fax: (306)937-3678

Services Offered:

- Community Justice Program Provided by Battlefords Agency Chiefs Tribal Chiefs (BATC)
 - Alternative Measures Program
 - Aboriginal Courtworker Program
 - Cultural Camps/Community Integration Program
 - First Nations Youth Restorative and Healing Project

CANOE NARROWS

ADDICTIONS & MENTAL HEALTH SERVICES **Canoe Narrows/Lake Health Centre and** **Nursing Station**

P.O. Box 229

Canoe Narrows, SK, S0M 0K0

Phone: (306)829-2140

Fax: (306)829-4450

Hours: Monday through Friday, 8:30 am–4:30 pm

Services Offered:

- Addiction services
- Community health developer/rep
- Community support worker
- Medical transport coordinator/clerk

To access services, contact the intake line at (306)288-4800 or toll-free at (866)848-8022. There is no cost with a Saskatchewan health card. Wait-list varies. They accept a variety of referrals, including self-referral and court referrals.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Canoe Lake First Nation

P.O. Box 231

Canoe Narrows, SK, S0M 0K0

Phone: (306)829-2150

Fax: (306)829-2101

Services Offered:

Community Justice Program Provided by Meadow Lake Tribal Council (aka MLTC)

P.O. Box 8001

Meadow Lake, SK, S9X 1T8

Phone: (306)236-5654

Email: receptionist@mltc.net

Service Offered:

Supports community-based justice initiatives for First Nation communities within Meadow Lake Tribal Council:

- Alternative Measures/Extrajudicial Sanctions Program
- Victim advocate training
- Victim offender mediations
- Serious Offence Program
- Community justice forums
- Diversion programs
- Family conferencing
- Sentencing circles
- Community referrals
- Re-integration plans
- Healing circles
- Proactive justice initiatives
- Youth and culture camps
- Community Justice Support
- Facilitate Justice Awareness Initiatives

CANORA

ADDICTIONS & MENTAL HEALTH SERVICES **Canora Hospital**

1219 Main Street

P.O. Box 749

Canora, SK, S0A 0L0

Phone: (306)563-5621

Intake: (306)786-0558

Fax: (306)563-5571

Services Offered:

- Part-time mental health clinic

To access services, the individual calls the intake line at (306)786-0558. There is no cost associated with a Saskatchewan health card. The wait-list varies.

Canora Community Services/Home **Care Office**

1219 Main Street

P.O. Box 868

Canora, SK, S0A 0L0

Phone: (306)563-1250

Intake: (306)786-0558

Fax: (306)563-1251

Services Offered:

- Behavioural management
- Child and youth worker

To access services, the individual calls the intake line at (306)786-0558. There is no cost associated with a Saskatchewan health card. The wait-list varies.

Alcohol and Drug Services

1219 Main Street
P.O. Box 868
Canora, SK, S0A 0L0
Phone: (306)563-5656
Fax: (306)563-5134

Services Offered:

- Addictions and mental health counselling

To access services, contact the main line. There is no cost associated with a Saskatchewan health card. The wait-list varies.

CANWOOD**ADDICTIONS & MENTAL HEALTH SERVICES**
Cree Nations Treatment Haven

P.O. Box 340
Canwood, SK, S0J 0K0
Phone: (306)468-2072
Fax: (306)468-2758

Services Offered:35 Day In-patient Program

- The goal for our 35 Day In-patient Program is to provide the best possible alcohol and drug addiction treatment services to First Nations and non-First Nations men and women from Saskatchewan and across Canada from the ages of 17 and over, always keeping up to date with the best practices proven

effective in the addictions treatment field and the latest research study outcomes.

The Matrix Model Program

- Clients can enter the program at any time
- Clients may enter or leave the group on an individual schedule
- The structure of the program and topics included in the various components are
- Arranged to accommodate this open structure
- Clients who have been in treatment longer serve as role models to newcomers

Other Programs

- Individual/conjoint sessions
- Early Recovery Skills Group
- Relapse Prevention Group
- Family Education Group
- Social Support Group
- Drug & alcohol testing
- AA or Other Spiritual or Step Group
- Opioid Treatment Program
 - Methadone
 - Suboxone
- Sweats, church services
- AA meetings
- NA meetings
- CoDa meetings
- Sharing circles

Who Can Use This Treatment?

- Individuals 15 years of age and over individuals who have completed a recent substance abuse evaluation
- Individuals manifesting stable psychiatric and medical conditions
- Individuals willing to make a serious commitment to complete the 8-week matrix program

- Individuals who do not require long-term in-patient treatment
- Individuals in a physician supervised methadone, suboxone or subutex maintenance program
- Individuals ordered to attend treatment by the justice system, probation services, social services, employer, etc.
- Individuals experiencing co-occurring disorders can effectively make use of this program but may also require additional mental health services
- Individuals requiring post-treatment aftercare services, or those who may have relapsed
- The individual/conjoint and family education components are designed to be used with the client and his/her spouse, significant other or family members

Referrals

Referrals may be made by the courts, probation/parole services, social services, family services, mental health services, addiction programs, employers, etc. Clients can also apply in person by completing the required admission forms.

Admissions

The following documents must be submitted to the Cree Nations Treatment Haven (CNTH) Matrix Program:

<http://www.creenationtreatmenthaven.ca/matrix-model-program.html>. The initial step is to set up a meeting with the case coordinator to assess whether or not a person meets program criteria. If so, the case coordinator will refer them to see the physician. The physician will evaluate the applicant and if approved, prescribe the starting dose.

After someone begins treatment we expect them to enter into a form of regular counselling.

CARLYLE

ADDICTIONS & MENTAL HEALTH SERVICES **White Bear First Nation**

P.O. Box 700

Carlyle, SK, S0C 0R0

Phone: (306)577-2461

Fax: (306)577-2496

Services Offered:

- Community Addictions Program
 - Referrals for treatment centres, outpatient programs at treatment centres, or to Alcoholics Anonymous or Narcotics Anonymous meetings
 - Alcoholics Anonymous meetings, NA, Alternative to Violence
 - Alcohol/drug use prevention
- Alternatives to Violence Programming
 - Men and women who are perpetrators of intimate partner violence. Clients must be 18 years of age or over. They accept both voluntary and court-mandated clients. Referrals usually come from adult Probation Services, Social Services and Envision. The first appointment takes 2–3 months and is only scheduled every 6 weeks.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

White Bear First Nation

P.O. Box 700

Carlyle, SK, S0C 0R0

Phone: (306)577-2461

Fax: (306)577-2496

Services Offered:

Southeast Treaty Four Tribal Council Justice Program

- Alternative Measures
 - The program operates diversion programs for youths and adults in the criminal justice system
 - The active participation and guidance of Elders is essential to all phases of the diversion process
 - The program also provides awareness, education and training to its member of First Nations on criminal justice processes and community justice programs
 - Other program activities include providing technical advice, coordinating training, planning, developing and evaluating programs, developing committees, developing policy and collecting data

COUNSELLING & PROGRAMMING

Envision Counselling & Support Centre

P.O. Box 1017

Carlyle, SK, S0C 0R0

Phone: (306)453-2405

Services Offered:

- Counselling
 - Family
 - Adult

- Teen
- Children

- Workshops & Groups

- Envision holds several workshops and groups throughout the year. These gatherings provide a safe environment for individuals to come together, connect with one another and learn new skills. Workshops and groups are free of charge and participants must be over the age of 18 years. The topics covered vary for each office, but current information can be found on the Envision website: www.envisioncounsellingcentre.com

The counselling process begins with an initial intake interview. The number of sessions clients attend depends on the nature of the problem, the client's reception to change, type of therapy and many other variables. There are no fees for the counselling services. No referral is necessary for retaining counselling services at Envision Counselling and Support Centre. Referrals for counselling may be given by lawyers, educators, courts and/or health-care professionals. Individuals may self-refer by calling the office in Estevan, Weyburn, Carlyle or Oxbow during office hours. However, they cannot accept mandated clients as a result of their screening process in separation cases surrounding family violence.

White Bear First Nation

P.O. Box 700

Carlyle, SK, S0C 0R0

Phone: (306)577-2461

Fax: (306)577-2496

Services Offered:

- Counselling
 - Group and individual counselling
 - Domestic violence counselling
 - Mental health counselling
 - Family therapy
 - Youth counselling
 - Sexual abuse counselling
- Programming
 - Anger management programs
 - Impaired Driver's Program

To access services, contact the main line. There is no cost associated. The wait-list varies.

CARNDUFF
ADDICTIONS & MENTAL HEALTH SERVICES
The Tony Day Family Medical Clinic

405 Spencer Street (attached to
Borderline Housing)
Carnduff SK, S0C0S0
Phone: (306)482-1240

Services Offered:

- Mental health counselling

Mental Health utilizes the clinic for appointments. To arrange details, please contact Sun Country Mental Health toll-free (800)216-7689; Estevan Mental Health Office: (306)637-3610; 24-hour service: (306)842-8605.

CARONPORT
ADDICTIONS & MENTAL HEALTH SERVICES
Caronport Medical Clinic

P.O. Box 998
Caronport, SK, S0H 0S0
Phone: (306)756-2262 (during office hours)
Hours: Monday through Friday, 9:00 am–12:00 pm, and Mon, Tues, and Thursday, 1:30–5:00 pm

Services Offered:

- Counselling and referrals

CARROT RIVER**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**
Aboriginal Courtworkers Contact List

See Appendix A.5

CARRY THE KETTLE FIRST NATION
**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**
Carry the Kettle First Nation

P.O. Box 57
Sintaluta, SK, S0G 4N0
Phone: (306)727-2135
Fax: (306)727-2149

Services Offered:

- File Hills Qu'Appelle Tribal Council
Community Justice Initiative

Restorative Justice Unit services include:

- Probation: As officers of the court they supervise the court orders in our communities
- Youth reintegration: As a community liaison between youth released from court and their community resources
- Courtworker: As liaisons between the court and the community they offer insight into the workings of the courts, court terminology and give direction to clients to obtain legal aid
- Community justice: the officers meet with the justice committees, arrange justice gatherings,

provide circle facilitation,
mediation, trainings

Services Provided

- Extrajudicial Sanctions (youth and adult)
- Community justice forums
- Consensus circle facilitation
- Court referrals mediation post/pre-charge
- Community referrals – mediation, healing circles, FASD, suicide interventions.
- Youth reintegration to community
- Youth gang prevention and intervention
- Commissioner of Oath services
- Probation services
- Courtworker services

Community-Based Justice Initiatives

- Justice Committee training
- Bylaw development/referrals
- Domestic violence initiative
- Justice policy development
- Section 81-84 pre-release plans
- Indigenous law development
- Facilitation of community safety plans
- Sentencing circle protocol development
- Anti-gang presentations
- Cyber bullying presentations

Training Workshops

- Proposal development
- Team building workshops
- Youth peacemakers training – youth mediation
- Traditional mediation – level 1, 2 and 3 (Resolving Conflict Constructively, Mediation Skills, Leading By Example)
- First Nation mediation based on tipi teachings, ceremonies, healing

- Self-governance justice facilitation training
- Justice Committee training
- Stress management

CENTRAL BUTTE

ADDICTIONS & MENTAL HEALTH SERVICES

Central Butte Regency Hospital

601 Canada Street

P.O. Box 40

Central Butte, SK, S0H 0T0

Intake: (306)694-0379 or (877)564-0543

Regency Manor: (306)796-2190

New Horizons Clinic: (306)796-2180

Services Offered:

- Outpatient Mental Health Services Mental Health and Addictions (MHAS)

To access a telephone session with a mental health and addictions counsellor, please call (306)691-6464 and ask to speak with an intake worker. Individual and/or group services are available at the Mental Health and Addictions Clinic, as well as Crescent View Clinic in Moose Jaw.

CHRISTOPHER LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Little Red Health Centre

12 Little Red River Reserve

P.O. Box 330

Christopher Lake, SK, S0J 0N0

Phone: (306)982-4294

Fax: (306)982-3672

Hours: Monday through Friday, 8:00 am–4:30 pm; closed 12:00–1:00 pm, weekends and holidays.

Services Offered:

- Community health developer
- Medical transport coordinator/clerk
- Mental health/holistic health services (services may include

family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

To access services, contact the regional intake line at (306)765-6550 or toll-free at (855)765-6550. There is no cost associated with a Saskatchewan health card. Wait-list varies.

CHURCHBRIDGE

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

CIGAR LAKE MINE

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

CLAVET

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

CLEARWATER

ADDICTIONS & MENTAL HEALTH SERVICES

Armand Bekattla Treatment Centre

Box 5010

Clearwater River, SK, S0M 3H0

Phone: (306)822-2033

Fax: (306)822-2750

Email: crdntc@sasktel.net

Services Offered:

- In-patient addiction services
 - For clients 19 and over. Both men and women accepted. Programs available include: concurrent disorders, Residential Schools and on-the-land. They accept clients with physical disabilities, pregnant women, court referral or Corrections clients, clients on suboxone and clients taking other psychoactive medications.
- 12 step program
 - Substance abuse
 - Alcoholism
- Individual counselling
- Psychologist

Clearwater River Dene First Nation Health Centre

P.O. Box 5040

Clearwater River, SK, S0M 3H0

Phone: (306)822-2378

Fax: (306)822-2297

Website: www.mlhc.ca

Monday through Friday, 9:00 am–5:30 pm; closed 12:00–1:00 pm

Services Offered:

- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

To access services, contact the intake line at (306)288-4800 or toll-free at (866)848-8022. There is no cost with a Saskatchewan health card. Wait-list varies. They accept a variety of referrals, including self-referral and court referrals.

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**

Clearwater River Dene Nation

P.O. Box 5050
La Loche, SK, S0M 3H0
Phone: (306)822-2021
Fax: (306)822-2212

Service Offered:

- Supports community-based justice initiatives for First Nation communities within Meadow Lake Tribal Council:
 - Alternative Measures/Extrajudicial Sanctions Program
 - Victim advocate training
 - Victim offender mediations
 - Serious Offence Program
 - Community justice forums
 - Diversion programs
 - Family conferencing
 - Sentencing circles
 - Community referrals
 - Re-integration plans
 - Healing circles
 - Proactive justice initiatives
 - Youth and culture camps
 - Community Justice Support
 - Facilitate Justice Awareness Initiatives

COCHIN

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**

Saulteaux First Nation

Box 159
Cochin, SK, S0M 0L0
Phone: (306)386-2067
Fax: (306)386-2444

Services Offered:

- Community Justice Program provided by Battlefords Agency Chiefs Tribal Chiefs (BATC)
 - Alternative Measures Program
 - Aboriginal Courtworker Program
 - Cultural Camps/Community Integration Program
 - First Nations Youth Restorative and Healing Project

COLONSAY

ADDICTIONS & MENTAL HEALTH SERVICES

Watrous Hospital – Rural Services

704 4th Street East
Watrous, SK, S0K 4T0
Phone: (306)946-1200
Intake Number: (306)365-3400
Open: 24 hours, 7 days a week

Services Offered:

- Addiction services
- Community health developer/rep
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)
- Therapies/counselling

There is a wait-list for counselling but it varies month to month by community.

They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

CORONACH

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

COTE FIRST NATION

ADDICTIONS & MENTAL HEALTH SERVICES

Cote First Nation Health Clinic

Cote First Nation, SK,

Phone: (306)542-2694

Intake: (306)786-0558

Fax: (306)542-3735

Hours: 9:00 am–4:00 pm

Services Offered

- National Native Alcohol and Drug Prevention: Addictions
- Youth Solvent Abuse Program: Addictions
- Grief & loss
- Mental health
- Poverty
- Poor housing

To access services, the individual calls the intake line at (306)786-0558. There is no cost associated with a Saskatchewan health card. The wait-list varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Cote First Nation

P.O. Box 1659

Kamsack, SK, S0A 1S0

Phone: (306)542-2694

Fax: (306)542-3735

Services Offered: Alternative Measures for Youths and Adults

- Yorkton Tribal Council Community Justice Program and Alternative Measures Program
 - Crime prevention
 - Healing and sentencing circles
 - Community-based victims and correctional services

Saulteaux First Nation

Box 159

Cochin, SK, S0M 0L0

Phone: (306)386-2067

Fax: (306)386-2444

Services Offered:

- Community Justice Program Provided by Battlefords Agency Chiefs Tribal Chiefs (BATC)
 - Alternative Measures Program
 - Aboriginal Courtworker Program
 - Cultural Camps/Community Integration Program
 - First Nations Youth Restorative and Healing Project

COWESSESS

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Cowessess Community Justice Program

P.O. Box 100

Cowessess, SK, S0G 5L0

Phone: (306)696-2520

Fax: (306)696-2767

Services Offered:

- Community Justice Program
 - The Cowessess Community Justice Program is an Alternative Measures program to address crime, addictions and violent behaviours in the community
 - The Program's work encourages First Nations participation in a safe and healthy community
 - In addition to the Alternative Measures program, the Cowessess First Nation also offers a fine-option program that allows clients to work off fines in lieu of payment

CRAIK

ADDICTIONS & MENTAL HEALTH SERVICES Craik & District Health Centre

620 Mary Street

P.O. Box 208

Craik, SK, S0G 0V0

Phone: (306)734-2288

Primary Health Clinic: (306)734-2233

Services Offered:

- Outpatient mental health services
- Outpatient addiction services
- Family-centred services for children, youth and families experiencing a range of emotional, developmental and

behavioural disorders through our Child & Youth Services Programs

For access to any of these services, please contact our central intake program by calling (877)564-0543 or (306)694-0379.

CRAVEN

ADDICTIONS & MENTAL HEALTH SERVICES Strasbourg and District Health Centre - Rural

303 Edward Street

P.O. Box 217

Strasbourg, SK, S0G 4V0

Phone: (306)725-3220

Fax: (306)725-4060

Monday through Friday, 9:00 am–5:00 pm; closed 12:00–1:30 pm

Services Offered:

- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)
- Therapies

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

CREIGHTON

ADDICTIONS & MENTAL HEALTH SERVICES **CADAC Outpatient Centre**

430 Main Street
P.O. Box 760
Creighton, SK, S0P 0A0
Phone: (306)688-8291
Fax: (306)688-3784

Services Offered:

- Outpatient Addictions Services

To access services contact (306)425-2422. There is no cost associated with a Saskatchewan health card. The wait-list varies.

Creighton Health Centre - Provincial Building

298 1st Street East
P.O. Box 219
Creighton, SK, S0P 0A0
Phone: (306)688-8620
Fax: (306)688-8629
Hours: Monday through Friday, 8:00 am–5:00 pm; closed 12:00–1:00 pm and holidays.

Services Offered:

- Outpatient addiction services
- Outpatient mental health/holistic health services
- Wellness coordinator

To access services contact (306)425-2422. There is no cost associated with a Saskatchewan health card. The wait-list varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Creighton Probation

298 1st Street East
Creighton, SK, S0P 0A0
Phone: (306)688-8810
Fax: (306)688-3375
Website: www.justice.gov.sk.ca/CP

Services Offered:

- Outpatient personal counselling
- Outpatient addiction counselling (one-on-one)

CUDWORTH

ADDICTIONS & MENTAL HEALTH SERVICES **Mental Health and Addiction Services – Rural**

Wakaw Hospital
301 1st Street North
Box 769
Wakaw, SK, S0K 4P0
Phone: (306)233-4020
Hours: Monday through Friday, 8:30 am–4:30 pm

Services Offered:

- Addiction counsellors
- Adult, children and youth mental health/substance abuse/gambling
- Case management
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

CUMBERLAND HOUSE

ADDICTIONS & MENTAL HEALTH SERVICES **Cumberland House Health Centre**

2nd Avenue
P.O. Box 8

Cumberland House, SK, S0E 0S0
 Phone: (306)888-2244
 Fax: (306)888-2269
 Mental Health & Addiction Services:
 Phone: (306)862-9822

Services Offered:

- Addictions counselling
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

Cumberland House Addiction Services

P.O. Box 218
 Cumberland House, SK, S0E 0S0
 Phone: (306)888-2155
 Fax: (306)888-4633

Services Offered:

- Addiction Services: Outpatient counselling to individuals involved in substance abuse and others affected by their usage
 - SGI screening
 - Problem gambling counselling
 - Education and prevention programs, presentations, workshops, etc.

To access services, contact the central intake line at (306)862-9822. There is no cost associated with a Saskatchewan health card. Wait-list varies.

Cumberland House Health Centre (On-Reserve)

P.O. Box 249
 Cumberland House, SK, S0E 0S0
 Phone: (306)888-4778
 Fax: (306)888-4422
 Monday through Friday, 8:30 am–5:00 pm; closed 12:00–1:00 pm

Services Offered:

- Addiction services
- Community health developer/rep
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

To access services, contact the central intake line at (306)862-9822. There is no cost associated with a Saskatchewan health card. Wait-list varies.

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**

Cumberland House Cree Nation

P.O. Box 220
 Cumberland House, SK, S0E 0S0
 Phone: (306)888-2226
 Fax: (306)888-2084

Services Offered:

- Prince Albert Grand Council Community Justice Program: Rural Alternative Measures Program
 - Crime prevention
 - Aboriginal Courtworker Program/Alternative Measures
 - The program receives pre- and post-charge referrals from RCMP, schools and in some instances from the presiding judge
 - Provide conflict resolution opportunities

Rural Alternative Measures Program

- Victim/offender mediation
- Family group conferencing
- School mediation
- Community justice forums
- Accountability hearings

CUT KNIFE

ADDICTIONS & MENTAL HEALTH SERVICES

Rural Mental Health & Addiction Services

Maidstone Health Complex
214 5th Avenue East
P.O. Box 629
Maidstone, SK, S0M 1M0
Phone: (306)893-2622 ext. 7868
Fax: (306)893-4488

Services Offered:

- Outpatient addiction services
 - Qualified addictions rehabilitation counsellors provide a whole range of services, including assessments, intensive one-on-one and group counselling, education and support

Cut Knife Health Complex

102 Dion Avenue
P.O. Box 220
Cut Knife, SK, S0M 0N0
Phone: (306)398-4718
Fax: (306)398-2206

Services Offered:

- Addictions services (visiting specialists)
- Family counselling (visiting specialists)

Addiction services are based on need and the wait-list varies between 1–3 weeks depending on the community. They accept any kind of referrals, including court referrals.

CYPRESS

ADDICTIONS & MENTAL HEALTH SERVICES

Cypress Regional Hospital

2004 Saskatchewan Drive
Swift Current, SK, S9H 5M8
Phone: (306)778-9400

Services Offered:

- In-patient psychiatry

The Cypress Regional Hospital features a 10-bed acute in-patient unit offering admission for clients with severe mental health needs. It is designed for clients who have more complex service needs than can be adequately supported in the community. A psychiatrist is on call for admissions and consultation 24 hours a day.

DAFOE

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services-Rural

Lanigan Integrated Hospital
36 Downing Drive
Box 1060
Lanigan, SK, S0K 2M0
Intake: (306)365-3400

Services Offered:

- Addiction counsellors
- Adult, children and youth mental health/substance abuse/gambling
- Case management
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

Mental Health and Addiction Services- Rural

Wynyard Hospital
300 10th Street East
Box 670
Wynyard, SK, S0A 4T0
Phone: (306)554-3312
Monday through Friday, 8:30 am–4:30 pm

Services Offered:

- Addiction counsellors
- Adult, children, and youth mental health/substance abuse/gambling
- Case management
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

DALMENY

ADDICTIONS & MENTAL HEALTH SERVICES Ranch Ehrlo Society

P.O. Box 580
Martensville, SK, S0K 2T0
Phone: (306)659-3100

Services Offered:

- Mental health, substance, drug and alcohol abuse treatment centre

- Facility for adults, children and teenagers
- Programs for Women, men, LGBTQ programs, adult programs, young adult programs

Levels of Care:

- Holistic treatment
- In-patient
- Individualized treatment

Treatment Focus:

- Opiate addiction
- Alcoholism
- Mental health and substance abuse

Therapy Programs

- Family therapy
- Individual therapy
- Trauma therapy
- Group therapy
- Life skills
- Creative arts therapy

DAVIDSON

ADDICTIONS & MENTAL HEALTH SERVICES Davidson Health Centre

900 Government Road
P.O. Box 758
Davidson, SK, S0G 1A0
Phone: (306)567-2300
Phone: (306)567-2801

Services Offered:

- Outpatient addiction services (visiting specialist)
- Psychiatric rehabilitation (visiting specialist)
- Youth outreach (visiting specialist)
- Child and youth counsellor (visiting specialist)

Some services are visiting specialists that may not be offered every day. Please contact the facility for complete

information or service availability. Services are accessed through the centralized intake system by calling the toll-free number (866)268-9139. There is no cost associated with a Saskatchewan health card. Wait-list varies.

DAY STAR FIRST NATION

ADDICTIONS & MENTAL HEALTH SERVICES

Day Star First Nation

P.O. Box 277

Punnichy, SK, S0A 3C0

Phone: (306)835-2834

Fax: (306)835-2724

Services Offered via Touchwood

Agency Tribal Council:

- FNARF addictions worker
- Gambling treatment referrals
- Counselling services
- First Nation NNADAP workers
- Individual and family counselling
- Case workers
- Men's outreach services
 - Alcohol addiction counselling
 - Suicide prevention
 - Court appearance support
 - Recognize the signs & symptoms of mental health and substance abuse problems
 - Guide men towards appropriate professional help
 - Provide comfort to men experiencing mental help
 - Provide comfort to men providing mental health issues
 - Provide initial help for anxiety disorders in men
 - HOLISTIC healing/smudge and pray/sweat lodge

ceremony only if requested by client

- Medicine wheel teaching/mental/physical/spiritual/emotional
- Residential School resource workers
 - Ensuring eligible former IRS students and their families have access to emotional health and wellness support services, and can safely address emotional health and wellness issues related to the disclosure of childhood abuse(s)
 - Phone: (306)835-7362
 - Phone: (306)835-0350

All information is kept confidential. One-on-one counselling session Monday 8:30 am–4:30 pm. Please feel free to call for a scheduled appointment.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Touchwood Agency Tribal Council

Box 280

Punnichy, SK, S0A 3C0

Main Office: (306)835-2937

Sub Office (Daystar FN): (306)835-2972

Fax: (306)835-2395

Justice Coordinator: (306)835-7723

Community Justice Development

Officer: (306)450-6697

Services Offered:

- Mediation and diversion
- Youth programming
- Sentencing circles
- Talking/justice circles
- Crime prevention
- Early judicial sanction and re-integration programs
- Workshops
- S.81. initiatives

- Police management boards
- Justice Committee training/development
- Alternative Measures Program
- Cadet Corps Program

DEBDEN

ADDICTIONS & MENTAL HEALTH SERVICES

Big River School

125 7th Avenue

Big River, SK, S0J 0E0

Phone: (306)469-0019

Services Offered:

- Addiction services
- Screening, assessment, counselling, treatment planning, support and follow-up counselling
- Referrals to in-patient, self-help and other community resources
- Education, support and counselling for people affected by someone else's addiction
- Smoking cessation (one-on-one counselling via phone or in person)

Big River Health Centre and Primary Health Care Clinic

220 1st Avenue North

Big River, SK, S0J 0E0

(306)469-2220

(306)469-2055 – call to access nurse practitioner, psychiatrist, youth psychologist, speech language services, community mental health nurse and pain control physician

Fax: (306)469-2193

Services Offered:

- Outpatient addiction services
 - Screening, assessment, counselling, treatment planning, support and follow-up counselling

- Referrals to in-patient, self-help and other community resources
- Education, support and counselling for people affected by someone else's addiction
- Smoking cessation (one-on-one counselling via phone or in person)
- Mental health/holistic health services

Hours are Monday through Friday, 9:00 am–5:00 pm; closed on weekends and holidays. To access services, contact the regional intake line at (306)765-6550 or toll-free at (855)765-6550. There is no cost associated with a Saskatchewan health card. Wait-list varies.

Cree Nations Treatment Haven

P.O. Box 340

Canwood, SK, S0J 0K0

Phone: (306)468-2072

Fax: (306)468-2758

Services Offered:

35 Day In-patient Program

- The goal for our 35 Day In-patient Program is to provide the best possible alcohol and drug addiction treatment services to First Nations and non-First Nations men and women from Saskatchewan and across Canada from the ages of 17 and over, always keeping up to date with the best practices proven effective in the addictions treatment field and the latest research study outcomes.

The Matrix Model Program

- Clients can enter the program at any time

- Clients may enter or leave the group on an individual schedule
- The structure of the program and topics included in the various components are
- Arranged to accommodate this open structure
- Clients who have been in treatment longer serve as role models to newcomers

Other Programs

- Individual/conjoint sessions
- Early Recovery Skills Group
- Relapse Prevention Group
- Family Education Group
- Social Support Group
- Drug & alcohol testing
- AA or other spiritual or step group
- Opioid treatment program
 - Methadone
 - Suboxone
- Sweats, church services
- AA meetings
- NA meetings
- CoDa meetings
- Sharing circles

Who Can Use this Treatment?

- Individuals 15 years of age and over who have completed a recent substance abuse evaluation
- Individuals manifesting stable psychiatric and medical conditions
- Individuals willing to make a serious commitment to complete the 8-week matrix program
- Individuals who do not require long-term in-patient treatment
- Individuals in a physician supervised methadone, suboxone or subutex maintenance program
- Individuals ordered to attend treatment by the justice system,

probation services, social services, employer, etc.

- Individuals experiencing co-occurring disorders can effectively make use of this program but may also require additional mental health services
- Individuals requiring post-treatment aftercare services, or those who may have relapsed
- The individual/conjoint and family education components are designed to be used with the client and his/her spouse, significant other or family members

Referrals

Referrals may be made by the courts, probation/parole services, social services, family services, mental health services, addiction programs, employers, etc. Clients can also apply in person by completing the required admission forms.

Admissions

the following documents must be submitted to the Cree Nations Treatment Haven (CNTH) Matrix Program:

<http://www.creenationstreatmenthaven.ca/matrix-model-program.html>. The initial step is to set up a meeting with the case coordinator to assess whether or not a person meets program criteria. If so, the case coordinator will refer them to see the physician. The physician will evaluate the applicant and if approved, prescribe the starting dose. After someone begins treatment we expect them to enter into a form of regular counselling.

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**
**Big River Community Justice Diversion
Program**

Big River First Nation
P.O. Box 519
Debden, SK, S0J 0S0
Phone: (306)724-4700
Aboriginal Courtworker: (306)724-4499
Fax: (306)724-2161

Services Offered:

- Aboriginal Courtworker Program & Cree Court
 - The Aboriginal Courtworker Program is mandated to assist Aboriginal youth and adults charged with an offense and youth alleged to have committed an offense before the criminal courts receive fair, just, equitable and culturally sensitive treatment.

DELISLE

ADDICTIONS & MENTAL HEALTH SERVICES
Alcoholics Anonymous
See Appendix A.3

Narcotics Anonymous Groups
See Appendix A.4

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**
Aboriginal Courtworkers Contact List
See Appendix A.5

DESCHAMBEAULT LAKE

ADDICTIONS & MENTAL HEALTH SERVICES
Deschambeault Lake Health Centre
Deschambeault Lake, SK, S0J 0C0
Phone: (306)632-2106
Fax: (306)632-4555

Hours: Monday through Friday, 8:30 am–5:00 pm; closed 12:00–1:00 pm, weekends and holidays.

Services Offered:

- Outpatient addiction services
- Community health developer/rep
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

To access services contact (306)425-2422. There is no cost associated with a Saskatchewan health card. The wait-list varies.

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**
Deschambault Lake Cree Nation
Deschambeault Lake, SK, S0J 0C0
Phone: (306)632-2820

Services Offered:

- Aboriginal Courtworker Program
- Rural Alternative Measures Program
- Victim/offender mediation
- Family group conferencing
- School mediation
- Community justice forums
- Accountability hearings
- Sentencing circles

DILLON

ADDICTIONS & MENTAL HEALTH SERVICES
Buffalo River Health Centre
P.O. Box 130
Dillon, SK, S0M 0S0
Phone: (306)282-2132
Second phone: (306)282-4442
Fax: (306)282-2117

Hours: Monday through Friday, 9:00 am–4:30 pm

After hours nurse: (306)282-4442

Services Offered:

- Addiction services
- Community support worker
- Wellness coordinator

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**

Buffalo River Dene Nation

P.O. Box 40

Dillon, SK, S0M 0S0

Phone: (306)282-2033

Fax: (306)282-2101

Services Offered:

Community Justice Program provided by Meadow Lake Tribal Council (aka MLTC)

P.O. Box 8001

Meadow Lake, SK, S9X 1T8

Phone: (306)236-5654

Email: receptionist@mltc.net

Service Offered:

Supports community-based justice initiatives for First Nation communities within Meadow Lake Tribal Council:

- Alternative Measures/extrajudicial sanctions program
- Victim advocate training
- Victim offender mediations
- Serious Offence Program
- Community justice forums
- Diversion programs
- Family conferencing
- Sentencing circles
- Community referrals
- Re-integration plans
- Healing circles
- Proactive justice initiatives
- Youth and culture camps
- Community Justice Support

- Facilitate Justice Awareness Initiatives

DINSMORE

ADDICTIONS & MENTAL HEALTH SERVICES

Dinsmore Health Care Centre

207 1st Street East

P.O. Box 219

Dinsmore, SK, S0L 0T0

Phone: (306)846-2222

Services Offered:

- Addictions (visiting)
- Child and youth counsellor (visiting)
- Psych rehab (visiting)

Some services are visiting specialists that may not be offered every day. Please contact the facility for complete information or service availability. Services are accessed through the centralized intake system by calling the toll-free number (866)268-9139. There is no cost associated with a Saskatchewan health card. Wait-list varies.

DOMREMY

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services – Rural

Wakaw Hospital

301 1st Street North

Box 769

Wakaw, SK, S0K 4P0

Phone: (306)233-4020

Hours: Monday through Friday, 8:30 am–4:30 pm

Services Offered:

- Addiction counsellors
- Adult, children, and youth mental health/substance abuse/gambling
- Case management
- Community mental health nurses

- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

DRAKE

ADDICTIONS & MENTAL HEALTH SERVICES **Mental Health and Addiction Services- Rural**

Lanigan Integrated Hospital
36 Downing Drive
Box 1060
Lanigan, SK, S0K 2M0
Intake: (306)365-3400

Services Offered:

- Addiction counsellors
- Adult, children, and youth mental health/substance abuse/gambling
- Case Management
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals.

They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

DUCK LAKE

ADDICTIONS & MENTAL HEALTH SERVICES **Mental Health and Addiction Services** **Rural – Rosthern**

Rosthern Community Services
2014 6th Street
Box 216
Rosthern, SK, S0K 3R0
Intake: (306)232-6001

Services Offered:

- Addiction counsellors
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers
- Case management
- Mental health promotion and education services
- Family counselling
- Individual, family and group counselling/therapy
- Community development
- Community collaboration
- Referrals to other services/agencies

There is a wait-list for counselling, but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary, and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated.

DUNDURN

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

DUVAL

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services – Rural

Nokomis Health Centre
103 2nd Avenue East
Nokomis, SK, S0G 3R0

Services Offered:

- Addiction counsellors
- Community mental health nurses
- Therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling, but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary, and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated.

EASTEND

ADDICTIONS & MENTAL HEALTH SERVICES

Wolf Willow Health Centre

555 Red Coat Drive

P.O. Box 490

Eastend, SK, S0N 0T0

Phone: (306)295-3534

Phone: (306)778-5280

Fax: (306)778-5048

Hours: Monday through Friday, 8:00 am–4:30 pm

- Outpatient mental health services
 - Individual, couple, family, and group counselling
 - Psychiatric assessments and treatment
 - Rural clinics
 - Public education
 - Consultation
 - Critical incident stress management
- Outpatient Addictions Services: support and counselling to adults (18 years and older) and youth (17 years and younger) for addictions to alcohol, drugs, and gambling
 - Screening and assessment for users, abusers and addicts and affected family and friends
 - Couples and parents programming
 - Information sessions
 - Recovery planning
 - Counselling individuals and their families
 - Relapse education
 - Community education and development
 - Consultation
 - Safe Driving Program

Some services are visiting specialists that may not be offered every day. Please contact the facility for complete information on service availability. To access services, contact the intake line at (877)329-0005. There is no cost

associated with a Saskatchewan health card. Wait-list varies.

EDAM

ADDICTIONS & MENTAL HEALTH SERVICES

Lady Minto Health Care Centre

1513 1st Avenue South

P.O. Box 330

Edam, SK, S0M 0V0

Phone: (306)397-5560

Fax: (306)397-2225

Services Offered:

- Addictions services (visiting specialists)
- Family counselling (visiting specialists)

Some services are visiting specialists that may not be offered every day. Please contact the facility for complete information on service availability. Addiction services are based on need and the wait-list varies between 1–3 weeks depending on the community. They accept any kind of referrals, including court referrals.

ELBOW

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

ELFROS

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services – Rural

Wadena Integrated Hospital

433 5th Street North

Wadena, SK, S0A 4J0

Phone: (306)338-3308

Mental Health: Phone: (306)365-3400

Addictions: Phone: (306)682-5333

Early Childhood Mental Health Referral

Services: (306)338-9950

Services Offered:

- Programs for women
- Programs for men
- LGBTQ programs
- Adolescence programs
- Outpatient and individualized treatment options
- Family therapy
- Alcoholism
- Mental health and substance abuse
- Group therapy
- Individual therapy

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

ELROSE

ADDICTIONS & MENTAL HEALTH SERVICES

Elrose Health Centre

505 Main Street

P.O. Box 100

Elrose, SK, S0L 1Z0

Phone: (306)378-2882

Services Offered:

- Outpatient addiction services (visiting)
- Psychiatric rehab (visiting)

Some services are visiting specialists that may not be offered every day. Please contact the facility for complete information or service availability. Services are accessed through the centralized intake system by calling the toll-free number (866)268-9139. There is no cost associated with a Saskatchewan health card. Wait-list varies.

COUNSELLING & PROGRAMMING
West Central Crisis and Family Support
Centre- Travelling Clinic

116 1st Avenue West
 Box 2235
 Kindersley, SK, S0L 1S0
 Phone: (306)463-6655
 After Hours Phone: (306)463-1860
 Fax: (306)463-6410
 24-Hour Support Line: (306)933-6200
 Office Hours: Monday through Friday,
 9:00 am–5:00 pm (closed for lunch)

Services Offered:

- Counselling and support services
 - Individual counselling
 - Marital counselling
 - Crisis counselling
 - Short-term counselling
 - Family counselling
 - Youth counselling
 - Suicide prevention
 - Anger management
 - Budget counselling
- Victim services
 - Domestic violence response
 - Traumatic events response
 - Sexual assault victim support
 - Safety planning
 - Critical stress management

Provides free counselling, information and referrals related to loss, pension,

income assistance, food, financial assistance.

ELSTOW

ADDICTIONS & MENTAL HEALTH SERVICES
Watrous Hospital – Rural Services

704 4th Street East
 Watrous, SK, S0K 4T0
 Phone: (306)946-1200
 Intake Number: (306)365-3400
 Open: 24 hours, 7 days a week

Services Offered:

- Addiction services
- Community health developer/rep
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)
- Therapies/counselling

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

ENGLEFELD

ADDICTIONS & MENTAL HEALTH SERVICES
Humboldt District Health Complex – Rural

515 14th Avenue
 Box 10
 Humboldt, SK, S0K 2A0
 Phone: (306)682-2603
 Mental Health & Addiction Services:
 (306)682-5333

Services Offered

- Case management
- Mental health promotion and education services
- Family counselling
- Individual, family and group counselling/therapy
- Community development
- Community collaboration
- Referrals to other services/agencies

Service Providers

- Addiction counsellors
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

To access services, contact intake at (306)682-5333. There is no cost associated with a Saskatchewan health card. The wait-list varies.

ESTERHAZY

ADDICTIONS & MENTAL HEALTH SERVICES

Esterhazy Medical Clinic

300 Gonczy Avenue
Esterhazy, SK, S0A 0X0
Intake: (306)786-0558
Phone: (306)745-6681

Services Offered:

- Part-time mental health clinic

To access services, the individual calls the intake line at (306)786-0558. There is no cost associated with a Saskatchewan health card. The wait-list varies.

ESTON

ADDICTIONS & MENTAL HEALTH SERVICES

Eston Health Centre

800 Main Street
P.O. Box 667

Eston, SK, S0L 1A0

Phone: (306) 962-3616

Phone: (306) 962-3215

Services Offered:

- Outpatient addiction services by visiting specialists

Services are accessed through the centralized intake system by calling the toll-free number (866)268-9139. There is no cost associated with a Saskatchewan health card. Wait-list varies.

COUNSELLING & PROGRAMMING

West Central Crisis and Family Support Centre – Travelling Clinic

116 1st Avenue West

Box 2235

Kindersley, SK, S0L 1S0

Phone: (306)463-6655

After Hours Phone: (306)463-1860

Fax: (306)463-6410

24hr Support Line: (306)933-6200

Office Hours: Monday through Friday,
9:00 am–5:00 pm (closed for lunch)

Services Offered:

- Counselling and support services
 - Individual counselling
 - Marital counselling
 - Crisis counselling
 - Short-term counselling
 - Family counselling
 - Youth counselling
 - Suicide prevention
 - Anger management
 - Budget counselling
- Victim Services
 - Domestic violence response
 - Traumatic events response
 - Sexual assault victim support
 - Safety planning

- Critical stress management

Provides free counselling, information and referrals related to loss, pension, income assistance, food, financial assistance.

FISHING LAKE

ADDICTIONS & MENTAL HEALTH SERVICES **Mental Health and Addiction Services**

Rural

Wadena Integrated Hospital
433 5th Street North
P.O. Box 10
Wadena, SK, S0A 4J0
Phone: (306)338-3308
Mental Health: Phone: (306)365-3400
Addictions: Phone: (306)682-5333
Early Childhood Mental Health Referral Services: (306)338-9950

Services Offered:

- Programs for women
- Programs for men
- LGBTQ programs
- Adolescence programs
- Outpatient and individualized treatment options
- Family therapy
- Alcoholism
- Mental health and substance abuse
- Group therapy
- Individual therapy

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The

individual can specify which community they would like to access services in.

FLORAL

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

FLYING DUST FIRST NATION

ADDICTIONS & MENTAL HEALTH SERVICES

Flying Dust First Nation Health Centre

8001 Flying Dust Reservation
Meadow Lake, SK, S9X 1T8
Phone: (306)236-8670
Fax: (306)236-2835
Hours: Monday through Friday, 8:30 am–4:30 pm

Services Offered:

- Rhonda Harkins is the Mental Health worker that provides family support and counselling
- Community health representative
- Health promotion helps people of all ages with physical, emotional, social and spiritual improvement
- Cultural activities
- Safety, support, workshops
- Prevention and health promotion for all ages

There is no wait-list. There is no cost with a Saskatchewan health card.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

The Meadow Lake Tribal Council

8003 Flying Dust First Nation
Meadow Lake, SK, S9X 1T8

Phone: (306)236-1345
 Amber Ericson – SGI Traffic Liaison
 Jewel Wolverine – EJC/Alternative
 Measure Coordinator
 Keely Stanley – Reintegration Support
 Loretta King – Mediation Coordinator

Service Offered:

Supports community-based justice initiatives for First Nation communities within Meadow Lake Tribal Council:

- Alternative Measures/Extrajudicial Sanctions Program
- Victim advocate training
- Victim offender mediations
- Serious Offence Program
- Community justice forums
- Diversion programs
- Family conferencing
- Sentencing circles
- Community referrals
- Re-integration plans
- Healing circles
- Proactive justice initiatives
- Youth and culture camps
- Community Justice Support
- Facilitate Justice Awareness Initiatives

COUNSELLING & PROGRAMMING
The Meadow Lake Tribal Council

8003 Flying Dust First Nation
 Meadow Lake, SK, S9X 1T8
 Phone: (306)236-1345

Services Offered:

- Resolution health support
- Addictions programs
- Community wellness support
- Positive wellness
- Case management coordinator
- Mistahey Musqua Treatment Centre
- eHealth Telehealth Services
- Waskoosis Safe Shelter
- Domestic violence outreach

The individual calls to set up an appointment. There is no cost. There is no wait-list.

FOAM LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Foam Lake Health Centre

715 Saskatchewan Avenue East
 P.O. Box 190
 Foam Lake, SK, S0A 1A0
 Phone: (306)272-3325
 Intake: (306)786-0558

Services Offered:

- Part-time mental health clinic

To access services, the individual calls the intake line at (306)786-0558. There is no cost associated with a Saskatchewan health card. The wait-list varies.

FOND DU LAC

ADDICTIONS & MENTAL HEALTH SERVICES

Fond du Lac Denesuline Health Centre/Nursing Station

P.O. Box 213
 Fond du Lac, SK, S0J 0W0
 Phone: (306)686-2003
 Fax: (306)686-2145
 Second Fax: (306)686-2144
 Hours: Monday through Friday, 9:00 am–5:30 pm; closed 12:00–1:00 pm, weekends and holidays.

Services Offered:

- Outpatient addiction services
- Outpatient mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

The individual must call the main line to access services. There is no cost

associated with a Saskatchewan health card. The wait-list varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Fond Du Lac Denesuline Nation

P.O. Box 211

Fond Du Lac, SK, S0J 0W0

Phone: (306)686-2102

Fax: (306)686-2040

Services Offered:

Prince Albert Grand Council Community Justice Program

- Aboriginal Courtworker Program
- Alternative Measures
 - The program receives pre- and post-charge referrals from RCMP, schools and in some instances from the presiding judge
 - Provides conflict resolution opportunities
- Rural Alternative Measures Program
 - Victim/offender mediation
 - Family group conferencing
 - School mediation
 - Community justice forums
 - Accountability hearings

FORT QU'APPELLE

ADDICTIONS & MENTAL HEALTH SERVICES All Nations' Healing Hospital

450 8th Street

P.O. Box 300

Fort Qu'Appelle, SK, S0G 1S0

Phone: (306)332-5611

Fax: (306)332-5033

Services Offered:

- Addiction services
- Integrated mental health therapy services
 - Individual, couples, family, group therapy, holistic healing

- Problem gambling and addictions
- Men's health youth at risk
- Indian Residential School support services
- Cultural program
 - provide cultural support access to ceremonies and elders cross cultural education promote respect and understanding between cultures

To access services, contact the intake line at (306)766-6600. There is no cost associated with a Saskatchewan health card. The wait-list varies.

Leading Thunderbird Lodge

Box 400

Fort Qu'Appelle, SK, S0G 1S0

Phone: (306)332-5659

Fax: (306)332-1850

Services Offered:

- Outreach and outpatient programming
 - Addictions (alcohol, drugs and/or solvents)
 - Mental health
 - Suicide prevention
- Residential treatment program
 - Pre- and post-assessment
 - Individual and group counselling
 - Classroom education
 - Cultural and spiritual teachings
 - Life skills
 - Therapeutic recreation
- Youth Solvent Addictions Committee
 - Ages 12-17
 - 15 residential beds
 - alcoholism
 - marijuana

- solvents and other drugs

Leading Thunderbird Lodge is a male-only, 15-bed residential youth treatment facility. The Lodge offers a 12-week treatment program for First Nations and Inuit male youth between the ages of 12 and 18 years, who are experiencing challenges with alcohol, drug and solvent misuse.

Rural Addiction Services

P.O. Box 1819
Fort Qu'Appelle, SK, S0G 1S0
Phone: (866)367-8743
Fax: (306)332-3322

Services Offered:

- Outpatient addiction services
- Outpatient mental health services

To access services, contact intake at (866)367-8743. There is no cost associated with a Saskatchewan health card. The wait-list varies.

White Raven Healing Centre

450 8th Street East
Fort Qu'Appelle, SK, S0G 1S0
Phone: (306)332-2608
Fax: (306)332-2655
Toll-free: (866)748-8922
Website:
www.whiteravenhealingcentre.com

Services Offered:

Addiction support – outpatient/outreach

- Individual counselling and treatment plans
- Assessments – gambling, alcohol and drugs
- Individual/group/telephone counselling

- Education and awareness workshops
- Treatment and detox referrals
- Gambling mobile treatment – four times annually
- Journey process work (physical and emotional)
- Domestic violence intervention training/therapy

In-house services

- 5-seat gambling day treatment program, twice annually
- Cultural Holistic Program
- In-house Elders
- Group/individualized counselling
- Family and relationship building
- Leisure and recreation activities
- Gambling counsellor training – accredited 30–60 hours
- AA and GA (Gamblers Anonymous self-help groups)
- Domestic violence education and therapeutic programs

Evening Cultural Program

- Healing circle

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Qu'Appelle Valley Friendship Centre

185 Victoria Avenue
P.O. Box 240
Fort Qu'Appelle, SK, S0G 1S0
Phone: (306)332-5616
Fax: (306)332-5091

Services Offered:

- Youth Crime (Gang) Prevention Program
 - QVFC's Fort Indigenous Crime Prevention Project is designed to assist at-risk children and youth between the ages of 9 and 17 in an urban setting

through the delivery of workshops, activities and case management in conjunction with other key community stakeholders.

- Fine Option/Community Service Order Program
 - Work in the community as an option for low-income earners.
- Reaching Home (Homelessness) Program
 - The QVFC Indigenous Homelessness Program is designed to provide assessment, support and referral services to individuals and families who are homeless or at imminent risk of becoming homeless.

White Raven Healing Centre

450 8th Street East
 Fort Qu'Appelle, SK, S0G 1S0
 Phone: (306)332-2608
 Fax: (306)332-2655
 Toll-free: (866)748-8922

Services Offered: File Hills Qu'Appelle Tribal Council Community Justice Initiative

Restorative Justice Unit services include:

- Probation: As officers of the court they supervise the court orders in our communities
- Youth reintegration: As a community liaison between youth released from court and their community resources
- Courtworker: As liaisons between the court and the community they offer insight into the workings of the courts, court terminology and give direction to clients to obtain legal aid

- Community justice: the Officers meet with the justice committees, arrange justice gatherings, provide circle facilitation, mediation, trainings

Services Provided

- Extrajudicial sanctions (youth and adult)
- Community justice forums
- Consensus circle facilitation
- Court referrals mediation post-/pre-charge
- Community referrals – mediation, healing circles, FASD, suicide interventions
- Youth reintegration to community
- Youth gang prevention and intervention
- Commissioner of Oath services
- Probation services
- Courtworker services

Community-Based Justice Initiatives

- Justice Committee training
- Bylaw development/referrals
- Domestic violence initiative
- Justice policy development
- Section 81-84 pre-release plans
- Indigenous law development
- Facilitation of community safety plans
- Sentencing circle protocol development
- Anti-gang presentations
- Cyber bullying presentations

Training Workshops

- Proposal development
- Team building workshops
- Youth peacemakers training – youth mediation
- Traditional mediation – level 1, 2 and 3(Resolving Conflict Constructively, Mediation Skills, Leading By Example)

- First Nation mediation based on tipi teachings, ceremonies, healing
- Self-governance justice facilitation training
- Justice Committee training
- Stress management

COUNSELLING & PROGRAMMING

White Raven Healing Centre

450 8th Street East

Fort Qu'Appelle, SK, S0G 1S0

Phone: (306)332-2608

Fax: (306)332-2655

Toll-free: (866)748-8922

Services Offered:

- Programs available are for men, women, children, youth and Elders

Indian Residential School Resolution Health Support Workers Program

- Provide emotional support for claimants who go through the IAP hearings
- Cultural support services by Elders regarding IRS issues
- Facilitate information workshops regarding IAP, Truth and Reconciliation and Commemoration events
- Referrals to White Raven Healing Centre's therapists/counsellors and programming

Counselling – holistic counselling/therapy

- Trauma treatment & resolution for Residential School survivors
- Individual counselling and treatment plans
- Group counselling
- Family counselling
- Couples counselling
- Grief counselling and recovery
- Sexual abuse counselling
- Inner child recovery
- Journey work processes

- Anger management
- Suicide intervention

Training workshops

- Gang awareness
- Domestic violence
- Parenting (Traditional, Nobody's Perfect and Positive Parenting, etc.)
- Social responsibility training, youth life skills

Evening cultural program beginning at 7:00 pm

- Ceremonies and traditional support for First Nation in-patients and their families as well as First Nation community residents
- Individual counselling by on-site Elders
- Traditional teachings by on-site Elders
- On-site Elders work as part of a team with the mental health therapists and addictions workers in treatment plans
- Sweat lodge ceremony building on-site
- Ceremony room
- Medicine preparation and storage room on-site
- Traditional Medicine available on request
- Weekly co-ed sweat lodge ceremonies by on-site and/or local ceremonialists
- Weekly women's sweat lodge ceremonies by women Elders
- weekly pipe ceremonies and cleansing ceremonies by on-site Elders
- Monthly night ceremonies by local ceremonialists
- Ceremonies coordinated by on-site Elders and Elder's helpers

Youth justice programs

- Kekininishiwini (Lessons of Life)
- Outreach – anti-gang – helping Youth stay out of gangs
- Re-integration – youth in custody back into communities
- Mentorship Program – youth in custody – stay in school programs
- Youth Peacemaker Program – restorative justice in school

- First Nations Youth Restorative and Healing Project

GALLIVAN**ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS****Sweetgrass First Nation**

P.O. Box 147
Gallivan, SK, S0M 0X0
Phone: (306)937-2990
Fax: (306)937-7010

Services Offered:Battlefords/Lloydminster Adult Alternative Measures Program

- Alternative Measures Program
- Aboriginal Courtworker Program
- Cultural Camps/Community Integration Program
- First Nations Youth Restorative and Healing Project

Young Chippewayan First Nation

P.O. Box 66
Gallivan, SK, S0M 0X0
Phone: (306)937-7475
Fax: (306)937-3960

Services Offered:

- Community Justice Program
Provided by Battlefords Agency Chiefs Tribal Chiefs (BATC)
 - Alternative Measures Program
 - Aboriginal Courtworker Program
 - Cultural Camps/Community Integration Program

GEORGE GORDON FIRST NATION**ADDICTIONS & MENTAL HEALTH SERVICES****George Gordon First Nation**

P.O. Box 248
Punnichy, SK, S0A 3C0
Phone: (306)835-2232
Fax: (306)835-2036

Services Offered via Touchwood Agency Tribal Council**Touchwood Agency Tribal Council**

Box 280 Punnichy, SK, S0A 3C0
Main Office Phone: (306)835-2937
Sub Office (Daystar FN)
Phone: (306)835-2972
Fax: (306)835-2395

Services Offered:

- FNARF addictions worker
- Gambling treatment referrals
- Counselling services
- First Nation NNADAP workers
- Individual and family counselling
- Case workers
- Men's outreach services
 - Alcohol addiction counselling
 - Suicide prevention
 - Court appearance support
 - Recognize the signs & symptoms of mental health and substance abuse problems
 - Guide men towards appropriate professional help
 - Provide comfort to men experiencing mental health issues

- Provide initial help for anxiety disorders in men
- HOLISTIC healing/smudge and pray/sweat lodge ceremony only if requested by client
- Medicine wheel teaching/mental/physical/spiritual/emotional
- Residential School resource workers
 - Ensuring eligible former IRS students and their families have access to emotional health and wellness support services, and can safely address emotional health and wellness issues related to the disclosure of childhood abuse(s)
 - Phone: (306)835-7362
 - Phone: (306)835-0350

All information is kept confidential. One-on-one counselling session Monday 8:30 am–4:30 pm. Please feel free to call for a scheduled appointment.

GLASLYN

ADDICTIONS & MENTAL HEALTH SERVICES **Alcoholics Anonymous**

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS **Aboriginal Courtworkers Contact List** See Appendix A.5

GOODEVE

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Little Black Bear First Nation

P.O. Box 238

Goodeve, SK, S0A 1C0

Phone: (306)334-2269

Fax: (306)334-2721

Services Offered: File Hills Qu'Appelle Tribal Council Community Justice Initiative

Restorative Justice Unit services Include:

- Probation: As officers of the court they supervise the court orders in our communities
- Youth reintegration: As a community liaison between youth released from court and their community resources
- Courtworker: As liaisons between the court and the community they offer insight into the workings of the courts, court terminology and give direction to clients to obtain legal aid
- Community justice: the Officers meet with the justice committees, arrange justice gatherings, provide circle facilitation, mediation, trainings

Services provided

- Extrajudicial sanctions (youth and adult)
- Community justice forums
- Consensus circle facilitation
- Court referrals mediation post-/pre-charge
- Community referrals – mediation, healing circles, FASD, suicide interventions
- Youth reintegration to community
- Youth gang prevention and intervention
- Commissioner of Oath services

- Probation services
- Courtworker services

Community-Based Justice Initiatives

- Justice Committee training
- Bylaw development/referrals
- Domestic violence initiative
- Justice policy development
- Section 81-84 pre-release plans
- Indigenous law development
- Facilitation of community safety plans
- Sentencing circle protocol development
- Anti-gang presentations
- Cyber bullying presentations

Training Workshops

- Proposal development
- Team building workshops
- Youth peacemakers training – youth mediation
- Traditional mediation – level 1, 2 and 3 (Resolving Conflict Constructively, Mediation Skills, Leading By Example)
- First Nation mediation based on tipi teachings, ceremonies, healing
- Self-governance justice facilitation training
- Justice Committee training
- Stress management

GOODSOIL

ADDICTIONS & MENTAL HEALTH SERVICES **L. Gervais Memorial Health Centre**

100 1st Avenue North
Goodsoil, SK, S0M 1A0
Phone: (306)238-2100
Fax: (306)238-4449

Services Offered:

- Addiction services by visiting specialists
- Family counselling by visiting specialists

To access services contact (306)238-2100. There is no cost with a Saskatchewan health card. The wait-list varies.

GOVAN

ADDICTIONS & MENTAL HEALTH SERVICES **Strasbourg and District Health Centre – Rural**

303 Edward Street
P.O. Box 217
Strasbourg, SK, S0G 4V0
Phone: (306)725-3220,
Fax: (306)725-4060
Monday through Friday, 9:00 am–5:00 pm; closed 12:00–1:30 pm

Services Offered:

- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)
- Therapies

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

GRAVELBOURG

ADDICTIONS & MENTAL HEALTH SERVICES **Alcoholics Anonymous**

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**
Aboriginal Courtworkers Contact List
See Appendix A.5

GREEN LAKE

ADDICTIONS & MENTAL HEALTH SERVICES
Green Lake Health Centre

P.O. Box 29
Green Lake, SK, S0M 1B0
Phone: (306)832-6257
Phone: (877) 800-0002
Hours: Monday through Friday, 8:00 am–
5:00 pm

Services Offered:

- Addiction services
- Community health developer/rep

To access services individuals may also contact the intake line at (306)288-4800 or toll-free at (866)848-8022. There is no cost with a Saskatchewan health card. Wait-list varies. They accept a variety of referrals, including self-referral and court referrals.

GRENFELL

ADDICTIONS & MENTAL HEALTH SERVICES
Grenfell Health Centre

721 Stella Street
Grenfell, SK, S0G 2B0
Phone: (306)697-4035
Addictions Toll-free: (866)367-8743
Addictions Fax: (306)332-3322
Fax: (306)697-4023

Services Offered:

- Outpatient Addictions Services
- Outpatient mental health services
- Community therapy

To access services individual may also contact the intake line at (306)766-6600. There is no cost associated with a

Saskatchewan health card. The wait-list varies.

GUERNSEY

ADDICTIONS & MENTAL HEALTH SERVICES
Humboldt District Health Complex- Rural

515 14th Avenue
Box 10
Humboldt, SK, S0K 2A0
Phone: (306)682-2603
Mental Health & Addiction Services:
(306)682-5333

Services Offered

- Case management
- Mental health promotion and education services
- Family counselling
- Individual, family and group counselling/therapy
- Community development
- Community collaboration
- Referrals to other services/agencies
- Addiction counsellors
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

To access services, contact intake at (306)682-5333. There is no cost associated with a Saskatchewan health card. The wait-list varies.

Watrous Hospital – Rural Services

704 4th Street East
Watrous, SK, S0K 4T0
Phone: (306)946-1200
Intake Number: (306)365-3400
Open 24 hours, 7 days a week

Services Offered:

- Addiction services
- Community health developer/rep

- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)
- Therapies/counselling

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

GULL LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Gull Lake Special Care Centre

751 Grey Street

P.O. Box 539

Gull Lake, SK, S0N 1A0

Phone: (306)672-4700 (Health Centre)

Phone: (306)672-4701 (Care Centre)

Phone: (306)778-5280

Fax: (306)778-5048

Hours: Monday through Friday, 10:00 am–6:00 pm

For the most up-to-date schedule of hours for this facility please, view the calendar for hours of service:

<https://cypresshealth.ca/health-facilities/gull-lake/>.

Services Offered:

- Child & youth counsellor
- Outpatient Addictions Services
 - Offers support and counselling to adults (18 years and older) and youth (17 years and younger) for addictions to

alcohol, drugs and gambling

- Screening and assessment for users, abusers and addicts and affected family and friends
- Couples and parents programming
- Information sessions
- Recovery planning
- Counselling individuals and their families
- Relapse education
- Community education and development
- Consultation
- Safe Driving Program
- Rural clinic
- Outpatient mental health services
 - Individual, couple, family and group counselling
 - Psychiatric assessments and treatment
 - Rural clinics
 - Public education
 - Consultation
 - Critical incident stress management

To access services, contact the intake line at (877)329-0005. There is no cost associated with a Saskatchewan health card. Wait-list varies. Some services are provided by visiting specialists and may not be offered every day. Please contact the facility for complete information on service availability.

HAFFORD

ADDICTIONS & MENTAL HEALTH SERVICES

Hafford Special Care Centre

213 South Avenue East

P.O. Box 130

Hafford, SK, S0J 1A0

Phone: (306)549-2108

Fax: (306)549-2104

Hours: Monday, Thursday and Friday, 8:30 am–5:00 pm; Tuesday, 8:30 am–9:00 pm; Wednesday, 8:30 am–12:30 pm

Services Offered:

- Addiction services
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

To access services individuals may also contact the regional intake line at (306)765-6550 or toll-free at (855)765-6550. There is no cost associated with a Saskatchewan health card. Wait-list varies.

HAGUE

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural – Rosthern

Rosthern Community Services
2014 6th Street
Box 216
Rosthern, SK, S0K 3R0
Intake: (306)232-6001

Services Offered:

- Addiction counsellors
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers
- Case management
- Mental health promotion and education services
- Family counselling
- Individual, family and group counselling/therapy
- Community development
- Community collaboration
- Referrals to other services/agencies

There is a wait-list for counselling, but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary, and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated.

HANLEY

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

HATCHET LAKE

ADDICTION & MENTAL HEALTH SERVICES

Hatchet Lake Health Centre General

Delivery

Wollaston Lake, SK, S0J 3C0
Phone: (306)633-2167

Fax: (306)633-2080

Hours: Monday through Friday, 9:00 am–5:00 pm; closed holidays

For after-hours emergencies, call (306)633-2191

Services Offered:

- Addiction services
- Discharge coordinators
- Health director
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Hatchet Lake Denesuline Nation

Hatchet Lake, SK, S0J 3C0

Phone: (306)633-2003

Fax: (306)633-2040

Email: b-tsannie@hotmail.com

Services Offered:

- Prince Albert Grand Council
Community Justice Program
 - Rural Alternative Measures
 - Urban Alternative Measures
 - Saskatchewan Aboriginal
Courtworker Program
 - Crime prevention

The individual is referred from the courts or the community. There is no cost. They can access services immediately. They ask for a 3-month adjournment to complete the file.

HEPBURN

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural – Rosthern

Rosthern Community Services

2014 6th Street

Box 216

Rosthern, SK, S0K 3R0

Intake: (306)232-6001

Services Offered:

- Addiction counsellors
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers
- Case management
- Mental health promotion and education services
- Family counselling
- Individual, family and group counselling/therapy
- Community development

- Community collaboration
- Referrals to other services/agencies

There is a wait-list for counselling, but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary, and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated.

HERBERT

ADDICTIONS & MENTAL HEALTH SERVICES

Herbert and District Integrated Health Facility

405 Herbert Avenue

P.O. Box 520

Herbert, SK, S0H 2A0

Phone: (306)784-2466

Phone: (306)778-5280

Fax: (306)778-5048

Hours: 24 hours a day, 7 days a week

Services Offered:

- Child & youth counsellor
- Outpatient Addictions Services
 - Offers support and counselling to adults (18 years and older) and youth (17 years and younger) for addictions to alcohol, drugs and gambling
 - Screening and assessment for users, abusers and addicts and affected family and friends
 - Couples and parents programming
 - Information sessions
 - Recovery planning

- Counselling individual's families
- Relapse education
- Community education and development
- Consultation
- Safe Driving Program
- Rural clinics
- Outpatient mental health services
 - Individual, couple, family and group counselling
 - Psychiatric assessments and treatment
 - Rural clinics
 - Public education
 - Consultation
 - Critical incident stress management

To access services individuals may also contact the intake line at (877)329-0005. There is no cost associated with a Saskatchewan health card. Wait-list varies.

HODGEVILLE

ADDICTIONS & MENTAL HEALTH SERVICES

Hodgeville Health Centre

105 Main Street

P.O. Box 232

Hodgeville, SK, S0H 2B0

Phone: (306)677-2292

Phone: (306)778-5280

Fax: (306)778-5048

Hours: Mondays and Thursdays, 8:00 am–4:00 pm

Check website for up to date services schedule:

<https://cypresshealth.ca/health-facilities/hodgeville/>.

Services Offered:

- Outpatient Addictions Services
 - Offers support and counselling to adults (18

years and older) and youth (17 years and younger) for addictions to alcohol, drugs and gambling

- Screening and assessment for users, abusers and addicts and affected family and friends
- Couples and parents programming
- Information sessions
- Recovery planning
- Counselling individuals and their families
- Relapse education
- Community education and development
- Consultation
- Safe Driving Program
- Rural clinics
- Outpatient mental health services
 - Individual, couple, family and group counselling
 - Psychiatric assessments and treatment
 - Rural clinics
 - Public education
 - Consultation
 - Critical incident stress management
- Visiting professionals
- Child & youth counsellor

To access services individuals may also contact centralized intake at (306)778-5280. There is no cost associated with a Saskatchewan health card. The wait-list varies. Some services are provided by visiting specialists and may not be offered every day. Please contact the facility for complete information on service availability.

HUDSON BAY

ADDICTIONS & MENTAL HEALTH SERVICES **Hudson Bay Health Care Facility**

614 Prince Street

P.O. Box 940

Hudson Bay, SK, S0E 0Y0

Phone: (306)865-5600

Fax: (306)865-2429

Mental Health Services: Phone: (306)865-5646

Addictions Service: Phone: (306)865-4211

Community Wellness

Coordinator: Phone: (306)865-3277

Services Offered:

- Outpatient mental health services
 - Therapy for victims of abuse
 - Child and youth service
 - Behavior management counselling
 - Therapy for stress, anxiety, depression and phobias
 - Psychological assessment
 - Crisis service
 - Educational information provided
 - Outpatient Addictions Services
 - Outpatient counselling to individuals involved in substance abuse and others affected by their usage
 - SGI screening
 - Problem gambling counselling
 - Education and prevention programs, presentations, workshops, etc.

To access services individuals may contact the central intake line at (306)865-4211. There is no cost

associated with a Saskatchewan health card. Wait-list varies.

HUMBOLDT

ADDICTIONS & MENTAL HEALTH SERVICES **Humboldt District Health Complex**

515 14th Avenue

Box 10

Humboldt, SK, S0K 2A0

Phone: (306)682-2603

Mental Health & Addiction Services:

Phone: (306)682-5333

Services Offered

- Case management
- Mental health promotion and education services
- Family counselling
- Individual, family and group counselling/therapy
- Community development
- Community collaboration
- Referrals to other services/agencies

Service Providers

- Addiction counsellors
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

To access services, contact intake at (306)682-5333. There is no cost associated with a Saskatchewan health card. The wait-list varies.

ILE A LA CROSSE

ADDICTIONS & MENTAL HEALTH SERVICES **St. Joseph's Hospital and Health Centre**

P.O. Box 630

Ile a la Crosse, SK, S0M 1C0

Phone: (306)833-2016

Toll-free: (866)848-8299

Fax: (306)833-2556

Clinic Hours: Monday through Friday, 8:00 am–5:00 pm; closed 12:00–1:00 pm

Services Offered:

- Addiction services
- Integrated wellness coordinators
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

To access services, individuals may also contact the intake line at (306)833-2016 or toll-free at (866)848-8299. There is no cost with a Saskatchewan health card. Wait-list varies. They accept a variety of referrals, including self-referral and court referrals.

Ile a La Crosse Family Healing Unit

Bag Services #630

Ile A La Crosse, SK, S0M 1C0

Phone: (306)833-2462

Intake: (306)833-3390

Fax: (306)833-3020

Services Offered:

- Detoxification services

This is a social detox service, not a medical detox service. Contact the worker at the intake line to set up a meeting at (306)833-3390 after 1:00 pm. There are 4 beds and it is first come, first served. There is no cost associated with a Saskatchewan health card.

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**

Ile a La Crosse Friendship Centre

Ile a la Crosse, SK, S0M 1C0

Phone: (306)833-2313

Fax: (306)833-2216

Email: ilx.friendctr.inc@sasktel.net

Hours: Monday through Friday, 9:00 am–5:00 pm; open Saturday (closed during lunch hour); closed Sunday

Aboriginal Courtworker: Raina Pelletier

Phone: (306)833-2367

Fax: (306)833-2276

Youth Support Worker: Mary McCallum

Phone: (306)833-2662

Fax: (306)833-2667

Services Offered:

- Aboriginal Courtworker Program
 - Providing timely, accurate information about the justice system and how it works, including the right to speak on one's own behalf or to request legal counsel.
 - Ensuring that Aboriginal clients understand the nature of the charges brought against them
 - Providing information about alternative methods of justice, such as sentencing circles and restorative justice, where available and appropriate
 - Helping to assess and interpret documents, forms and directions or conditions given by the Court
 - Increasing access to available resources and programs by providing information to clients about community support services, such as counselling and alcohol and drug treatment centres
 - Assisting clients with bail applications (where applicable)
- Youth support worker

IMPERIAL

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

INDIAN HEAD

ADDICTIONS & MENTAL HEALTH SERVICES

Pine Lodge

211 Otterloo Street

P.O. Box 457

Indian Head, SK, S0G 2K0

Phone: (306)695-2251

Fax (306)695-2514

Email: pinelodge@sasktel.net

Services Offered:

Family Program Addiction Counselling

- Pine Lodge Treatment Centre offers a focused and productive family program. This program is open to family units affected by addiction. We offer education and support in the way of lectures, homework and their own treatment program. Individuals in the family program work directly in our groups, with the clients, giving them an accurate experience and insight into addiction and the corresponding behaviours. Our family program is not funded by the Health Region and we do not charge participants for the program. Donations are always gratefully accepted. Cost relating to lodging and food for the family week is the

responsibility of the family members and all in attendance need to commit to 5 full days with 2 of those days having an evening session. For more information and to book family week please contact Pine Lodge Treatment Centre.

In-Patient/Outpatient Addictions Services

- A 28-day in-patient drug and alcohol treatment centre. They accept self-referrals through an addictions counsellor at addiction services in the prospective participant's Health Region. The individual must be free of all alcohol and drugs for 14 days prior to admission. There is a 7-day blackout on all phone calls, messages and visitors. No cost associated with a Saskatchewan health card. The wait-list varies.

How to Prepare:

You must be free of all alcohol and drugs for 14 days prior to admission. If you are unable to do this, please call the Program Director at once for options. Be sure to let your family and friends know there is a 7-day blackout on phone calls, messages and visitors. Check in is ONLY between 9:30 am and 10:30 am, unless other arrangements have been made with the Program Director. If you are traveling by bus, please let us know that day, so that we can pick you up.

What to Bring:

- Valid health card
- Shampoo, conditioner, soap, toothpaste & shaving supplies
- Laundry soap and dryer sheets; laundry is done once per week

- Casual, comfortable clothing & indoor shoes
- Jacket, sweater, hat, boots, mitts & anything to prepare you for the weather conditions
- Plain 3-ring 2" binder and paper, pens, highlighters & the Big Book, if you have one
- All prescription medication must be in original containers
- Long distance calling cards
- Enough tobacco for a week, as you will have the ability to purchase some in town
- Glasses if prescribed
- List of family names, addresses and phone numbers (cellphones are NOT allowed in treatment)

INVERMAY

ADDICTIONS & MENTAL HEALTH SERVICES Invermay Health Centre

303 4th Avenue North
Invermay, SK, S0A 1M0
Phone: (306)593-2133
Intake: (306)786-0558
Fax: (306)593-4566

Services Offered:

- Adult day wellness program
- Child and youth worker
- Drug and alcohol worker
- Behaviour management

To access services, the individual calls the intake line at (306)786-0558. There is no cost associated with a Saskatchewan health card. The wait-list varies.

ISLAND LAKE FIRST NATION

ADDICTIONS & MENTAL HEALTH SERVICES Loon Lake Health Centre & Special Care Home

510 2nd Street
Box 69
Loon Lake, SK, S0M 1L0

Phone: (306)837-2114
Fax: (306)837-2268

Services Offered:

- Addictions (visiting)

Makwa Sahgaiehcan First Nation Health Centre

P.O. Box 559
Loon Lake, SK, S0M 1L0
Phone: (306)837-2208
Fax: (306)837-4469

Services Offered

- Addiction services
- Community health developer/rep
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Island Lake First Nation

P.O. Box 460
Loon Lake, SK, S0M 1L0
Phone: (306)837-2188
Fax: (306)837-2266

Service Offered:

Supports community based justice initiatives for First Nation communities within Meadow Lake Tribal Council:

- Alternative Measures/Extrajudicial Sanctions Program
- Victim advocate training
- Victim offender mediations
- Serious Offence Program
- Community justice forums
- Diversion programs
- Family conferencing
- Sentencing circles
- Community referrals
- Re-integration plans
- Healing circles

- Proactive justice initiatives
- Youth and culture camps
- Community Justice Support
- Facilitate Justice Awareness Initiatives

ITUNA

ADDICTIONS & MENTAL HEALTH SERVICES

Ituna Wellness Centre

320 5th Avenue North East

P.O. Box 130

Ituna, SK, S0A 1N0

Phone: (306)795-2665

Fax (306)795-3592

Services Offered:

- Part-time mental health clinic

To access services, call the intake line at (306)786-0558. There is no cost associated with a Saskatchewan health card. The wait-list varies.

JAMES SMITH

ADDICTIONS & MENTAL HEALTH SERVICES

James Smith Health Centre

P.O. Box 506

James Smith, SK, S0J 1H0

Phone: (306)864-2454

Fax: (306)864-2536

Hours: Monday through Friday, 8:30 am–4:30 pm; closed 12:00–1:00 pm; closed holidays

Services Offered

- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

To access services, individuals may also contact the regional intake line at (306)765-6550 or toll-free at (855)765-6550. There is no cost associated with a

Saskatchewan health card. Wait-list varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

James Smith First Nation

P.O. Box 1059

Melfort, SK, S0E 1A0

Phone: (306)864-3636

Fax: (306)864-3336

Prince Albert Grand Council Community Justice Program

- Rural Alternative Measures
- Urban Alternative Measures
- Saskatchewan Aboriginal Courtworker Program
- Crime Prevention

The individual is referred from the courts or the community. There is no cost. They can access services immediately. They ask for a 3-month adjournment to complete the file.

JANSEN

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services-Rural

Lanigan Integrated Hospital

36 Downing Drive

Box 1060

Lanigan, SK, S0K 2M0

Intake: (306)365-3400

Services Offered:

- Addiction counsellors
- Adult, children and youth mental health/substance abuse/gambling
- Case management
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

KAHKWISTAHAW FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Kahkewistahaw First Nation

P.O. Box 609
Broadview, SK, S0G 0K0
Phone: (306)696-2660
Fax: (306)696-3154
Toll-free: (866)667-7710
Addictions Worker: Rodney Brass (ext. 232)
Mental Health Worker: Kiran Kashyap (ext. 227) Wednesday & Thursday

Services Offered:

- NNADAP worker
- Mental health counselling
- Addictions counselling
- Medical transportation

Kahkewistahaw First Nation Enhanced Services Delivery (ESD)

P.O. Box 609
Broadview, SK, S0G 0K0
Phone: (306)696-3291
Fax: (306)696-3201

Services Offered:

- DWI – driving while impaired
- Pardons – regarding criminal chargers, the initial fee that would support the clients fee for applying for a pardon

KAMSACK

ADDICTIONS & MENTAL HEALTH SERVICES **Cote First Nation Health Clinic**

Cote First Nation, SK,
Phone: (306)542-2694
Intake: (306)786-0558
Fax: (306)542-3735

Services Offered:

- Addictions
- Grief & loss
- Mental health
- Poverty
- Poor housing
- Strengthening community

Currently, the following First Nation and Inuit Health Branch programs are also being funded (December 2019)

- Canada Prenatal Nutrition Program
- Fetal Alcohol Spectrum Disorder
- Children's Oral Health Initiative
- Building Healthy Communities: Mental Health
- Brighter Futures: Wellness
- National Native Alcohol and Drug Prevention: Addictions
- Youth Solvent Abuse Program: Addictions
- Healthy Living: Public Health (CHN & CHRs)
- Communicable Disease Control & Management: Public Health (CHN & CHRs)
- Immunization Prevention – Promotion and Education
- HIV/AIDS Prevention – Promotion and Education
- Home and Community Care
- Medical Transportation: Client Insured Services & Administration
- Health Research & Engagement
- Community Facilities O & M
- Headstart

To access services, the individual calls the intake line at (306)786-0558. There is no cost associated with a Saskatchewan health card. The wait-list varies.

Kamsack Hospital

341 Stewart Street
Kamsack, SK, S0A 1S0
Phone: (306)542-2635
Intake: (306)786-0558
Fax: (306)542-4360

Services Offered:

- Part-time mental health clinic/outpatient services

To access services, the individual calls the intake line at (306)786-0558. There is no cost associated with a Saskatchewan health card. The wait-list varies.

Keeseekoose First Nation Band Office

P.O. Box 1120
Kamsack, SK, S0A 1S0
Phone: (306)542-2012
Intake: (306)786-0558
Fax: (306)542-2586
Hours: Monday through Friday, 9:00 am–4:30 pm; closed weekends and statutory holidays

Services Offered:

- Part-time mental health clinic

To access services, the individual calls the intake line at (306)786-0558. There is no cost associated with a Saskatchewan health card. The wait-list varies.

Saulteaux Healing and Wellness Centre

Box 868
Kamsack, SK, S0A 1S0
Phone: (306)542-4110
Fax: (306)542-3241
Email: shwc@sasktel.net

Services Offered:

- Outpatient addiction services
 - 18-bed residential service that offers a 42-day program for those requiring specialized addictions treatment
 - Clients must be detoxed at least 7–10 days prior to attending

Clients must have a valid Saskatchewan health card and be 18 years of age and older.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Saulteaux First Nation

Box 159
Cochin, SK, S0M 0L0
Phone: (306)386-2067
Fax: (306)386-2444

Services Offered:

- Community Justice Program provided by Battlefords Agency Chiefs Tribal Chiefs (BATC)
 - Alternative Measures Program
 - Aboriginal Courtworker Program
 - Cultural Camps/Community Integration Program
 - First Nations Youth Restorative and Healing Project

KAWACATOOSE FIRST NATION

ADDICTIONS & MENTAL HEALTH SERVICES

Kawacatoose First Nation

Box 640
Raymore, SK, S0A-3J0
Phone: (306)835-2125
Fax: (306)835-2178

Services Offered via Touchwood
Agency Tribal Council

Touchwood Agency Tribal Council

Box 280

Punnichy, SK, S0A 3C0

Main Office Phone: (306)835-2937

Sub Office (Daystar FN)

Phone: (306)835-2972

Fax: (306)835-2395

Services Offered:

- FNARF addictions worker
- Gambling treatment referrals
- Counselling services
- First Nation NNADAP workers
- Individual and family counselling
- Case workers
- Men's outreach services
 - Alcohol addiction counselling
 - Suicide prevention
 - Court appearance support
 - Recognize the signs & symptoms of mental health and substance abuse problems
 - Guide men towards appropriate professional help
 - Provide comfort to men experiencing mental health issues
 - Provide initial help for anxiety disorders in men
 - HOLISTIC healing/smudge and pray/sweat lodge ceremony only if requested by client
 - Medicine wheel teaching/mental/physical/spiritual/emotional
- Residential School resource workers
 - Ensuring eligible former IRS students and their families have access to emotional

health and wellness support services, and can safely address emotional health and wellness issues related to the disclosure of childhood abuse(s)

- Phone: (306)835-7362
- Phone: (306)835-0350

All information is kept confidential. One-on-one counselling session Monday 8:30 am–4:30 pm. Please feel free to call for a scheduled appointment.

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**

Kawacatoose First Nation

Box 640

Raymore, SK, S0A 3J0

Phone: (306)835 2125

Fax: (306)835-2178

Services Offered via Touchwood
Agency Tribal Council

Touchwood Agency Tribal Council

Box 280

Punnichy, SK, S0A 3C0

Main Office Phone: (306)835-2937

Sub Office (Daystar FN)

Phone: (306)835-2972

Fax: (306)835-2395

Justice Coordinator: Phone: (306)835-7723

Community Justice Development Officer: Phone: (306)450-6697

Services Offered:

- Mediation and diversion
- Youth programming
- Sentencing circles
- Talking/justice circles
- Crime prevention
- Early judicial sanction and re-integration programs
- Workshops

- S.81. initiatives
- Police management boards
- Justice Committee training/development
- Alternative Measures Program
- Cadet Corps Program

KEESEEKOOSÉ FIRST NATION

ADDICTIONS & MENTAL HEALTH SERVICES **Keeseekoosé First Nation Band Office**

P.O. Box 1120

Kamsack, SK, S0A 1S0

Phone: (306)542-2012

Intake: (306)786-0558

Fax: (306)542-2586

Hours: Monday through Friday, 9:00 am–4:30 pm; closed weekends and stat holidays

Services Offered:

- Part-time mental health clinic

To access services, the individual calls the intake line at (306)786-0558. There is no cost associated with a Saskatchewan health card. The wait-list varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Keeseekoosé First Nation

P.O. Box 1120

Kamsack, SK, S0A 1S0

Phone: (306)542-2012

Fax: (306)542-2586

Services Offered: Alternative Measures for Youths and Adults

Yorkton Tribal Council Community Justice Program and Alternative Measures Program

- Crime prevention
- Healing and sentencing circles
- Community-Based victims and Correctional Services

KELVINGTON

ADDICTIONS & MENTAL HEALTH SERVICES **Kelvington & Area Hospital**

701 6th Avenue West

Box 70

Kelvington, SK, S0A 1W0

Phone: (306)327-5500

Fax: (306)327-5115

Community Wellness Coordinator:

Phone: (306)327-4510

Services Offered:

- Mental health counselling (visiting)
- Addictions counselling (visiting)

To access services, contact the central intake line at (306)752-8767. There is no cost associated with a Saskatchewan health card. Wait-list varies.

KENOSEE PARK

ADDICTIONS & MENTAL HEALTH SERVICES **Alcoholics Anonymous**

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

KERROBERT

ADDICTIONS & MENTAL HEALTH SERVICES **Kerrobert Integrated Health Centre**

P.O. Box 320

115 Manitoba Avenue

Kerrobert, SK, S0L 1R0

Phone: (306)834-2646

Services Offered:

- Addictions (visiting)
- Child & youth counsellor (visiting)

- Mental health counselling (visiting)
- Psychiatric rehabilitation (visiting)

Services are accessed through the centralized intake system by calling toll-free (866)268-9139. There is no cost associated with a Saskatchewan health card. Wait-list varies.

KEY FIRST NATION

ADDICTIONS & MENTAL HEALTH SERVICES **Key First Nation**

P.O. Box 70
Norquay, SK, S0A 2V0
Phone: (306)594-2020
Fax: (306)594-2545

Services Offered:

- Head Start Program
- Mental health
- Addictions
- Medical transportation

KINCAID

ADDICTIONS & MENTAL HEALTH SERVICES **Kincaid Wellness Centre**

P.O. Box 179
Kincaid, SK, S0H 2J0
Phone: (306)264-3233
Fax: (306)264-3878
Mental Health & Addictions: Phone:
(877)564-0543 or (306)691-6464
See website for schedule of services:
<https://www.fhhr.ca/Mossbank.htm>

Services Offered:

- Visiting nurse practitioner

For access to any of these services, please contact the central intake program by calling (877)564-0543 or (306)694-0379.

KINDERSLEY

ADDICTIONS & MENTAL HEALTH SERVICES **Kindersley Health Facility**

1003 1st Street West
Kindersley, SK, S0L 1S0
Phone: (866)268-9139
Fax: (306)463-5520
Centralized Intake: (866)268-9139

Services Offered

- Outpatient mental health services
- Outpatient addiction services
 - Addictions counsellor
 - Individual, family and group outpatient counselling and education
 - 180 Alcohol and Drug Diversion Program for youth who are ticketed by the RCMP for minor consumption/possession of alcohol and/or possession of small amounts of controlled substances in lieu of paying the fine
- Ongoing assessment & treatment planning
- Referral to in-patient facilities
- Psychiatric rehabilitation

Services are accessed through the centralized intake system by calling toll-free number (866)268-9139. There is no cost associated with a Saskatchewan health card. Wait-list varies.

COUNSELLING & PROGRAMMING **West Central Crisis and Family Support** **Centre- Travelling Clinic**

116 1st Avenue West
Box 2235
Kindersley, SK, S0L 1S0
Phone: (306)463-6655
After Hours Phone: (306)463-1860
Fax: (306)463-6410
24hr Support Line: (306)933-6200

Office Hours: Monday through Friday,
9:00 am–5:00 pm (closed for lunch)

Services Offered:

- Counselling and support services
 - Individual counselling
 - Marital counselling
 - Crisis counselling
 - Short-term counselling
 - Family counselling
 - Youth counselling
 - Suicide prevention
 - Anger management
 - Budget counselling
- Victim Services
 - Domestic violence response
 - Traumatic events response
 - Sexual assault victim support
 - Safety planning
 - Critical stress management

Provides free counselling, information and referrals related to loss, pension, income assistance, food, financial assistance.

KINISTIN SAULTEAUX NATION

ADDICTIONS & MENTAL HEALTH SERVICES Kinistin Saulteaux Nation Wellness Centre

P.O. Box 2590
Tisdale, SK, S0E 1T0
Phone: (306)878-8188
Fax: (306)873-5235
Hours: Monday through Friday, 8:00 am–
4:00 pm

Services Offered:

- Addiction services
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide

services, addictions, NNADAP workers, mental health therapists)

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Kinistin Justice Program

P.O. Box 2590
Tisdale, SK, S0E 1T0
Phone: (306)878-8188
Fax: (306)873-5235
Hours: Monday through Friday, 8:00 am–
4:00 pm

Services Offered:

- Fine Option Program
- Bi-weekly visits, arranged by the probation worker at the Justice Office
- Alternative Measures
 - Alternative Measures are the various tools used in the program. These include
 - Mediation
 - Community justice forums
 - Talking circles
 - Family conferencing

Referrals to the program are made through the RCMP, court and community.

Saulteaux First Nation

Box 159
Cochin, SK, S0M 0L0
Phone: (306)386-2067
Fax: (306)386-2444

Services Offered:

- Community Justice Program provided by Battlefords Agency Chiefs Tribal Chiefs (BATC)
 - Alternative Measures Program

- Aboriginal Courtworker Program
- Cultural Camps/Community Integration Program
- First Nations Youth Restorative and Healing Project

KIPLING

ADDICTIONS & MENTAL HEALTH SERVICES

Kipling Mental Health

Old Willowdale Lodge Building

Kipling, SK, S0G 2S0

Phone: (306)736-2638

Services Offered:

- Addiction services
- Assessment and recovery services
- Problem gambling counselling
- Child and youth counselling services (0–18 years of age)
- Case management
- Adult counselling services
- Screening, assessment and therapy services
- Group therapy
- Psychology services
- Alternatives to Violence Program
- Adult Sex Offenders Program

For new referrals within the Health Region, please contact the Intake Office at (306)842-8665 or toll-free at (800)216-7689. There is no cost with a Saskatchewan health card. The wait-list varies.

KINLEY

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

KISBEY

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

KUROKI

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

KYLE

ADDICTIONS & MENTAL HEALTH SERVICES

Kyle District Health Centre

208 3rd Avenue East

P.O. Box 70

Kyle, SK, S0L 1T0

Phone: (306)375-2251

Services Offered:

- Outpatient addiction services by visiting specialists
- Psychiatric rehabilitation (visiting)

Services are accessed through the centralized intake system by calling toll-

free (866)268-9139. There is no cost associated with a Saskatchewan health card. Wait-list varies.

COUNSELLING & PROGRAMMING
West Central Crisis and Family Support
Centre- Travelling Clinic

116 1st Avenue West
 Box 2235
 Kindersley, SK, S0L 1S0
 Phone: (306)463-6655
 After Hours Phone: (306)463-1860
 Fax: (306)463-6410
 24hr Support Line: (306)933-6200
 Office Hours: Monday through Friday,
 9:00 am–5:00 pm (closed for lunch)

Services Offered:

- Counselling and support services
 - Individual counselling
 - Marital counselling
 - Crisis counselling
 - Short-term counselling
 - Family counselling
 - Youth counselling
 - Suicide prevention
 - Anger management
 - Budget counselling
- Victim Services
 - Domestic violence response
 - Traumatic events response
 - Sexual assault victim support
 - Safety planning
 - Critical stress management

Provides free counselling, information and referrals related to loss, pension, income assistance, food, financial assistance.

KYLEMORE

ADDICTIONS & MENTAL HEALTH SERVICES
Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups
 See Appendix A.4

**ALTERNATIVE MEASURES &
 EXTRAJUDICIAL SANCTIONS**
Aboriginal Courtworkers Contact List
 See Appendix A.5

LAFLECHE

ADDICTIONS & MENTAL HEALTH SERVICES
Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups
 See Appendix A.4

**ALTERNATIVE MEASURES &
 EXTRAJUDICIAL SANCTIONS**
Aboriginal Courtworkers Contact List
 See Appendix A.5

LAIRD

ADDICTIONS & MENTAL HEALTH SERVICES
Mental Health and Addiction Services
Rural – Rosthern

Rosthern Community Services
 2014 6th Street
 Box 216
 Rosthern, SK, S0K 3R0
 Intake: (306)232-6001

Services Offered:

- Addiction counsellors
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers
- Case management
- Mental health promotion and education services

- Family counselling
- Individual, family and group counselling/therapy
- Community development
- Community collaboration
- Referrals to other services/agencies

There is a wait-list for counselling, but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary, and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated.

LAKE LENORE

ADDICTIONS & MENTAL HEALTH SERVICES **Mental Health and Addiction Services** **Rural**

Humboldt Community Services
515 4th Avenue
Box 1930
Humboldt, SK, S0K 2A0
Phone: (306)682-5333 (ask for intake worker)

Services Offered:

- Addiction counsellors
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers
- Case management
- Mental health promotion and education services
- Family counselling
- Individual, family and group counselling/therapy
- Community development
- Community collaboration
- Referrals to other services/agencies

There is a wait-list for counselling, but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary, and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated.

LA LOCHE

ADDICTIONS & MENTAL HEALTH SERVICES **La Loche Health Centre and Hospital**

1447 Dene Road
Bag Service #1
La Loche, SK, S0M 1G0
Phone: (306)822-3200
Fax: (306)822-2274
Second Phone: (888)688-7087
Hours: Monday through Friday, 8:00 am–5:00 pm

Services Offered

- Addiction services
- Mental health/holistic health services (services may include family support,
- suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

To access services, contact the intake line at (306)833-2016 or toll-free at (866)848-8299. There is no cost with a Saskatchewan health card. Wait-list varies. They accept a variety of referrals, including self-referral and court referrals.

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**
Clearwater River Dene Nation

P.O. Box 5050
La Loche, SK, S0M 3H0
Phone: (306)822-2021
Fax: (306)822-2212

Services Offered:

- Addictions program
- Positive wellness program
- Community wellness support
- Case management coordinator
- Head Start Program
- Mistahey Musqua Treatment Centre
- Waskoosis Safe Shelter
- Domestic violence outreach

Meadow Lake Tribal Council
Administration of Cree and Dene Justice Initiative

Clearwater River Dene Nation
P.O. Box 5050
La Loche, SK, S0M 3H0
Phone: (306)822-2021
Fax: (306)822-2212

Services Offered:

- Justice coordinators
- Crime prevention
- Mediation and dispute resolution
- Healing
- Talking and sentencing circles
- Alternative Measures Program for adults and youths
- Victim services
- Community-based correctional services that focus on offender rehabilitation and reintegration and healing of victims and offenders

La Loche Friendship Centre

1440 Fontaine Street
La Loche, SK, S0M 1G0
Phone: (306)822-2606
Fax: (306)822-2623

Services Offered:

- Alternative Measures/Aboriginal Courtworker Program
- Diversion
- Healing
- Sentencing and reintegration circles
- Family group conferencing
- Mediation between victims and offenders
- Peer mediation
- Community-based support programming for offenders

COUNSELLING & PROGRAMMING
La Loche Friendship Centre

1440 Fontaine Street
La Loche, SK, S0M 1G0
Phone: (306)822-2606
Fax: (306)822-2623

Services Offered:

- Youth Intervention Program
- Family Support Program
- Guns Gangs and Drugs Program

LANGENBURG

ADDICTIONS & MENTAL HEALTH SERVICES
Langenburg Health Care Complex

200 Heritage Drive
P.O. Box 370
Langenburg, SK, S0A 2A0
Phone: (306)743-2661
Intake: (306)786-0558
Fax: (306)743-5025

Services Offered:

- Visiting mental health services

To access services, the individual calls the intake line at (306)786-0558. There is no cost associated with a Saskatchewan health card. The wait-list varies.

LANGHAM

ADDICTIONS & MENTAL HEALTH SERVICES **Borden Community Health Centre**

308 Sheppard Street

P.O. Box 90

Borden, SK, S0K 0N0

Phone: (306)997-2110

Fax: (306)997-2114

Hours: Monday through Friday, 8:30 am–4:30 pm

Services Offered:

- Mental health/holistic health services

To access services, contact intake at (306)655-7777. There is no cost associated with a Saskatchewan health card. Wait-list varies.

LANIGAN

ADDICTIONS & MENTAL HEALTH SERVICES **Lanigan Integrated Hospital**

36 Downing Drive

Box 1060

Lanigan, SK, S0K 2M0

Intake: (306)365-3400

Services Offered:

- Addiction counsellors
- Adult, children and youth mental health/substance abuse/gambling
- Case management
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals.

They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

LA RONGE

ADDICTIONS & MENTAL HEALTH SERVICES **Jeannie Bird Clinic – Lac La Ronge** **Indian Health Services Department**

334 Wilson Charles Street

P.O. Box 1770

La Ronge, SK, S0J 1L0

Phone: (306)425-3600

Fax: (306)425-5520

Second Phone: (877)425-3443

Hours: Monday through Friday, 8:00 am–4:30 pm; closed on weekends and holidays.

Services Offered:

- Addiction services
- Discharge coordinators
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

To access services call (306)425-2422. There is no cost associated with a Saskatchewan health card. The wait-list varies.

Kikinak Project Hope – La Ronge Health Care

320 Broadman Street

P.O. Box 6000

La Ronge, SK, S0J 1L0

Phone: (306)425-8575

Second Phone: (306)425-8574

La Ronge Crisis Hotline: (306)425-4090
(Children's Hotline)

Fax: (306)425-8570

Hours: Monday through Friday, 8:00 am–5:00 pm

Services Offered:

- Addiction services
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

To access services may also contact (306)425-2422. There is no cost associated with a Saskatchewan health card. The wait-list varies.

La Ronge Health Centre

227 Backlund Street
P.O. Box 6000
La Ronge, SK, S0J 1L0
Phone: (306)425-2422

The upper level of the Health Centre is open from 8:00 am–5:00 pm, Monday through Friday, except for statutory holidays.

Access to the lower level is available 24 hours a day, 7 days a week through the Emergency Entrance. Between 8:30 pm and 8:00 am, please ring the buzzer for assistance.

Services Offered:

- Outpatient addiction services (upper level)
- Group program for addictions (upper level)
- Outpatient mental health services (upper level)
- Group program for mental health (upper level)
- Detoxification (lower level)

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**

Kikinahk Friendship Centre

320 Boardman Street
La Ronge, SK, S0J 1L0
Phone: (306)425-2051

Services Offered:

- Fine option and community service orders
- Crime Prevention Program

Lac La Ronge Indian Band Restorative Justice Program

P.O. Box 480
Lac La Ronge, SK, S0J 1L0
Edmund Clarke: Phone: (306)425-1148
Fax : (306)425-5548
Ron Ratte : Phone : (306)425-1753
Fax : (306)425-3954
Toll-free: (800)567-7736

Services Offered:

- Aboriginal Courtworker Program
 - They help defendants and their families to understand their rights, the charges against them and the consequences of those charges, and court procedures that will determine those consequences. They help clients deal with personal difficulties in the midst of court proceedings and obtain the services of social workers, employment counsellors or drug and alcohol counsellors. They help clients to communicate with the defence counsel and other officials.
 - Assist client at first appearance
 - Speak to adjournment
 - Assist client to enter plea
 - Assist client to speak to sentence
 - Explain client responsibility

- regarding sentencing
- Act as liaison with support staff such as drug/alcohol counsellor, fine option, Legal Aid and employment and training counsellors

Court Locations:

Lac La Ronge and Pine House

LAC LA RONGE

ADDICTIONS & MENTAL HEALTH SERVICES

Lac La Ronge Indian Band Health

Department

Mailing Address:

Box 1770

La Ronge, SK, S0J 1L0

Physical Address:

334 Wilson Charles Street (Fairchild Reserve)

Main switchboard: (306)425-3600

Toll-free: (877)425-3443

Hours: Monday through Friday, 8:00 am–4:30 pm

Services Offered:

- Medical Transportation
 - 24-hour notice is required for in-town appointments. 48 hours' notice required for out of town appointments
 - Medical transportation is open Monday through Friday, 8:00 am–4:30 pm
 - Requests for medical transportation after hours or during weekends can be made by calling (866)885-3933.
- Prevention and recovery services

- Individual, family, group counselling services
- Youth counselling
- Suicide prevention
- Substance abuse assessments and treatment referrals
- FASD support
- Indian Residential School (IRS) supports
- Tobacco cessation education
- Community Cultural Support Program
 - Call (306)425-6421 or visit office at Morin's Hill, behind Kitsaki Hall; call (306)425-3600 for appointments or (800)425-3450

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Kikinahk Friendship Centre

320 Boardman Street

La Ronge, SK, S0J 1L0

Phone: (306)425-2051

Services Offered:

- Fine option and community service orders
- Crime Prevention Program

Lac La Ronge Indian Band Restorative Justice Program

P.O. Box 480

Lac La Ronge, SK, S0J 1L0

Edmund Clarke: Phone: (306)425-1148

Fax : (306)425-5548

Ron Ratte : Phone : (306)425-1753

Fax : (306)425-3954

Toll-free: (800)567-7736

Services Offered:

- Aboriginal Courtworker Program
 - They help defendants and their families to understand their rights, the charges against them and the consequences of those

charges, and court procedures that will determine those consequences. They help clients deal with personal difficulties during court proceedings and obtain the services of Social workers, employment counsellors, or drug and alcohol counsellors. They help clients to communicate with the defence counsel, and other officials.

- Assist client at first appearance
- Speak to adjournment
- Assist client to enter plea
- Assist client to speak to sentence
- Explain client responsibility regarding sentencing
- Act as liaison with support staff such as drug/alcohol counsellor, fine option, Legal Aid and employment and training counsellors

Court Locations:

Lac La Ronge and Pine House.

LASHBURN

ADDICTIONS & MENTAL HEALTH SERVICES **Community/Public Health Services**

8-120 1st Avenue West
P.O. Box 629
Maidstone, SK, S0M 1M0
Phone: (306)893-4850
Fax: (306)893-4488

Please contact the health authority or the centre for more information on hours and services.

Services Offered

- Outpatient addiction services to Maidstone and surrounding area

There is no cost with a Saskatchewan health card. The wait-list varies.

LEADER

ADDICTIONS & MENTAL HEALTH SERVICES **Leader and District Integrated** **Healthcare Facility**

400 1st Street West
P.O. Box 129
Leader, SK, S0N 1H0
Phone: (306)628-5510

Services Offered:

- Outpatient Addictions Services
 - Offers support and counselling to adults (18 years and older) and youth (17 years and younger) for addictions to alcohol, drugs and gambling
 - Screening and assessment for users, abusers and addicts and affected family and friends
 - Couples and parents programming
 - Information sessions
 - Recovery planning
 - Counselling individuals and their families
 - Relapse education
 - Community education and development
 - Consultation
- Safe Driving Program
- Child & youth counsellor
- Outpatient mental health services

- Individual, couple, family and group counselling
- Psychiatric assessments and treatment
- Rural clinics
- Public education
- Consultation
- Critical incident stress management

Some services are provided by visiting specialists and may not be offered every day. Please contact the facility for complete information on service availability. To access services, contact the intake line at (877)329-0005. There is no cost associated with a Saskatchewan health card. Wait-list varies.

LEASK

ADDICTIONS & MENTAL HEALTH SERVICES Mistawasis Health Centre

P.O. Box 148

Leask, SK, S0J 1M0

Phone: (306)466-4507

Fax: (306)466-2220

Hours: Monday through Friday, 8:30 am–4:30 pm; closed 12:00–1:00 pm

Services Offered:

- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

To access services, contact the regional intake line at (306)765-6550 or toll-free at (855)765-6550. There is no cost associated with a Saskatchewan health card. Wait-list varies.

Mistawasis First Nation

P.O. Box 250

Leask, SK, S0J 1M0

Phone: (306)466-4800

Email: contact@mistawasis.ca

Services Offered:

- Community Addictions Prevention Program/youth addictions counselling
- Living Well Counselling
- Focus on Families
- Medical transportation services
- Child and Family Services
- Advocacy/referrals for services not available at the Health Centre

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Mistawasis Nehiyawak Justice Program

P.O. Box 250

Leask, SK, S0J 1M0

Phone: (306)466-4800

Email: contact@mistawasis.ca

Disclaimer: As of December 2019: In process of reestablishing Mistawasis Nehiyawak Justice Program – contact for up to date information regarding the program

The program staff and advisory committee continue to develop a community-based justice program that focuses on public education, crime prevention, victim services, corrections services and Alternative Measures programming for youths and adults. The program is also working to expand aftercare programs for those who have been affected by crime

Justice Program

- Adult justice services & referrals
- Youth justice services & referrals
- Crime prevention initiatives
- Peacekeeping
- Community policing
- Alternative Measures: victim-offender mediation, conflict

- resolution, justice forum, sentencing circles, healing circles
- Community support services: referrals to appropriate agencies, case planning/intensive case management for offenders
- Early release programming
- Reintegration
- Fine options
- Youth camps
- Development

Youth Justice Worker

- Assisting clients involved within the criminal justice system
- Training, professional development & workshops
- Youth groups
- Providing summer programming for the youth
- Fine options/community services
- Communication/interagency
- Reports & data collection

LEIPZIG

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

LEOVILLE

ADDICTIONS & MENTAL HEALTH SERVICES

Spiritwood & District Health Complex

P.O. Box 69

Spiritwood, SK, S0J 2M0

Phone: (306)883-2133

Phone: (306)883-4462

Fax: (306)883-4440

Hours: Monday through Friday, 8:00 am–5:00 pm; closed holidays

Services Offered:

- Addiction services
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)
- Therapies
- Community mental health nurse
- Psychiatrist – one day per month (visiting)
- Social worker – once a week (visiting)

To access services, contact the regional intake line at (306)765-6550 or toll-free at (855)765-6550. There is no cost associated with a Saskatchewan health card. Wait-list varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Agency Chiefs Tribal Council

100 Railway Avenue

P.O. Box 237

Spiritwood, SK, S0J 2M0

Hours: (306)883-3880

Services Offered

- Indian Residential Schools
- Community justice
 - The community justice committees guide and direct initiatives that include Alternative Measures programs for adults and youths, crime prevention, victim services, healing, talking and sentencing circles and victim/offender healing

LEROY**ADDICTION & MENTAL HEALTH SERVICES**
Mental Health and Addiction Services – Rural

Lanigan Integrated Hospital
36 Downing Drive
Box 1060
Lanigan, SK, S0K 2M0
Intake: (306)365-3400

Services Offered:

- Addiction counsellors
- Adult, children and youth mental health/substance abuse/gambling
- Case management
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

LESTOCK**ADDICTIONS & MENTAL HEALTH SERVICES**
Muskowekwan First Nation

P.O. Box 249
Lestock, SK, S0A 2G0
Phone: (306)274-2061
Fax: (306)274-2110

National Native Alcohol & Drug Abuse Program Coordinator

- Provide counselling, intervention, prevention and utilizes all

resources involved with addictions

- Email: leonwolfesr@gmail.com
- Phone: (306)216-9581

Services Offered via Touchwood Agency Tribal Council

Touchwood Agency Tribal Council

Box 280
Punnichy, SK, S0A 3C0
Main Office Phone: (306)835-2937
Sub Office (Daystar FN)
Phone: (306)835-2972
Fax: (306)835-2395

Services Offered:

- FNARF addictions worker
- Gambling treatment referrals
- Counselling services
- First Nation NNADAP workers
- Individual and family counselling
- Case workers
- Men's outreach services
 - Alcohol addiction counselling
 - Suicide prevention
 - Court appearance support
 - Recognize the signs & symptoms of mental health and substance abuse problems

LITTLE BLACK BEAR FIRST NATION**ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS****Little Black Bear First Nation**

P.O. Box 238
Goodeve, SK, S0A 1C0
Phone: (306)334-2269
Fax: (306)334-2721

Services Offered: File Hills Qu'Appelle Tribal Council Community Justice Initiative

Restorative Justice Unit Services Include:

- Probation: As officers of the court they supervise the court orders in our communities
- Youth reintegration: As a community liaison between youth released from court and their community resources
- Courtworker: As liaisons between the court and the community they offer insight into the workings of the courts, court terminology and give direction to clients to obtain legal aid
- Community justice: The officers meet with the justice committees, arrange justice gatherings, provide circle facilitation, mediation, trainings

Services Provided:

- Extrajudicial sanctions (youth and adult)
- Community justice forums
- Consensus circle facilitation
- Court referrals mediation post/pre-charge
- Community referrals – mediation, healing circles, FASD, suicide interventions
- Youth reintegration to community
- Youth gang prevention and intervention
- Commissioner of Oath services
- Probation services
- Courtworker services

Community-Based Justice Initiatives

- Justice Committee training
- Bylaw development/referrals
- Domestic violence initiative
- Justice policy development
- Section 81-84 pre-release plans
- Indigenous law development
- Facilitation of community safety plans
- Sentencing circle protocol development

- Anti-gang presentations
- Cyber bullying presentations

Training Workshops

- Proposal development
- Team building workshops
- Youth peacemakers training – youth mediation
- Traditional mediation – level 1, 2 and 3 (Resolving Conflict Constructively, Mediation Skills, Leading By Example)
- First Nation mediation based on tipi teachings, ceremonies, healing
- Self-governance justice facilitation training
- Justice Committee training
- Stress management

LITTLE PINE**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS****Aboriginal Courtworkers Contact List**

See Appendix A.5

LOON LAKE**ADDICTIONS & MENTAL HEALTH SERVICES****Loon Lake Health Centre & Special Care Home**510 2nd Street

Box 69

Loon Lake, SK, S0M 1L0

Phone: (306)837-2114

Fax: (306)837-2268

Services Offered

- Addictions (visiting)

Makwa Sahgaiehcan First Nation Health Centre

P.O. Box 559
Loon Lake, SK, S0M 1L0
Phone: (306)837-2208
Fax: (306)837-4469

Services Offered

- Addiction services
- Community health developer/rep
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Island Lake First Nation

P.O. Box 460
Loon Lake, SK, S0M 1L0
Phone: (306)837-2188
Fax: (306)837-2266

Services Offered:

Community Justice Program provided by: Meadow Lake Tribal Council (aka MLTC)

P.O. Box 8001
Meadow Lake, SK, S9X 1T8
Phone: (306)236-5654
Email: receptionist@mltc.net

Service Offered:

Supports community-based justice initiatives for First Nation communities within Meadow Lake Tribal Council:

- Alternative Measures/Extrajudicial Sanctions Program
- Victim advocate training
- Victim offender mediations
- Serious Offence Program
- Community justice forums
- Diversion programs
- Family conferencing

- Sentencing circles
- Community referrals
- Re-integration plans
- Healing circles
- Proactive justice initiatives
- Youth and culture camps
- Community Justice Support
- Facilitate Justice Awareness Initiatives

LUMSDEN

ADDICTIONS & MENTAL HEALTH SERVICES Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

MACKLIN

COUNSELLING & PROGRAMMING West Central Crisis and Family Support Centre- Travelling Clinic

116 1st Avenue West
Box 2235
Kindersley, SK, S0L 1S0
Phone: (306)463-6655
After Hours Phone: (306)463-1860
Fax: (306)463-6410
24hr Support Line: (306)933-6200
Office Hours: Monday through Friday,
9:00 am–5:00 pm; closed for lunch

Services Offered:

- Counselling and support services
 - Individual counselling
 - Marital counselling
 - Crisis counselling
 - Short-term counselling
 - Family counselling
 - Youth counselling
 - Suicide prevention
 - Anger management

- Budget counselling
- Victim services
 - Domestic violence response
 - Traumatic events response
 - Sexual assault victim support
 - Safety planning
 - Critical stress management

Provides free counselling, information and referrals related to loss, pension, income assistance, food, financial assistance.

MAIDSTONE

ADDICTIONS & MENTAL HEALTH SERVICES **Community/Public Health Services**

8-120 1st Avenue West
P.O. Box 629
Maidstone, SK, S0M 1M0
Phone: (306)893-4850
Fax: (306)893-4488

Please contact the health authority or the centre for more information on hours and services.

Services Offered

- Outpatient addiction services to Maidstone and surrounding area

There is no cost with a Saskatchewan health card. The wait-list varies.

MAKWA

ADDICTIONS & MENTAL HEALTH SERVICES **Alcoholics Anonymous**

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

MANITOU BEACH

ADDICTIONS & MENTAL HEALTH SERVICES **Manitou Health Centre**

105 2nd Avenue West
Box 190
Neilburg, SK, S0M 2C0
Phone: (306)823-4262
Fax: (306)823-4590

Services Offered:

- Addictions (visiting)
- Counselling (visiting)

Addiction services are based on need and the wait-list varies between 1–3 weeks depending on the community. They accept any kind of referrals, including court referrals.

Watrous Hospital – Rural Services

704 4th Street East
Watrous, SK, S0K 4T0
Phone: (306)946-1200
Intake Number: (306)365-3400
Open: 24 hours a day, 7 days a week

Services Offered:

- Addiction services
- Community health developer/rep
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)
- Therapies/counselling

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other

than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

MANKOTA

ADDICTIONS & MENTAL HEALTH SERVICES

Prairie View Health Centre

241 1st Avenue

P.O. Box 390

Mankota, SK, S0H 2W0

Phone: (306)478-2200

Hours: Monday through Friday, 9:00 am–5:00 pm

See website for most up to date schedule of services:

<https://cypresshealth.ca/health-facilities/mankota/>

Services Offered:

- Addictions
- Day program
- Mental health

Some services are provided by visiting specialists and may not be offered every day. Please contact the facility for complete information on service availability. To access services, contact the intake line at (877)329-0005. There is no cost associated with a Saskatchewan health card. Wait-list varies.

MAPLE CREEK

ADDICTIONS & MENTAL HEALTH SERVICES

Southwest Integrated Healthcare Facility

102 5th Avenue West

P.O. Box 1330

Maple Creek, SK, S0N 1N0

Phone: (306)662-2611

Mental Health and Addictions: (866)786-2510; after hours at (306)778-9522

Therapies: (306)662-5829

Hours: Monday through Friday, 8:00 am–5:00 pm

Services Offered:

- Outpatient Addictions Services
 - Offers support and counselling to adults (18 years and older) and youth (17 years and younger) for addictions to alcohol, drugs and gambling
 - Screening and assessment for users, abusers and addicts and affected family and friends
 - Couples and parents programming
 - Information sessions
 - Recovery planning
 - Counselling individuals and their families
 - Relapse education
 - Community education and development
 - Consultation
- Safe Driving Program
- Child & youth counsellor
- Outpatient mental health services
 - Individual, couple, family and group counselling
 - Psychiatric assessments and treatment
 - Rural clinics
 - Public education
 - Consultation
 - Critical incident stress management

Some services are provided by visiting specialists and may not be offered every day. Please contact the facility for complete information on service availability. To access services, contact the intake line at (877)329-0005. There is no cost associated with a Saskatchewan health card. Wait-list varies

MARCELIN

ADDICTIONS & MENTAL HEALTH SERVICES **Muskeg Lake Cree Nation**

Treaty 6 Territory
P.O. Box 248
Marcelin, SK, S0J 1R0
(306)466-4959
(306)466-4951
frontdesk@muskeglake.com

Services Offered:

- Addictions services

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Muskeg Lake Cree Nation

Treaty 6 Territory
P.O. Box 248
Marcelin, SK, S0J 1R0
(306)466-4959
(306)466-4951
frontdesk@muskeglake.com

Services Offered:

Muskeg Lake Cree Nation Community Justice Program

- Youth Alternative Measures
- Victim offender mediation
- Community justice forums
- Mediation
- Fine Option Program

Alternative Measures is a voluntary program. Youth are free to choose to take part, and they are encouraged to consult with a lawyer before making a decision. They have the right, at any time during the process, to ask that their case be heard in Youth Court

MARGO

ADDICTIONS & MENTAL HEALTH SERVICES **Mental Health and Addiction Services** **Rural**

Wadena Integrated Hospital
433 5th Street North East
P.O. Box 10

Wadena, SK, S0A 4J0
Phone: (306)338-3308
Mental Health: Phone: (306)365-3400
Addictions: Phone: (306)682-5333
Early Childhood Mental Health Referral
Services: (306)338-9950

Services Offered:

- Programs for women
- Programs for men
- LGBTQ programs
- Adolescence programs
- Outpatient and individualized treatment options
- Family therapy
- Alcoholism
- Mental health and substance abuse
- Group therapy
- Individual therapy

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

MEACHAM

ADDICTIONS & MENTAL HEALTH SERVICES **Mental Health and Addiction Services –** **Rural**

Watrous Hospital
704 4th Street East
Watrous, SK, S0K 4T0
Phone: (306)946-1200
Intake Number: (306)365-3400
Open: 24 hours, 7 days a week

Services Offered:

- Addiction services

- Community health developer/rep
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)
- Therapies/counselling

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

MIDDLE LAKE

ADDICTIONS & MENTAL HEALTH SERVICES **Mental Health and Addiction Services-Rural**

Wakaw Hospital
301 1st Street North
Box 769
Wakaw, SK, S0K 4P0
Phone: (306)233-4020
Hours: Monday through Friday, 8:30 am–4:30 pm

Services Offered:

- Addiction counsellors
- Adult, children and youth mental health/substance abuse/gambling
- Case management
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

MILDEN

ADDICTIONS & MENTAL HEALTH SERVICES **Alcoholics Anonymous**

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

MISTAWAWIS FIRST NATION

ADDICTIONS & MENTAL HEALTH SERVICES **Mistawasis Health Centre**

P.O. Box 148
Leask, SK, S0J 1M0
Phone: (306)466-4507
Fax: (306)466-2220
Hours: Monday through Friday, 8:30 am–4:30 pm; closed 12:00–1:00 pm

Services Offered:

- Community health developer
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

**Mistawasis Nêhiyawak – C.M. Ledoux
Health Centre**

P.O. Box 250
Leask, SK, S0J 1M0
Phone: (306)466-4800
Email: contact@mistawasis.ca

Services Offered:

- Community Addictions Prevention Program/youth addictions counselling
- Living Well counselling supports
- Focus on Families
- Medical transportation services
- Child Family Services
- Advocacy/referrals for services not available at the Health Centre

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**

Mistawasis First Nation

P.O. Box 250
Leask, SK, S0J 1M0
Email: contact@mistawasis.ca
Phone: (306)466-4800

As of December 2019: Currently in process of reestablishing Mistawasis Nehiyawak Justice Program – see website for up to date information: <http://www.mistawasis.ca/companies/justice/>.

Services Offered:

Justice Program

- Adult justice services & referrals
- Youth justice services & referrals
- case management supervision and monitoring for offenders
- Crime prevention initiatives
- Peacekeeping
- Community policing
- Alternative Measures: victim/offender mediation, conflict/resolution, justice forum, sentencing circles, healing circles

- Community support services: referrals to appropriate agencies, case planning/intensive case management for offenders
- Early release programming
- Reintegration
- Fine options
- Youth camps
- Development

Youth Justice Worker

- Assisting clients involved within the criminal justice system
- Training, professional development & workshops
- Youth groups
- Providing summer programming for the youth
- Fine options/community services
- Communication/interagency
- Reports & data collection

File Hills Qu'Appelle Tribal Council

Community Justice Initiative

Restorative Justice Unit Services Include:

- Probation: As officers of the court they supervise the court orders in our communities
- Youth reintegration: As a community liaison between youth released from court and their community resources
- Courtworker: As liaisons between the court and the community they offer insight into the workings of the courts, court terminology and give direction to clients to obtain legal aid
- Community justice: the officers meet with the justice committees, arrange justice gatherings, provide circle facilitation, mediation, trainings

Services Provided

- Extrajudicial sanctions (youth and adult)
- Community justice forums
- Consensus circle facilitation

- Court referrals mediation post/pre-charge
- Community referrals – mediation, healing circles, FASD, suicide interventions
- Youth reintegration to community
- Youth gang prevention and intervention
- Commissioner of Oath services
- Probation services
- Courtworker services

Community-Based Justice Initiatives

- Justice Committee training
- Bylaw development/referrals
- Domestic violence initiative
- Justice policy development
- Section 81-84 pre-release plans
- Indigenous law development
- Facilitation of community safety plans
- Sentencing circle protocol development
- Anti-gang presentations
- Cyber bullying Presentations

Training Workshops

- Proposal development
- Team building workshops
- Youth peacemakers training – youth mediation
- Traditional mediation – level 1, 2 and 3(Resolving Conflict Constructively, Mediation Skills, Leading By Example)
- First Nation mediation based on tipi teachings, ceremonies, healing
- Self-governance justice facilitation training
- Justice Committee training
- Stress management

MONT NEBO

ADDICTIONS & MENTAL HEALTH SERVICES **Ahtahkakoop Health Centre**

P.O. Box 64

Mont Nebo, SK, S0J 1X0

Phone: (306)468-2747

Fax: (306)468-2967

Second Phone: (800)807-6072

Website: www.ahtahkakoop.ca

Hours: Monday through Friday, 8:30 am–4:30 pm; closed 12:00–1:00 pm

Services Offered:

- Needle exchange program
- Addiction services
- Elders worker
- Environmental health officer/advisor
- Medical health officer
- Medical transport coordinator/clerk
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)
- Community health developer/rep
 - Women's Wellness Group offered every second week
 - Healing circle available when necessary or upon request at (306)468-2326

Cree Nations Treatment Haven

P.O. Box 340

Canwood, SK, S0J 0K0

Phone: (306)468-2072

Fax: (306)468-2758

Services Offered:

35 Day In-patient Program

- The goal for our 35 Day In-patient Program is to provide the best possible alcohol and drug

addiction treatment services to First Nations and non-First Nations men and women from Saskatchewan and across Canada from the ages of 17 and over, always keeping up to date with the best practices proven effective in the addictions treatment field and the latest research study outcomes.

The Matrix Model Program

- Clients can enter the program at any time
- Clients may enter or leave the group on an individual schedule
- The structure of the program and topics included in the various components are arranged to accommodate this open structure
- Clients who have been in treatment longer serve as role models to newcomers

Other Programs

- Individual/conjoint sessions
- Early Recovery Skills Group
- Relapse Prevention Group
- Family Education Group
- Social Support Group
- Drug & alcohol testing
- AA or other spiritual or step group
- Opioid Treatment Program
 - Methadone
 - Suboxone
- Sweats, church services
- AA meetings
- NA meetings
- CoDa meetings
- Sharing circles

Who Can Use This Treatment?

- Individuals 15 years of age and over individuals who have completed a recent substance abuse evaluation
- Individuals manifesting stable psychiatric and medical conditions

- Individuals willing to make a serious commitment to complete the 8-week matrix program
- Individuals who do not require long-term in-patient treatment
- Individuals in a physician supervised methadone, suboxone or subutex maintenance program
- Individuals ordered to attend treatment by the justice system, probation services, social services, employer, etc.
- Individuals experiencing co-occurring disorders can effectively make use of this program but may also require additional mental health services
- Individuals requiring post-treatment aftercare services, or those who may have relapsed
- The individual/conjoint and family education components are designed to be used with the client and his/her spouse, significant other or family members

Referrals

Referrals may be made by the courts, probation/parole services, social services, family services, mental health services, addiction programs, employers, etc. Clients can also apply in person by completing the required admission forms.

Admissions

The following documents must be submitted to the Cree Nations Treatment Haven (CNTH) Matrix Program:
<http://www.creenationstreatmenthaven.ca/matrix-model-program.html>. The initial step is to set up a meeting with the case coordinator to assess whether or not a person meets program criteria. If so, the case coordinator will refer them

to see the physician. The physician will evaluate the applicant and if approved, prescribe the starting dose. After someone begins treatment, we expect them to enter into a form of regular counselling.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Ahtahkakoop Health Centre

P.O. Box 64
Mont Nebo, SK, S0J 1X0
Phone: (306)468-2747
Fax: (306)468-2967
Second Phone: (800) 807-6072
Website: www.ahtahkakoop.ca

Services Offered

- Restorative Justice Worker

Available weekdays in the Justice Department at (306)468-2326.

Ahtahkakoop Justice Department

P.O. Box 220
Shell Lake, SK, S0J 1X0
Phone: (306)468-3013
Fax: (306)468-2344

Services Offered:

- Community Justice Program provided by Battlefords Agency Chiefs Tribal Chiefs (BATC)
 - Alternative Measures Program
 - Aboriginal Courtworker Program
 - Cultural Camps/Community Integration Program
 - First Nations Youth Restorative and Healing Project

MONTREAL LAKE CREE NATION

ADDICTIONS & MENTAL HEALTH SERVICES

Montreal Lake Health Centre - William Charles Health Centre

P.O. Box 240
Montreal Lake, SK, S0J 1Y0
Phone: (306)663-5995
Fax: (306)663-4644
Second Phone: (877)933-5995
Hours: Monday through Friday, 8:30 am–5:00 pm; closed 12:00–1:00 pm; closed holidays.
Nurse on call after hours.

Services Offered

- Addiction services
- Brighter Futures
- Community health developer
- Discharge coordinators
- Medical transport
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

There is no cost associated with a Saskatchewan health card. The wait-list varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Montreal Lake Cree Nation

P.O. Box 210
Montreal Lake, SK, S0J 1Y0
Phone: (306)663-5349
Fax: (306)663-5320

Services Offered:

Prince Albert Grand Council Community Justice Program

Alternative Measures

- The program receives pre- and post-charge referrals from RCMP, schools and in some instances from the presiding judge

- Provide conflict resolution opportunities

Rural Alternative Measures Program

- Victim/offender mediation
- Family group conferencing
- School mediation
- Community justice forums
- Accountability hearings

The individual is referred from the courts or the community. There is no cost. They can access services immediately. They ask for a 3-month adjournment to complete the file.

MOOSOMIN

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Moosomin First Nation

P.O. Box 98

Cochin, SK, S0M 0I0

Phone: (306)386-2206

Toll-free: (800)252-4977

Fax: (306)386-2098

Services Offered:

- Community Justice Program provided by Battlefords Agency Chiefs Tribal Chiefs (BATC)
 - Alternative Measures Program
 - Aboriginal Courtworker Program
 - Cultural Camps/Community Integration Program
 - First Nations Youth Restorative and Healing Project

MUSCOWPETUNG FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Muscowpetung Saulteaux Nation

P.O. Box 1310

Fort Qu'Appelle, SK, S0G 1S0

Phone : (306)723-4747

Fax : (306)723-4710

Email: mfn80trust@gmail.com

Services Offered: File Hills Qu'Appelle Tribal Council Community Justice Initiative Restorative Justice Unit Services Include:

- Probation: As officers of the court they supervise the court orders in our communities
- Youth reintegration: As a community liaison between youth released from court and their community resources
- Courtworker: As liaisons between the court and the community they offer insight into the workings of the courts, court terminology and give direction to clients to obtain legal aid
- Community Justice: The Officers meet with the justice committees, arrange justice gatherings, provide circle facilitation, mediation, trainings

Services Provided

- Extrajudicial sanctions (youth and adult)
- Community justice forums
- Consensus circle facilitation
- Court referrals mediation post/pre-charge
- Community referrals – mediation, healing circles, FASD, suicide interventions
- Youth reintegration to community
- Youth gang prevention and intervention
- Commissioner of Oath services
- Probation services
- Courtworker services

Community-Based Justice Initiatives

- Justice Committee training
- Bylaw development/referrals
- Domestic violence initiative
- Justice policy development

- Section 81-84 pre-release plans
- Indigenous law development
- Facilitation of community safety plans
- Sentencing circle protocol development
- Anti-gang presentations
- Cyber bullying presentations

Training Workshops

- Proposal development
- Team building workshops
- Youth peacemakers training – youth mediation
- Traditional mediation – level 1, 2 and 3 (Resolving Conflict Constructively, Mediation Skills, Leading By Example)
- First Nation mediation based on tipi teachings, ceremonies, healing
- Self-governance justice facilitation training
- Justice Committee training
- Stress management

MUSKEG LAKE CREE NATION

ADDICTIONS & MENTAL HEALTH SERVICES

Muskeg Lake Cree Nation

Treaty 6 Territory

P.O. Box 248

Marcelin, SK, S0J 1R0

(306)466-4959

(306)466-4951

frontdesk@muskeglake.com

Services Offered:

- Addictions services

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Muskeg Lake Cree Nation

Treaty 6 Territory

P.O. Box 248

Marcelin, SK, S0J 1R0

(306)466-4959

(306)466-4951

Email: frontdesk@muskeglake.com

Services Offered:

Muskeg Lake Cree Nation Community Justice Program

- Youth Alternative Measures
- Victim Offender Mediation
- Community Justice Forums
- Mediation
- Fine Option Program

Alternative Measures is a voluntary program. Youth are free to choose to take part, and they are encouraged to consult with a lawyer before making a decision. They have the right, at any time during the process, to ask that their case be heard in Youth Court.

MUSKOWEKWAN FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Muskowekwan First Nation

P.O. Box 249

Lestock, SK, S0A 2G0

Phone: (306)274-2061

Fax: (306)274-2110

National Native Alcohol & Drug Abuse Program Coordinator

- Provide counselling, intervention, prevention and to utilize all resources involved with addictions
- Email: leonwolfesr@gmail.com
- Phone: (306)216-9581

Services Offered via Touchwood Agency Tribal Council.

Touchwood Agency Tribal Council

Box 280

Punnichy, SK, S0A 3C0

Main Office Phone: (306)835-2937

Sub Office (Daystar FN)

Phone: (306)835-2972
Fax: (306)835-2395

Services Offered:

- FNARF addictions worker
- Gambling treatment referrals
- Counselling services
- First Nation NNADAP workers
- Individual and family counselling
- Case workers
- Men's outreach services
 - Alcohol addiction counselling
 - Suicide prevention
 - Court appearance support
 - Recognize the signs & symptoms of mental health and substance abuse problems
 - Guide men towards appropriate professional help
 - Provide comfort to men experiencing mental health issues
 - Provide initial help for anxiety disorders in men
 - HOLISTIC healing/smudge and pray/sweat lodge ceremony only if requested by client
 - Medicine wheel teaching/mental/physical/spiritual/emotional
- Residential School resource workers
 - Ensuring eligible former IRS students and their families have access to emotional health and wellness support services, and can safely address emotional health and wellness issues related to the disclosure of childhood abuse(s)
 - Phone: (306)835-7362

- Phone: (306)835-0350

All information is kept confidential. One-on-one counselling session Monday 8:30 am–4:30 pm. Please feel free to call for a scheduled appointment.

MOSQUITO GRIZZLY BEAR'S HEAD FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Mosquito First Nation

Box 177
Cando, SK, S0K 0V0
Phone: (306)937-6120
Fax: (306)937-3678

Services Offered:

- Community Justice Program provided by Battlefords Agency Chiefs Tribal Chiefs (BATC)
 - Alternative Measures Program
 - Aboriginal Courtworker Program
 - Cultural Camps/Community Integration Program
 - First Nations Youth Restorative and Healing Project

MOSSBANK

ADDICTIONS & MENTAL HEALTH SERVICES Mossbank Health Centre

P.O. Box 322
Mossbank, SK, S0H 3G0
Phone: (306)354-2300
Fax: (306)354-2819
Mental Health & Addictions Phone: (877)564-0543 or (306)691-6464
See website for schedule of services:
<https://www.fhhr.ca/Mossbank.htm>

Services Offered:

- Visiting nurse practitioner

For access to any of these services, please contact the central intake program by calling (877)564-0543 or (306)694-0379.

MUENSTER

ADDICTIONS & MENTAL HEALTH SERVICES **Humboldt Community Services – Rural**

515 4th Avenue

Box 1930

Humboldt, SK, S0K 2A0

Phone: (306)682-5333

Hours: Monday through Friday, 8:30 am–4:30 pm

Services Offered:

- Addiction counsellors
- Adult, children and youth mental health/substance abuse/gambling
- Case management
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

MUSKODAY FIRST NATION

ADDICTIONS & MENTAL HEALTH SERVICES **Muskoday Health Centre**

P.O. Box 40

Muskoday, SK, S0J 3H0

Phone: (306)764-6737

Toll-free: (866)564-6737

The Muskoday Community Health Centre is open Monday through Friday, 8:00 am–12:00 noon and 1:00–4:30 pm. We are closed all statutory, civic and Indian Government Holidays.

Services Offered

- Wellness programs
- Mental Health Community Wellness/Living Well Program
- Community wellness worker
- Community addictions programs
- Community awareness addictions worker
- Medical Transportation Program

To access services, contact the regional intake line at (306)765-6550 or toll-free at (855)765-6550. There is no cost associated with a Saskatchewan health card. Wait-list varies.

NAICAM

ADDICTIONS & MENTAL HEALTH SERVICES **Humboldt Community Services – Rural**

515 4th Avenue

Box 1930

Humboldt, SK, S0K 2A0

Phone: (306)682-5333

Hours: Monday through Friday, 8:30 am–4:30 pm

Services Offered:

- Addiction counsellors
- Adult, children and youth mental health/substance abuse/gambling
- Case management
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

NEILBURG

ADDICTIONS & MENTAL HEALTH SERVICES **Rural Mental Health & Addiction Services**

Maidstone Health Complex, 214 - 5 Avenue East
P.O. Box 629
Maidstone, SK, S0M 1M0
Phone: (306)893-2622 ext. 7868
Fax: (306)893-4488

Services Offered:

- Outpatient addiction services
 - Qualified addictions rehabilitation counsellors provide a whole range of services, including assessments, intensive one-on-one and group counselling, education and support
- Long-term residential services

Manitou Health Centre

105 2nd Avenue West
Box 190
Neilburg, SK, S0M 2C0
Phone: (306)823-4262
Fax: (306)823-4590

Services Offered:

- Addictions (visiting)
- Counselling (visiting)

Addiction services are based on need and the wait-list varies between 1 and 3 weeks depending on the community. They accept any kind of referrals, including court referrals.

NEKANEET FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Nekaneet First Nation

P.O. Box 548
Maple Creek, SK, S0N 1N0
Phone: (306)662-3660
Fax: (306)662-4160

Services Offered: File Hills Qu'Appelle Tribal Council Community Justice Initiative

Restorative Justice Unit Services Include:

- Probation: As officers of the court they supervise the court orders in our communities
- Youth reintegration: As a community liaison between youth released from court and their community resources
- Courtworker: As liaisons between the court and the community they offer insight into the workings of the courts, court terminology and give direction to clients to obtain legal aid
- Community justice: the officers meet with the justice committees, arrange justice gatherings, provide circle facilitation, mediation, trainings

Services Provided

- Extrajudicial sanctions (youth and adult)
- Community justice forums
- Consensus circle facilitation
- Court referrals mediation post/pre-charge
- Community referrals – mediation, healing circles, FASD, suicide interventions

- Youth reintegration to community
- Youth gang prevention and intervention
- Commissioner of Oath services
- Probation services
- Courtworker services

Community-Based Justice Initiatives

- Justice Committee training
- Bylaw development/referrals
- Domestic violence initiative
- Justice policy development
- Section 81-84 pre-release plans
- Indigenous law development
- Facilitation of community safety plans
- Sentencing circle protocol development
- Anti-gang presentations
- Cyber bullying presentations

Training Workshops

- Proposal development
- Team building workshops
- Youth peacemakers training – youth mediation
- Traditional mediation – level 1, 2 and 3 (Resolving Conflict Constructively, Mediation Skills, Leading By Example)
- First Nation mediation based on tipi teachings, ceremonies, healing
- Self-governance justice facilitation training
- Justice Committee training
- Stress management

NEUDORF

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

NIPAWIN

ADDICTIONS & MENTAL HEALTH SERVICES

Nipawin Hospital

800 6th Street East

P.O. Box 389

Nipawin, SK, S0E 1E0

Phone: (306)862-6100

Fax: (306)862-9310

Intake: (306)862-9822

Community Wellness Coordinator

Phone: (306)276-7913

Services Offered:

- Outpatient mental health services
 - Therapy for victims of abuse
 - Child and youth service
 - Behaviour management counselling
 - Therapy for stress, anxiety, depression and phobias
 - Psychological assessment
 - Crisis service
 - Educational information provided
- Outpatient addiction services
 - Outpatient counselling to individuals involved in substance abuse and others affected by their usage
 - SGI screening
 - Problem gambling counselling
 - Education and prevention programs, presentations, workshops, etc.

To access services, contact the central intake line at (306)752-8767. There is no cost associated with a Saskatchewan health card. Wait-list varies.

NOKOMIS

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural

Nokomis Health Centre
103 2nd Avenue East
Nokomis, SK, S0G 3R0

Services Offered:

- Addiction counsellors
- Community mental health nurses
- Therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling, but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary, and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated.

NORQUAY

ADDICTIONS & MENTAL HEALTH SERVICES

Norquay Health Centre

Box 190
Norquay, SK, S0A 2V0
Phone: (306)594-2133
Intake: (306)786-0558
Fax: (306)594-2488

Services Offered:

- Visiting mental health clinic

To access services, the individual calls the intake line at (306)786-0558. There is

no cost associated with a Saskatchewan health card. The wait-list varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Key First Nation Health Centre

P.O. Box 70
Norquay, SK, S0A 2V0
Phone: (306)594-2020
Fax: (306)594-2545

Services Offered:

- Aboriginal Head Start Program
- Mental health
- Addictions
- Medical transportation

OCEAN MAN FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Ocean Man First Nation

P.O. Box 157
Stoughton, SK, S0G 4T0
Phone: (306)457-2679
Fax: (306)457-2933

Yorkton Tribal Council Community Justice Program and Alternative Measures Program

Services Offered

- Alternative Measures for youths and adults
- Crime prevention
- Healing and sentencing circles
- Community-based victims and correctional services

OCHAPOWACE FIRST NATION

ADDICTIONS & MENTAL HEALTH SERVICES

Ochapowace Community Health

Services

P.O. Box 550
Whitewood, SK, S0J 5C0
Phone: (306)696-3557
Fax: (306)696-3446

Services Offered:

- First Nation Addiction Rehabilitation Foundation
 - The mission of FNARF is to promote and maintain healthy lifestyles that enhance healthy individuals, families and communities. Also, to promote well-being through increasing use of mental, emotional, spiritual and physical resources, and to provide cost-effective, holistic alternatives to deal with problem gambling activity.
- Medical transportation services

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**

Ochapowace First Nation

P.O. Box 550
 Whitewood, SK, S0J 5C0
 Phone: (306)696-2425
 Phone: (888)706-2427
 Fax: (306)696-3146
 Justice Coordinator: Betty Watson
 Email: betty.watson@ochapowace.ca
 Phone: (306)696-2425

Services Offered:

- Alternative Measures
- Mediation

OKANESE FIRST NATION

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**

Okanese First Nation

P.O. Box 759
 Balcarres SK, S0G 0C0
 Phone: (306)334-2532
 Fax: (306)334-2545

Services Offered: File Hills Qu'Appelle
Tribal Council Community Justice
Initiative

Restorative Justice Unit Services Include:

- Probation: As officers of the court they supervise the court orders in our communities
- Youth reintegration: As a community liaison between youth released from court and their community resources
- Courtworker: As liaisons between the court and the community they offer insight into the workings of the courts, court terminology and give direction to clients to obtain legal aid
- Community justice: the Officers meet with the justice committees, arrange justice gatherings, provide circle facilitation, mediation, trainings

Services Provided

- Extrajudicial sanctions (youth and adult)
- Community justice forums
- Consensus circle facilitation
- Court referrals mediation post/pre-charge
- Community referrals – mediation, healing circles, FASD, suicide interventions
- Youth reintegration to community
- Youth gang prevention and intervention
- Commissioner of Oath services
- Probation services
- Courtworker services

Community-Based Justice Initiatives

- Justice Committee training
- Bylaw development/referrals
- Domestic violence initiative
- Justice policy development
- Section 81-84 pre-release plans
- Indigenous law development
- Facilitation of community safety plans

- Sentencing circle protocol development
- Anti-gang presentations
- Cyber bullying presentations

Training Workshops

- Proposal development
- Team-building workshops
- Youth peacemakers training – youth mediation
- Traditional mediation – level 1, 2 and 3 (Resolving Conflict Constructively, Mediation Skills, Leading By Example)
- First Nation mediation based on tipi teachings, ceremonies, healing
- Self-governance justice facilitation training
- Justice Committee training
- Stress management

ONE ARROW

ADDICTIONS & MENTAL HEALTH SERVICES **One Arrow Health Centre**

P.O. Box 147

St. Isidore de Bellevue, SK, S0K 3Y0

Phone: (306)423-5493

Fax: (306)423-5441

Hours: Monday through Friday, 8:30 am–4:30 pm

Services Offered

- Addiction services
- Community health developer/rep
- Medical transport coordinator/clerk
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

ONION LAKE

ADDICTIONS & MENTAL HEALTH SERVICES **Ekweskeet Healing Lodge**

Box 280

Onion Lake, SK, S0M 2E0

Phone : (306)344-2094

Fax : (306)344-4805

Email : verna.buffalo-calf@ekweskeet.org

Services Offered:

- In-patient addiction services
- Outpatient addiction services

For clients aged 18 and over. Both men and women accepted. Programs available include: concurrent disorders, Residential Schools, gender-based and couples counselling. They accept clients with physical disabilities (not wheelchair accessible), pregnant women, court referral or Corrections clients, clients on suboxone and clients taking other psychoactive medications.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Onion Lake Community Justice Program

Box 100

Onion Lake, SK, S0M 2E0

Phone: (306)344-5283

Fax: (306)344-5287

Services Offered:

- Justice Program
- Community-based sentencing
- Pre-release circles
- Offender reintegration program
- Alternative justice
- Sexual abuse
- Suicide
- Residential School counselling

OUTLOOK

ADDICTIONS & MENTAL HEALTH SERVICES

Outlook and District Health Centre

500 Semple Street

Box 369

Outlook, SK, S0L 2N0

Phone: (306)867-5020

Fax: (306)867-5021

Services Offered:

- Addictions
- Mental health counselling
- Psych rehab
- Youth outreach
- Child and youth counsellor

Some services are provided by visiting specialists and may not be offered every day. Please contact the facility for complete information for service availability.

OXBOW

ADDICTIONS & MENTAL HEALTH SERVICES

Envision Counselling & Support Centre

P.O. Box 511

Estevan, SK, S4A 2A5

Phone: (306)483-5555

Fax: (306)634-4229

Services Offered:

- Counselling
 - Family
 - Adult
 - Teen
 - Children
- Workshops & groups
 - Envision holds several workshops and groups throughout the year. These gatherings provide a safe environment for individuals to come together, connect with one another and learn new skills. Workshops and groups are free of charge and

participants must be over the age of 18 years. The topics covered vary for each office, but current information can be found on the Envision website: www.envisioncounsellingcentre.com

The counselling process begins with an initial intake interview. The number of sessions clients attend depends on the nature of the problem, clients' reception to change, type of therapy and many other variables. There are no fees for the counselling services. No referral is necessary for retaining counselling services at Envision Counselling and Support Centre. Referrals for counselling may be given by lawyers, educators, courts and/or health-care professionals. Individuals may self-refer by calling the office in Estevan, Weyburn, Carlyle or Oxbow during office hours. However, they cannot accept mandated clients as a result of their screening process in separation cases surrounding family violence.

PAKWAW LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Shoal Lake Clinic

P.O. Box 55

Pakwaw Lake, SK, S0E 1G0

Phone: (306)768-3457

Fax: (306)768-2950

Hours: Summer: Monday through Friday, 9:00 am –4:00 pm; winter: 9:00 am–5:00 pm

Services Offered:

- Discharge coordinators
- Community health developer
- Medical transport coordinator
- Mental health/holistic health services (services may include

family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

- Wellness coordinator

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Shoal Lake Cree Nation

P.O. Box 51
Pakwaw Lake, SK, S0E 1G0
Phone: (306)768-3551
Fax: (306)768-3486

Services Offered:

Prince Albert Grand Council Community Justice Program

- Rural Alternative Measures
- Urban Alternative Measures
- Saskatchewan Aboriginal Courtworker Program
- Crime prevention

The individual is referred from the courts or the community. There is no cost. They can access services immediately. They ask for a 3-month adjournment to complete the file.

PASQUA FIRST NATION

ADDICTIONS & MENTAL HEALTH SERVICES

Pasqua First Nation

Circle of Care Health Centre
Pasqua First Nation
Fort Qu'Appelle, SK, S0G 1S0
Phone : (306)332-3763
Toll-free: (800)518-1561

Services Offered:

- Support groups
- AA meetings
- Elders meetings
- Medical transportation
- NNADAP coordinator offers individual counselling and referral services to drug/alcohol treatment programs

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Pasqua First Nation

Pasqua First Nation
Fort Qu'Appelle, SK, S0G 1S0
Phone: (306)332-3763
Toll-free: (800)518-1561

Services Offered: File Hills Qu'Appelle Tribal Council Community Justice Initiative

Restorative Justice Unit Services Include:

- Probation: As officers of the court they supervise the court orders in our communities
- Youth reintegration: As a community liaison between youth released from court and their community resources
- Courtworker: As liaisons between the court and the community they offer insight into the workings of the courts, court terminology and give direction to clients to obtain legal aid
- Community justice: the Officers meet with the justice committees, arrange justice gatherings, provide circle facilitation, mediation, trainings

Services Provided

- Extrajudicial sanctions (youth and adult)
- Community justice forums
- Consensus circle facilitation
- Court referrals mediation post/pre-charge
- Community referrals – mediation, healing circles, FASD, suicide interventions
- Youth reintegration to community
- Youth gang prevention and intervention
- Commissioner of Oath services
- Probation services
- Courtworker services

Community-Based Justice Initiatives

- Justice committee training

- Bylaw development/referrals
- Domestic violence initiative
- Justice policy development
- Section 81-84 pre-release plans
- Indigenous law development
- Facilitation of community safety plans
- Sentencing circle protocol development
- Anti-gang presentations
- Cyber bullying presentations

Training Workshops

- Proposal development
- Team-building workshops
- Youth peacemakers training – youth mediation
- Traditional mediation – level 1, 2 and 3 (Resolving Conflict Constructively, Mediation Skills, Leading By Example)
- First Nation mediation based on tipi teachings, ceremonies, healing
- Self-governance justice facilitation training
- Justice Committee training
- Stress management

PARADISE HILL

ADDICTIONS & MENTAL HEALTH SERVICES **Rural Mental Health & Addiction Services**

Maidstone Health Complex
214 5th Avenue East
P.O. Box 629
Maidstone, SK, S0M 1M0
Phone: (306)893-2622 ext. 7868
Fax: (306)893-4488

Services Offered:

- Outpatient addiction services

Paradise Hill Health Centre

1st Avenue
P.O. Box 179
Paradise Hill, SK, S0M 2G0
Phone: (306)344-2255
Addictions: Kerry Robb (306)893-2622 ext. 57868
Fax: (306)344-2277

Services Offered:

- Addictions (visiting basis)

Addiction services are based on need and the wait-list varies between 1 and 3 weeks depending on the community. They accept any kind of referrals, including court referrals.

PATUANAK

ADDICTIONS & MENTAL HEALTH SERVICES **English River Health Services**

P.O. Box 60
Patuanak, SK, S0M 2H0
Phone: (306)396-2072
Fax: (306)396-2177
Website: www.mltc.ca
Hours: Monday through Friday, 8:30 am–4:30 pm; closed at noon, weekends and holidays

Services Offered:

- Addiction services
- Community health developer
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

To access services, contact the intake line at (306)288-4800 or toll-free at (866)848-8022. There is no cost with a Saskatchewan health card. Wait-list varies. They accept a variety of referrals, including self-referral and court referrals.

PAYNTON

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

PEEPEEKISIS

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Peepeekisis First Nation

Township 22 Road

P.O. Box 518

Balcarres, SK, S0G 0C0

Phone: (306)334-2573

Fax: (306)334-2280

Services Offered: File Hills Qu'Appelle
Tribal Council Community Justice
Initiative

Restorative Justice Unit Services Include:

- Probation: As officers of the court they supervise the court orders in our communities
- Youth reintegration: As a community liaison between youth released from court and their community resources
- Courtworker: As liaisons between the court and the community they offer insight into the workings of the courts, court terminology and give direction to clients to obtain legal aid
- Community justice: the Officers meet with the justice committees, arrange justice gatherings, provide circle facilitation, mediation, trainings

Services Provided

- Extrajudicial sanctions (youth and adult)
- Community justice forums
- Consensus circle facilitation
- Court referrals mediation post/pre-charge
- Community referrals – mediation, healing circles, FASD, suicide interventions
- Youth reintegration to community
- Youth gang prevention and intervention
- Commissioner of Oath services
- Probation services
- Courtworker services

Community-Based Justice Initiatives

- Justice Committee training
- Bylaw development/referrals
- Domestic violence initiative
- Justice policy development
- Section 81-84 pre-release plans
- Indigenous law development
- Facilitation of community safety plans
- Sentencing circle protocol development
- Anti-gang presentations
- Cyber bullying presentations

Training Workshops

- Proposal development
- Team-building workshops
- Youth peacemakers training – youth mediation
- Traditional mediation – level 1, 2 and 3(Resolving Conflict Constructively, Mediation Skills, Leading By Example)
- First Nation mediation based on tipi teachings, ceremonies, healing
- Self-governance justice facilitation training
- Justice Committee training
- Stress management

PELICAN NARROWS

ADDICTIONS & MENTAL HEALTH SERVICES

Angelique Canada Health Centre

P.O. Box 380

Pelican Narrows, SK, S0J 0E0

Phone: (306)632-2046

Fax: (306)632-4502

Hours: Monday through Friday, 8:30 am–9:00 pm; closed 12:00–1:00 pm and 5:00–6:00 pm; closed holidays;

Emergency after hours

Services Offered

- Addiction services
- Admitting clerks
- Discharge coordinators
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Peter Ballantyne Cree Nation

Pelican Narrows, SK, S0P 0E0

Phone: (306)632-2125

Fax: (306)632-2275

Services Offered:

Prince Albert Grand Council Community Justice Program

- Alternative Measures
 - The program receives pre- and post-charge referrals from RCMP, schools and in some instances from the presiding judge
 - Provide conflict-resolution opportunities
- Rural Alternative Measures Program
 - Victim/offender mediation
 - Family group conferencing
 - School mediation

- Community justice forums
- Accountability hearings
- Sentencing circles
- Aboriginal Courtworker Program

The individual is referred from the courts or the community. There is no cost. They can access services immediately. They ask for a 3-month adjournment to complete the file.

PETER BALLANTYNE CREE NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Peter Ballantyne Cree Nation

Pelican Narrows, SK, S0P 0E0

Phone: (306)632-2125

Fax: (306)632-2275

Services Offered:

Prince Albert Grand Council Community Justice Program

- Alternative Measures
 - The program receives pre- and post-charge referrals from RCMP, schools and in some instances from the presiding judge
 - Provide conflict-resolution opportunities
- Rural Alternative Measures Program
 - Victim/offender mediation
 - Family group conferencing
 - School mediation
 - Community justice forums
 - Accountability hearings
 - Sentencing circles
- Aboriginal Courtworker Program

The individual is referred from the courts or the community. There is no cost. They can access services immediately. They ask for a 3-month adjournment to complete the file.

PIAPOT FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Piapot First Nation

General Delivery

Zehner, SK, S0G 5K0

Phone: (306)781-4848

Fax: (306)781-4853

Services Offered: File Hills Qu'Appelle

Tribal Council Community Justice

Initiative

Restorative Justice Unit Services Include:

- Probation: As officers of the court they supervise the court orders in our communities
- Youth reintegration: As a community liaison between youth released from court and their community resources
- Courtworker: As liaisons between the court and the community they offer insight into the workings of the courts, court terminology and give direction to clients to obtain legal aid
- Community justice: the Officers meet with the justice committees, arrange justice gatherings, provide circle facilitation, mediation, trainings

Services Provided

- Extrajudicial sanctions (youth and adult)
- Community justice forums
- Consensus circle facilitation
- Court referrals mediation post/pre-charge
- Community referrals – mediation, healing circles, FASD, suicide interventions
- Youth reintegration to community
- Youth gang prevention and intervention
- Commissioner of Oath services
- Probation services
- Courtworker services

Community-Based Justice Initiatives

- Justice Committee training
- Bylaw development/referrals
- Domestic violence initiative
- Justice policy development
- Section 81-84 pre-release plans
- Indigenous law development
- Facilitation of community safety plans
- Sentencing circle protocol development
- Anti-gang presentations
- Cyber bullying presentations

Training Workshops

- Proposal development
- Team-building workshops
- Youth peacemakers training – youth mediation
- Traditional mediation – level 1, 2 and 3 (Resolving Conflict Constructively, Mediation Skills, Leading By Example)
- First Nation mediation based on tipi teachings, ceremonies, healing
- Self-governance justice facilitation training
- Justice Committee training
- Stress management

PIERCELAND

ADDICTIONS & MENTAL HEALTH SERVICES

Pierceland Clinic

173 1st Street West

For appointments, call (306)236-1580

Fax: (306)236-1400

Services Offered:

Addictions services – Twyla Corrigan

- By appointment on Mondays (as needed); no referral needed
- Counselling for alcohol, drugs & gambling and for families of those affected

- Screenings for the SGI Safe Driving Program

Adult mental health counselling – Kathy Decelle

- By appointment on Wednesdays (as needed); no referral needed
- Services for individuals, couples and families dealing with depression, grief, anger, suicidal behaviour, trauma, addictions, relationships, medical issues, adjusting to new circumstances and self-awareness

Child and youth services – Brad Mulhall

- By appointment on Wednesdays (can accommodate other days as needed); no referral needed
- Counselling for mood difficulties; grief/loss including parental separation; disruptive behaviours including ADHD, aggression, oppositional-defiant behaviours; addictions, anxiety, learning disabilities; and trauma
- No referral needed; services are arranged if the client (including parents of a child) confirms interest

Big Island Lake Health Centre

P.O. Box 508

Pierceland, SK, S0M 2K0

Phone: (306)839-2330

Fax: (306)839-4556

Hours: Monday through Friday, 8:30 am–4:30 pm; closed 12:00–1:00 pm and holidays

Services Offered:

- Addiction services
- Community health developer/rep
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

The individual calls and asks to speak with an intake worker who will set up an appointment. There is a wait-list but it varies. There is no cost with a Saskatchewan health card.

PIKE LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

PILGER

ADDICTIONS & MENTAL HEALTH SERVICES

Humboldt Community Services- Rural

515 4th Avenue

Box 1930

Humboldt, SK, S0K 2A0

Phone: (306)682-5333

Hours: Monday through Friday, 8:30 am–4:30 pm

Services Offered:

- Addiction counsellors
- Adult, children, and youth mental health/substance abuse/gambling
- Case management
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range

of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

PILOT BUTTE

ADDICTIONS & MENTAL HEALTH SERVICES **Alcoholics Anonymous**

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**
Aboriginal Courtworkers Contact List
See Appendix A.5

PINEHOUSE

ADDICTIONS & MENTAL HEALTH SERVICES **Pinehouse Health Centre**

P.O. Box 70

Pinehouse, SK, S0J 2B0

Phone: (306)884-5670

Fax: (306)884-5699

Website: www.mcrha.Sk.ca

Hours: Monday through Friday, 8:00 am–5:00 pm; closed at noon, weekends and holidays

Services Offered:

- Addiction services
- Community health developer
- Mental health/holistic services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

To access services contact (306)425-2422. There is no cost associated with a Saskatchewan health card. The wait-list varies.

PLUNKETT

ADDICTIONS & MENTAL HEALTH SERVICES **Humboldt Community Services- Rural**

515 4th Avenue

Box 1930

Humboldt, SK, S0K 2A0

Phone: (306)682-5333

Hours: Monday through Friday, 8:30 am–4:30 pm

Services Offered:

- Addiction counsellors
- Adult, children and youth mental health/substance abuse/gambling
- Case management
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

PONTEIX

ADDICTIONS & MENTAL HEALTH SERVICES **Ponteix Health Centre**

428 2nd Avenue

P.O. Box 600

Ponteix, SK, S0N 1Z0

Phone: (306)625-3382

Fax: (306)778-5408

Hours: Monday through Friday, 8:00 am–4:00 pm

All services to be scheduled by appointment: Phone: (306)625-3382

Services Offered:

- Addictions
- Child & youth counsellor
- Mental health services

To access services, you may also contact the intake line at (877)329-0005. There is no cost associated with a Saskatchewan health card. Wait-list varies.

PORCUPINE PLAIN
ADDICTIONS & MENTAL HEALTH SERVICES
Porcupine Carragana Hospital

Windsor Avenue
Box 70

Porcupine Plain, SK, S0E 1H0

Phone: (306)278-6262

Fax: (306)278-3088

Addictions Services: Hudson

Bay/Porcupine Plain: (306)865-4211

Mental Health Services: Hudson

Bay/Porcupine Plain: (306)865-5646

Mental Health Central Intake services may be accessed by telephone at (306)752-8767

Services Offered:

- Outpatient rehabilitation services, long-term care
- Therapy for victims of abuse
- Child and youth service
- Behaviour management counselling
- Therapy for stress, anxiety, depression, phobia
- Psychological assessment
- Crisis service
- Education information provided

To access services, contact the central intake line at (306)752-8767. There is no cost associated with a Saskatchewan health card. Wait-list varies.

POUNDMAKER FIRST NATION
**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**
Poundmaker First Nation

P.O. Box 220

Paynton, SK, S0M 2J0

Phone: (306)398-4971

Fax: (306)398-2522

**Battlefords/Lloydminster Adult
Alternative Measures Program**
Services Offered:

- Alternative Measures Program
- Aboriginal Courtworker Program
- Cultural Camps/Community Integration Program
- First Nations Youth Restorative and Healing Project

PREECEVILLE
ADDICTIONS & MENTAL HEALTH SERVICES
Preeceville & District Health Centre

712 7th Street North East

Preeceville, SK, S0A 3B0

Phone: (306)547-2102

Fax: (306)547-2223

Intake: (306)786-0558

Services Offered:

- Consulting services (mental health and addictions services)

There is no cost associated with a Saskatchewan health card. The wait-list varies.

PRUD'HOMME
ADDICTIONS & MENTAL HEALTH SERVICES
Mental Health and Addiction Services – Rural

Wakaw Hospital

301 1st Street North

Box 769

Wakaw, SK, S0K 4P0

Phone: (306)233-4020

Hours: Monday through Friday, 8:30 am–4:30 pm

Services Offered:

- Addiction counsellors
- Adult, children and youth mental health/substance abuse/gambling
- Case management
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

PUNNICHY

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Day Star First Nation

P.O. Box 277
Punnichy, SK, S0A 3C0
Phone: (306)835-2834
Fax: (306)835-2724

George Gordon First Nation

P.O. Box 248
Punnichy, SK, S0A 3C0
Phone: (306)835-2232
Fax: (306)835-2036

Services offered via Touchwood Agency Tribal Council

Touchwood Agency Tribal Council

Box 280
Punnichy, SK, S0A 3C0
Main Office Phone: (306)835-2937
Sub Office (Daystar FN)
Phone: (306)835-2972
Fax: (306)835-2395

Services Offered:

- FNARF addictions worker
- Gambling treatment referrals
- Counselling services
- First Nation NNADAP workers
- Individual and family counselling
- Case workers
- Men's outreach services
 - Alcohol addiction counselling
 - Suicide prevention
 - Court appearance support
 - Recognize the signs & symptoms of mental health and substance abuse problems
 - Guide men towards appropriate professional help
 - Provide comfort to men experiencing mental help
 - Provide comfort to men providing mental health issues
 - Provide initial help for anxiety disorders in men
 - HOLISTIC healing/smudge and pray/sweat lodge ceremony only if requested by client
 - Medicine wheel teaching/mental/physical/spiritual/emotional
- Residential School resource workers
 - Ensuring eligible former IRS students and their families have access to emotional health and wellness

support services, and can safely address emotional health and wellness issues related to the disclosure of childhood abuse(s)

- Phone: (306)835-7362
- Phone: (306)835-0350

All information is kept confidential. One-on-one counselling session Monday 8:30 am–4:30 pm. Please feel free to call for a scheduled appointment.

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**
Touchwood Agency Tribal Council

Box 280 Punnichy, SK, S0A 3C0
Main Office Phone: (306)835-2937
Sub Office (Daystar FN)
Phone: (306)835-2972
Fax: (306)835-2395
Justice Coordinator Phone: (306)835-7723
Community Justice Development
Officer Phone: (306)450-6697

Services Offered:

- Mediation and diversion
- Youth programming
- Sentencing circles
- Talking/justice circles
- Crime prevention
- Early judicial sanction and re-integration programs
- Workshops
- S.81. initiatives
- Police management boards
- Justice committees training/development
- Alternative Measures Program
- Cadet Corps Program

QUILL LAKE

ADDICTIONS & MENTAL HEALTH SERVICES
Mental Health and Addiction Services
Rural

Wadena Integrated Hospital
433 5th Street NE
P.O. Box 10
Wadena, SK, S0A 4J0
Phone: (306)338-3308
Mental Health: Phone: (306)365-3400
Addictions: Phone: (306)682-5333
Early Childhood Mental Health Referral
Services: (306)338-9950

Services Offered:

- Programs for women
- Programs for men
- LGBTQ programs
- Adolescence programs
- Outpatient and individualized treatment options
- Family therapy
- Alcoholism
- Mental health and substance abuse
- Group therapy
- Individual therapy

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

RABBIT LAKE

ADDICTIONS & MENTAL HEALTH SERVICES
Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**

Aboriginal Courtworkers Contact List

See Appendix A.5

RADISSON

ADDICTIONS & MENTAL HEALTH SERVICES**Alcoholics Anonymous**

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**

Aboriginal Courtworkers Contact List

See Appendix A.5

RAYMORE

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**

Touchwood Agency Tribal Council

Box 280

Punnichy, SK, S0A 3C0

Main Office Phone: (306)835-2937

Sub Office (Daystar FN)

Phone: (306)835-2972

Fax: (306)835-2395

Justice Coordinator Phone: (306)835-7723

Community Justice Development

Officer Phone: (306)450-6697

Services Offered:

- Mediation and diversion
- Youth programming
- Sentencing circles
- Talking/justice circles
- Crime prevention
- Early judicial sanction and re-integration programs
- Workshops
- S.81. initiatives
- Police management boards

- Justice committees training/development
- Alternative Measures Program
- Cadet Corps Program

COUNSELLING & PROGRAMMING**Raymore Community Health and Social Centre**

806 2nd Avenue

Box 134

Raymore, SK, S0A 3J0

Phone: (306)746-2231

Fax: (306)746-4639

Services Offered:

- Alcohol and drug counsellor

Touchwood Agency Tribal Council

Box 280

Punnichy, SK, S0A 3C0

Main Office Phone: (306)835-2937

Sub Office (Daystar FN)

Phone: (306)835-2972

Fax: (306)835-2395

Services Offered:

- FNARF addictions worker
- Gambling treatment referrals
- Counselling services
- First Nation NNADAP workers
- Individual and family counselling
- Case workers
- Men's outreach services
 - Alcohol addiction counselling
 - Suicide prevention
 - Court appearance support
 - Recognize the signs & symptoms of mental health and substance abuse problems
 - Guide men towards appropriate professional help
 - Provide comfort to men experiencing mental help

- Provide comfort to men providing mental health issues
- Provide initial help for anxiety disorders in men
- HOLISTIC healing/smudge and pray/sweat lodge ceremony only if requested by client
- Medicine wheel teaching/mental/physical/spiritual/emotional
- Residential School resource workers
 - Ensuring eligible former IRS students and their families have access to emotional health and wellness support services, and can safely address emotional health and wellness issues related to the disclosure of childhood abuse(s)
 - Phone: (306)835-7362
 - Phone: (306)835-0350

All information is kept confidential. One-on-one counselling session Monday 8:30 am–4:30 pm. Please feel free to call for a scheduled appointment.

RED EARTH

ADDICTIONS & MENTAL HEALTH SERVICES

Red Earth Health Centre

P.O. Box 106

Red Earth, SK, S0J 1K0

Phone: (306)768-3617

Fax: (306)768-3344

Hours: Monday through Friday, 9:00 am–4:00 pm; summer hours: 8:30 am–4:30 pm

Services Offered:

- Addiction services
- Community health developer/rep
- Discharge coordinators
- Medical transport coordinator/clerk
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

To access services, contact the central intake line at (306)752-8767. There is no cost associated with a Saskatchewan health card. Wait-list varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Red Earth First Nation

P.O. Box 109

Red Earth, SK, S0E 1K0

Phone: (306)768-3640; (306)768-3612

Fax: (306)768-3440

Services Offered:

- Prince Albert Grand Council Community Justice Program
 - Rural Alternative Measures
 - Urban Alternative Measures
 - Saskatchewan Aboriginal Courtworker Program
 - Crime prevention

RED PHEASANT FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Red Pheasant First Nation

P.O. Box 70

Cando, SK, S0K 0V0

Phone: (306)446-1400

Fax: (306)446-1308

Services Offered:

- Community Justice Program provided by Battlefords Agency Chiefs Tribal Chiefs (BATC)
 - Alternative Measures Program
 - Aboriginal Courtworker Program
 - Cultural Camps/Community Integration Program
 - First Nations Youth Restorative and Healing Project

REDVERS**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS****Aboriginal Courtworkers Contact List**

See Appendix A.5

REGINA BEACH**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS****Aboriginal Courtworkers Contact List**

See Appendix A.5

ROCANVILLE**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS****Aboriginal Courtworkers Contact List**

See Appendix A.5

ROCKGLEN**ADDICTIONS & MENTAL HEALTH SERVICES****Grasslands Health Centre**

Rockglen, SK, S0H 3R0

Phone: (306)476-2030

Fax: (306)476-2534

See website for calendar of services and the up to date schedule of services:
https://www.fhhr.ca/Documents/Rockglen-December2019_000.pdf

Services Offered:

- Mental health counselling
- Addiction services

For access to any of these services, please contact the central intake program by calling (877)564-0543 or (306)694-0379.

ROSETOWN**ADDICTIONS & MENTAL HEALTH SERVICES****Rosetown and District Health Centre**

409 Highway 4 North

Box 850

Rosetown, SK, S0L 2V0

Phone: (306)882.2672

Services Offered:

- Addictions
- Child and youth counsellor
- Mental health counselling
- Psych rehab

There is no cost associated with a Saskatchewan health card. Wait-list varies.

COUNSELLING & PROGRAMMING
West Central Crisis and Family Support
Centre- Travelling Clinic

116 1st Avenue West

Box 2235

Kindersley, SK, S0L 1S0

Phone: (306)463-6655

After Hours Phone: (306)463-1860

Fax: (306)463-6410

24hr Support Line: (306)933-6200

Office Hours: Monday through Friday,
 9:00 am–5:00 pm (closed for lunch)

Services Offered:

- Counselling and support services
 - Individual counselling
 - Marital counselling
 - Crisis counselling
 - Short-term counselling
 - Family counselling
 - Youth counselling
 - Suicide prevention
 - Anger management
 - Budget counselling
- Victim services
 - Domestic violence response
 - Traumatic events response
 - Sexual assault victim support
 - Safety planning
 - Critical stress management

Provides free counselling, information and referrals related to loss, pension, income assistance, food, financial assistance.

ROSTHERN

ADDICTIONS & MENTAL HEALTH SERVICES
Mental Health and Addiction Services –
Rural

Rosthern Community Services

2014 6th Street

Box 216

Rosthern, SK, S0K 3R0

Intake: (306)232-6001

Services Offered:

- Addiction counsellors
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers
- Case management
- Mental health promotion and education services
- Family counselling
- Individual, family, and group counselling/therapy
- Community development
- Community collaboration
- Referrals to other services/agencies

There is a wait-list for counselling, but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary, and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated.

SAINT LOUIS

ADDICTIONS & MENTAL HEALTH SERVICES
Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

Aboriginal Courtworkers Contact List

See Appendix A.5

SAKIMAY FIRST NATION**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS****Sakimay First Nation**

P.O. Box 339

Grenfell, SK, S0G 0R0

Phone: (306)697-2831

Fax: (306)697-3565

Yorkton Tribal Council Community
Justice Program and Alternative
Measures Program

Services Offered

- Alternative Measures for youths and adults
- Crime prevention
- Healing and sentencing circles
- Community-based victims and correctional services

SANDY BAY**ADDICTIONS & MENTAL HEALTH SERVICES****Sandy Bay Health Centre**

Hill Street

P.O. Box 210

Sandy Bay, SK, S0P 0G0

Phone: (306)754-5400

Fax: (306)754-5429

Hours: Monday through Friday, 8:00 am–5:00 pm; closed 12:00–1:00 pm

Services Offered

- Addictions services
- Community health developer
- Medical transport coordinator
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

To access services contact (306)425-2422. There is no cost associated with a

Saskatchewan health card. The wait-list varies.

Sandy Bay Outpatient Centre –

Addiction Services (adjacent to the Health Centre)

P.O. Box 40

Sandy Bay, SK, S0J 0G0

Phone: (306)754-5424

Fax: (306)754-2048

Second Phone: (306)754-5400

Hours: Monday through Friday, 8:00 am–5:00 pm; closed 12:00–1:00 pm

Services Offered:

- Addiction services
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

To access services contact (306)425-2422. There is no cost associated with a Saskatchewan health card. The wait-list varies.

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS****Sandy Bay Community Justice Program**

Sandy Bay Community Resource Centre

Hay Meadow Avenue

Sandy Bay, SK, S0P 0G0

Phone: (306)754-2029

Services Offered:

- Alternative Measures & extrajudicial sanctions
- Adults and youth
- Referrals
- Victim-offender mediation
- Peer mediation
- Family group conferencing
- Healing and sentencing circles

SEMANS

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural

Nokomis Health Centre
103 2nd Avenue East
Nokomis, SK, S0G 3R0

Services Offered:

- Addiction counsellors
- Community mental health nurses
- Therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling, but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary, and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated.

SHAUNAVON

ADDICTIONS & MENTAL HEALTH SERVICES

Shaunavon Hospital and Care Centre

660 4th Street East
P.O. Box 789
Shaunavon, SK, S0N 2M0
Phone: (306)297-2644
Phone: (306)778-5280
Fax: (306)778-5408

Hospital Hours: 24 hours a day, 7 days a week

Clinic Hours: 8:00 am–8:00 pm, 7 days a week; appointments: call (306)297-1940

- Counselling:
 - Offers support and counselling to adults (18 years and older) and youth (17 years and younger) for addictions to

alcohol, drugs and gambling

- Screening and assessment for users, abusers and addicts and affected family and friends
- Couples and parents programming
- Information sessions
- Recovery planning
- Counselling individuals and their families
- Relapse education
- Community education and development
- Consultation
- Safe Driving Program
- Rural clinics
- Child & youth counsellor
- Outpatient mental health services:
 - Individual, couple, family and group counselling
 - Psychiatric assessments and treatment
 - Rural clinics
 - Public education
 - Consultation
 - Critical incident stress management

To access services, contact the intake line at (877)329-0005. There is no cost associated with a Saskatchewan health card. Wait-list varies

SHELLBROOK

ADDICTIONS & MENTAL HEALTH SERVICES

Shellbrook Hospital

211 2nd Avenue West
P.O. Box 70

Shellbrook, SK, S0J 2E0

Phone: (306)747-4275

Fax: (306)747-3004

Hours: emergency open 24 hours, 7 days a week

Services Offered:

- Addictions services
- Medical transportation
- Mental health therapies
- Social worker programs

There is no cost associated with a Saskatchewan health card. Wait-list varies.

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**

Sturgeon Lake Cree Nation

740 White Buffalo Lane

Sturgeon Lake First Nation, SK, S0J 2E1

Business Line: (306)764-1872

Fax: (306)764-1877

Hours: Monday through Friday, 8:30 am–12:00 pm, 1:00–5:00 pm

Summer Office Hours: Monday through Friday, 8:00 am–12:00 pm, 1:00–4:30 pm

Services Offered:**Prince Albert Grand Council Community Justice Program**

- Rural Alternative Measures
- Urban Alternative Measures
- Saskatchewan Aboriginal courtworker program
- Crime prevention

The individual is referred from the courts or the community. There is no cost. They can access services immediately. They ask for a 3-month adjournment to complete the file.

SHELL LAKE

**ADDICTIONS & MENTAL HEALTH SERVICES
Ahtahkakoop Health Centre**

P.O. Box 64

Mont Nebo, SK, S0J 1X0

Phone: (306)468-2747

Fax: (306)468-2967

Second Phone: (800)807-6072

Website: www.ahtahkakoop.ca

Hours: Monday through Friday, 8:30 am–4:30 pm; closed 12:00–1:00 pm

Services Offered:

- Needle exchange program
- Addiction services
- Community health developer/rep
- Elder's worker
- Environmental health officer/advisor
- Medical health officer
- Medical transport coordinator/clerk
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)
- Community health developer/rep
- Women's Wellness Group offered every second week
- Healing circle available when necessary or upon request at (306)468-2326

Cree Nations Treatment Haven

P.O. Box 340

Canwood, SK, S0J 0K0

Phone: (306)468-2072

Fax: (306)468-2758

Services Offered:**35 Day In-patient Program**

- The goal for our 35 Day In-patient Program is to provide the best possible alcohol and drug addiction treatment services to First Nations and non-First Nations men and women from Saskatchewan and across Canada from the ages of 17 and over, always keeping up to date with the best practices proven effective in the addictions

treatment field and the latest research study outcomes.

The Matrix Model Program

- Clients can enter the program at any time
- Clients may enter or leave the group on an individual schedule
- The structure of the program and topics included in the various components are
- Arranged to accommodate this open structure
- Clients who have been in treatment longer serve as role models to newcomers

Other programs

- Individual/conjoint sessions
- Early Recovery Skills Group
- Relapse Prevention Group
- Family Education Group
- Social Support Group
- Drug & alcohol testing
- AA or other spiritual or step groups
- Opioid Treatment Program
 - Methadone
 - Suboxone
- Sweats, church services
- AA meetings
- NA meetings
- CoDa meetings
- Sharing circles

Who can use this treatment?

- Individuals 15 years of age and over individuals who have completed a recent substance abuse evaluation
- Individuals manifesting stable psychiatric and medical conditions
- Individuals willing to make a serious commitment to complete the 8-week Matrix Program
- Individuals who do not require long-term in-patient treatment
- Individuals in a physician supervised methadone,

suboxone or subutex maintenance program

- Individuals ordered to attend treatment by the justice system, probation services, social services, employer, etc.
- Individuals experiencing co-occurring disorders can effectively make use of this program but may also require additional mental health services
- Individuals requiring post-treatment aftercare services, or those who may have relapsed
- The individual/conjoint and family education components are designed to be used with the client and his/her spouse, significant other or family members

Referrals

Referrals may be made by the courts, probation/parole services, social services, family services, mental health services, addiction programs, employers, etc. Clients can also apply in person by completing the required admission forms.

Admissions

The following documents must be submitted to the Cree Nations Treatment Haven (CNTH) Matrix Program:

<http://www.creenationstreatmenthaven.ca/matrix-model-program.html>. The initial step is to set up a meeting with the case coordinator to assess whether or not a person meets program criteria. If so, the case coordinator will refer them to see the physician. The physician will evaluate the applicant and if approved, prescribe the starting dose. After someone begins treatment, we expect them to enter a form of regular counselling.

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**
Ahtahkakoop Justice Department

P.O. Box 220
Shell Lake, SK, S0J 1X0
Phone: (306)468-3013
Fax: (306)468-2344

Services Offered:

- Ahtahkakoop First Nation Community Justice Program
 - The Justice Team provides just and humane response to crime and its causes by providing for the effective integration into the community of those in conflict of the law. Will also provide services to those in contact with, or affected by the criminal justice system, and promote changes in the law and the administration of justice which will lead to more humane and effective treatment of our members. The justice program will also promote awareness of the problems and involvements in the delivery of management of justice-related programs. The Justice Team will promote and ensure of fair and humane treatment of its incarcerated persons and will work to ensure that all forms of detention and imprisonment comply with legal and human rights standards.
- Alternative Measures Program
- Aboriginal Courtworker Program
- Cultural Camps/Community Integration Program

- First Nations Youth Restorative and Healing Project

COUNSELLING & PROGRAMMING
Cree Nations Treatment Haven

P.O. Box 340 Canwood,
Saskatchewan S0J 0K0
Phone: (306)468-2072
Fax: (306)468-2758

Services Offered:

35 Day In-patient Program

- The goal for our 35 Day In-patient Program is to provide the best possible alcohol and drug addiction treatment services to First Nations and non-First Nations men and women from Saskatchewan and across Canada from the ages of seventeen 17 and over, always keeping up to date with the best practices proven effective in the addictions treatment field and the latest research study outcomes.

The Matrix Model Program

- Clients can enter the program at any time
- Clients may enter or leave the group on an individual schedule
- The structure of the program and topics included in the various components are
- Arranged to accommodate this open structure
- Clients who have been in treatment longer serve as role models to newcomers

Other programs

- Individual/conjoint sessions
- Early Recovery Skills Group
- Relapse Prevention Group
- Family Education Group
- Social Support Group
- Drug & alcohol testing
- AA or other spiritual or step group
- Opioid Treatment Program

- Methadone
- Suboxone
- Sweats, church services
- AA meetings
- NA meetings
- CoDa meetings
- Sharing circles

Who can use this treatment?

- Individuals 15 years of age and over individuals who have completed a recent substance abuse evaluation
- Individuals manifesting stable psychiatric and medical conditions
- Individuals willing to make a serious commitment to complete the 8-week matrix program
- Individuals who do not require long-term in-patient treatment
- Individuals in a physician supervised methadone, suboxone or subutex maintenance program
- Individuals ordered to attend treatment by the justice system, probation services, social services, employer, etc.
- Individuals experiencing co-occurring disorders can effectively make use of this program but may also require additional mental health services
- Individuals requiring post-treatment aftercare services, or those who may have relapsed
- The individual/conjoint and family education components are designed to be used with the client and his/her spouse, significant other or family members

Referrals

Referrals may be made by the courts, probation/parole services, social services, family services, mental health services, addiction programs,

employers, etc. Clients can also apply in person by completing the required admission forms.

Admissions

The following documents must be submitted to the Cree Nations Treatment Haven (CNTH) Matrix Program:

<http://www.creenationtreatmenthaven.ca/matrix-model-program.html>. The initial step is to set up a meeting with the case coordinator to assess whether or not a person meets program criteria. If so, the case coordinator will refer them to see the physician. The physician will evaluate the applicant and if approved, prescribe the starting dose. After someone begins treatment, we expect them to enter a form of regular counselling.

SHOAL LAKE CREE NATION

ADDICTIONS & MENTAL HEALTH SERVICES **Shoal Lake Health Centre**

P.O. Box 55

Shoal Lake, SK, S0E 1G0

Phone: (306)768-3457

Fax: (306)768-2950

Hours: Monday through Friday, 9:00 am–4:00 pm; summer hours: 9:00 am–5:00 pm

Services Offered:

- Community health developer/rep
- Discharge coordinators
- Medical transport coordinator/clerk
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)
- Wellness coordinator

SINTALUTA

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Carry the Kettle First Nation

P.O. Box 57

Sintaluta, SK, S0G 4N0

Phone: (306)727-2135

Fax: (306)727- 2149

Email: Reception@cegakin.com

Services Offered: File Hills Qu'Appelle
Tribal Council Community Justice
Initiative

Restorative Justice Unit Services Include:

- Probation: As officers of the court they supervise the court orders in our communities
- Youth reintegration: As a community liaison between youth released from court and their community resources
- Courtworker: As liaisons between the court and the community they offer insight into the workings of the courts, court terminology and give direction to clients to obtain legal aid
- Community Justice: the Officers meet with the justice committees, arrange justice gatherings, provide circle facilitation, mediation, trainings

Services Provided

- Extrajudicial sanctions (youth and adult)
- Community justice forums
- Consensus circle facilitation
- Court referrals mediation post/pre-charge
- Community referrals – mediation, healing circles, FASD, suicide interventions
- Youth reintegration to community
- Youth gang prevention and intervention
- Commissioner of Oath services
- Probation services

- Courtworker services

Community-Based Justice Initiatives

- Justice Committee training
- Bylaw development/referrals
- Domestic violence initiative
- Justice policy development
- Section 81-84 pre-release plans
- Indigenous law development
- Facilitation of community safety plans
- Sentencing circle protocol development
- Anti-gang presentations
- Cyber bullying presentations

Training Workshops

- Proposal development
- Team-building workshops
- Youth peacemakers training – youth mediation
- Traditional mediation – level 1, 2 and 3 (Resolving Conflict Constructively, Mediation Skills, Leading By Example)
- First Nation mediation based on tipi teachings, ceremonies, healing
- Self-governance justice facilitation training
- Justice Committee training
- Stress management

SOUTHEY

ADDICTIONS & MENTAL HEALTH SERVICES

Southey Health Action Centre

280 Burns Avenue

Southey, SK, S0G 4P0

Mailing Address: P.O. Box 519

Phone: (855)766-6399

Phone: (306)726-2239

Hours: Monday through Friday, 8:00 am–4:30 pm

Services Offered:

- Free walk-in counselling
 - Schedule is variable- see website for further details:

- <https://southey.ca/event/free-walk-in-counselling-4/>
- Online therapy user:
<https://www.onlinetherapyuser.ca>
 - We offer adults free online cognitive behaviour therapy for a number of mental health concerns. Online cognitive behaviour therapy involves reviewing educational material online with the support of a therapist or a guide. The approach is found to be effective and is a convenient way to receive care.
 - Online therapy topics include:
 - Alcohol Change Course
 - The Wellbeing Course
 - The Chronic Conditions Course
 - The Pain Course

SOUTHEND

ADDICTIONS & MENTAL HEALTH SERVICES **Arthur Morin Memorial Health Centre**

General Delivery

P.O. Box 40

Southend, SK, S0J 2L0

Phone: (306)758-2063

Fax: (306)758-2052

Hours: Monday through Friday, 8:30 am–5:00 pm; closed at noon, weekends and holidays

Services Offered:

- Outpatient addiction services
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide

services, addictions, NNADAP workers, mental health therapists)

SPALDING

ADDICTIONS & MENTAL HEALTH SERVICES **Humboldt Community Services – Rural**

515 4th Avenue

Box 1930

Humboldt, SK, S0K 2A0

Phone+: (306)682-5333

Hours: Monday through Friday, 8:30 am–4:30 pm

Services Offered:

- Addiction counsellors
- Adult, children and youth mental health/substance abuse/gambling
- Case management
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

SPIRITWOOD

ADDICTIONS & MENTAL HEALTH SERVICES **Spiritwood & District Health Complex**

P.O. Box 69

Spiritwood, SK, S0J 2M0

Phone: (306)883-2133,

Phone: (306)883-4462

Fax: (306)883-4440

Hours: Monday through Friday, 8:00 am–5:00 pm; closed holidays

Services Offered:

- Addiction services
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)
- Therapies
- Community mental health nurse
- Psychiatrist – one day per month (visiting)
- Social worker – once a week (visiting)

To access services, contact the regional intake line at (306)765-6550 or toll-free at (855)765-6550. There is no cost associated with a Saskatchewan health card. Wait-list varies.

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**
Agency Chiefs Tribal Council

100 Railway Avenue
P.O. Box 237
Spiritwood, SK, S0J 2M0
Phone: (306)883-3880

Services Offered

- Indian Residential School counselling
- Community justice
 - The community justice committees guide and direct initiatives that include Alternative Measures programs for adults and youths, crime prevention, victim services, healing, talking and sentencing circles and victim/offender healing

STANLEY MISSION

ADDICTIONS & MENTAL HEALTH SERVICES
Stanley Mission Health Services Inc

General Delivery
P.O. Box 310
Stanley Mission, SK, S0J 2P0
Phone: (306)635-2090
Fax: (306)635-2189
Email: info@smhs.ca
Hours: Monday through Friday, 8:00 am–4:30 pm

Services Offered

- Addictions
- Community support services
- Medical transportation
- FASD
- Suicide strategy
- Security guard program
- Elder shelter
- Wellness program
- Mental health program

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**
Stanley Mission Cree Nation

Stanley Mission First Nation, SK, S0J 2P0
Phone: (306)635-2342
Fax: (306)635-4642

Services Offered:

- Alternative Measures Program
- Victim/offender mediation
- Family group conferencing
- School mediation
- Community justice forums
- Accountability hearings
- Aboriginal Courtworker Program

STANDING BUFFALO FIRST NATION

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**
Standing Buffalo First Nation

P.O. Box 128
Fort Qu'Appelle, SK, S0G 1S0
Phone: (306)332-4685
Fax: (306)332- 5953

Services Offered: File Hills Qu'Appelle
Tribal Council Community Justice
Initiative Restorative Justice Unit services
include:

- Probation: As officers of the court they supervise the court orders in our communities
- Youth reintegration: As a community liaison between youth released from court and their community resources
- Courtworker: As liaisons between the court and the community they offer insight into the workings of the courts, court terminology and give direction to clients to obtain legal aid
- Community justice: the Officers meet with the justice committees, arrange justice gatherings, provide circle facilitation, mediation, trainings

Services provided

- Extrajudicial sanctions (youth and adult)
- Community justice forums
- Consensus circle facilitation
- Court referrals mediation post/pre-charge
- Community referrals – mediation, healing circles, FASD, suicide interventions
- Youth reintegration to community
- Youth gang prevention and intervention
- Commissioner of Oath services
- Probation services
- Courtworker services

Community-based justice initiatives

- Justice Committee training
- Bylaw development/referrals
- Domestic violence initiative
- Justice policy development
- Section 81-84 pre-release plans
- Indigenous law development
- Facilitation of community safety plans

- Sentencing circle protocol development
- Anti-gang presentations
- Cyber bullying presentations

Training workshops

- Proposal development
- Team building workshops
- Youth peacemakers training – youth mediation
- Traditional mediation – level 1, 2 and 3 (Resolving Conflict Constructively, Mediation Skills, Leading By Example)
- First Nation mediation based on tipi teachings, ceremonies, healing
- Self-governance justice facilitation training
- Justice Committee training
- Stress management

STAR BLANKET FIRST NATION

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**

Star Blanket First Nation

Box 456

Balcarres, SK, S0G 0C0

Phone: (306)334-2206

Fax: (306)334-2606

Services Offered: File Hills Qu'Appelle
Tribal Council Community Justice
Initiative Restorative Justice Unit Services
Include:

- Probation: As officers of the court they supervise the court orders in our communities
- Youth reintegration: As a community liaison between youth released from court and their community resources
- Courtworker: As liaisons between the court and the community they offer insight into the workings of the courts, court terminology and give direction to clients to obtain legal aid

- Community justice: The Officers meet with the justice committees, arrange justice gatherings, provide circle facilitation, mediation, trainings

Services provided

- Extrajudicial sanctions (youth and adult)
- Community justice forums
- Consensus circle facilitation
- Court referrals mediation post/pre-charge
- Community referrals – mediation, healing circles, FASD, suicide interventions
- Youth reintegration to community
- Youth gang prevention and intervention
- Commissioner of Oath services
- Probation services
- Courtworker services

Community-based justice initiatives

- Justice Committee training
- Bylaw development/referrals
- Domestic violence initiative
- Justice policy development
- Section 81-84 pre-release plans
- Indigenous law development
- Facilitation of community safety plans
- Sentencing circle protocol development
- Anti-gang presentations
- Cyber bullying presentations

Training workshops

- Proposal development
- Team-building workshops
- Youth peacemakers training – youth mediation
- Traditional mediation – level 1, 2 and 3 (Resolving Conflict Constructively, Mediation Skills, Leading By Example)
- First Nation mediation based on tipi teachings, ceremonies, healing
- Self-governance justice facilitation training

- Justice Committee training
- Stress management

ST. BENEDICT

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services- Rural

Wakaw Hospital

301 1st Street North

Box 769

Wakaw, SK, S0K 4P0

Phone: (306)233-4020

Hours: Monday through Friday, 8:30 am–4:30 pm

Services Offered:

- Addiction counsellors
- Adult, children and youth mental health/substance abuse/gambling
- Case management
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

ST. GREGOR

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Lanigan Integrated Hospital

36 Downing Drive

Box 1060

Lanigan, SK, S0K 2M0

Intake Number: (306)365-3400

Services Offered:

- Addiction counsellors
- Adult, children and youth mental health/substance abuse/gambling
- Case management
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

ST. ISIDORE DE BELLEVUE**ADDICTIONS & MENTAL HEALTH SERVICES**
One Arrow Health Centre

P.O. Box 147

St. Isidore de Bellevue, SK, S0K 3Y0

Phone: (306)423-5493

Fax: (306)423-5441

Services Offered:

- Addiction services
- Community health developer/rep
- Medical transport coordinator/clerk
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

STOCKHOLM**ADDICTIONS & MENTAL HEALTH SERVICES**
Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

Aboriginal Courtworkers Contact List

See Appendix A.5

STOUGHTON**ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS****Ocean Man First Nation**

P.O. Box 157

Stoughton, SK, S0G 4T0

Phone: (306)457-2679

Fax: (306)457-2933

Yorkton Tribal Council Community Justice Program and Alternative Measures ProgramServices Offered:

- Alternative Measures for youths and adults
- Crime prevention
- Healing and sentencing circles
- Community-based victims and correctional services

STRASBOURG**ADDICTIONS & MENTAL HEALTH SERVICES**
Strasbourg and District Health Centre

303 Edward Street

P.O. Box 217

Strasbourg, SK, S0G 4V0

Phone: (306)725-3220,

Fax: (306)725-4060

Hours: Monday through Friday, 9:00 am–5:00 pm; closed 12:00–1:30 pm

Services Offered:

- Mental health/holistic health services (services may include family support, suicide

prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

STURGEON LAKE FIRST NATION

ADDICTIONS & MENTAL HEALTH SERVICES Sturgeon Lake Health Centre

Comp 5, Site 12, RR1

Sturgeon Lake, SK, S0J 2E0

Phone: (306)764-9352

Fax: (306)763-0767

Website:

http://www.sfn.ca/?page_id=75

Services Offered:

- Emotional health:
 - NNADAP
 - Mental health therapy
 - Crisis counselling
 - Men's & women's talking circles
 - Referral services
 - Elders counselling
- Spiritual health
 - Elder Services
 - Traditional ceremonies
 - Cultural teachings
 - Pipe ceremonies
- Mental health
 - Men's circles
 - Traditional parenting
 - Women's awareness group
- Traditional/cultural workshop
- NNADAP (Addictions Prevention Program)
 - Provide a number of programs for the membership
 - Weekly AA meetings
 - Annual Baby Crawl
 - Transportation to and liaison with treatment centres
 - Counselling
 - Support and aftercare to clients returning from treatment
 - Referrals
 - Workshop coordination
 - Annual suicide prevention workshops
- Mental health therapy
 - Provide mental health therapy services to the community
 - Group counselling
 - Marital counselling
 - One-on-one counselling
 - Counselling is available on Tuesdays and Wednesdays of each week
- Medical transportation
 - Services provided through this program are:
 - Medical taxi coordination
 - Private mileage coordination
 - Specialist appointment verification
 - Compiles statistics
 - Reporting to FNIHB
 - Arranges meals and accommodations for specialist appointments
 - Determines eligibility for optometrist appointments

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Sturgeon Lake Cree Nation

740 White Buffalo Lane
Sturgeon Lake First Nation, SK, S0J 2E1
Business Line: (306)764-1872
Fax: (306)764-1877
Hours: Monday through Friday, 8:30 am–
12:00 pm, 1:00–5:00 pm
Summer Hours: Monday through Friday,
8:00 am–12:00 pm, 1:00–4:30 pm

Services Offered:

Prince Albert Grand Council Community Justice Program

- Rural Alternative Measures
- Urban Alternative Measures
- Saskatchewan Aboriginal
Courtworker Program
- Crime prevention

The individual is referred from the courts or the community. There is no cost. They can access services immediately. They ask for a 3-month adjournment to complete the file.

STURGEON LANDING

ADDICTIONS & MENTAL HEALTH SERVICES Sturgeon Landing Health Centre

Sturgeon Landing, SK, S0P 0H0
Phone: (306)688-4510
Second Phone: (306)688-2148
Hours: Monday through Friday, 8:30 am–
5:00 pm; closed 12:00–1:00 pm
After-hours emergency: (306)688-2148

Services Offered:

- Addiction services

There is no cost associated with a Saskatchewan health card. The wait-list varies.

ST. WALBURG

ADDICTIONS & MENTAL HEALTH SERVICES St. Walburg Health Complex

410 3rd Avenue West
P.O. Box 339
St. Walburg, SK, S0M 2T0
Phone: (306)248-6719
Fax: (306)248-3413

Services Offered:

- Addictions (visiting)
- Family counselling (visiting)
- Mental health (visiting)

Addiction services are based on need and the wait-list varies between 1 and 3 weeks depending on the community. They accept any kind of referrals, including court referrals.

SWEETGRASS FIRST NATION

ADDICTIONS & MENTAL HEALTH SERVICES Sweetgrass Health Clinic

P.O. Box 147
Gallivan, SK, S0M 0X0
Phone: (306)937-2115
Confidential Fax: (306)937-2903
Hours: Monday through Friday, 8:30 am–
4:30 pm
No emergency services available

Services Offered:

- Youth outreach worker
- Resolution health support worker
- Tobacco project outreach
workers
- Wellness support nurse
- Wellness drivers available to
transport clients to rehab centres

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Sweetgrass First Nation

P.O. Box 147
Gallivan, SK, S0M 0X0

Phone: (306)937-2990

Fax: (306)937-7010

Services Offered:

- Community Justice Program provided by Battlefords Agency Chiefs Tribal Chiefs (BATC)
 - Alternative Measures Program
 - Aboriginal Courtworker Program
 - Cultural Camps/Community Integration Program
 - First Nations Youth Restorative and Healing Project

TISDALE

ADDICTIONS & MENTAL HEALTH SERVICES Kinistin Nation Wellness Centre

P.O. Box 2590

Tisdale, SK, S0E 1T0

Phone: (306)878-8181

Second Phone: (306)878-8188

Fax: (306)873-3550

Website: www.sktc.sk.ca

Hours: Monday through Friday, 8:00 am–4:00 pm

Services Offered:

- Addiction services
- Medical transport coordinator/clerk
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

There is no cost associated with a Saskatchewan health card. Wait-list varies.

Tisdale Hospital

2010 110th Avenue West

P.O. Box 1630

Tisdale, SK, S0E 1T0

Phone: (306)873-6500

Intake: (306)873-3760

Fax: (306)873-5994

Healthline: 8-1-1

The Mental Health Central Intake services may be accessed by telephone at (306)752-8767.

Services Offered:

- Mental health services offered (visiting services): psychiatrist from Prince Albert Mental Health Clinic
- Outpatient rehabilitation services, long-term care
- Therapy for victims of abuse
- Child and youth service
- Behaviour management counselling
- Therapy for stress, anxiety, depression, phobia
- Psychological assessment
- Crisis service
- Education information provided
- Outpatient counselling to individuals involved in substance abuse and others affected by their usage
- SGI screening
- Problem gambling counselling
- Education and prevention programs, presentations, workshops, print and video resources, promotional items

Tisdale Public Health Office

600 110th Avenue

Box 1297

Tisdale, SK, S0E 1T0

Phone: (306)873-8282

Fax: (306)873-2168

Services Offered:

- Public health nursing
- Medical health officer

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**

Kinistin Saulteaux Nation

P.O. Box 2590

Tisdale, SK, S0E 1T0

Phone: (306)878-8188

Fax: (306)873-5235

Email: info@kinistin.sk.ca

Services Offered:

- Alternative Measures
- Mediation
- Community justice forums
- Talking circles
- Family conferencing
- Presentations and workshops are regularly delivered as part of the education and awareness

Referrals to the program, which are made through the RCMP, court and community. Bi-weekly visits, arranged by the probation worker at the Justice Office. A Fine Option Program, administered by the Justice Coordinator, is also available.

**Moose Jaw Mental Health and
Addiction Service**

455 Fairford Street East

Moose Jaw, SK, S6H 1H3

Phone: (306)691-6464

Phone: (877)564-0543

Fax: (306)691-6461

Email: etys@fhhr.ca

Email: jsal@fhhr.ca

Services Offered:

- Group counselling
- Interpreters available
- Materials available
- Clients served:
 - Mandatory clients
 - Voluntary clients

Anger Management Group

Marguerite Riel Centre

104 Burrows Avenue

Melfort, SK, S0E 1A0

Phone: (306)752-4950

Fax: (306)752-4937

Email: metiheritage@sasktel.net

Organizational Attributes:

- Individual counselling
- Group counselling
- English and Cree
- Materials available
- Wheelchair accessible

Clients Served:

- Mandatory clients
- Voluntary clients
- Aboriginal clients

COUNSELLING & PROGRAMS**North East Outreach & Support Services**

128 McKendry Avenue West

Melfort, SK, S0E 1A0

Phone: (306)752-9464

24 Hour Crisis Line: (800)611-6349

Personal Violence Counsellors: (306)752-9464

North East Outreach & Support Services

Phone: (306)752-9464

Hours: Monday through Friday, 8:00 am–5:00 pm

North East Women's Shelter Phone:

(306)752-9455

Services Offered:

- North East Women's Shelter
 - We are a 16-bed, short-term emergency shelter that offers 24-hour in-house shelter and services for women and children who are fleeing domestic violence situations
- Walk-in Counselling:
 - Friday Tisdale, SK, at 1003 102nd Avenue, from 10:30

am to 3:30 pm every
Thursday; appointment is
NOT necessary

- Second Stage Housing
 - A new second stage shelter will give domestic violence survivors a place to stay for up to 12 months after they've spent the maximum amount of time at the emergency shelter
- Personal Violence Prevention and Support Program
 - Supportive counselling, information and advocacy through individual or group support sessions
 - Referrals to other community agencies and help with coordination of the services you need
 - Assistance with crisis situations
 - Assistance with access to shelter and planning for your safety
 - 24 Hour Regional Crisis Line: available 24 hours a day, 7 days a week and is a free and confidential service
 - They do not subscribe to caller display and they do not require the caller to give his/her name

They accept self-referrals and court referrals. There is no wait-list for services. There is no cost associated.

THUNDERCHILD FIRST NATION

ADDICTIONS & MENTAL HEALTH SERVICES

Thunderchild Health Centre

P.O. Box 744

Turtleford, SK, S0M 2Y0

Phone: (306)845-4330

Fax: (306)845-2978

Services Offered:

- Aboriginal Diabetes Initiative
- Brighter Futures/Injury Prevention
- Building Healthy Communities – Solvent Abuse
- Building Health Communities – Mental Health
- Canada Prenatal Nutrition Program (CPNP)
- Communicable disease control/immunization
- NIHB Community Dental Health Program
- Oral health strategy
- Community health services
- Environmental Health – Safe Drinking Water Program
- FASD
- HIV AIDS
- Home & Community Care – FNIH & INAC
- Maternal child health
- NIHB medical transportation
- National Aboriginal Youth Suicide Prevention Strategy
- Nursing professional education
- NNADAP
- Youth/sport/culture/recreation
- Awasis Nikan Youth Centre

There is no cost with a Saskatchewan health card. The wait-list varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Thunderchild First Nation Community Justice Program

P.O. Box 600

Turtleford, SK, S0M 2Y0

Phone: (306)845-4300

Fax: (306)845-3230

Toll-free: (866) 395-8888

Services Offered:

- Alternative Measures
- Extra judicial Services
- Community Justice Committee

The Justice Coordinator attends court in St. Walburg to be on hand to speak to Alternative Measures files, update on community service hours, etc. He is not the courtworker as there is a courtworker on hand who handles court cases for our Band members.

TURNOR LAKE

ADDICTIONS & MENTAL HEALTH SERVICES Birch Narrows First Nation Annie Bagg Memorial Nursing Station

P.O. Box 149

Turnor Lake, SK, S0M 3E0

Phone: (306)894-2112

Fax: (306)894-2201

Hours: Monday through Friday, 8:30 am–4:30 pm

Services Offered:

- Addiction services
- Community health developer/rep
- Community health nurse
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Birch Narrows Dene Nation

Box 40

Turnor Lake, SK, S0M 3E0

Phone: (306)894-2030

Fax: (306)894-2060

Service Offered:

Supports community-based justice initiatives for First Nation communities within Meadow Lake Tribal Council:

- Alternative Measures/Extrajudicial Sanctions Program
- Victim advocate training
- Victim offender mediations

- Serious Offence Program
- Community justice forums
- Diversion programs
- Family conferencing
- Sentencing circles
- Community referrals
- Re-integration plans
- Healing circles
- Proactive justice initiatives
- Youth and culture camps
- Community Justice Support
- Facilitate Justice Awareness Initiatives

TURTLE LAKE

ADDICTIONS & MENTAL HEALTH SERVICES Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

Aboriginal Courtworkers Contact List

See Appendix A.5

TURTLEFORD

ADDICTIONS & MENTAL HEALTH SERVICES Maidstone Health Complex, 214 5th Avenue East

P.O. Box 629

Maidstone, SK, S0M 1M0

Phone: (306)893-2622 ext. 7868

Fax: (306)893-4488

Services Offered:

- Outpatient addiction services
 - Qualified addictions rehabilitation counsellors provide a whole range of services, including assessments, intensive one-on-one and group counselling, education and support
- Long-term residential services

Thunderchild Health Centre

P.O. Box 744
 Turtleford, SK, S0M 2Y0
 Phone: (306)845-4330
 Fax: (306)845-2978

Services Offered:

- Aboriginal Diabetes Initiative
- Brighter Futures/injury prevention
- Building Healthy Communities – Solvent Abuse
- Building Health Communities – Mental Health
- Canada Prenatal Nutrition Program (CPNP)
- Communicable disease control/immunization
- NIHB Community Dental Health Program
- Oral Health Strategy
- Community health services
- Environmental Health – Safe Drinking Water Program
- FASD
- HIV AIDS
- Home & Community Care – FNIH & INAC
- Maternal child health
- NIHB medical transportation
- National Aboriginal Youth Suicide Prevention Strategy
- Nursing professional education
- NNADAP
- Youth/sport /culture /recreation
- Awasis Nikan Youth Centre

There is no cost with a Saskatchewan health card. The wait-list varies.

Riverside Health Complex

1st Street South
 P.O. Box 10
 Turtleford, SK, S0M 2Y0
 Phone: (306)845-2195
 Fax: (306)845-2772
 Quality Care Coordinator (Client Advocate) Phone: (306)893-2622 ext. 7860

Services Offered:

- Addictions services by visiting specialists
- Family counselling by visiting specialists
- Aboriginal liaison

Service availability is based on need and the wait-list varies between 1 and 3 weeks depending on the community. They accept any kind of referrals, including court referrals. There is no cost associated.

**ALTERNATIVE MEASURES &
EXTRAJUDICIAL SANCTIONS**

Thunderchild First Nation Community Justice Program

P.O. Box 600
 Turtleford, SK, S0M 2Y0
 Phone: (306)845-4300
 Fax: (306)845-3230
 Toll-free: (866) 395-8888

Services Offered:

- Alternative Measures
- Extrajudicial Services
- Community Justice Committee

The Justice Coordinator attends court in St. Walburg to be on hand to speak to Alternative Measures files, update on community service hours, etc. He is not the courtworker as there is a courtworker on hand who handles court cases for our Band members.

UNITY

**ADDICTIONS & MENTAL HEALTH SERVICES
Unity and District Health Centre**

Airport Access Road
 P.O. Box 741
 Unity, SK, S0K 4L0
 Phone: (306)228.2666
 Toll-free: (866)268-9139
 Fax: (306)228-2292

Services Offered:

- Addictions
- Autism spectrum disorder consultant
- Child and youth counsellor
- Mental health counselling
- Parent Mentor Program
- Psych rehab
- Youth outreach

Some services are visiting specialists that may not be offered every day. Please contact the facility for complete information or service availability. There is no cost associated with a Saskatchewan health card. Wait-list varies.

URANIUM CITY**ADDICTIONS & MENTAL HEALTH SERVICES**
Uranium City Health Clinic

P.O. Box 360

Uranium City, SK, S0J 2W0

Phone: (306)498-2412

Fax: (306)498-2577

Hours: Monday through Friday, 9:00 am–5:00 pm; closed 12:00–1:00 pm; emergency after hours available

Services Offered:

- Addiction services
- Community support worker
- Discharge coordinator
- Mental health/holistic health services (including family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

Individuals call to make an appointment. Mental health services are offered monthly. There are no wait-lists for such services. There is no cost associated.

VIBANK**ADDICTIONS & MENTAL HEALTH SERVICES**
Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

Aboriginal Courtworkers Contact List

See Appendix A.5

VISCOUNT**ADDICTIONS & MENTAL HEALTH SERVICES**
Watrous Hospital- Rural Services

704 4th Street East

Watrous, SK, S0K 4T0

Phone: (306)946-1200

Intake Number: (306)365-3400

Open: 24 hours, 7 days a week

Services Offered:

- Addiction services
- Community health developer/rep
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)
- Therapies/counselling

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

Humboldt Community Services- Rural515 4th Avenue

Box 1930

Humboldt, SK, S0K 2A0

Phone: (306)682-5333

Hours: Monday through Friday, 8:30 am–4:30 pm

Services Offered:

- Addiction counsellors
- Adult, children and youth mental health/substance abuse/gambling
- Case management
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

VONDA**ADDICTIONS & MENTAL HEALTH SERVICES****Mental Health and Addiction Services-Rural**

Wakaw Hospital

301 1st Street North

Box 769

Wakaw, SK, S0K 4P0

Phone: (306)233-4020

Hours: Monday through Friday, 8:30 am–4:30 pm

Services Offered:

- Addiction counsellors
- Adult, children and youth mental health/substance abuse/gambling
- Case Management
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

Humboldt Community Services – Rural515 4th Avenue

Box 1930

Humboldt, SK, S0K 2A0

Phone: (306)682-5333

Hours: Monday through Friday, 8:30 am–4:30 pm

Services Offered:

- Addiction counsellors
- Adult, children and youth mental health/substance abuse/gambling
- Case management
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or

specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Vonda RCMP

201 Buffer Avenue
Vonda, SK, S0K 4N0
Phone: (306)258-3270
Victim Services: (306)385-2683

Services offered:

- Crisis intervention
- Information
- Support
- Referrals to other specialized programs and services

WADENA

ADDICTIONS & MENTAL HEALTH SERVICES

Wadena Integrated Hospital – Mental Health & Addiction

433 5th Street North East
P.O. Box 10
Wadena, SK, S0A 4J0
Phone: (306)338-3308
Mental Health: Phone: (306)365-3400
Addictions: Phone: (306)682-5333
Early Childhood Mental Health Referral Services: Phone: (306)338-9950

Services Offered:

- Programs for women
- Programs for men
- LGBTQ programs
- Adolescence programs
- Outpatient and individualized treatment options
- Family therapy
- Alcoholism

- Mental health and substance abuse
- Group therapy
- Individual therapy

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

WAHPETON

ADDICTIONS & MENTAL HEALTH SERVICES

Wahpeton Health Centre

P.O. Box 128
Wahpeton, SK, S6V 5R4
Phone: (306)922-6772
Fax: (306)922-6774
Website: www.pagc.sk.ca
Hours: Monday through Friday, 8:00 am–4:00 pm; closed at noon, weekends and holidays
To access services, contact the regional intake line at (306)765-6550 or toll-free at (855)765-6550.

Services Offered:

- Addiction services
- Discharge coordinators
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)
- Wellness coordinator

There is no cost associated with a Saskatchewan health card. Wait-list varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Wahpeton Dakota Nation

P.O. Box 128

Prince Albert, SK, S6V 5R4

Phone: (306)953-7254

Phone: (306)764-2011

Services Offered:

Prince Albert Grand Council Community

Justice Program: Rural Alternative

Measures Program

- Victim/offender mediation
- Family group conferencing
- School mediation
- Community justice forums
- Accountability hearings

The individual is referred from the courts or the community. There is no cost. They can access services immediately. They ask for a 3-month adjournment to complete the file.

WAKAW

ADDICTIONS & MENTAL HEALTH SERVICES

Wakaw Hospital

301 1st Street North

Box 769

Wakaw, SK, S0K 4P0

Phone: (306)233-4020

Phone: (306)233-4611

Intake: (306)232-6001

Fax: (306)233-5990

Hours: 24 hours, 7 days a week; office hours: 7:00 am–4:00 pm

Services Offered

- Addiction services
- Discharge coordinators
- Medical transportation
- Mental health, therapies
- Social worker programs
- Telehealth Services

There is a wait-list for counselling but it varies month to month by community.

They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

WALDHEIM

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services -

Rural

Rosthern Community Services

2014 6th Street

Box 216

Rosthern, SK, S0K 3R0

Intake: (306)232-6001

Services Offered:

- Addiction counsellors
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers
- Case management
- Mental health promotion and education services
- Family counselling
- Individual, family and group counselling/therapy
- Community development
- Community collaboration
- Referrals to other services/agencies

There is a wait-list for counselling, but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary, and they will accept a range of referrals, including court referrals. They ask that they be briefed about why

the individual needs services to set goals. There is no fee associated.

WAPELLA

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

Aboriginal Courtworkers Contact List

See Appendix A.5

WARMAN

ADDICTIONS & MENTAL HEALTH SERVICES

Legends Medical Clinic, Warman

14-810 Centennial Boulevard

Phone: (306)651-1200

Contact Family Service Saskatoon at (306)244-0127 for more information

Hours: Tuesdays 9:00 am–1:00 pm

Services Offered:

- Walk-in counselling services

Brief counselling sessions, solution focused at no cost. More than one session available for clients. Provides an entry point for ongoing counselling. Available to individuals, couples, and families. No referral or scheduled appointment required. First come, first served during walk-in hours.

WATERHEN LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Waterhen Lake First Nation Health Clinic

P.O. Box 16

Waterhen Lake, SK, S0M 3B0

Phone: (306)236-3151

Fax: (306)236-6377

Hours: Monday through Friday, 9:00 am–4:00 pm

Services Offered:

- Addiction counselling
- Community health developer
- Therapies
- Mental health counselling

Individuals can make an appointment to see a counsellor or therapist. There does not appear to be much of a wait-list to access such services. They accept referrals including court referrals.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Community Justice Program Provided by Meadow Lake Tribal Council (aka MLTC)

P.O. Box 8001

Meadow Lake, SK, S9X 1T8

Phone: (306)236-5654

Email: receptionist@mltc.net

Service Offered:

Supports community-based justice initiatives for First Nation communities within Meadow Lake Tribal Council:

- Alternative Measures/Extrajudicial Sanctions Program
- Victim advocate training
- Victim offender mediations
- Serious Offence Program
- Community justice forums
- Diversion programs
- Family conferencing
- Sentencing circles
- Community referrals
- Re-integration plans
- Healing circles
- Proactive justice initiatives
- Youth and culture camps
- Community Justice Support
- Facilitate Justice Awareness Initiatives

WATROUS

ADDICTIONS & MENTAL HEALTH SERVICES

Watrous Hospital

704 4th Street East

Watrous, SK, S0K 4T0

Phone: (306)946-1200

Intake Number: (306)365-3400

Open: 24 hours, 7 days a week

Services Offered:

- Addiction services
- Community health developer/rep
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)
- Therapies/counselling

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

Watrous Public Health Office

704 4th Street

Box 130

Watrous, SK, S0K 4T0

Services Offered:

- Case management
- Mental health promotion and education services
- Family counselling
- Individual, family and group counselling/therapy
- Community development

- Community collaboration
- Referrals to other services/agencies

Eligibility: Rural children, youth and adults experiencing mental health, substance use/abuse and problem gambling issues. Clients can refer themselves (walk-in or telephone) or be referred by a third party. Referrals to a psychiatrist or psychologist must be made through a family physician.

WATSON

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services – Rural

Lanigan Integrated Hospital

36 Downing Drive

Box 1060

Lanigan, SK, S0K 2M0

Intake Number: (306)365-3400

Services Offered:

- Addiction counsellors
- Adult, children and youth mental health/substance abuse/gambling
- Case management
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

Quill Plains Centennial Lodge and Watson Community Health Centre

433 5th Street North East

P.O. Box 459

Watson, SK, S0K 4V0

Phone: (306)287-3232

Second Phone: (306)287-3791

Fax: (306)287-3386

Website:

www.saskatoonhealthregion.ca

Hours: Monday through Friday, 8:00 am–
4:30 pm

Services Offered:

- Elder's worker
- Integrated wellness coordinators
 - Provide services in counselling, assessments, emotional support, interventions, emergency support, training, practicum supervision and education

WAWOTA

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

WHITE BEAR

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

White Bear First Nation

P.O. Box 700

Carlyle, SK, S0C 0R0

Phone: (306)577-2461

Fax: (306)577-2496

Health Departments

- Medical transportation: specialist treatment
- Home care: in-home care
- Community Addictions Program (CAP)
- Daycare
- Aboriginal Head Start
- Dental therapist
- Podiatrist
- Mental therapist
- CHR

CAP Office makes Referrals for:

- Mental health counselling
- Family therapy
- Youth counselling
- Sexual abuse counselling
- Domestic violence counselling
- Anger management programs
- Impaired Driver's Program

Alternatives to Violence Programming

- Men and women who are perpetrators of intimate partner violence. Clients must be 18 years of age or over. They accept both voluntary and court-mandated clients. Referrals usually come from adult Probation Services, Social Services and Envision. The first appointment takes 2 to 3 months and is only scheduled every 6 weeks.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Southeast Treaty #4 Tribal Council Justice Program

P.O. Box 550

Whitewood, SK, S0G 5C0

(306)577-4553

(306)577-2496

Services Offered:

- Alternative Measures
 - The program operates diversion programs for youths and adults in the criminal justice system

- The active participation and guidance of Elders is essential to all phases of the diversion process
- The program also provides awareness, education and training to its member of First Nations on criminal justice processes and community justice programs

WHITECAP

ADDICTIONS & MENTAL HEALTH SERVICES **Whitecap Health Centre – Moose Woods**

182 Chief Whitecap Trail

Whitecap, SK, S7K 2L2

Phone: (306)477-0908

Fax: (306)343-8855

Hours: Monday through Friday, 8:00 am–4:30 pm; closed holidays

Services Offered:

- Community health developer/rep
- Medical transport coordinator/clerk
- Mental health/holistic health services
 - Mental health and prevention services also offer educational programming such as a Parenting Support Group, Parent n' Tot, Suicide Intervention Training (ASIST), and gambling awareness clinics
- Services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists

WHITEWOOD

ADDICTIONS & MENTAL HEALTH SERVICES **Whitewood Community Health Centre**

921 Gambetta Street

P.O. Box 699

Whitewood, SK, S0G 5C0

Phone: (306)735-2010

Fax: (306)735-2011

Services Offered:

- Outpatient mental health services
- Outpatient addiction services

There is no cost associated with a Saskatchewan health card. The wait-list varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Ochapowace First Nation

P.O. Box 550

Whitewood, SK, S0J 5C0

Phone: (306)696-2425

Phone: (306)696-3557

Toll-free: (888)706-2427

Fax: (306)696-3446

Services Offered:

- Mental health counselling
- S.E.T.4 gambling addictions
- Community addictions counselling

Southeast Treaty #4 Tribal Council **Justice Program**

P.O. Box 550

Whitewood, SK, S0G 5C0

(306)577-4553

(306)577-2496

Services Offered:

- Alternative Measures
 - The program operates diversion programs for

- Youths and adults in the criminal justice system
- The active participation and guidance of Elders is essential to all phases of the diversion process
 - The program also provides awareness, education and training to its member of First Nations on criminal justice processes and community justice programs

WILLOW BUNCH

ADDICTIONS & MENTAL HEALTH SERVICES **Willow Bunch Primary Health Care Centre**

Box 6

Willow Bunch, SK, S0H 4K0

Phone: (306)473-2310

Fax: (306)473-2677

Mental Health & Addictions: (877)564-0543 OR (306)691-6464

Services Offered:

- Mental health & addictions

WILKIE

ADDICTIONS & MENTAL HEALTH SERVICES **Wilkie and District Health Centre – Satellite Clinic**

304 7th Avenue East

P.O. Box 459

Wilkie, SK, S0K 4W0

Phone: (306)843-2644

Toll-free: (866)268-9139

Services Offered:

- Outpatient addiction services by visiting specialists
- Individual, family and group outpatient counselling and education
- 180 Alcohol and Drug Diversion Program for youth who are

ticketed by the RCMP for minor consumption/possession of alcohol and/or possession of small amounts of controlled substances in lieu of paying the fine

- Ongoing assessment & treatment planning
- Referral to in-patient facilities
- Client and caregiver education & information
- Primary prevention through presentations to schools and community groups, information groups and promotion of healthy living

Services are free of charge to anyone possessing a valid Saskatchewan Health Services Card. The individual can call the closest health centre to them in their community or by calling the toll-free number (866)268-9139. The visiting specialist comes from Biggar and counselling appointments can be made any day of the week. There does not appear to be a wait-list. There is no cost associated with a Saskatchewan health card.

Prairie Sky Recovery Centre Inc

Box 535

Wilkie, SK, S0K 4W0

Toll-free: (888)519-4445

Services Offered:

- Recovery 12 – Crystal Meth & Poly Substance Program
 - 90 day addictions treatment program consists of longer supervised and social detox time – minimum 2 weeks – coupled with pre-program preparedness, 5 weeks group therapy, 3 weeks life skills and 2 weeks transitional living

followed by post residency aftercare supports. Clients can be in residence between 12 to 14 weeks.

- Step Group Therapy:
 - Discussion and instruction on the theory, use, application and implementation of the 12 Step approach to addictions recovery.
- Emotional Health & Wellness Group Therapy:
 - Discussion and education identifying emotions such as fear, apathy, grief and loss, lust, pride, anger, guilt, shame, etc.
- Exit Planning:
 - Safety and goal action planning.
- Recovery 4 – Family Care Enhancement Program (FCEP)
 - Our Family Care Enhancement Program is a concentrated 3- to 4-day program for significant others of those suffering from the disease of addiction (substance and non-substance abusers). The cost of one family member is included in program fees. Any additional family members are \$150.00 to cover costs of materials.
- Recovery 2 – Relapse Prevention (Safety) Program
 - Recovery 2 is a two-week residential in-reach program. This program focus is on safety planning, relapse prevention and recovery. Successful completion of Recovery 5 is preferred to attend.

Program and treatment costs are, on average, less than other private Canadian treatment facilities. Contact facility for specific program costs.

COUNSELLING & PROGRAMMING
West Central Crisis and Family Support
Centre- Travelling Clinic

116 1st Avenue West

Box 2235

Kindersley, SK, S0L 1S0

Phone: (306)463-6655

Fax: (306)463-6410

24-Hour Support Line: (306)933-6200

Office Hours: Monday through Friday,
9:00 am–5:00 pm (closed for lunch)

Services Offered:

- Counselling and support services
 - Individual counselling
 - Marital counselling
 - Crisis counselling
 - Short-term counselling
 - Family counselling
 - Youth counselling
 - Suicide prevention
 - Anger management
 - Budget counselling
- Victim services
 - Domestic violence response
 - Traumatic events response
 - Sexual assault victim support
 - Safety planning
 - Critical stress management
 - After-hours phone: (306)463-1860

Provides free counselling, information and referrals related to loss, pension, income assistance, food, financial assistance.

WITCHEKAN LAKE FIRST NATION

ADDICTIONS & MENTAL HEALTH SERVICES **Cree Nations Treatment Haven**

P.O. Box 340

Canwood, SK, S0J 0K0

Phone: (306)468-2072

Fax: (306)468-2758

Services Offered:

35 Day In-patient Program

- The goal for our 35 Day In-patient Program is to provide the best possible alcohol and drug addiction treatment services to First Nations and non-First Nations men and women from Saskatchewan and across Canada from the ages of 17 and over, always keeping up to date with the best practices proven effective in the addictions treatment field and the latest research study outcomes.

The Matrix Model Program

- Clients can enter the program at any time
- Clients may enter or leave the group on an individual schedule
- The structure of the program and topics included in the various components are arranged to accommodate this open structure
- Clients who have been in treatment longer serve as role models to newcomers

Other Programs

- Individual/conjoint sessions
- Early recovery skills group
- Relapse prevention group
- Family education group
- Social support group
- Drug & alcohol testing
- AA or other spiritual or step group
- Opioid treatment program
 - Methadone
 - Suboxone

- Sweats, church services
- AA meetings
- NA Meetings
- CoDa meetings
- Sharing circles

Who Can Use This Treatment?

- Individuals 15 years of age and over individuals who have completed a recent substance abuse evaluation
- Individuals manifesting stable psychiatric and medical conditions
- Individuals willing to make a serious commitment to complete the 8-week matrix program
- Individuals who do not require long-term in-patient treatment
- Individuals in a physician supervised methadone, suboxone or subutex maintenance program
- Individuals ordered to attend treatment by the justice system, probation services, social services, employer, etc.
- Individuals experiencing co-occurring disorders can effectively make use of this program but may also require additional mental health services
- Individuals requiring post-treatment aftercare services, or those who may have relapsed
- The individual/conjoint and family education components are designed to be used with the client and his/her spouse, significant other or family members

Referrals

Referrals may be made by the courts, probation/parole services, social services, family services, mental health services, addiction programs, employers, etc. Clients can also apply in person by completing the required admission forms.

Admissions

The following documents must be submitted to the Cree Nations Treatment Haven (CNTH) Matrix Program:
<http://www.creenationstreatmenthaven.ca/matrix-model-program.html>. The initial step is to set up a meeting with the case coordinator to assess whether or not a person meets program criteria. If so, the case coordinator will refer them to see the physician. The physician will evaluate the applicant and if approved, prescribe the starting dose. After someone begins treatment, we expect them to enter into a form of regular counselling.

Spiritwood & District Health Complex

P.O. Box 69
 Spiritwood, SK, S0J 2M0
 Phone: (306)883-2133,
 Phone: (306)883-4462
 Fax: (306)883-4440
 Hours: Monday through Friday, 8:00 am–5:00 pm; closed holidays

Services Offered:

- Addiction services
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)
- Therapies
- Community mental health nurse
- Psychiatrist – one day per month (visiting)
- Social worker – once a week (visiting)

To access services, contact the regional intake line at (306)765-6550 or toll-free at (855)765-6550. There is no cost associated with a Saskatchewan health card. Wait-list varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Agency Chiefs Tribal Council

100 Railway Avenue
 Spiritwood, SK, S0J 2M0
 P.O. Box 237
 Phone: (306)883-3880

Services Offered

- Indian Residential Schools
- Community justice
 - The community justice committees guide and direct initiatives that include Alternative Measures programs for adults and youths, crime prevention, victim services, healing, talking and sentencing circles and victim/offender healing

WOLLASTON LAKE

ADDICTION & MENTAL HEALTH SERVICES **Hatchet Lake Health Centre General Delivery**

Wollaston Lake, SK, S0J 3C0
 Phone: (306)633-2080
 Phone: (306)633-2167
 Hours: Monday through Friday, 9:00 am–5:00 pm; closed holidays
 After-hours emergency: Phone: (306)633-2191

Services Offered:

- Addiction services
- Discharge coordinators
- Health director
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Hatchet Lake Denesuline Nation

Hatchet Lake, SK, S0J 3C0

Phone: (306)633-2003

Fax: (306)633-2040

Email: b-tsannie@hotmail.com

Services Offered:

- Prince Albert Grand Council
Community Justice Program
 - Rural Alternative Measures
 - Urban Alternative Measures
 - Saskatchewan Aboriginal Courtworker Program
 - Crime prevention

The individual is referred from the courts or the community. There is no cost. They can access services immediately. They ask for a 3-month adjournment to complete the file.

WOOD MOUNTAIN FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Wood Mountain First Nation

P.O. Box 1792

Assiniboia, SK, S0H 0B0

Phone: (306)266-2039

Fax: (306)266-2024

Director of Restorative Justice: Email:

Bev.Poitras@fhqtc.com

Services Offered: File Hills Qu'Appelle Tribal Council Community Justice Initiative

Restorative Justice Unit Services Include:

- Probation: As officers of the court they supervise the court orders in our communities
- Youth reintegration: As a community liaison between

youth released from court and their community resources

- Courtworker: As liaisons between the court and the community they offer insight into the workings of the courts, court terminology and give direction to clients to obtain legal aid
- Community justice: the Officers meet with the justice committees, arrange justice gatherings, provide circle facilitation, mediation, trainings

Services Provided

- Extrajudicial sanctions (youth and adult)
- Community justice forums
- Consensus circle facilitation
- Court referrals mediation post/pre-charge
- Community referrals – mediation, healing circles, FASD, suicide interventions
- Youth reintegration to community
- Youth gang prevention and intervention
- Commissioner of Oath services
- Probation services
- Courtworker services

Community-Based Justice Initiatives

- Justice Committee training
- Bylaw development/referrals
- domestic violence Initiative
- Justice policy development
- Section 81-84 pre-release plans
- Indigenous law development
- Facilitation of community safety plans
- Sentencing circle protocol development
- Anti-gang presentations
- Cyber bullying presentations

Training Workshops

- Proposal development
- Team-building workshops
- Youth peacemakers training – youth mediation

- Traditional mediation – level 1, 2 and 3 (Resolving Conflict Constructively, Mediation Skills, Leading By Example)
- First Nation mediation based on tipi teachings, ceremonies, healing
- Self-governance justice facilitation training
- Justice Committee training
- Stress management

WYNYARD

ADDICTION & MENTAL HEALTH SERVICES **Wynyard Hospital**

300 10th Street East
Box 670

Wynyard, SK, S0A 4T0

Phone: (306)554-3312

Hours: Monday through Friday, 8:30 am–4:30 pm

Services Offered:

- Addiction counsellors
- Adult, children and youth mental health/substance abuse/gambling
- Case management
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

YELLOW QUILL

ADDICTIONS & MENTAL HEALTH SERVICES **Yellow Quill Health Centre**

P.O. Box 10

Yellow Quill, SK, S0A 3A0

Phone: (306)322-2041

Central Intake line: (306)752-8767

Fax: (306)322-5970

Website: www.kelseytrailhealth.ca

Hours: Monday through Friday, 8:30 am–4:30 pm

Services Offered:

- Addiction services
- Mental health/holistic health services (services may include family support, suicide prevention, youth suicide services, addictions, NNADAP workers, mental health therapists)
- Wellness coordinator

There is no cost associated with a Saskatchewan health card. Wait-list varies.

YOUNG

ADDICTIONS & MENTAL HEALTH SERVICES **Mental Health and Addiction Rural Services**

Watrous Hospital

704 4th Street East

Watrous, SK, S0K 4T0

Intake: (306)365-3400

Hours: Monday through Friday, 8:30 am–4:30 pm

Services Offered:

- Addiction counsellors
- Adult, children and youth mental health/substance abuse/gambling
- Case management
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists

- Psychologists
- Social workers

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services

YOUNG CHIPPEWAYAN FIRST NATION

ADDICTIONS & MENTAL HEALTH SERVICES Alcoholics Anonymous

See Appendix A.3

Narcotics Anonymous Groups

See Appendix A.4

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Aboriginal Courtworkers Contact List

See Appendix A.5

ZEALANDIA

ADDICTIONS & MENTAL HEALTH SERVICES Rosetown and District Health Centre

409 Highway 4 North
Box 850
Rosetown, SK, S0L 2V0
Phone: (306)882-2672

Services Offered:

- Addictions
- Child and youth counsellor
- Mental health counselling
- Psych rehab

ZEHNER

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Piapot First Nation

Health Centre General Delivery
Zehner, SK, S0G 5K0
Phone: (306)781-4833
Fax: (306)781-7063

Band Office

General Delivery

Zehner, SK, S0G 5K0

Phone: (306)781-4848

Director of Restorative Justice: Email:

Bev.Poitras@fhqtc.com

Services Offered: File Hills Qu' Appelle

Tribal Council Community Justice Initiative

Restorative Justice Unit Services Include:

- Probation: As officers of the court they supervise the court orders in our communities
- Youth reintegration: As a community liaison between youth released from court and their community resources
- Courtworker: As liaisons between the court and the community they offer insight into the workings of the courts, court terminology and give direction to clients to obtain legal aid
- Community justice: the Officers meet with the justice committees, arrange justice gatherings, provide circle facilitation, mediation, trainings

Services Provided

- Extrajudicial sanctions (youth and adult)
- Community justice forums
- Consensus circle facilitation
- Court referrals mediation post/pre-charge
- Community referrals – mediation, healing circles, FASD, suicide interventions
- Youth reintegration to community

- Youth gang prevention and intervention
- Commissioner of Oath services
- Probation services
- Courtworker services

Community-Based Justice Initiatives

- Justice Committee training
- Bylaw development/referrals
- Domestic violence initiative
- Justice policy development
- Section 81-84 pre-release plans
- Indigenous law development
- Facilitation of community safety plans
- Sentencing circle protocol development
- Anti-gang presentations
- Cyber bullying presentations

Training workshops

- Proposal development
- Team-building workshops
- Youth peacemakers training – youth mediation
- Traditional mediation – level 1, 2 and 3 (Resolving Conflict Constructively, Mediation Skills, Leading By Example)
- First Nation mediation based on tipi teachings, ceremonies, healing
- Self-governance justice facilitation training
- Justice Committee training
- Stress management

ZELMA

ADDICTIONS & MENTAL HEALTH SERVICES **Mental Health and Addiction Rural Services**

Watrous Hospital

704 4th Street East

Watrous, SK, S0K 4T0

Intake: (306)365-3400

Hours: Monday through Friday, 8:30 am–4:30 pm

Services Offered:

- Addiction counsellors
- Adult, children and youth mental health/substance abuse/gambling
- Case management
- Community mental health nurses
- Marriage and family therapist
- Psychiatrists
- Psychologists
- Social workers

There is a wait-list for counselling but it varies month to month by community. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals, including court referrals. They ask that they be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify in which community they would like to access service.

APPENDIX A.1 FIRST NATIONS–APPROVED MENTAL HEALTH THERAPISTS

FEDERATION OF SASKATCHEWAN FIRST NATIONS–APPROVED MENTAL HEALTH THERAPISTS

(Approved to provide counselling under non-insured health benefits in Saskatchewan)

Approved Mental Health Therapists

Legend:
Provides individual fee for service crisis support
^ Provides Indian Residential School crisis support
* Provides community crisis support
- Has a full-time position
Community crisis support services are dependent on the therapist's availability

Air Ronge

Cavanagh, Sarah #^*
 ○ (306)425-1301

Battleford

MacKinnon, David #^*
 ○ (306)481-5523

Labman, Jessica #^
 ○ (306)490-7192

Cando

Wuttunee, Lenore
 "Delphine" #^*
 ○ (639)571-3533

Canora

Dokuchie (Crane), Gilda #^*
 ○ (306)594-4750

Craven

Eddy, Kali #^*
 ○ (306)550-9453

Cutknife

Tootoosis, Kimberly #^*
 ○ (306)390-7705

Emerald Park

Mitchall, Dale #
 ○ (306)537-8026

Fort Qu'Appelle

Krienke, Belinda Lee #^*
 ○ (306)331-9299

Poitras, Joycelyn #^*-
 ○ (306)332-2608

Bellegarde, Michelle #^*-
 ○ (306)209-4923

Hendon

Paul, James Ezra #^*
 ○ (306)216-8684

Henribourg

Hildebrand, Laura #^*
 ○ (306)960-2874

Humboldt

Bryson-Sarauer, Deborah #^*
 ○ (306)361-6373

Kylemore

Kayseas, Enola #^*-
 ○ (306)338-8133

Lebret

Dubois, Ethel #^*
 ○ (639)571-1856

Lloydminster

Hamilton, Michelle #^
 ○ (780) 808-1953

McCarty, Brenda #^
 ○ (306)280-9940

Johansson, Florence #^
 ○ (780)875-6467

Loon Lake

Weeseekase, Joyce #^*
 ○ (306)304-0782

Martensville

Kritzer, S. Wendy #^*
 ○ (306)270-4178

Meadow Lake

Mirasty, Marcia #^*
 ○ (306)236-5266

Opikokew, Carol #^*-
 ○ (306)304-2909

Laliberte, Cynthia #^*-
 ○ (306)304-2930

Melfort

Moss, Erin #^*
 ○ (306)920-7700

Olson, Tiffany #^*
 ○ (306)752-1020

McLeod, Erin #^
 ○ (306)752-1020

Missinipe

Driediger, Theresa #^*
 ○ (306)290-9198

Moose Jaw

Risula, Susan #^*
 ○ (306)631-6139

Garrett, Robert #^*
 ○ (306)513-6106

Nipawin

Rowan, Valerie #*
 ○ (306)921-2204

Chrusch, Garry #^
 ○ (306)862-6385

North Battleford

Cherniak, Michelle
 (Misha) #^*
 ○ (306)441-8090

Blackstar, Carmen #^*
 ○ (306)480-8205

Wapass, Bernice #^*
 ○ (306)490-9115

Allen, Sean #^-*
 ○ (306)317-0306

Murphy, Steve #*
 ○ (306)317-6872

Pruden, Jose #^
 ○ (306)441-6566

Migneault, Kellie #^*
 ○ (306)480-6651

Bellegarde, Beverly #^*
 ○ (306)373-3130

Onion Lake

Jimmy, Alice #^*
 ○ (306)830-9239

Prince Albert

Kusisto, Jillian #^*
 ○ (306)922-3202

Hussein, Salaheden #^*
 ○ (306)314-9511

Wolverine, Yvonne M.
 #^*
 ○ (306)764-0003

Bear, Marlene #^*
 ○ (306)960-6087

Ermine, Gabrielle #^*
 ○ (306)960-1269

Durocher, Phyllis #^-*
 ○ (306)980-9105

Bell, Ivy #^*
 ○ (306)960-0612

Finlayson, Robin #^
 ○ (306)922-9355

Cram, Patti #*
 ○ (306)930-5040

Krieg, Brigitte #*
 ○ (306)370-8755

Frantik, Jerri #^*
 ○ (306)763-4859

Watson, Glenda #^*
 ○ (587) 220-5559

Cameron, Charlene #*
 ○ (306)961-8605
 Reid, Gregory #^*
 ○ (306)960-3859

Sherwin-Roller, Nicola #^
 ○ (306)763-7243

Petit, Jamie #^*
 ○ (306)961-0304

Thomas, Bridgette #*
 ○ (306)960-2247

Olson, Tiffany #^*
 ○ (306)922-2777

Peckham, Gary *
 ○ (306)960-6939

Stevenson, Glennys #^*
 ○ (306)763-4859

Hardlotte, Elizabeth #^*
 ○ (306)763-0662

Billay, Elaine #^*
 ○ (306)922-2777

Gilbert, Lorna #^*
 ○ (306)922-4464

Eveleigh Harris, Shauna
 #*
 ○ (306)961-7342

Young, Catherine #^*
 ○ (306)960-5338

Carlson, Tracy #^*
 ○ (306)961-7005

McLeod, Erin #^
 ○ (306)922-2777

Bird, Katherine #^*
 ○ (306)961-8703

Camponi, Rosa #^
 ○ (306)764-8937

Curniski, Cathy #^*
 ○ (306)922-9355

Bailey, Eric #
 ○ (306)922-3202

April, Candice #^*
 ○ (306)961-7319

Clarke, Cindy #^*
 ○ (306)960-4279

Seidlikoski-Yurach,
 Wanda #^*
 ○ (306)961-9115

LaVallie, Carrie #
 ○ (306)765-3333

Henderson, Lorraine #^*
 ○ (306)961-4004

Penner, Anthony #^*
 ○ (306)980-8198

Regina

Panko, Joey #^*
 ○ (306)751-2464

Schoenroth, Natasha
 #^*
 ○ (306)751-2466

Calhoon, Kellsey #^*
 ○ (306)359-7792

Severight, Grant #^*
 ○ (639) 571-8859

Manuel South, Shelly #^*
 ○ (306)751-2467

Phillips, Laurel #^*
 ○ (306)537-4430

Kirk, Rob #^*
 ○ (306)569-4911

McNab, Marlene #^*

○ (306)527-7509

Tamaki, Shelley #^*
 ○ (306)751-2413

Sojonky, Todd #^*
 ○ (306)737-6533

Payant, Jodie #^*
 ○ (306)525-4918

Rapley, Sherry #^*
 ○ (306)751-2419

Herle, Allyce #^*
 ○ (306)539-3461

DeMarsh, Amanda #^*
 ○ (306)751-2467

Froese, Alexandra #^*
 ○ (306)751-2907

Moffatt, Alida #^*
 ○ (306)757-5100

McGeough, Anne M.
 #^*
 ○ (306)527-5364

McGeough F, Anne #^*
 ○ (306)757-5100

Fiissel, Bree #^*
 ○ (306)751-2412

Ellis, Janna #^*
 ○ (306)751-2467

Bright, Wendy #^*
 ○ (306)569-2525

Miller, Janet #^*
 ○ (306)751-5653

Harding, Val #^*
 ○ (306)359-6111

Klippenstine, Kent #^*
 ○ (306)757-4283

Wolfe, Bev #^*
 ○ (306)531-9812

Westermann, Marie-
 Josee #^*
 ○ (306)751-2467

Alexson, Dorothy #^*
 ○ (306)216-8265

Hesse, Jenna #^*
 ○ (306)751-2467

McGillicky, Sidney #^*
 ○ (306)551-0371

Hipfner, Carol #^*
 ○ (306)775-3581

Redman, Calvin #^*
 ○ (306)570-9882

Kleisinger, Carmel #^*
 ○ (306)751-3889

Traquair, Morgan #^*
 ○ (306)352-9468

Wijesinghe, Ramona #^*
 ○ (306)347-2273

Wolbaum, Kim #^*
 ○ (306)537-9210

Mustafaeva, Shahlo #^*
 ○ (306)807-0290

Pitzel Bazylewski, Myrna
 #^*
 ○ (306)519-7360

Bruce, Charlene #^*
 ○ (306)216-9824

Pitariu, Gabriela #^
 ○ (306)757-4283

Taylor, Stacy #*
 ○ (306)545-3000

Crowe-Salazar, Noela #^*
 ○ (306)988-9167

Panchuk, Kristie #^*-
 ○ (306)751-2416

Malloy, Jennifer #^*
 ○ (306)994-0609

Rosthern

Driediger, Theresa #^*
 ○ (306)290-9198

Burke, Susan #^*
 ○ (306)233-8669

Saskatoon

Ledoux, Deanna #^*
 ○ (587) 590-0888

Badrock, Maria #^
 ○ (587) 590-0888

Yaroshko, Della #^*
 ○ (587) 590-0888

Boechler, Stephen #^
 ○ (587) 590-0888

Camsell, Greta #^
 ○ (306)664-4310

Phillips, Dawn #^*
 ○ (306)717-2527

Chartier, Brian #^*
 ○ (306)717-2527

Mongovius, Nikkii #^*
 ○ (306)717-2527

McIntosh, Stuart #^*
 ○ (306)717-2527

McCarty, Brenda #^
 ○ (306)717-2527

Schenn-Visentini, Jennifer #^
 ○ (306)717-2527

Richards, Jai #^*
 ○ (306)665-6661

Cook, Dory #^*
 ○ (306)653-2718

Pandey, Nutan #^
 ○ (306)897-0029

Arnold, James #^
 ○ (306)664-6647

Harriman, Katherine #^*
 ○ (306)321-4595

Manley, Renee #^*
 ○ (306)281-5484

Ambrose, Jeannette #^
 ○ (306)249-4244

Laird, RoseMarie #^
 ○ (306)270-3831

Elias, John *
 ○ (306)665-5775

Hossack, Susan #^*
 ○ (306)371-0301

Cuthand, Eileen #^*
 ○ (306)914-5981

Walker, Brittany #^*
 ○ (306)381-5704

Fletcher, Mary Lou #^
 ○ (306)652-3121

Risling, Glenda #^*
 ○ (306)664-2409

Wiebe-Loehr, Sheri *#^
 ○ (306)371-1739

Cachene, Eunice #^
 ○ (306)664-0000

Froese, Luke #^*
 ○ (306)361-0577

Case, Dana A. #^*
 ○ (306)230-3171

Fraser, Louise #^*
 ○ (306)202-8438

Gryba, Paige #^*
 ○ (306)934-5898

Hodges, Phyllis #^*
 ○ (306)934-5898

Neufeld, Sharon #^
 ○ (306)664-0000

Risling, Ed #^*
 ○ (306)665-6242

Govender, Saxon #^*
 ○ (734) 604-8421

Daniels, Therese #^*
 ○ (306)384-5433

Hilario, Francisco Javier #^
 ○ (306)281-9905

Alexander, Joanne #^*
 ○ (306)979-8484

Robson, Irma #^*
 ○ (306)280-1950

Driediger, Theresa #^*
 ○ (306)290-9198

Night, Joyce R. #^*-
 ○ (306)221-9415

Sinclair, Mariah Skye #^*
 ○ (306)651-3434

Sand, Sarah #*
 ○ (306)281-5704

Willick, Myrna #^
 ○ (306)659-7785

Morin, Mona #^*
 ○ (306)880-8602

Walker, Maureen #^
 ○ (306)665-6661

Guenther, Judy #^
 ○ (306)230-0400

Graham, Holly #*
 ○ (306)371-3039

McCallion, Sheena #^*
 ○ (306)665-6661

Graham, Juanita (Pearl)
 #^*
 ○ (306)914-8116

Peng, Bonny #^*
 ○ (306)713-8968

Laliberte, Laverne #^*
 ○ (306)380-4047

Heinrichs, Ashley #^*
 ○ (639) 480-6311

Corbeil, Anjeanette #^*
 ○ (306)227-5899

Robillard, Karlee #^*
 ○ (306)290-5376

Bzdel, Helen #^-

○ (306)222-0563

Roulette, Anthony #^*
 ○ (306)491-7078

Thomas, Ruth Ann #*
 ○ (306)260-1067

Deschenes, Cindy #^*
 ○ (306)341-3681

Fitzpatrick, Terrie #^*
 ○ (306)280-1101

Harper, Patricia #*
 ○ (306)260-2557

O'Keeweewhow, Sharon
 #^*
 ○ (306)222-1607

Nakrayko, Lillian #^
 ○ (306)290-6029

Lidguerre, Tammy #^*
 ○ (306)960-2958

Gatzke, Christine #^*
 ○ (306)380-7284

Grenier, Valerie #*
 ○ (306)717-7523

Stonne, Roddy #^
 ○ (306)982-2511

Allberg, Delia #^*-
 ○ (306)343-2131

Hay, Deborah #
 ○ (306)249-4472

Lafontaine, Tania #^*
 ○ (306)270-5796

Shellbrook
 Leski, Angela #*

○ (306)747-8119

Southend

Clarke, Lorene #*
 ○ (306)960-4220

St. Louis

Pitzel, Sandy #^*
 ○ (306)940-8728

Stockholm

Tranberg, Christina #^*
 ○ (306)620-9706

Swift Current

Cormier, Wayne #^*
 ○ (306)774-9237

Warman

Mooney, Deborah (Deb)
 #^*
 ○ (306)227-7037

Whitecap

Bellegarde, Beverly #^*
 ○ (306)373-3130

Whitewood

Perrin-Bear, Leanne #^*
 ○ (306)735-7228

Willow Bunch

Prouten, Nancy Lee #^*
 ○ (306)500-1762

Yorkton

Gray, Cyndi #^
 ○ (306)783-3840

McArthur, Corrine #^
 ○ (306)783-942

Pearce, Karmen #^
 ○ (306)782-4711

Zehner

Lavallee, Elaine #^*
 ○ (306)359-091

APPENDIX A.2 LIST OF PRACTICING PSYCHOLOGISTS

SASKATCHEWAN COLLEGE OF PSYCHOLOGISTS List of Practicing Psychologists

*Includes only those practicing psychologists residing in the province of Saskatchewan.

Types of Practice

There are also different types of practice. A non-practicing member (NP) is someone who is not actively working as a psychologist. A full-practicing (FP) member is able to practice without supervision or any other restrictions. A provisional practice (PP) member has been granted a provisional license to practice until they complete the remaining requirements of registration, which is most often additional supervised experience.

Authorized Practice Endorsement (APE)

An Authorized Practice Endorsement (APE) is required to communicate a psychological diagnosis in Saskatchewan. "Yes" under APE indicates that the psychologist has been approved by the College to make diagnoses. "NO" indicates that the psychologist does not have this approval.

Name	Type	APE	Contact	Self-Declared Practice Areas
Abrams Murray Ph.D.	FP	Yes	Phone: (306)545-0134 Email: murray.abrams@outlook.com Location: Wascana Rehabilitation Centre, Regina	Clinical psychology, rehabilitation, physical health, anxiety, cognitive behavioural therapy, depression, grief, loss, bereavement, pain management, psychological assessment, PTSD, stress, trauma, workplace stress and concerns
Ackbar U. Salma Ph.D.	FP	Yes	Email: Salma.Ackbar@saskhealthauthority.ca Location: Alvin Buckwold Child Development Program, Saskatoon	English language only
Acton Bryan Ph.D.	FP	Yes	Email: bryan.acton@saskhealthauthority.ca Location: Bryan Acton Clinic Saskatoon, Saskatoon	clinical psychology, health psychology, developmental, ADHD, anxiety, behavioural, child psychology play therapy, clinical assessment and therapy, cognitive behavioural therapy, depression, diagnosis of learning disabilities,

				intellectual disability, learning disabilities, pain management, psychological assessment, psychotherapy, trauma
Adams Lebell Megan M.Ed.	FP	Yes		clinical psychology, educational/school
Adelman Stacey M.Ed.	FP	Yes	Phone: (306)546-5674 Email: Stacey_adelman@hotmail.com stacey@joshuatreelearning.com Location: Regina, Joshua Learning Tree Centre	counselling psychology, educational/school, teaching, achievement assessment, ADHD, anger management, anxiety, autism spectrum disorder, behavioural child-centred services in divorce and separation, chronic stress, cognitive behavioural therapy, depression, diagnosis of learning disabilities, disability management, educational psychology, family counselling, grief, loss, bereavement, intellectual disability intervention/programming, learning disabilities, learning strategies in school settings, life/family transitions, multidisciplinary assessment, psycho-educational assessment, program planning, relationship issues, self-esteem, stress, trauma, workplace stress and concerns
Ambrose Jeannette M.Ed.	FP	Yes	Phone: (306)249-4244 Email: jeannette.ambrose@gmail.com Location: 1018 3 rd Street East, Saskatoon	Full practice
Andrie Sarah M.Ed.	FP	Yes	N/A	Full practice

Anstey Bernell M.Ed.	FP	Yes	N/A	Full practice
Arbuthnott Alexis Ph.D.	FP	Yes	N/A	Full practice
Arbuthnott Dennis M.A.	FP	Yes	Phone: (306)522-4747 Email: dennisarbuthnott@hotmail.com Location: 2631 28 th Avenue #110 Regina	Full practice
Arnold W James Ph.D.	FP	Yes	Phone: (306)664-6647 Location: 1324 College Drive, Saskatoon, SK,	Full practice
Arnot Linda M.Ed.	FP	Yes	N/A	Full practice
Asmundson Gordon Ph.D.	FP	Yes	Email: gordon.asmundson@uregina.ca Location: Dep't of Psychology, University of Regina, 3737 Wascana Parkway, Regina	Clinical psychology, health, psychology, anxiety, chronic stress, cognitive behavioural therapy, depression, pain management, psychological assessment, PTSD, stress, trauma
Babcock Dana M.Ed.	FP	Yes	N/A	Full practice
Baker Meaghan M.Ed.	PP	No	N/A	Provisional practice
Barker Conor M.Ed.	FP	Yes	Phone: (306)700-3141 (phone or text) Email: conor@barkerpsychology.com Location: P.O. Box 1353, Swift Current, SK, S9H 3X5	Full practice
Barnabas Ida Ph.D.	FP	Yes	Email: ibarnabas@schr.sk.ca Location: 469 Willow Bay, Estevan, SK, S4A 2G3	Full practice
Beatch Romeo M.C.	FP	Yes	Email: rbeatch60@gmail.com Location: P.O. Box 781, Unity, SK, S0K 4L0	Full practice
Beattie Jennifer M.Sc.	FP	No	Email: jennifer@triunesystems.ca Location: Suite C, Yellowhead Business	Full practice

			Centre, 6209 44 th Street, Lloydminster, AB	
Bell Garry Ph.D.	FP	Yes	Email: g.b.consulting@accessco mm.ca Location: 401-2700 Montague Street, Regina, SK	Full practice
Bell Ruthanne Ph.D.	FP	Yes	Location: Children's Mental Health Services - MHAS, 715 Queen Street, Saskatoon	Full practice
Bellows Kristin M.Ed.	FP	Yes	Email: bellows.kristin@prairiesouth.ca	Educational/school, developmental, achievement assessment, ADHD, autism spectrum disorder, behavioural diagnosis of learning disabilities, educational psychology, intellectual disability, intervention/programming, learning disabilities, learning strategies in school settings, psycho-educational assessment; program planning, psychological assessment
Bellrose Sheila M.Ed.	FP	Yes	Email: sheila.bellrose@saskpolyt ech.ca Location: Saskatchewan Polytechnic Moose Jaw Campus, P.O. Box 1420, Moose Jaw	Full practice
Bentley Wendy M.Ed.	PP	No	Phone: (306)688-5138 Location: Box 158, Creighton, SK, S0P 0A0	Provisional practice
Berard Nathalie Ph.D.	FP	Yes	N/A	Full Practice
Berg Donald M.Ed.	FP	Yes	N/A	Counselling psychology
Berg-Kolody Lisa Ph.D.	FP	Yes	Email: dr.lisabk@gmail.com	Clinical psychology
Beshai Shadi Ph.D.	FP	Yes	N/A	Clinical psychology

Bidwell Noelle M.Ed.	FP	Yes	Email: noelle.bidwell@lskysd.ca Location: 509 Pioneer Avenue, N. Battleford, SK, S9A 4A5	Full practice
Bilkhu Marya M.Ed.	FP	Yes	Phone: (306)652-4114	Counselling psychology, ADHD intellectual disability, learning disabilities, psycho- educational assessment; program planning
Binsfeld Sarah M.Ed.	PP	No	Phone: (306)280-4510 Email: hello@evolvepsych.ca Location: Evolve Psychology, 10-345 4 th Ave S, Saskatoon	Counselling psychology, educational/school
Block Gerald Ph.D.	FP	Yes	Email: gerald.block@saskatoonhealthregion.ca Location: 2003 Arlington Avenue, Saskatoon, SK	Full practice
Bodnarchuk Diane M.Ed.	FP	No	Email: kdjm@sasktel.net	Abuse, ADHD, anger management, anxiety cognitive behavioural therapy, couple counselling, depression grief, loss, bereavement, individual psychology, life/family transitions, relationship issues, self- esteem, self-regulation therapy, stress, trauma, workplace stress and concerns
Boechler Stephen Ph.D.	FP	Yes	Email: steveboechler@sasktel.net Location: 617 C Main Street East, Saskatoon, SK	Clinical psychology, counselling psychology, forensic teaching abuse, anger management, anxiety, assessment and treatment of offenders, behavioural, child sexual abuse victims and offenders, chronic stress, clinical assessment and therapy, cognitive behavioural therapy,

				couple counselling, depression, grief, loss, Bereavement, Individual, psychology, intellectual disability, life/family, transitions, psychotherapy, PTSD, relationship issues, self-esteem, sexual abuse, stress, trauma, violence including criminal issues, workplace stress and concerns
Bonli Rupal Ph.D.	FP	Yes	Email: rupal.bonli@saskhealthauthority.ca Location: Royal University Hospital, 103 Hospital Drive, Saskatoon, SK	Clinical psychology, health psychology, anxiety, autism spectrum disorder, clinical assessment and therapy, individual psychology, pain management, personality disorders, psychotherapy
Booth Mary Lee M.Ed.	FP	Yes	Email: marylee.booth@saskhealthauthority.ca Location: 1419 Sioux Crescent, Moose Jaw, SK, S6H 7C8	Full practice
Bote Cindy M.C.	FP	Yes	N/A	Counselling psychology, abuse, anxiety, child sexual abuse, victims and offenders, PTSD, sexual abuse, trauma
Bourassa Michelle Ph.D.	FP	Yes	N/A	Full Practice
Bourgault-Fagnou Michelle Ph.D.	FP	Yes		Clinical psychology, health psychology, rehabilitation: physical health, anxiety, cognitive behavioural therapy depression, pain management, psychological assessment, PTSD, stress, trauma
Braden Jennifer M.Ed.	FP	Yes	Email: bradenj@spsd.sk.ca Location: 310 21 st Street East, Saskatoon, SK	Full practice

Bradley Marie M.Ed.	FP	Yes	Email: marie.bradley@pvsd.ca Location: Prairie Valley School Division, Box 1937, 3080 Albert St. N., Regina, SK	Educational school, educational psychology, psycho-educational assessment; program planning
Braithwaite Stacey M.Ed.	FP	Yes	Location: 14 Oxford Bay, White City, SK, S4L 0C6	Full practice
Brass Elisabeth Ph.D.	FP	Yes	Location: Child & Youth Services, 1680 Albert Street, Regina, SK	Full practice
Brazier Bette Ph.D.	FP	Yes	Email: bbrazier@sasktel.net	Full practice
Bridge Gary M.A.	FP	Yes	Email: camponibridge@shaw.ca Location: 1267 Cowan Drive, Prince Albert, SK, S6V 2P9	Full practice
Bright Wendy M.A.	FP	No	Location: 2350 Lorne Street, Regina, SK	Clinical psychology, health psychology, anger management, anxiety depression, gay/lesbian issues, grief, loss, bereavement, individual psychology, life/family transitions, pain management, psychotherapy, PTSD self-esteem, self-regulation therapy, sexual abuse stress, trauma, women's issues, workplace stress and concerns
Brock Susan Ph.D.	FP	Yes	Suite 200, 4243 Glanford Avenue, Victoria, BC, V8Z 4B9	Clinical psychology, abuse addiction, anger management, anxiety, clinical assessment, and therapy cognitive behavioural therapy, couple counselling, depression individual psychology, multidisciplinary assessment, psychological assessment, psychotherapy,

				PTSD, relationship issues, self-esteem, stress, trauma, workplace stress and concerns
Brown John Ph.D.	FP	Yes	N/A	Clinical psychology
Bulitz Deborah M.Ed.	FP	Yes	Email: deb.bulitz@gssd.ca Location: 150 Gladstone Avenue N, Yorkton, SK, S3N 2A8	Full practice
Burdan Evan M.A.	FP	Yes	Email: godstexican@yahoo.com Location: 237 Bean Crescent, Weyburn, SK, S4H 3A3	Clinical psychology, clinical assessment and therapy, couples counselling, family counselling, psychological assessment, psychotherapy
Burton Rachel Ph.D.	FP	Yes	N/A	Clinical psychology, health psychology
Buttinger Pamela M.Ed.	FP	Yes	N/A	Full Practice
Calhoon Kellsey M.Ed.	FP	Yes	N/A	Counselling psychology, developmental, abuse, ADHD, anxiety, body image, child sexual abuse victims and offenders, chronic stress, clinical assessment and therapy, depression, eating disorders, grief, loss, bereavement, psychological assessment, psychotherapy, PTSD, relationship issues, self-esteem, self-regulation therapy, sexual abuse, stress, trauma, women's issues, workplace stress and concerns
Campbell Alison M.Ed.	FP	Yes	Location: 6323 Wascana Court Place, Regina, SK	Full practice
Campbell Mary M.Ed.	FP	Yes	N/A	Clinical psychology, developmental, teaching, program evaluation, educational psychology, psychological assessment
Camponi Rosa M.A.	FP	Yes	Location: 1267 Cowan Drive, Prince Albert, SK, S6V 2P9	Full Practice

Carleton R. Nicholas Ph.D.	FP	Yes	Email: nick.carleton@uregina.ca Location: Psychology Department, 3737 Wascana Parkway, Regina	Clinical psychology, anxiety, cognitive behavioural therapy, PTSD, stress, trauma
Carlson Ashley M.Ed.	PP	No	N/A	Provisional practice
Carlson Lorri M.A.	FP	Yes	Email: lorri.carlson@sasktel.net Location: Wascana Rehabilitation Centre, 2180 23rd Ave, Regina, SK	Clinical psychology, counselling psychology, health system evaluation, anxiety, clinical assessment and therapy, cognitive behavioural therapy, depression, individual psychology, life/ family transitions, PTSD, stress, trauma
Carr John M.Ed.	FP	Yes	Email: john.carr@nwsd.ca Location: P.O. Box 69, Rapidview, SK, S0M 2M0	Full practice
Carruthers Chassidy Ph.D.	PP	No	N/A	Provisional practice
Carverhill Philip Ph.D.	FP	Yes	Email: dr.phil.carverhill@shaw.ca Location: 912 Idylwyld Drive N, Suite 206, Saskatoon, SK	Full practice
Cavanaugh Patricia M.A.	FP	No	Location: 2326 College Ave, Regina, SK	Full practice
Cey Emma M.Ed.	FP	Yes	N/A	Full practice
Chalmers Jennifer Psy.D.	FP	Yes	Email: jennchalmers@hotmail.com Location: P.O Box 40035, Regina, SK, S4W 0L3	Full practice
Chappell Gwendolyn M.Ed.	PP	No	N/A	Provisional practice
Chartier Brian Ph.D.	FP	Yes	Email: brian.chartier@sasktel.net Location: 1324 College Drive, Saskatoon, SK	Clinical psychology, counselling psychology, health psychology, abuse, addiction, anger management, anxiety,

				career counselling, child sexual abuse victims and offenders, chronic stress, clinical assessment and therapy, couple counselling, depression, disability management, gay/lesbian issues, grief, loss, bereavement, individual psychology, life/family transitions, pain management, personality disorders, psychological assessment, psychotherapy, PTSD, relationship issues, self-esteem, sexual abuse, stress, trauma, women's issues, workplace stress and concerns
Cherniak Michelle M.Sc.	FP	Yes	N/A	Clinical psychology, addition, anger management, anxiety, autism spectrum disorder, body image, career counselling, cognitive behavioural therapy, depression, psychological assessment, relationship issues, self-esteem, stress, women's issues, workplace stress and concerns
Clark Gail M.Ed.	FP	Yes	Email: gail@clarkeducation.com Location: 259 Carr Lane, Saskatoon, SK	Educational/school achievement assessment, ADHD, cognitive, diagnosis of learning disabilities, educational psychology, intellectual disability, learning disabilities, psycho-educational assessment, program planning
Clarke Allyson Ph.D.	FP	Yes	Phone: (306)655-8982	Clinical psychology, counselling psychology, health psychology, rehabilitation/physical health, applied research, clinical assessment and therapy, psychological assessment, psychotherapy

Clarke Pamela Ph.D.	FP	Yes	Email: beattiepamela@hotmail.com	Full practice
Clayards Heidi M.Ed.	FP	Yes	N/A	Full practice
Claypool Timothy Ph.D.	FP	Yes	Email: 1201-902 Spadina Crescent East, Saskatoon, SK Email: trc53@outlook.com	Educational/school, applied research, teaching, achievement assessment, ADHD, anger management, anxiety, behavioural, diagnosis of learning disabilities, educational psychology, intellectual disability, learning disabilities, learning strategies in school settings, psycho-educational assessment, program planning, psychotherapy, self-esteem, stress
Coates Dennis M.Ed.	FP	No	Email: office@peopleproblems.ca Location: 1118 College Drive, Saskatoon, SK	Full practice
Cochran Kathryn M.Ed.	FP	Yes	Email: kcochran@sasktel.net Location: 2 Laval Drive, Regina, SK	Full practice
Cochrane Krista M.Ed.	FP	Yes	Email: kcochrane@srsd119.ca Location: 545-11th Street East, Prince Albert, SK, S6V 1B1	Counselling psychology, educational/school, diagnosis of learning disabilities, educational psychology, intellectual disability, learning disabilities, learning strategies in school settings, psycho-educational assessment; program planning
Cockle Susan M.A.	FP	No	N/A	Counselling psychology
Collevy Kristin M.Ed.	FP	Yes	N/A	Full practice
Coltea Cosmin M.A.	FP	Yes	Phone: (306)786-0444 Location: 150 Independent St, Yorkton, SK, S3N 2K5	Clinical psychology, health psychology, developmental, ADHD, autism spectrum disorder, behavioural, learning disabilities, psychological assessment

Corbett Lynn Ph.D.	FP	Yes	Phone: (306)220-1613, (306)974-5415 Email: lynn@corbettmills.ca Location: Corbett Mills Counselling & Consulting Services, Suite 101, 1132 College Drive, Saskatoon	Full practice
Cornelius Larisa Ph.D.	PP	No	N/A	Provisional practice
Cornish Peter Ph.D.	FP	Yes	Email: pcornish@mun.ca Location: Cornish & Gillette, 1004 15 th Street East, Saskatoon, SK	Full practice
Crassweller Patricia M.A.	FP	Yes	Email: patty.crassweller@schr.sk. ca Location: Saskatchewan Health Authority Box 2003, Weyburn, SK, S4H 2Z9	Clinical psychology, anxiety, clinical assessment and therapy, cognitive behavioural therapy, depression, personality disorders, psychological assessment
Crittenden Lorri M.Ed.	FP	Yes	Phone: (306)535-2186 Email: lorri.crittenden@sasktel.net Location: 2330 15 th Ave, 1245 College Avenue, Regina, SK	Counselling psychology, educational/school, achievement assessment, ADHD, anxiety, behavioural, cognitive behavioural therapy, depression, diagnosis of learning disabilities, educational psychology, grief, loss, bereavement, learning disabilities, learning strategies in school settings, life/family transitions, self-esteem, sexual abuse, stress, trauma, workplace stress and concerns
Cummings Jordan Ph.D.	FP	Yes	Email: jorden.cummings@usask. ca Location: Department of Psychology, University of Saskatchewan, 9 Campus Drive, Saskatoon, SK	Full practice
Currie Catherine M.Ed.	PP	No	N/A	Educational/school

Curry Judy M.Ed.	FP	Yes	Email: curry.judy@nesd.ca Location: P.O. Box 1115, Melfort, SK, S0E 1A0	Full practice
D'Sena Vandana M.C.	PP	No	N/A	Provisional practice
Danger Stephanie M.Ed.	PP	No	N/A	Provisional practice
Daniels Therese Ph.D.	FP	Yes	Email: therese.daniels@csc- scc.gc.ca Location: 1526 Preston Avenue, Saskatoon, SK	Clinical psychology, forensic, abuse, addiction, ADHD, anger management, anxiety, assessment and treatment of offenders, child sexual abuse victims and offenders, cognitive, cognitive behavioural therapy, depression, gay/ lesbian issues, grief, loss, bereavement, PTSD, relationship issues, risk assessment, self-esteem, sexual abuse, stress, trauma, violence including criminal issues, workplace stress and concerns
Davidson- Hove M. Elizabeth M.Ed.	PP	No	Email: ehove@sasktel.net	Clinical Psychology, Counselling Psychology, Health Psychology, Rehabilitation: Physical Health, Mental Health, Developmental, Educational Psychology
Davis Darrell Ph.D.	FP	Yes	Email: ptcs@sasktel.net	Counselling psychology, rehabilitation mental health, developmental, forensic, applied research, abuse, addiction, anger management, anxiety, assessment and treatment of offenders, behavioural, body image, career rehabilitation, Christian/spiritual counselling, chronic stress, clinical assessment and therapy, cognitive, cognitive behavioural therapy, couple

				counselling, criminal forensic, depression, eating disorders, EMDR (eye movement desensitization and reproprocessing), family counselling, grief, loss, bereavement, individual psychology, life/family transitions, personality disorders, psychotherapy, PTSD, self-esteem, sexual abuse, trauma, violence inducing criminal issues, youth forensics
Davison Mischa M.Ed.	PP	No	N/A	Provisional practice
Delparte Chelsea Ph.D.	FP	Yes	Location: Prairie Psychology Services, 2230 Lorne Street, Regina, SK	Clinical psychology, health psychology, ADHD, anxiety, clinical assessment and therapy, cognitive behavioural therapy, depression, eating disorders, psychological assessment, PTSD
Derow Melissa M.Sc.	FP	Yes	Email: melissa.derow@saskhealthauthority.ca	Full practice
DeSorcy Danielle Ph.D.	FP	Yes	Email: ddesorcy@reginapolice.ca Location: 1717 Osler St., Regina, SK	Clinical psychology, forensic, autism spectrum disorder, criminal forensic, FASD specialist, risk assessment, youth forensics
Desy Marie-Christine Ph.D.	FP	Yes	N/A	Educational/school, neuro-psychology, developmental
Dimen Christine M.Ed.	PP	No	N/A	Provisional practice
Doka Hollie M.Ed.	PP	No	N/A	Provisional practice
Dorey Lee M.Ed.	FP	No	Email: lee.dorey@saskatoonhealthregion.ca Location: 3219 Ortona Street, Saskatoon, SK	Full practice

Driediger Theresa M.A.	FP	Yes	Email: theresa7@sasktel.net Location: P.O. Box 670, Rosthern, SK, S0K 3R0	Counselling psychology, anxiety, depression, family counselling, individual psychology, psychotherapy, relationship issues, self- regulation therapy, trauma, workplace stress and concerns
Dumitrescu Cristina M.Ed.	FP	Yes	Phone: (306)551-1861 Email: psychotherapyinregina@ hotmail.com Location: 310-2445 13 th Avenue, Regina, SK	Counselling, health psychology, geropsychology, anger management, anxiety, chronic stress, depression, grief, loss, bereavement, group counselling, individual psychology, pain management, relationship issues, self-esteem, stress, women's issues, workplace stress and concerns
Duncombe Gail M.Ed.	FP	Yes	N/A	Full practice
Dunlop Wanetta M.Ed.	FP	Yes	N/A	Full practice
Dusterbeck- Colhoun Tammy M.Ed.	FP	Yes	Email: tammy.dusterbeck@rqhe alth.ca Location: Child and Youth Services – Randall Kinship Centre, 1680 Albert Street, Regina, SK	Full practice
Eaton Carole M.A.	FP	No	Email: ceaton@phoenixregina.c om Location: 2259 Garnet Street, Regina, SK	Full practice
Eddy Kali M.Ed.	FP	Yes	Location: P.O. Box 145, Craven, SK, S0G 0W0	Full practice
Elias John Ph.D.	FP	No	Email: elias@shaw.ca Location: 3615 Saskatchewan Cres. S, Saskatoon, SK	Full practice
Ellis Amanda M.Ed.	FP	Yes	N/A	Counselling psychology, anxiety, cognitive behavioural therapy, depression, diagnosis of learning disabilities, educational psychology,

				intellectual disability, learning disability, learning strategies in school settings, life/family transitions, psychoeducation assessment, program planning, relationship issues, self-esteem, stress
Ellis Janna M.Ed.	FP	Yes	N/A	Full practice
Endsin Stefan M.Ed.	PP	No	N/A	Counselling psychology, educational psychology
Ennis Liam Ph.D.	FP	Yes	N/A	Full practice
Eritz Heather Ph.D.	FP	Yes	Phone: (306)766-6700 Location: Child and Youth Services, 1680 Albert St., Regina, SK	Full practice
Erker Linda M.Ed.	FP	Yes	Email: erkerl@spsd.sk.ca Location: 310 21 st Street East, Saskatoon, SK	Educational/school, developmental
Evans Darcia M.Ed.	FP	Yes	Phone: (306)222-0574(h) Email: revans@sasktel.net	Clinical psychology, counselling psychology, educational psychology
Faith Sari M.A.	FP	No	N/A	Full practice
Falk Matthew M.Ed.	PP	No	N/A	Provisional practice
Farkas Michelle M.Ed.	FP	Yes	Email: mecfarkas@gmail.com Location: P.O. Box 393, Macklin, SK, S0L 2C0	Educational/school, educational psychology, psycho-educational assessment, program planning
Farthing Frederick M.Ed.	FP	No	Email: fredfar@sasktel.net Location: 200-506 25 th Street East, Saskatoon, SK	Full practice
Farthing Gerald Ph.D.	FP	Yes	Email: grfarthingphd@sasktel.net Location: 317 Laval Crescent, Saskatoon, SK, S7H 4N7	Full practice
Fedak Stephanie M.Ed.	FP	Yes	Email: stlejf@gmail.com Location: Box 2003, Weyburn, SK, S4H 2Z9	Full practice
Fehr Deborah M.Ed.	FP	No	Email: debfehr1@sasktel.net	Counselling psychology, abuse, anger management, child sexual abuse victims

			Location: Box 762, Dundurn, SK, S0K 1K0	and offenders, couple counselling, group counselling, individual psychology, PTSD, relationship issues, sexual abuse, trauma, women's issues
Fehr Teresa M.Ed.	FP	No	Email: tefehr@gmail.com	Counselling psychology, cognitive behavioural therapy, couple counselling, criminal forensic, depression, individual psychology, life/family transitions, stress, women's issues, workplace stress and concerns
Ferguson Tammy M.Sc.	FP	Yes	Email: t.ferguson@rcsd.ca Location: 2160 Cameron Street, Regina, SK	Educational/school, teaching, achievement assessment, behavioural, cognitive, diagnosis of learning disabilities, educational psychology, intellectual disability, intervention/programming, learning disabilities, learning strategies in school settings, psycho-educational assessment; program planning, psychological assessment
Fieldgate Catherine M.A.	FP	Yes	Email: fieldgate.rogers@sasktel.net	Clinical psychology/development, ADHD, anxiety, autism spectrum disorder, behavioural, cognitive behavioural therapy, couples counselling, depression, family counselling, grief, loss, bereavement, relationship issues, self-esteem, stress, trauma, workplace stress and concerns
Fiissel Bree Ph.D.	FP	Yes	Email: bree.fiissel@ranchehrlo.ca Location: 1951 Francis Street, Regina, SK	Clinical psychology, counselling psychology
Finlayson Robin M.Ed.	FP	Yes	Email: finlaysonra@csc-scc.gc.ca	Full practice

			Location: Department of Psychology CSC , 15 th Street W, P.O. BOX 160, Prince Albert, SK, S6V 5R6	
Fletcher Mary Lou M.Ed.	FP	No	Email: maryloufletcherscp@shaw.ca Location: 603 3 rd Avenue N., Saskatoon, SK	Counselling psychology, anger management, anxiety, Christian/spiritual counselling, cognitive behavioural therapy, couple counselling, depression, grief, loss, bereavement, life/family transitions, psychotherapy, relationship issues, self-esteem, sexual abuse, stress, women's issues
Flood Mona M.A.	FP	Yes	Email: mona.flood@saskhealthauthority.ca Location: 2860 St. James Bay, Regina, SK	Full practice
Focht Cindy M.Ed.	FP	Yes	Location: P.O. Box 279, Sintaluta, SK, S0G 4N0	Educational/school, teaching
Foster Lyndsay Ph.D.	FP	Yes	Phone: (306)988-4776 Email: dr.lfoster@sasktel.net	Clinical psychology, health psychology, teaching, anxiety, behavioural, body image, child maltreatment, chronic stress, clinical assessment and therapy, cognitive behavioural therapy, couple counselling, depression, gay/lesbian issues, grief, loss, bereavement, psychological assessment, psychotherapy, PTSD, relationship issues, self-esteem, sexual abuse, stress, trauma, women's issues
Fotheringham Janine M.Ed.	FP	Yes	Email: jjfotheringham@sasktel.net Location: 239 Beerling Crescent, Saskatoon, SK	Full practice
Frederick Joanne M.A.	FP	Yes	Email: joanne.frederick@sasktel.net	Full practice
Friesen Sarah M.Ed.	FP	Yes	Email: sarah.friesen@saskhealthauthority.ca	Full practice

			Location: 1319 Colony Street, Saskatoon, SK	
Froese Alexandra M.Ed.	FP	Yes	N/A	Clinical psychology, counselling psychology, educational/school, abuse, achievement assessment, ADHD, anxiety, autism spectrum disorder, child psychology play therapy, child sexual abuse Victims and offenders, child-centred services in divorce and separation, chronic stress, clinical assessment and therapy, cognitive, cognitive behavioural therapy, depression, diagnosis of learning disabilities, educational psychology, grief, loss, bereavement, intellectual disability, learning strategies in school settings, life/family transitions, psycho-educational assessment; program planning, psychological assessment, psychotherapy, PTSD, relationship issues, self-esteem, self-regulation therapy, sexual abuse, stress, trauma, violence including criminal issues, women's issues, workplace stress and concerns
Fuchs Chantalle M.A.	PP	No	N/A	Clinical psychology
Fuchs- Lacelle Shannon Ph.D.	FP	Yes	Location: P.O. Box 404, Craven, SK, S0G 0W0	Full practice
Gagnon Michelle Ph.D.	FP	Yes	Location: University of Saskatchewan, Department of Psychology, 9 Campus Drive, Arts Building, Saskatoon, SK	Clinical psychology, health psychology

Gallant Natasha M.A.	PP	No	N/A	Provisional practice
Gallery Marina M.A.	FP	Yes	N/A	Full practice
Garcea Laurie M.Ed.	FP	Yes	Email: laurie.g@ldas.org Location: 341 Clearwater Place, Saskatoon, SK	Full practice
Gardiner Sandy M.Ed.	FP	Yes	Email: sandygardiner@xplornet. ca Location: Sandy Gardiner Educational Consulting, P.O. Box 434, Beauval, SK, S0M 0G0	Full practice
Garratt Tara M.A.	FP	Yes	Email: tara.garratt@rbe.sk.ca Location: Regina Public Schools, 1600 - 4th Avenue, Regina, SK	Full practice
Gaudet Gail M.Ed.	PP	No	Email: pggaudet@baudoux.ca Location: P.O. Box 10, St. Isidore De Bellevue, SK, S0K 3Y0	Provisional practice
Gaylor Lisa M.Ed.	FP	Yes	Email: lisa.gaylor2@gmail.com	Full practice
Gibb Katherine M.Ed.	PP	No	N/A	Provisional practice
Gibson Karlene M.Ed.	FP	Yes	Email: karlene.gibson@sasktel.n et Location: 430 Hansen Drive, Regina, SK	Achievement assessment, ADHD, diagnosis of learning disabilities, educational psychology, psycho- educational assessment; program planning
Gillea Karen Ph.D.	FP	Yes	Location: 1132 College Drive, Suite 101, Saskatoon, SK	Clinical psychology, abuse, anxiety, body image, career counselling, chronic stress, depression, eating disorders, grief loss bereavement, individual psychology, personality disorders, psychotherapy, PTSD, relationship issues, self- esteem, sexual abuse, stress, trauma, women's issues,

				workplace stress and concerns
Gordon Audrey M.Ed.	FP	Yes	Email: audrey.gordon@outlook.com	Counselling psychology, anger management, anxiety, assessment and treatment of offenders, cognitive behavioural therapy, couple counselling, criminal forensic, depression, individual psychology, personality disorders, relationship issues, risk assessment, self-esteem, stress, violence including criminal issues, workplace stress and concerns
Gordon Bruce Ph.D.	FP	Yes	Email: brucegordon@sasktel.net	Full practice
Gordon Jennifer Ph.D.	FP	Yes	N/A	Full practice
Gorrie David M.Ed.	FP	Yes	Email: davegorrie05@gmail.com Location: 19 Champlain Crescent, Saskatoon, SK	Full practice
Gough Rhonda M.Ed.	FP	No	Email: rbgough@sasktel.net Location: 601 - 402 21st Street East, Saskatoon, SK	Teaching, human resource management, body image, depression, eating disorders, grief, loss, bereavement, life/family transitions, self-esteem, sexual abuse, stress, trauma, women's issues, workplace stress and concerns
Govender Saxon Ph.D.	FP	Yes	N/A	Full practice
Graham Holly Ph.D.	FP	No	Email: holly.graham@usask.ca	Abuse, EMDR (eye movement dealitization and deprocessing), PTSD, self-esteem, self-regulation therapy, sexual abuse, stress, trauma
Graham Banman David M.Ed.	FP	Yes	Location: 1180 3 rd Avenue NE, Moose Jaw, SK, S6H 1G1	Counselling psychology, anger management, anxiety, career counselling, chronic stress, cognitive behavioural therapy, couple counselling, depression, educational psychology, grief, loss,

				bereavement, individual psychology, psychotherapy, relationship issues, self-esteem, stress
Grayston H. Norman M.Ed.	FP	No	Phone: (306)782-2151 Email: normgcs@gmail.com Location: Grayston Counselling Service, 5-31 Broadway Ave. E, Yorkton, SK, S3N 0K4	Full practice
Greenough Sally M.Ed.	FP	Yes	Location: 1802 Victoria Avenue, Saskatoon, SK	Educational school, achievement assessment, ADHD, anxiety, cognitive, depression, diagnosis of learning disabilities, educational psychology, intellectual disability, learning disabilities, learning strategies in school settings, psycho-educational assessment; program planning
Greenough Timothy Ph.D.	FP	Yes	Email: t.greenough@sasktel.net Location: 310 Sturgeon Drive, Saskatoon, SK	Clinical psychology, forensic, custody/access assessment, parenting assessment
Grenier Valerie M.A.	FP	No	N/A	Counselling psychology, anxiety, body image, couple counselling, depression, eating disorders, gay/lesbian issues, grief, loss, bereavement, individual psychology, life/family transitions, relationship issues, self-esteem, stress, women's issues, workplace stress and concerns
Gryba Paige M.Ed.	FP	No	Phone: (306)934-5898(w), (306)934-5812 Email: pcm@sasktel.net Location: 206-912 Idylwyld Drive North, Saskatoon, SK	Counselling psychology, educational/school, developmental, teaching, anxiety, child psychology play therapy, cognitive behavioural therapy, couple counselling, depression, family counselling, individual psychology, life/family transitions, psychotherapy, PTSD, relationship issues, self-

				esteem, sexual abuse, stress, trauma, women's issues, workplace stress and concerns
Gueguen-Nielson Nina M.Ed.	PP	No	N/A	Educational/school
Hack Brennan M.Ed.	FP	Yes	N/A	Educational/school, ADHD, diagnosis of learning disabilities, educational psychology, intellectual disability, learning disabilities, learning strategies in school settings, psycho-educational assessment/program planning
Hadjistavropoulos Heather Ph.D.	FP	Yes	Email: hadjista@uregina.ca Location: University of Regina, Department of Psychology, Regina, SK	Full practice
Hadjistavropoulos Thomas Ph.D.	FP	Yes	Email: hadjistt@uregina.ca Location: University of Regina, Department of Psychology, Regina, SK	Clinical psychology, health psychology, geropsychology, applied research, anxiety, behavioural, clinical assessment and therapy, cognitive behavioural therapy, depression, pain management, psychological assessment, PTSD, self-esteem
Halbert Gary M.Ed.	FP	Yes	Email: gary.halbert@rbe.sk.ca	Full practice
Hallman David Ph.D.	FP	Yes	Email: david.hallman@brainworksrehab.com	Clinical psychology, neuropsychology, psychological assessment
Hammel-Kampus Frances M.Ed.	FP	Yes	Email: fhkampus@hotmail.com	Full practice
Hampton Amy Ph.D.	PP	No	N/A	Provisional practice
Hampton Mary Ed.D.	FP	Yes	Email: mary.hampton@uregina.ca	Full practice
Hanna Pamela M.Ed.	PP	No	N/A	Provisional practice

Hansen Lis M.Ed.	FP	Yes	Location: RR#1, Box 48B, Regina, SK	Full practice
Harbin Carol M.Ed.	FP	Yes	Email: c.harbin@sasktel.net Location: 4822 - 45th Street, Lloydminster, SK, S9V 0H9	Counselling, educational/school, achievement assessment, ADHD, behavioural, cognitive, educational psychology, intellectual disability, learning disabilities, psycho-educational assessment; program planning
Hardenne Tanya M.Ed.	FP	Yes	N/A	Full practice
Harding Val Ph.D.	FP	Yes	Email: lebell.associates@sasktel. net Location: 2114 College Avenue, Regina, SK	Full practice
Harker Katelyn Ph.D.	FP	Yes	Phone: (306)250-1032	Clinical psychology, forensic
Harkness Lorrie Anne M.Ed.	FP	Yes	Email: lorrie.harkness@pvsd.ca Location: 132 Fairway Rd, Emerald Park, SK, S4L 1C8	Educational/school, teaching, program evaluation, achievement assessment, ADHD, anxiety, behavioural, cognitive, depression, diagnosis of learning disabilities, educational psychology, individual psychology, intellectual disability, intervention/programming, learning disabilities, learning strategies in school settings, multidisciplinary assessment, psycho-educational assessment; program planning, psychological assessment, risk assessment, strategic planning
Harnaha Beverley M.Ed.	FP	Yes	Email: harbev@telusplanet.net Location: 6206-33 Street, Lloydminster, AB, T9V 2V7	Full practice
Harris Erin M.C.	FP	No	N/A	Full practice

Hart Regan Ph.D.	FP	Yes	Location: 108-2100 8th Street E, CBI Health Centre, Saskatoon, SK	Full practice
Hay Deborah Ph.D.	FP	Yes	Email: drdhay@sasktel.net Location: 617C Main St E., Saskatoon, SK	Full practice
Hayes Josephson Heather M.Ed.	FP	Yes	N/A	Full practice
Heidt Constance Ph.D.	PP	No	N/A	Clinical psychology, health psychology, developmental
Helmer D'Arcy Ph.D.	FP	Yes	Email: drhelmer@innergycomprehensive.com Location: Box 13, Site 300 RR#3, Saskatoon, SK, S7K 3J6	Full practice
Helmsing Joan M.Ed.	FP	Yes	Email: helmsing.consulting@sasktel.net Location: 5005 Newport Road, Regina, SK	Educational/school, developmental, teaching, achievement assessment, ADHD, autism spectrum disorder, behavioural, brain injury developmental disability, career counselling, cognitive, diagnosis of learning disabilities, educational psychology, intellectual disability, learning disabilities, learning strategies in school settings, psycho-educational assessment; program planning, psychological assessment
Hengen Shelley M.Ed.	FP	Yes	Email: shengen@sasktel.net Location: 7-106 Baillie Cove, Saskatoon, SK	Counselling psychology, educational/school
Herman Vicki M.Ed.	FP	Yes	Phone: (306)229-9354 Email: vicki@sitsaskatoon.ca Location: 432 6 th Street, Saskatoon, SK	Anxiety, body image, chronic stress, depression, eating disorders, group counselling, life/family transitions, psychotherapy, stress, women's issues, workplace stress and concerns

Heshka Jeffrey M.Sc.	FP	Yes	Location: 14 Smith Street East, Yorkton, SK, S3N 4J4	Full practice
Hicks Carrie Ph.D.	FP	Yes	Phone: (306)764-4999 Location: 4077 2 nd Ave W., P.O. Box 3003, Prince Albert, SK, S6W 1A1	Full practice
Hildebrandt Carla M.Ed.	FP	Yes	Email: hildebrandt.carla@prairie south.ca Location: P.O. Box 29, Limerick, SK, S0H 2P0	Educational/school
Hill Kerri M.Ed.	PP	No	N/A	Educational/school
Hill Teresa M.Ed.	FP	Yes	N/A	Full practice
Hillis Sarah Ph.D.	FP	Yes	Email: skhillis@shaw.ca Location: 10th floor 201 21 st Street East, 103 Hospital Drive, Saskatoon, SK	Full practice
Hoffart Lisa M.C.	FP	No	N/A	Counselling psychology
Hoiseth Derek M.Ed.	FP	Yes	Email: derek.hoiseth@lskysd.ca Location: Living Sky School Division 202-509 Pioneer Avenue, North Battleford, SK, S9A 4A5	Full practice
Hook Tarah Ph.D.	FP	Yes	N/A	Full practice
Hootz Terra M.Ed.	FP	Yes	N/A	Counselling psychology, educational/school, achievement assessment, ADHD, diagnosis of learning disabilities, educational psychology, intellectual disability, learning disabilities, psycho-educational assessment; program planning
Hopfner Yumi Ph.D.	FP	Yes	Location: 1-4517 50 th Avenue, Lloydminster, SK, S9V 0Z9	Clinical psychology, counselling psychology, abuse, anger management, anxiety, body image, child psychology play therapy, chronic stress, cognitive, cognitive behavioural

				therapy, couple counselling, depression, family counselling, grief, loss, bereavement, individual psychology, life/family transitions, psychotherapy, PTSD, relationship issues, self-esteem, sexual abuse, stress, trauma, women's issues, workplace stress and concerns
Hordichuk Amanda M.Ed.	PP	No	N/A	Provisional practice
Horswill Samantha Ph.D.	FP	Yes	Email: samantha.horswill@gmail.com	Clinical psychology, health psychology, anxiety, chronic stress, clinical assessment and therapy, cognitive behavioural therapy, depression, individual psychology, psychological assessment, psychotherapy, PTSD, self-esteem, stress, trauma
Houde Erica M.Ed.	FP	Yes	N/A	Educational/school, educational psychology, psycho-educational assessment; program planning
Hounjet Jacqueline M.Ed.	FP	No	Email: jhounjet@sasktel.net	Full practice
Hunter Paulette Ph.D.	FP	Yes	N/A	Clinical psychology, Geropsychology, applied research, teaching
Hurst Susan Ph.D.	FP	Yes	Email: susan.hurst@usask.ca Location: Student Wellness Centre, University of Saskatchewan, Apotex Ctr, 3rd Floor Place Riel, 1 Campus Drive, Saskatoon, SK	Full practice
Huyghebaert † Holly M.Ed.	FP	Yes	Email: holly.huyghebaert@ranchehrlo.ca	Clinical psychology, counselling psychology, child maltreatment, clinical assessment and therapy,

				psychological assessment, risk assessment
Iversen Sharleen M.Ed.	FP	Yes	Email: sharleen.iversen@secpsd.ca Location: 3416 Balsam Grove, Regina, SK	Counselling psychology, educational/school, teaching, achievement assessment, ADHD, behavioural, cognitive, diagnosis of learning disabilities, educational psychology, intellectual disability, learning disabilities, learning strategies in school settings, psycho-educational assessment; program planning, psychological assessment
Jackson David Ph.D.	FP	Yes	Location: Saskatchewan Hospital, P.O. Box 39, North Battleford, SK, S9A 2X8	Full practice
Jacobson Stephen M.A.	FP	Yes	Email: stejacobson@gmail.com Location: 4207 Wascana Ridge, Regina, SK	Full practice
James Shamus M.Ed.	FP	Yes	Email: shamusjames@hotmail.co m Location: 311 20 th St. E., 2nd Floor, Saskatoon, SK	Full practice
Janzen Claude J. Amy Ph.D.	FP	Yes	Location: Mental Health Clinic, 2110 Hamilton Street, Regina, SK	Clinical psychology, anxiety, behavioural, body image, chronic stress, clinical assessment and therapy, cognitive, cognitive behavioural therapy, depression, eating disorders, psychological assessment, psychotherapy, self-esteem
Jardine Brenda M.Ed.	FP	No	Email: brejardine@gmail.com Location: P.O. Box 22018, Prince Albert, SK, S6V 8A6	Full practice
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Jeancart Heather M.Ed.	FP	Yes	Email: hjeancart@srsd119.ca	Counselling psychology, educational/school, ADHD, diagnosis of learning

			Location: Box 1552, Prince Albert, SK, S6V 5T1	disabilities, educational psychology, intellectual disability, learning disabilities, multidisciplinary assessment, psycho-educational assessment; program planning
Jedlinski Stacey M.A.	PP	No	N/A	Provisional practice
Johnson Tanya M.Ed.	FP	Yes	Email: johnson.tanya@prairiesouth.ca Location: 107-851 Chester Road, Moose Jaw, SK, S6J 0A4	Educational/school
Jurgens Douglas Ph.D.	FP	Yes	Email: dwjurgens@sasktel.net Location: RR5 Site 33 Comp 28, Prince Albert, SK, S6V 5R3	
Kambeitz Jolee M.Ed.	FP	Yes	Location: 534 Antler Cres., Warman, SK, S0K 4S1	Educational/school, teaching, ADHD, cognitive, diagnosis of learning disabilities, educational psychology, intellectual disability, learning disabilities, learning strategies in school settings, psycho-educational assessment; program planning
Keele A. Ross M.Ed.	FP	Yes	N/A	Teaching, achievement assessment, anger management, assessment and treatment of offenders, cognitive behavioural therapy, criminal forensic, educational psychology, psycho-educational assessment; program planning, psychological assessment, risk assessment, violence including criminal issues, youth forensics
Kees Jennifer M.Ed.	FP	No	N/A	Clinical psychology, counselling psychology, forensic
Keller Jenny Ph.D.	FP	Yes	Email: Jenny.Keller@uregina.ca	Clinical psychology, counselling psychology

Kemp-Koo Debra Ph.D.	FP	Yes	Location: P.O. Box 1284, Saskatoon, SK, S7K 3N9	Full practice
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Kitz Karen M.Ed.	FP	Yes	Phone: (306)751-3870 Email: karen.kitz@ranchehrlo.ca	Clinical psychology, addiction, ADHD, anxiety, autism spectrum disorder, cognitive, depression, intellectual disability, psychological assessment, trauma
Kleisinger Carmel M.A.	FP	Yes	N/A	Full practice
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Knorr Lyndsay M.Ed.	FP	Yes	N/A	Counselling psychology, educational/school, achievement assessment, anxiety, diagnosis of learning disabilities, educational psychology, intellectual disability, intervention
Korczak Pamela M.Ed.	FP	Yes	Email: pamela.korczak@rbe.sk.ca Location: 1600 4 th Avenue, Regina, SK	Counselling, educational/school, achievement assessment, ADHD, behavioural, cognitive, diagnosis of learning disabilities, educational psychology, intellectual disability, intervention/programming, learning disabilities, learning strategies in school settings, psycho-educational assessment; program planning, psychological assessment, risk assessment
Kotylak Marley Ed.S.	PP	No	N/A	Provisional practice
Kozey Jordan M.A.	PP	No	Phone: (306)581-4149 Email: psychotherapy@jordankozey.com	Clinical psychology, counselling psychology, abuse, addiction, anxiety, behavioural, career counselling, chronic stress, cognitive behavioural therapy, couple counselling, depression, family counselling, grief, loss, bereavement, group counselling, individual psychology, life/family transitions, personality

				disorders, psychotherapy, PTSD, relationship issues, self-esteem, self-regulation therapy, sexual abuse, stress, trauma
Krammer Randall M.Ed.	FP	Yes	N/A	Educational/school, achievement assessment, ADHD, autism spectrum disorder, cognitive, diagnosis of learning disabilities, educational psychology, intellectual disability, interview
Kruger Holly M.Ed.	FP	Yes	Email: hollyannekruger@hotmail.com	Counselling psychology, educational/school, achievement assessment, ADHD, diagnosis of learning disabilities, educational psychology, intellectual disability, learning disabilities, learning strategies in school settings, psycho-educational assessment; program planning
Kurtenbach Tyson Ph.D.	FP	Yes	N/A	Full practice
Labuik Tara M.Ed.	FP	Yes	Email: tajesto@yahoo.ca Location: 6910 Maple Wood Crescent, Regina, SK	Educational psychology
Lalonde Gisele M.Ed.	FP	Yes	Email: glalonde@cefsk.ca Location: 303 LeValley Cove, Saskatoon, SK	Clinical psychology, counselling psychology, educational psychology
Lalonde Rebecca M.Ed.	FP	Yes	Phone: (306)655-3817 Email: rebecca.lalonde@saskatoonhealthregion.ca	Counselling psychology, developmental, educational psychology
Lamontagne Randine M.Ed.	PP	No	N/A	Clinical psychology, counselling psychology
Landry-Dixon Marissa M.Ed.	PP	No	N/A	Counselling psychology, educational/school
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Lebell Richard Ph.D.	FP	No	Email: rg.lebell@sasktel.net	Full practice
Lee Rori M.Ed.	FP	Yes	Email rori.lee@rbe.sk.ca	Full practice
Legault Ellen Ph.D.	FP	Yes	N/A	Clinical psychology, forensic, clinical assessment and therapy, criminal forensic, individual psychology, psychological assessment, psychotherapy, risk assessment, violence including criminal issues, youth forensics
Lehman Tannis M.Ed.	FP	Yes	N/A	Full practice
Leis Timothy Ph.D.	FP	No	N/A	Full practice
Leitner Joanne M.Ed.	FP	Yes	Email: joanne.leitner@rbe.sk.ca Location: Regina Board of Education, 1600 - 4th Avenue, Regina, SK	Full practice
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Letendre Laurissa M.Ed.	FP	Yes	N/A	Educational/school, achievement assessment, ADHD, cognitive, diagnosis of learning disabilities, educational psychology, intellectual disability, psycho-educational assessment; program planning
Levitt Terry Ph.D.	FP	Yes	Email: tlevitt@sasktel.net Location: 203-1630 Quebec Avenue, Saskatoon, SK	Full practice
Lewis (John) Dufton Ph.D.	FP	Yes	N/A	Clinical psychology
Lingenfelter Sacha M.C.	FP	Yes	Email: sachal.lingenfelter@pvsd.ca Location: Prairie Valley School Division, 3080 Albert Street North, Regina, SK	Full practice
Litke Karen Ph.D.	FP	Yes	Email: drkarenlitke@sasktel.net	Clinical psychology, rehabilitation: physical health/mental health, educational psychology
Lorenz Brian M.C.	PP	No	N/A	Provisional practice
Loutzenhiser Lynn Ph.D.	FP	Yes	Email: lynn.loutzenhiser@uregina.ca Location: Department of Psychology, University of Regina, Regina, SK	Full practice
Lyons-Belt Tanya M.Ed.	FP	Yes	Location: Box 336, 216 Willow Street, Pense, SK, S0G 3W0	Full practice
MacAusland-Berg Ian M.A.	FP	Yes	Email: ian.macausland-berg@uregina.ca Location: 30 Newlands Street, Regina, SK	Full practice
MacDonald Debra M.Ed.	FP	Yes	Email: debbie.macdonald@htcsd.ca Location: 61 Crocus Road, Moose Jaw, SK, S6J 1B7	Full practice

Macdonald Marilyn M.Ed.	FP	Yes	Email: macdonaldmar@sasktel.net Location: 109 McMaster Crescent, Saskatoon, SK	Educational/school, teaching, achievement assessment, ADHD, behavioural, cognitive, diagnosis of learning disabilities, educational psychology, FASD specialist, learning disabilities, learning strategies in school settings, psycho-educational assessment
MacGregor Michael Ph.D.	FP	Yes	Email: michael.macgregor@usa.sk.ca Location: Dept. of Psychology, University of Sask., 9 Campus Drive, Saskatoon, SK	Full practice
MacKinnon David Ed.D.	FP	Yes	Email: drdavidmackinnon@yahoo.ca Location: P.O. Box 1749, Battleford, SK, S0M 0E0	Full practice
MacLean Marilyn M.Ed.	FP	Yes	Email: marilyn.maclean@saskpolytech.ca Location: 3629 18th Avenue, Regina, SK	Full practice
MacSorley Rachelle M.Ed.	FP	Yes	N/A	Full practice
Magee Erin M.Ed.	FP	Yes	N/A	Clinical psychology, counselling psychology, forensic
Magel Beverly M.Ed.	FP	No	Email: bev.magel@secpsd.ca Location: 1829 1 st Street, Estevan, SK	Educational/school
Markwart Lori M.A.	FP	Yes	Email: lori.markwart@accesscomm.ca Location: 3621 Pasqua Street, Regina, SK	Full practice
Martin Ronald Ph.D.	FP	Yes	Email: ron.martin@uregina.ca Location: Faculty of Education, Univ of	Clinical psychology, counselling psychology, health psychology, developmental, geropsychology, anger

			Regina, 3737 Wascana Parkway, Regina, SK	management, anxiety, behavioural, clinical assessment and therapy, cognitive behavioural therapy, depression, individual psychology, multidisciplinary assessment, pain management, psychological assessment, psychotherapy, self-esteem, stress, workplace stress and concerns
May-Melin E. Gail M.Ed.	FP	Yes	N/A	Full practice
Mayer Sarah M.C.	PP	No	Email: sarah.mayer@ranchehrlo.ca	Provisional practice
Mazur Jennifer Ph.D.	FP	Yes	N/A	Full practice
McAllister Jennifer M.Ed.	FP	Yes	N/A	Full practice
McAvoy Kristina M.Ed.	FP	Yes	Email: kristina.mcavoy@spiritsd.ca Location: Box 809, 121 Collins St, Warman, SK, S0K 4S0	Counselling psychology, educational/school, achievement assessment, ADHD, behavioural, cognitive, diagnosis of learning disabilities, educational psychology, intellectual disability, intervention/programing, learning disabilities, learning strategies in school settings, psycho-educational assessment; program planning, psychological assessment
McCaw Katie M.Ed.	FP	Yes	N/A	Educational/school, diagnosis of learning disabilities, intellectual disability, learning disabilities, learning strategies in school settings, psycho-educational assessment; program planning
McCaw Matthew M.Ed.	FP	Yes	Email: mtmconsulting@sasktel.net	Full practice

McConnell Chelsea M.Ed.	FP	Yes	N/A	Full practice
McCormick Lila Ph.D.	FP	Yes	N/A	Clinical psychology, counselling psychology, health psychology, developmental, ADHD, anxiety, autism spectrum disorder, behavioural, child psychology play therapy, cognitive, cognitive behavioural therapy, depression, intellectual disability, multidisciplinary assessment, psychological assessment
McDonald Brian M.Ed.	FP	Yes	N/A	Full practice
McDougall Delee M.Ed.	PP	No	N/A	Provisional practice
McFadyen Cindy M.Ed.	FP	Yes	Location: 2842 Cameron Street, Regina, SK	Clinical psychology, counselling psychology, educational/school, developmental, ADHD, anger management, anxiety, behavioural, cognitive behavioural therapy, depression, diagnosis of learning disabilities, educational psychology, intervention/programming, learning disabilities, learning strategies in school settings, multidisciplinary assessment, psychological assessment
McFadyen Danielle M.C.	FP	No	Email: danielle.mcfadyen@hotmail.ca Location: 1118 College Drive, Saskatoon, SK	Counselling psychology, abuse, addiction, anxiety, body image, chronic stress, cognitive behavioural therapy, depression, grief, loss, bereavement, psychotherapy, relationship issues, self-esteem, stress, violence including criminal issues, women's issues, workplace stress and concerns

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McIntyre Robert M.Sc.	FP	Yes	Location: Dept. of Psychology, Saskatchewan Penitentiary, P.O., Box 160, Prince Albert, SK, S6V5R6	Full practice
McKee Karen M.Ed.	FP	Yes	Email: kdmckee@shaw.ca Location: 246 A E Adams Cres, Saskatoon, SK	Full practice
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McMillan Katherine Ph.D.	FP	Yes	N/A	Clinical psychology, community psychology, counselling psychology, neuro-psychology, teaching, abuse, achievement assessment, addiction, ADHD, anxiety, behavioural, chronic stress, clinical assessment and therapy, cognitive, cognitive behavioural therapy, depression, diagnosis of learning disabilities, grief, loss, bereavement, individual psychology, pain management, psychological assessment, psychotherapy, PTSD, relationship issues, sexual abuse, stress, trauma
McMurtry Bruce Ph.D.	FP	Yes	Email: bruce.mcmurtry@saskatoonhealthregion.ca Location: 826 5 th Avenue North, Saskatoon, SK	Full practice

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Messer-Engel Karen M.A.	FP	Yes	N/A	Clinical psychology, developmental
Meyer Linda M.Ed.	FP	Yes	Location: 2610 Cameron Street, Regina, SK	Full practice
Meyer Lori M.Ed.	FP	Yes	Email: meyer.lori@prairiesouth.ca Location: 1615 General Crescent, Moose Jaw, SK, S6H 6M2	Educational/school, teaching, achievement assessment, ADHD, autism spectrum disorder, behavioural, cognitive, diagnosis of learning disabilities, educational psychology, intellectual disability, intervention/programming, learning disabilities, learning strategies in school settings, multidisciplinary assessment, psycho-educational assessment; program planning
Michalchuk Sara M.Ed.	FP	Yes	N/A	Full practice
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Mills Kelly M.Ed.	PP	No	N/A	Counselling psychology, educational psychology
Mirwald Samantha M.Ed.	FP	No	Location: 610 Egbert Avenue, Saskatoon, SK	Full practice
Moon-Wozney Paula M.Ed.	PP	No	N/A	Provisional practice

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Mossiere Annik Ph.D.	FP	Yes	N/A	Full practice
Mulvogue Myriah M.A.	FP	Yes	N/A	Clinical psychology, counselling psychology
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Myburgh John- Etienne M.Ed.	PP	No	Phone: (306)446-6425 Email: john- etienne.myburgh@saskhe althauthority.ca Location: 891-99th Street, 3rd Floor, Don Ross Centre, North Battleford, SK, S9A 0N8	Counselling psychology, developmental
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Negere- Wong Rachel M.Ed.	FP	Yes	Email: negere- wongr@spsd.sk.ca Location: Saskatoon Public School Division, 310 - 21 st Street East, Saskatoon, SK	Educational/school
Nelson Monty Ph.D.	FP	Yes	N/A	Full practice

Nesbitt Jessie M.Ed.	FP	Yes	Email: iluminafertility@outlook.com	Counselling psychology, rehabilitation: mental health, abuse, anger management, anxiety, body image, cognitive behavioural therapy, couple counselling, depression, EMDR (eye movement desensitization and reprocessing), grief, loss, bereavement, group counselling, psychotherapy, relationship issues, self-esteem, sexual abuse, stress, trauma, women's issues, workplace stress and concerns
Nesbitt Kendra M.Ed.	FP	Yes	Email: nesbitt.kendra@nesd.ca Location: Box 1624, 303 Neufeld Avenue, Nipawin, SK, S0E 1E0	Educational/school, achievement assessment, ADHD, cognitive, diagnosis of learning disabilities, educational psychology, intellectual disability, intervention/programming, learning disabilities, learning strategies in school settings, psycho-educational assessment; program planning
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Nicholaichuk Terry Ph.D.	FP	Yes	Email: nicholaichuk@sasktel.net	Full practice
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Nicol Jennifer Ph.D.	FP	No	Email: jaj.nicol@usask.ca Location: College of Education, Univ of Sask, 28 Campus Drive, Saskatoon, SK	Full practice
Nostbakken Andrea M.Ed.	FP	Yes	Email: andrea.nostbakken@usask.ca	Full practice

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Okorie I. Pascal M.Sc.	FP	No	N/A	Forensic
Olson Pamela M.A.	FP	Yes	Phone: (306)766-6731 (w) Email: pamela.olson@saskhealthauthority.ca Location: 1680 Albert Street, Regina, SK	Developmental, teaching, ADHD, anxiety, autism spectrum disorder, behavioural, clinical assessment and therapy, cognitive, depression, eating disorders, FASD specialist, family counselling, intellectual disability, multidisciplinary assessment
Olson Trevor Ph.D.	FP	Yes	Email: trevor.olson@saskhealthauthority.ca Location: Kinetik Rehabilitation, Saskatoon City Hospital, 8th Floor, 701 Queen Street, Saskatoon, SK	Clinical psychology, counselling psychology, health psychology, rehabilitation: physical/mental health, applied research, teaching, program evaluation, anger management, anxiety, behavioural, chronic stress, clinical assessment and therapy, cognitive, cognitive behavioural therapy, depression, grief, loss, bereavement, individual psychology, multidisciplinary assessment, pain management, personality disorders, psychological assessment, psychotherapy, PTSD, relationship issues, stress, trauma, workplace stress and concerns
Olver Mark Ph.D.	FP	Yes	Email: mark.olver@usask.ca	Full practice

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Osberg Jennifer M.Ed.	FP	Yes	Email: osberg.jenn@prairiesouth.ca Location: 650 Coteau Street West, Moose Jaw, SK, S6H 5E6	Educational/school
Ouellette Julia M.Ed.	FP	Yes	N/A	Counselling psychology, educational/school, developmental, program evaluation, achievement assessment, ADHD, anxiety, behavioural, cognitive, diagnosis of learning disabilities, intellectual disability, intervention/programming, learning disabilities, learning strategies in school settings, organizational development, psycho-educational assessment; program planning, psychological assessment, strategic planning
Owens Katherine Ph.D.	FP	Yes	Email: katherine.owens@saskhealthauthority.ca katherine@theowensgroup.ca Location: The Owens Group Psychology Prof Corp, Suite 320-2445 13 th Ave, Regina, SK Mental Health Clinic, 2110 Hamilton Street, Regina, SK	Clinical psychology, neuropsychology, rehabilitation: mental health, anxiety, behavioural, clinical assessment and therapy, cognitive, cognitive behavioural therapy, depression, multidisciplinary assessment, PTSD, workplace stress and concerns
Paisley Kim M.A.	FP	Yes	Email: kim.paisley@gov.sk.ca k.paisley@sasktel.net	Clinical psychology, assessment and treatment of offenders, cognitive behavioural therapy, criminal forensic, psychological

				assessment, risk assessment, sexual abuse, youth forensics
Pancyr Glenn Ph.D.	FP	Yes	Location: Preston Centre, 2100 8 th Str. E., Suite 108, Saskatoon, SK	Clinical psychology, health psychology, rehabilitation: physical/mental health, human resource management, anger management, anxiety, clinical assessment and therapy, cognitive behavioural therapy, depression, disability management, individual psychology, multidisciplinary assessment, pain management, psychological assessment, pain management, psychotherapy, PTSD, relationship issues, self-esteem, stress, workplace stress and concerns
Pandey Nutan Ph.D.	PP	No	Email: nutanpnd104@gmail.com	Provisional practice
Panko Joey M.Ed.	FP	Yes	Email: joey.panko@ranchehrlo.ca Location: 1951 Francis St., Regina, SK	Full practice
Pappas D. James Ph.D.	FP	No	N/A	Full practice
Parker-Loewen Deborah Ph.D.	FP	Yes	Email: drdparloe@sasktel.net	Full practice
Parley Judy M.Ed.	FP	Yes	N/A	Educational/school
Pawluk Olivia M.Ed.	FP	No	N/A	Full practice
Peebles Jason Ph.D.	FP	Yes	N/A	Health psychology, forensic, psychological assessment
Pellerin Cynthia M.Ed.	FP	No	N/A	Full practice

Pelletier Colette M.Ed.	FP	No	Phone: (306)536-6975 Email: colette.pelletier@sasktel.net Location: 310-2445 13 th Avenue, Regina, SK	Counselling psychology, rehabilitation: physical/mental health, abuse, anger management, anxiety, body image, brain injury developmental disability, chronic stress, depression, eating disorders, EMDR (eye movement dealitization and deprocessing), gay/lesbian issues, grief, loss, bereavement, individual psychology, life/family transitions, psychotherapy, PTSD, relationship issues, self-esteem, sexual abuse, stress, trauma, women's issues, workplace stress and concerns
Peloquin Marcel Ph.D.	PP	No	N/A	Provisional practice
Peplinskie Katy Ed.D.	FP	Yes	N/A	Clinical psychology, rehabilitation: physical health, psychological assessment, PTSD, trauma
Petroski Gregory M.A.	FP	Yes	Email: innerresources@petroski.ca Location: 2305 Cornwall Street, Regina, SK	Full practice
Phillips Dawn Ph.D.	FP	Yes	Phone: (306)955-0689 Location: 1000-201 21st Street East, 103 Hospital Drive, Saskatoon, SK	Clinical psychology, health psychology, rehabilitation: physical/mental health, teaching, abuse, addiction, anger management, anxiety, behavioural, chronic stress, cognitive behavioural therapy, couple counselling, depression, disability management, grief, loss, bereavement, group counselling, individual psychology, life/family transitions, pain management, personality disorders, psychological assessment, psychotherapy,

				PTSD, relationship issues, self-esteem, self-regulation therapy, sexual abuse, stress, trauma, women's issues, workplace stress and concerns
Phillips Laurel M.A.	FP	Yes	Email: lgphillips@sasktel.net	Full practice
Phillips Maggie Ph.D.	FP	Yes	Email: maggie.phillips@saskheal thauthority.ca	Clinical psychology, community psychology, counselling psychology, health psychology, neuropsychology, rehabilitation: physical/mental health, geropsychology, forensic, teaching, abuse, addiction, anger management, anxiety, behavioural, body image, career counselling, career rehabilitation, chronic stress, clinical assessment and therapy, cognitive, cognitive behavioural therapy, couple counselling, depression, diagnosis of learning disabilities, disability management, eating disorders, educational psychology, gay/lesbian issues, grief, loss, bereavement, group counselling, individual psychology, intellectual disability, intervention/programming, learning disabilities, learning strategies in school settings, life/family transitions, multidisciplinary assessment, pain management, personality disorders, psycho-educational assessment; program planning, psychological assessment, psychotherapy, PTSD, relationship issues, self-esteem, sexual abuse, stress, trauma, women's issues,

				workplace stress and concerns
Phillips Rachelle M.C.	PP	No	N/A	Provisional practice
Pitariu Gabriela Ph.D.	FP	Yes	Phone: (306)757-4283, (306)779-4262 Email: gabriela.pitariu@gmail.com Location: 4661 Rae Str, Regina, SK	Full practice
Pleydon Anne Ph.D.	FP	Yes	N/A	Clinical psychology, counselling psychology, rehabilitation: mental health, forensic
Podetz Stacy Psy.D.	FP	Yes	N/A	Full practice
Podjan Patricia M.Ed.	FP	Yes	Phone: (306)861-4212(w), (306)842-5118 Email: vividconsulting@sasktel.net Location: 1860 Warren Avenue, Weyburn, SK, S4H 3B6	Career counselling, diagnosis of learning disabilities, educational psychology, psycho-educational assessment; program planning
Pokol Jenna M.Ed.	FP	No	N/A	Full practice
Pollard Jacqueline M.Ed.	FP	Yes	N/A	Counselling psychology, educational/school
Polvi Natalie Ph.D.	FP	Yes	Phone: (306)975-5400 Email: Natalie.Polvi@csc- scc.gc.ca Location: P.O. Box 9243, 2520 Central Avenue, Saskatoon, SK	Full practice
Poock Jocelyn Ph.D.	FP	Yes	Email: jocelyn.poock@saskatoonhealthregion.ca Location: Room 223 Ellis Hall, 103 Hospital Drive, Saskatoon, SK	Full practice
Pope Judith M.Ed.	FP	Yes	Email: j.pope@sasktel.net Location: 235 Tennant Crescent, Saskatoon, SK	Full practice
Powell S. Keith M.S.	FP	Yes	Email: powell@sasktel.net	Counselling psychology, educational/school, ADHD,

			Location: 3195 Grey Owl Crescent, Prince Albert, SK, S6V 6X4	behavioural, diagnosis of learning disabilities, educational psychology, individual psychology, intellectual disability, learning disabilities, psychological assessment
Prefontaine Amber M.Ed.	FP	Yes	Email: adprefontaine@gmail.com	Clinical psychology, clinical assessment and therapy, cognitive behavioural therapy, couple counselling, family counselling, intervention/programming, psychological assessment, psychotherapy
Pringle-Nelson Coralee M.Ed.	FP	Yes	Email: pringle-nelsonc@spsd.sk.ca Location: Saskatoon Public Schools, 310 21st Street East, Saskatoon, SK	Full practice
Pyle Nathan Ph.D.	FP	Yes	Email: nathan.pyle@saskhealthauthority.ca	Full practice
Quine Allisson Ph.D.	FP	Yes	Email: allisson@prairiepsychology.com Location: 2230 Lorne Street, Regina, SK	Full practice
Quinlan Colleen M.A.	FP	Yes	Location: 2110 Hamilton Street, 4th Floor, Regina, SK	Full practice
Quist Ronald M.A.	PP	No	N/A	Provisional practice
Ralston Margaret Ph.D.	FP	Yes	Email: Margaret.Ralston@saskhealthauthority.ca Location: Prince Albert Mental Health Centre, 2345 - 10th Avenue West, P.O. Box 3003, Prince Albert, SK, S6V 6G1	Clinical psychology, health psychology, anger management, anxiety, clinical assessment and therapy, cognitive behavioural therapy, depression, grief, loss, bereavement, psychological assessment, psychotherapy, PTSD, relationship issues, self-esteem sexual abuse, stress, trauma
Rapley Sherry M.A.	FP	Yes	N/A	Full practice

Rector Brian Ph.D.	FP	No	Email: brian.rector@gov.sk.ca Location: Deputy Minister's Office, Suite 1200, 1874 Scarth Street, Regina, SK	Full practice
Rector Patricia M.Ed.	FP	Yes	Location: 1003 - 1914 Hamilton Street, Regina, SK	Clinical psychology, counselling psychology, developmental, ADHD, anxiety, behavioural, clinical assessment and therapy, cognitive, cognitive behavioural therapy, couple counselling, depression, family counselling, grief, loss, bereavement intervention/programming, life/family transitions, psychological assessment, relationship issues, self-esteem, self-regulation therapy, stress, trauma, workplace stress and concerns
Reekie Dustin M.Ed.	FP	No	Location: 101-1132 College Drive, Saskatoon, SK	Full practice
Reid Gregory M.Ed.	FP	Yes	Email: reid2@sasktel.net Location: RR 5, Site 21, Comp 46, Prince Albert, SK, S6V 5R3	Full practice
Reid-Shea Theresa M.Ed.	FP	Yes	N/A	Educational psychology
Rhinas-Helberg Jacqueline M.Ed.	FP	Yes	Email: jacqueline@jrhpyschologicalservices.ca Location: 203 Sears Cove, Saskatoon, SK	Counselling psychology, ADHD, diagnosis of learning disabilities, educational psychology, intellectual disability, learning disabilities, psycho-educational assessment; program planning
Richards Jai M.A.	FP	Yes	Email: jtrichards@sasktel.net	Clinical psychology, counselling psychology, abuse, anger management, anxiety, couple counselling, depression, EMDR (eye movement desensitization and

				deprocessing), gay/lesbian issues, grief, loss, bereavement, group counselling, individual psychology, PTSD, relationship issues, self-esteem, sexual abuse, stress, trauma, violence including criminal issues
Richardson Marnie M.Ed.	FP	Yes	Location: 2001 - 3520 Hillsdale Street, Regina, SK	Psycho-educational assessment; program planning
Robertson Gayleen Ph.D.	FP	Yes	N/A	Full Practice
Robertson Lindsay Ph.D.	FP	Yes	N/A	Clinical psychology, forensic, assessment and treatment of offenders, clinical assessment and therapy, criminal forensic, risk assessment, youth forensics
Robertson Lloyd Ph.D.	FP	Yes	Email: lloyd@hawkeyeassociate s.ca Location: P.O. Box 647, La Ronge, SK, S0J 1L0	Community psychology, counselling psychology, educational/school, abuse, addiction, ADHD, anger management, anxiety, behavioural, child-centred services in divorce and separation, cognitive, cognitive behavioural therapy, couple counselling, custody/access assessment, depression, diagnosis of learning disabilities, educational psychology, EMDR (eye movement dealitization and deprocessing), family counselling, grief, loss, bereavement, individual psychology, intellectual disability, learning disabilities, psycho-educational assessment; program planning, psychological assessment, psychotherapy, PTSD, relationship issues, self-esteem,

				sexual abuse, stress, trauma, workplace stress and concerns
Robin Susan M.Ed.	FP	Yes	Email: ssarrobin@gmail.com Location: 2321 Parliament Ave, Regina, SK,	Full practice
Robinson Thomas Ph.D.	FP	Yes	Location: Wascana Rehabilitation Centre, 2180 - 23rd Avenue, Regina, SK	Health psychology, rehabilitation: physical health, industrial/organizational, anxiety, career counselling, chronic stress, clinical assessment and therapy, cognitive behavioural therapy, depression, EMDR (eye movement desensitization and reprocessing), individual psychology, multi-disciplinary assessment, pain management, psychological assessment, psychotherapy, PTSD, stress, trauma, workplace stress and concerns
Rojas Erika Ph.D.	FP	Yes	N/A	Clinical psychology, forensic, ADHD, anxiety, assessment and treatment of offenders, behavioural, chronic stress, clinical assessment and therapy, cognitive behavioural therapy, depression, pain management, psychological assessment, psychotherapy, PTSD, risk assessment, self-esteem, sexual abuse, stress, trauma
Rosnau Scott M.Ed.	FP	Yes	N/A	Full practice
Ross Mary M.Ed.	FP	No	Phone: (306)539-5187 Email: mary@mprcounselling.ca Location: Cornerstone Counselling Services, 310-2445 13 th Ave. (Franciscan Place), Regina, SK	Counselling psychology, abuse, anger management, anxiety, behavioural, Christian/spiritual counselling, cognitive, cognitive behavioural therapy
Rowlett Iris M.Ed.	FP	Yes	Email: ilynne@sasktel.net	Full practice

			Location: P.O. Box 1927, Fort Qu'Appelle, SK, S0G 1S0	
Rozon Danielle M.Ed.	FP	Yes	Phone: (306)766-6786, (306)766-6944 Email: danielle.rozon@rqhealth. ca Location: 1680 Albert Street, Child and Youth Services, Regina, SK	Clinical psychology, educational/school, developmental
Sacher Sean M.Ed.	FP	Yes	N/A	Educational psychology
Saelhof Jileon M.Ed.	FP	Yes	Email: saelhof.j@gmail.com Location: 3455 Phaneuf Crescent, Regina, SK	Educational psychology
Safnuk Tania Ph.D.	FP	Yes	Email: office@prairiepsychology. com Location: 2230 Lorne Street, Regina, SK	Full practice
Sanderson Barbara M.Ed.	FP	No	Email: barbarajoy sanderson@g mail.com Location: P.O. Box 2079, Rosetown, SK, S0L 2V0	Full practice
Saul Wanda M.C.	FP	Yes	Email: wanda.saul@rbe.sk.ca Location: P.O. Box 901, White City, SK, S4L 5B1	Full practice
Savage June M.Ed.	FP	Yes	Email: june.savage@saskhealth authority.ca Location: Mental Health Centre – FHHR, 55 Diefenbaker Drive, Moose Jaw, SK, S6J 0C2	Behavioural, cognitive behavioural therapy, psychological assessment
Savoie Dallas Ph.D.	FP	Yes	N/A	Clinical psychology, community psychology, forensic, teaching, abuse, anger management, anxiety, behavioural, clinical assessment and therapy, cognitive, cognitive behavioural therapy, couple counselling, depression, eating disorders, grief, loss,

				bereavement, group counselling, individual psychology, pain management, personality disorders, psychological assessment, psychotherapy, PTSD, relationship issues, self-esteem, sexual abuse, stress, trauma, violence including criminal issues, workplace stress and concerns
Scheffler Gary M.Ed.	FP	No	Email: gary.scheffler@gssd.ca Location: P.O. Box 986, Canora, SK, S0A 0L0	Full practice
Schindelka Danaka M.A.	FP	Yes	N/A	Full practice
Schlapkohl Wayne Ph.D.	FP	Yes	Email: wayne.schlapkohl@saskhealthauthority.ca Location: Battlefords Mental Health Centre, 1092 107 Street, N. Battleford, SK, S9A 1Z1	Full practice
Schmidt Renee Ph.D.	FP	Yes	Email: reneejschmidt@hotmail.com	Clinical psychology, counselling psychology, teaching, abuse, addiction, anxiety, cognitive behavioural therapy, depression, gay/lesbian issues, grief, loss, bereavement, individual psychology, personality disorders, psychological assessment, psychotherapy, relationship issues, sexual abuse, stress, trauma, women's issues, workplace stress and concerns
Schnell Doris M.A.	FP	Yes	Email: doris.schnell@gov.sk.ca Location: 700-1874 Scarth Street, Regina, SK	Full practice
Schoenroth Natasha M.Ed.	FP	Yes	Email: natashia.schoenroth@ranchehrlo.ca	Counselling psychology, ADHD, anger management, anxiety, child-centred services in divorce and

			Location: 1951 Francis St, Regina, SK	separation, Christian/spiritual counselling, depression, family counselling, grief, loss, bereavement, psychological assessment, PTSD, relationship issues, self-esteem, sexual abuse, stress
Schwartz Colin M.Ed.	FP	Yes	Email: schwartzcw@csc-scc.gc.ca Location: 2005 Hanover Avenue, Saskatoon, SK	Full practice
Scissons Mary M.Ed.	FP	Yes	Email: mscissons@sasktel.net Location: 1721 Madden Avenue, Saskatoon, SK	Full practice
Scott Christina M.Ed.	FP	Yes	N/A	Counselling psychology, psycho-educational assessment; program planning
Scott Shawna Ph.D.	FP	Yes	Phone: (306)766-6718 Email: shawna.scott@saskhealthauthority.ca Location: Child & Youth Services, 1680 Albert Street, Regina, SK	Clinical psychology, developmental
Sebastien Jolene M.Ed.	FP	Yes	Email: jolene.sebastien@uregina.ca Location: University of Regina, 3737 Wascanna Parkway, Regina, SK	Clinical assessment and therapy
Seymour Berkley M.Ed.	FP	Yes	Email: besey1@sasktel.net Location: 3420 Jordan Drive, Prince Albert, SK, S6V 6Y4	Full practice
Sharp Maegan Ph.D.	FP	Yes	N/A	Full practice
Shaw Michelle Ph.D.	FP	Yes	N/A	Clinical psychology, health psychology, neuro-psychology, rehabilitation: physical/mental health, anxiety, clinical assessment and therapy, cognitive behavioural therapy, depression, multidisciplinary assessment, pain

				management, psychological assessment, PTSD
Sheckter Marc Ph.D.	FP	Yes	Location: Saskatoon City Hospital, 8th Floor, 701 Queen Street, Saskatoon, SK	Clinical psychology, rehabilitation: physical health
Shepel Lawrence Ph.D.	FP	Yes	Email: larry.shepel@shaw.ca Location: 210 Penryn Crescent, Saskatoon, SK	Full practice
Shercliffe Regan Ph.D.	FP	Yes	N/A	Full practice
Shimp Lana Ph.D.	FP	Yes	Email: shimpl@sasktel.net Location: 1324 College Drive, Saskatoon, SK	Clinical psychology, health psychology, rehabilitation: physical health, teaching, abuse, addiction, anxiety, career counselling, chronic stress, clinical assessment and therapy, cognitive behavioural therapy, couple counselling, depression, disability management, individual psychology, life/family transitions, multidisciplinary assessment, pain management, psychological assessment, psychotherapy, relationship issues, self-esteem, sexual abuse, stress, women's issues
Shymkiw Joanne M.A.	FP	Yes	Location: 2230 Lorne Street, Regina, SK	Full practice
Simon Arvin Ph.D.	FP	Yes	N/A	Clinical psychology, health psychology, rehabilitation: physical and mental health, multidisciplinary assessment, pain management, psychotherapy, PTSD, workplace stress and concerns
Sinclair Robyn M.C.	FP	Yes	N/A	Full practice
Sirup Blair M.Ed.	FP	Yes	Location: 3624 Hill Avenue, Regina, SK	Full practice
Smith Krista M.Ed.	FP	Yes	Phone: (306)781-9337 Email: eastplainscounselling@sasktel.net	Clinical psychology, counselling psychology, health psychology, developmental, ADHD,

				anxiety, behavioural, body image, child-centred services in divorce and separation, chronic stress, clinical assessment and therapy, cognitive behavioural therapy, couple counselling, depression, family counselling, gay/lesbian issues, grief, loss, bereavement, individual psychology, intervention/programming, life/family transitions, psychological assessment, relationship issues, self-esteem, stress, trauma, women's issues, workplace stress and concerns
Smith Bringsli Nicole M.Sc.	FP	No	Email: creativeworkspsy@me.com	Full practice
Sojonky Todd Ph.D.	FP	NO	Email: todd.sojonky@sasktel.net Location: Sojonky Counselling Services, 3018 Doan Drive, Regina, SK	Counselling psychology, health psychology, teaching, abuse, addiction, anger management, anxiety, behavioural, body image, career counselling, child psychology play therapy, chronic stress, cognitive, couple counselling, depression, eating disorders, family counselling, gay/lesbian issues, grief, loss, bereavement, group counselling, individual psychology, life/family transitions, pain management, psychotherapy, PTSD, relationship issues, self-esteem, sexual abuse, stress, trauma, workplace stress and concerns
Sothmann Frances M.A.	FP	No	N/A	Full practice

Sowden Justina Ph.D.	FP	Yes	Phone: (306)975-5400 Email: justina.sowden@csc- scc.gc.ca Location: 2520 Central Avenue, P.O. Box 9243, Saskatoon, SK	Full practice
Spagrud Lara Ph.D.	FP	Yes	Phone: (306)664-6647 Email: lara.spagrud@saskhealth authority.ca Location: Chartier, Arnold, Shimp and Associates, 1324 College Dr., Saskatoon, SK	Clinical psychology, developmental, ADHD, autism spectrum disorder, behavioural, child psychology play therapy, clinical assessment and therapy, cognitive, cognitive behavioural therapy, intellectual disability, multidisciplinary assessment, psychological assessment
Spark Carol M.Ed.	FP	Yes	N/A	ADHD, educational psychology, intellectual disability, learning disabilities, psycho-educational assessment; program planning
Spice Kerry M.Ed.	FP	Yes	Email: kerry.spice@uregina.ca	Counselling psychology, health psychology, educational/school, achievement assessment, ADHD, anxiety, behavioural, cognitive behavioural therapy, depression, diagnosis of learning disabilities, educational psychology, intellectual disability, intervention/programming, learning disabilities, learning strategies in school settings, psycho-educational assessment; program planning, psychological assessment, relationship issues, self-esteem, stress, workplace stress and concerns
Springer Crystal M.A.	FP	No	N/A	Full practice

St. Amand-Doepker Beatrice M.Ed.	FP	Yes	Email: wbdoepker@sasktel.net	Full practice
Stacey Adam Psy.D.	PP	No	N/A	Provisional practice
Stadnyk Bobbi Ph.D.	PP	No	Email: bobbistadnyk@live.ca Location: 234 Queen Street, Regina, SK	Provisional practice
Steginus Evelyn M.A.	FP	Yes	Phone: (306)529-4235 Email: esteginus@gmail.com	Full practice
Stensrud Amy M.Ed.	PP	No	N/A	Provisional practice
Stephenson Robert M.A.	FP	Yes	Email: robert.stephenson@saskhealthauthority.ca	Full practice
Stern Angela M.Ed.	FP	No	Location: 421 6th Street East, Saskatoon, SK	Full practice
Stevens Gregory Ph.D.	FP	Yes	Email: greg.stevens@usask.ca	Clinical psychology, neuropsychology, forensic, brain injury developmental disability, child-centred services in divorce and separation, clinical assessment and therapy, custody/access assessment, parenting assessment
Stockdale Keira Ph.D.	FP	Yes	Email: keira.stockdale@police.saskatoon.sk.ca	Full practice
Stockdale Winder Fern Ph.D.	FP	Yes	Location: 7th Fl, Saskatoon City Hospital, 701 Queen Street, Saskatoon, SK	Health psychology, rehabilitation: physical health, geropsychology, anxiety, clinical assessment and therapy, depression, grief, loss, bereavement, pain management, psychotherapy
Storey Katherine M.A.	FP	Yes	Email: katherine.storey@saskhealthauthority.ca Location: 3rd Fl., 2110 Hamilton Street, Regina, SK	Full practice

Stusick Erin M.Ed.	FP	No		Counselling psychology, developmental, abuse, ADHD, anger management, anxiety, behavioural, body image, child psychology play therapy, child sexual abuse victims and offenders, child-centred services in divorce and separation, chronic stress, cognitive behavioural therapy, depression, eating disorders, EMDR (eye movement dealitization and deprocessing), grief, loss, bereavement, individual psychology, life/family transitions, psychotherapy, PTSD, relationship issues, self-esteem, self-regulation therapy, sexual abuse, stress, trauma, women's issues, workplace stress and concerns
Suchan Victoria M.A.	PP	No	N/A	Provisional practice
Sullivan Kathleen M.Ed.	FP	Yes	Email: k.sullivan@locbsd.ca Location: 9301 19th Avenue, N. Battleford, SK, S9A 3N5	Full practice
Suurkivi Marilee M.Ed.	FP	No	Email: suurkivim@sasktel.net Location: 211-310 Main Street North, Moose Jaw, SK, S6H 3K1	Full practice
Sveinson Brian Ph.D.	FP	Yes	N/A	Full practice
Switzer Heather Ph.D.	FP	Yes	Email: heather.switzer@rqhealth.ca Location: Wascana Children's Program, 2180 23rd Avenue, Regina, SK	Clinical psychology, health psychology, rehabilitation: mental health, developmental, ADHD, anxiety, autism spectrum disorder, intellectual disability, psychological assessment
Szmukier Teresa M.A.	FP	Yes	Location: Saskatchewan Penitentiary,	Full practice

			P.O. Box 160, Prince Albert, SK, S6V 5R6	
Szuch Shantelle M.Sc.	FP	Yes	Email: shantelle.szuch@gmail.com Location: 55 Diefenbaker Dr, Moose Jaw, SK, S6J 0C2	Clinical psychology, abuse, ADHD, anxiety, autism spectrum disorder, behavioural, body image, child maltreatment, child sexual abuse victims and offenders, cognitive, cognitive behavioural therapy, depression, group counselling, intervention/programming, psychological assessment, PTSD, risk assessment, sexual abuse, stress, trauma
Tamaki Shelley M.Ed.	FP	Yes	Email: shelley.tamaki@ranchehrl o.ca Location: 1951 Francis Street, Regina, SK	Clinical psychology, community psychology, counselling psychology, educational/school, teaching, abuse, addiction, ADHD, anger management, anti-oppression work with racialized immigrants and refugees, anxiety, assessment and treatment of offenders, autism spectrum disorder, behavioural, body image, brain injury developmental disability, child maltreatment, child sexual abuse victims and offenders, child-centred services in divorce and separation, chronic stress, clinical assessment and therapy, cognitive, cognitive behavioural therapy, depression, eating disorders, educational psychology, family counselling, gay/lesbian issues, grief, loss, bereavement, group counselling, individual psychology, intellectual disability, intervention/programming, life/family transitions, personality disorders, psychological

				assessment, psychotherapy, PTSD, relationship issues, self-esteem, sexual abuse, stress, trauma, violence including criminal issues, women's issues, workplace stress and concerns, youth forensics
Tarko Christina M.Ed.	FP	Yes	Email: christina.tarko@saskhealthauthority.ca	Full practice
Taylor Laura Ph.D.	FP	No	Email: taylor11@hotmail.com Location: 2106 Lorne St., Regina, SK	Full practice
Taylor Stacy M.Ed.	FP	Yes	N/A	Clinical psychology, counselling psychology, cognitive behavioural therapy, EMDR (eye movement desensitization and deprocessing), psychological assessment
Thacker Cheryl M.Ed.	FP	Yes	Location: 812 Cascade St., P.O. Box 1116, Saskatoon, SK	Achievement assessment, diagnosis of learning disabilities, educational psychology, intellectual disability, learning disabilities, learning strategies in school settings, psycho-educational assessment; program planning
Thauberger Linda M.Ed.	FP	Yes	Email: linda.thauberger@saskhealthauthority.ca	Full practice
Thiemann Tara M.Ed.	PP	No	N/A	Provisional practice
Tholl Linda M.A.	FP	No	Email: linda@tholl.ca Location: 2106 Lorne Street, Regina, SK	Full practice
Thompson Maureen M.A.	FP	Yes	Email: maureen.thompson@rqhealth.ca Location: 5222 Anthony Way, Regina, SK	Clinical psychology
Thorpe Angela M.Ed.	FP	Yes	N/A	Full practice

Thorpe Kathleen M.Ed.	FP	Yes	Phone: (306)683-2861 (w) Email: kathy.thorpe@spiritsd.ca Location: Prairie Spirit School Division, Box 809, 121 Collins Street, Warman, SK, S0K 4S0	Counselling psychology, ADHD, diagnosis of learning disabilities, intellectual disability, psycho-educational assessment; program planning
Todd Karen Ph.D.	FP	Yes	N/A	Forensic, teaching, assessment and treatment of offenders, behavioural, cognitive, cognitive behavioural therapy, criminal forensic, personality disorders, psychological assessment, risk assessment, violence including criminal issues, workplace stress and concerns, youth forensics
Tomes Heather M.Ed.	FP	Yes	Phone: (306)244-9890(w), (306)244-9987 Location: 617 3rd Avenue North, Saskatoon, SK	Counselling psychology, rehabilitation: mental health, abuse, anxiety, body image, Christian/spiritual counselling, chronic stress, cognitive behavioural therapy, depression, eating disorders, grief, loss, bereavement, individual psychology, life, family transitions, psychotherapy, PTSD, relationship issues, self- esteem, self-regulation therapy, sexual abuse, stress, trauma, women's issues, workplace stress and concerns
Tong Caryn M.Ed.	PP	No	N/A	Clinical psychology, counselling psychology
Torrens Donna Ph.D.	FP	Yes	Email: donna.torrens@saskheath authority.ca Location: Child & Youth Services, 311 - 20th St. E., Saskatoon, SK	Clinical psychology, health psychology, developmental, forensic, abuse, addiction, ADHD, anger management, anxiety, assessment and treatment of offenders, child maltreatment, child sexual abuse victims and offenders, clinical assessment and therapy, cognitive, cognitive behavioural therapy, criminal

				forensic, depression, family counselling, grief, loss, bereavement, individual psychology, multidisciplinary assessment, personality disorders, psychological assessment, psychotherapy, PTSD, risk assessment, self-esteem, sexual abuse, stress, trauma, violence including criminal issues, youth forensics
Tosney Elizabeth M.Ed.	FP	No	Email: etosney@shaw.ca Location: 35 Wright Manor, Saskatoon, SK	Full practice
Traquair H. Morgan M.A.	FP	No	Email: morgantraquair@gmail.com Location: 2230 Rae Street, Regina, SK	Full practice
Tunney Kevin M.Ed.	FP	Yes	Email: kevin.tunney@sasktel.net Location: 139-420 Heritage Crescent, Saskatoon, SK, S7H 5P3	Full practice
Turner Christopher M.Sc.	FP	Yes	Location: 2906 15th Avenue E., Prince Albert, SK, S6V 7K2	Full practice
Tuttle Megan Ph.D.	FP	Yes	Email: tuttlelogan58@gmail.com Location: Box 376, Craven, SK, S0G 0W0	Anxiety, chronic stress, cognitive behavioural therapy, depression, family counselling, individual psychology, personality disorders, psychotherapy, PTSD, relationship issues sexual abuse, stress, trauma, women's issues
Unsworth Sinead Ph.D.	FP	Yes	N/A	Clinical psychology, counselling psychology, abuse, anxiety, body image, chronic stress, clinical assessment and therapy, cognitive behavioural therapy, depression, eating disorders, gay/lesbian issues, grief, loss, bereavement, individual psychology, psychotherapy, PTSD, relationship issues, self-

				esteem, sexual abuse, stress, trauma, women's issues, workplace stress and concerns
Vaagen Nicole M.Ed.	FP	Yes	N/A	Full practice
Vandergoot Mary Ph.D.	FP	Yes	N/A	Clinical psychology, health psychology, developmental, forensic, abuse, anxiety, ADHD, assessment and treatment of offenders, autism spectrum disorder, child maltreatment, child sexual abuse victims and offenders, child-centred services in divorce and separation, chronic stress, clinical assessment and therapy, cognitive, cognitive behavioural therapy, court testimony, criminal forensic, depression, diagnosis of learning disabilities, disability management, educational psychology, FASD specialist, grief, loss, bereavement, individual psychology, learning disabilities, life/family transitions, parenting assessment, personality disorders, psychological assessment, PTSD, relationship issues, risk assessment, self-esteem, sexual abuse, stress, trauma, violence including criminal issues, women's issues, workplace stress and concerns, youth forensics
Viczko Aaryn M.A.	FP	No	N/A	Clinical psychology, counselling psychology, forensic
Viklund Ashley M.A.	FP	Yes	N/A	Full practice
Vincent Norah Ph.D.	FP	Yes	N/A	Clinical psychology, program evaluation, anxiety, body image, clinical assessment and therapy, cognitive behavioural therapy,

				depression, eating disorders, grief, loss, bereavement, personality disorders, psychological assessment, psychotherapy, PTSD, self-esteem, sexual abuse, stress, trauma, workplace stress and concerns
Vrbancic Mirna Ph.D.	FP	Yes	Email: mirna.vrbancic@outlook.com Location: 106 McFarland Place, Saskatoon, SK	Full practice
Walker Kirstie Ph.D.	FP	Yes	N/A	Clinical psychology, developmental
Walker Maureen L. M.Ed.	FP	No	Email: maureen@crossroadstherapy.ca Location: 617C Main Street East, #102 - 506 - 25th Street East, Saskatoon, SK	Counselling psychology, abuse, addiction, ADHD, anger management, anti-oppression work with racialized immigrants and refugees, anxiety, behavioural, body image, child maltreatment, child sexual abuse victims and offenders, child-centred services in divorce and separation, chronic stress, cognitive, cognitive behavioural therapy, couple counselling, depression, EMDR (eye movement desensitization and reprocessing), family counselling, gay/lesbian issues, grief, loss, bereavement, individual psychology, life/family transitions, pain management, PTSD, relationship issues, self-esteem, sexual abuse, stress, trauma, violence including criminal issues, women's issues, workplace stress and concerns
Walker Patricia M.Ed.	FP	No	Email: walkerp@accesscomm.ca	Cognitive, educational psychology, learning disabilities, learning strategies

			Location: 6 Ryan Road, Regina, SK	in school settings, psycho- educational assessment; program planning, psychological assessment, risk assessment
Wallis Rebecca M.Ed.	PP	No	N/A	Provisional practice
Warrington Elaine M.Ed.	FP	No	Email: eawarrington@sasktel.net Location: 718 Albert Avenue, Saskatoon, SK	Full practice
Wawryk-Epp Lynne M.Ed.	FP	Yes	Email: lwe@sasktel.net Location: 612 Saskatchewan Crescent East, Saskatoon, SK	Full practice
Weber Shannon M.A.	FP	Yes	Location: Student Wellness Centre, U of S, Saskatoon, SK	Full practice
Wells Rebecca Ph.D.	FP	Yes	Phone: (639)397-5800, (639)397-0819 Email: dr.rebeccawells@gmail.c om	Clinical psychology
Wenaus Ila M.Ed.	PP	No	N/A	Provisional practice
West- Johnson David Ph.D.	FP	Yes	Email: dave.westjohnson@saskh ealthauthority.ca Location: Functional Rehab Program, Wascana Rehab Centre, 2180 23rd Avenue, Regina, SK	Health psychology, rehabilitation: physical/mental health, chronic stress, clinical assessment and therapy, cognitive behavioural therapy, depression, multidisciplinary assessment, pain management, personality disorders, psychological assessment, psychotherapy, PTSD, self- esteem, stress, trauma, workplace stress and concerns
Westermann Marie-Josée M.C.	PP	No	N/A	Clinical psychology, counselling psychology
White Michael M.Ed.	FP	Yes	Phone: (306)523-3122	Counselling psychology, educational/school, teaching, gay/lesbian issues

			Email: saskpsychologist@gmail.com	
Widdifield-Konkin Leslie M.Ed.	FP	Yes	Phone: (306)222-4013(w) Email: lesliewkonkin@gmail.com Location: 76-602 Cartwright St., Saskatoon, SK	Full practice
Wiebe Angela M.Ed.	FP	No	Location: 3134 Caen St., Saskatoon, SK	Counselling psychology, anxiety, cognitive, cognitive behavioural therapy, depression, gay/lesbian issues, grief, loss, bereavement, life/family transitions, relationship issues, self-esteem, sexual abuse, stress, women's issues, workplace stress and concerns
Wiebe Macnab Joni M.Ed.	FP	Yes	Email: joni.wiebemacnab@saskpolytech.ca	Full practice
Williams Brett M.Ed.	PP	No	N/A	Counselling psychology, anger management, anxiety, educational psychology, grief, loss, bereavement, individual psychology, psychotherapy, PTSD, self-regulation therapy, stress, trauma
Williams Catherine M.Ed.	FP	Yes	N/A	Full practice
Williams Jaime Ph.D.	FP	No	Email: jaime.williams@uregina.ca	Full practice
Williams Janet M.Ed.	FP	Yes	Email: williamsjan@spsd.sk.ca Location: 310 21st Street East, Saskatoon, SK	Full practice
Willick Myrna Ph.D.	FP	Yes	Email: myrnawillick@sasktel.net Location: 318 - 21st Street East, Suite 347, Saskatoon, SK	Clinical psychology
Wilson Alana M.Ed.	FP	Yes	N/A	Full practice

Wilson Laurene Ph.D.	FP	Yes	Location: Dept. of Clinical Health Psychology, Royal University Hospital, 103 Hospital Dr, Saskatoon, SK	Clinical psychology, health psychology
Witzel Wendy M.Ed.	FP	No	Email: wendy.witzel@usask.ca	Counselling psychology
Wood Megan M.Ed.	FP	Yes	Email: megan.wood@usask.ca Location: Student Wellness Centre, 1 Campus Drive, Place Riel Student Centre, Saskatoon, SK	Counselling psychology, abuse, achievement assessment, anger management, anxiety, behavioural, chronic stress, cognitive behavioural therapy, depression, diagnosis of learning disabilities, eating disorders, educational psychology, family counselling, grief, loss, bereavement, individual psychology, intellectual disability, learning disabilities, PTSD, relationship issues, stress, trauma, women's issues
Woods Meghan Ph.D.	FP	Yes	Phone: (306)450-1592 Email: meghanwoods@hotmail.com	Clinical psychology, anxiety, depression, individual psychology, stress, women's issues
Wotherspoon Karen M.Ed.	FP	No	N/A	Counselling psychology, anxiety, child psychology play therapy, depression, psychotherapy, relationship issues, stress
Wright Judith M.Ed.	FP	Yes	N/A	Counselling psychology, developmental, abuse, addiction, ADHD, anger management, anxiety, body image, clinical assessment and therapy, cognitive behavioural therapy, couple counselling, depression, eating disorders, EMDR (eye movement desensitization and deprocessing), family counselling, grief, loss, bereavement, group counselling, individual psychology, life/family transitions, pain

				management, personality disorders, psychological assessment, relationship issues, self-esteem, sexual abuse, stress, trauma, women's issues, workplace stress and concerns
Wright Kristi Ph.D.	FP	Yes	Email: kristi.wright@uregina.ca Location: University of Regina, Department of Psychology, Regina, SK	Full practice
Yonan Jesay M.C.	FP	Yes	N/A	Counselling psychology, anger management, anxiety, cognitive behavioural therapy, depression, gay/lesbian issues, relationship issues, self-esteem, stress, trauma, violence including criminal issues, women's issues, youth forensics
Young Leslie M.Ed.	FP	Yes	Email: l.young@rcsd.ca Location: 1639 Fenwick Cres, Regina, SK	Full practice
Zaharia Marilee Ph.D.	FP	Yes	Email: marilee.zaharia@saskhealthauthority.ca	Clinical psychology, behavioural, clinical assessment and therapy, cognitive behavioural therapy, depression, intervention/ programming, life/ family transitions, pain management, psychological assessment, PTSD, risk assessment, stress, trauma, violence including criminal issues, youth forensics
Zaluski Selina Ph.D.	FP	Yes	N/A	Full practice

PSYCHOLOGY ASSOCIATION OF SASKATCHEWAN

List of Practicing Psychologists

Members are trained in assessment, therapy and supervision:

Therapy: Many events and situations in our lives present significant challenges, and sometimes those challenges require professional support. Psychologists are committed to helping people improve their well-being and deal with problems effectively. Psychologists have the expertise required to work with people. They know how to help people deal with their feelings and attitudes and develop healthier and more effective patterns of behaviour.

Assessment: People work with psychologists for many reasons – they may have aspirations related to their personal and/or career development and ask a psychologist for assistance in achieving these goals. Psychologists who perform assessments diagnose mental health conditions, and provide recommendations for treatment, as well as accommodations in work and academic settings.

Supervision: Beginning psychologists require a mentor psychologist to supervise their first years of practice. The listed members are willing to provide this service to new psychologists. The Psychology Association of Saskatchewan provides this free service to help you locate qualified psychologists in your community, as well as those who are willing to travel. Select your community or “willing to travel” in the **location** bar below.

Name	Services	Contact	Location
Marilee Suurkivi, M.Ed., R. Psych.	Therapy, individual, couple and family counselling	Phone: (306)692-9737 Email: suurkivim@sasktel.net Website: www.beaconcounselling.com	Moose Jaw
Shantelle Szuch, MSc, R.Psych	Therapy, supervision,	Phone: (306)681-3234 Email: shantelle.szuch@gmail.com	Moose Jaw *Willing to Travel
Chelsea McConnell, M.Ed., R.Psych.	Psycho-educational assessment supervision	Phone: (306)240-8693 Email: mcconnellpsych@gmail.com	North Battleford *Willing to Travel
Michelle Cherniak, MSc	Assessment therapy	Phone: (306)441-8090 Email: mishaportercherniak@gmail.com	North Battleford *Willing to Travel
Brenda Jardine, M.Ed., R. Psych.	Evaluation/assessment; counselling, supervision therapy supervision	Phone: (306)930-8225 Email: brejardine@gmail.com Website: www.silverliningcounselling.com	Prince Albert *Willing to Travel

Gregory Reid, M.Ed., R.Psych.	Assessment therapy supervision	Phone: (306)960-3859 Email: reid2@sasktel.net	Prince Albert *Willing to Travel
Heather Jeancart, M.Ed., R. Psych #809	Assessment	Phone: (306)940-8998 Email: childh@yahoo.com	Prince Albert *Willing to Travel
Krista Cochrane, M.Ed., R. Psych.	Psycho-educational assessments children's voice assessments counselling (children and youth) therapy, supervision	Phone: (306)960-2220 Email: cochrane-krista@gmail.com	Prince Albert *Willing to Travel
Laurissa Letendre, M.Ed., R. Psych.	Assessment, therapy, supervision; I primarily work with adults who are pursuing adult 12, GED, or post- secondary education, providing psycho- educational assessments for those who may struggle with learning for various reasons. Less often, but I also work with children as young as 8 years old and adolescents.	Phone: (306)361-4543 Email: laurissa.letendre@gmail.com	Prince Albert Saskatoon
Lisa Berg- Kolody, PhD, Registered Doctoral Psychologist #394	Assessment, therapy; I offer individual psychological therapy to youth (ages 15+), adults, & seniors. I also offer couples therapy; English language only	Phone: (306)960-4392 Email: dr.lisabk@gmail.com Website: www.drlisabk.com	Prince Albert
S Keith Powell, M. S. R. Psych	Assessment, counselling, therapy, supervision	Phone: (306)763-7057 Email: Skeithpowell@yahoo.ca	Prince Albert *Willing to Travel
Danielle DeSorcy, PhD. R.D. Psych.	Assessment, therapy, supervision	Phone: (306)533-4281 Email: danielle.desorcy@gmail.com	Regina

		Website: www.desorcypsychological.com	
Danielle Rozon, M.Ed., R.Psych.	Assessment and therapy for children under 13 years old. Please see website for more details.	Phone: (306)570-4139 Email: elementsDanielle@gmail.com Website: www.elementsmentalwellness.com	Regina
Judy Wright, M.Ed., R. Psych	Assessment therapy supervision depression, anxiety, borderline personality disorder; couples-relationship; individual; self-esteem, life transitions, workplace issues, stress, abuse issues, co-dependency, recovery, conflict , family issues; children and adolescents – anxiety, depression, school issues, family issues; mediation equine assisted therapy for groups and individuals – no riding involved – see unbridledgroup.ca	Phone: (306)545-6121 Email: gateways@sasktel.net Website: www.gatewayscounselling.com	Regina
Kathryn Cochran	Assessment therapy clinical counselling; industrial psychology; addictions: alcohol; drugs; gambling; sex; food; internet; codependency anxiety; depression; stress; post-trauma; abuse; blended family; family of origin issues; critical incident stress; grief; anger management;	Phone: (306)352-0680 Email: par.regina@sasktel.net Website: www.parcounsellors.com	Regina

	workplace conflict; job performance; assertiveness; interpersonal communications; self- esteem; marriage/relationship /counselling with adults, couples; family; adolescents; cross-culture		
Lorri Crittenden, M.Ed., R.Psych	Assessment, therapy counselling for anxiety, depression, trauma for children and adults; assessment for learning disabilities and ADHD	Phone: (306)535-2186 Email: lorri.crittenden@sasktel.net	Regina
Stacy Taylor, M.Ed., R. Psych.	Assessment, therapy; I am a registered psychologist with Authorized Practice Endorsement (APE), enabling me to diagnose mental health disorders. I assess the following conditions: depression/mood disorders; anxiety disorders; post- traumatic stress disorder; ADHD; psycho-educational assessments (i.e., learning disabilities) and intellectual disabilities. I provide services to children, adolescents, adults, families and couples. My areas of practice include the treatment of anxiety, depression, stress management, trauma, self-esteem, relationship	Phone: (306)545-3000 Email: staylor@stapleford.ca	Regina *Willing to Travel

	difficulties, grief/loss, postpartum depression, chronic pain, health anxiety, workplace issues, parenting difficulties and child behavioural issues.		
Colette Pelletier, M.Ed., R. Psych.	Therapy, supervision individual counselling for adults, trauma, anxiety, depression, stress, eating challenges, addictions, acquired brain injury, mindfulness, EMDR	Phone: (306)536-6975 Email: colette.pelletier@sasktel.net Website: Copecounselling.ca	Regina
Cristina Dumitrescu, MEd., R.Psych.	Therapy, counselling for coping with stress, anxiety, depression, chronic pain, chronic illness, life transitions, geriatric issues, relationship issues	Phone: (306)551-1861 Email: psychotherapyinregina@gmail.com Website: Theravive.com	Regina
Gabriela Pitariu, Ph.D., R.D.Psych	Therapy, language: English and Romanian	Phone: (306)757-4283 Email: Gabriela.pitariu@gmail.com Website: drgabrielapitariu.ca	Regina
Jordan Kozey, MA, R. Psych. (Provisional)	Depression/anxiety, healing trauma (sexual, mental, emotional, injury), grief & loss, creative walls/feeling stuck, mood/personality disorders, anger, recovering from brain injuries (ABI), sexual dysfunction/stagnation, obsessive-compulsive disorder, immigration stress, fetishes, codependency (caretaking of others), ADHD, lucid dreaming, intense dreaming, hard to	Phone: (306)581-4149 Email: psychotherapy@jordankozey.com Website: www.jordankozey.com	Regina

	explain spiritual abilities, lack of assertiveness, troubling, invasive thoughts, the complexities of polyamory, swinging, or lifestyle issues, unhealthy attachment to parent or parental figure, considering separation from spouse, difficulty with sexual preference issues or coming out, lack of confidence, lacking a sense of self		
Mary Ross, M.Ed., R. Psych	Individual and couples therapy	Phone: (306)539-5187 Email: mary@mprcounselling.ca	Regina
Jaime Williams, PhD., R.D.Psych.	Therapy: I work with adults and older adults with depression and anxiety, as well as those coping with a primary medical diagnosis, such as heart disease, chronic pain, cancer, stroke, and dementia. I use strategies focused on mindful awareness of the self and the environment, along with behavioural techniques to aid in living a fulfilling and meaningful life while being a patient or providing care for someone with these difficulties can leave many with feelings of depression, anxiety, and loss of meaning. I aim to create a supportive	Phone: (306)209-6983 Email: jlw975@gmail.com	Regina *Willing to Travel

	environment in which clients feel comfortable and safe to explore alternative ways of thinking, feeling, and behaving.		
Joan Helmsing, M.Ed., R. Psych.	Psycho-educational assessment, behavioural assessment, educational consultation, supervision	Phone: (306)586-5305 Email: helmsing.consulting@sasktel.net Website: helmsing.consulting@sasktel.net	Regina *Willing to Travel
Andrea Nostbakken, M.Ed., R. Psych APE	Assessment, supervision providing psycho-educational assessments relating to learning disabilities, ADHD, or intellectual disabilities for children, youth, and adults. Post-secondary support for eligible accommodations	Phone: (306)381-6030 Email: andrea@evolvepsych.ca Website: www.evolvepsych.ca	Saskatoon *Willing to Travel
Angela Thorpe, M.Ed., R. Psych. (APE)	Assessment, supervision psycho-educational assessment services for children, adolescents and adults in the areas of learning disabilities, attention-deficit hyperactivity disorder, and intellectual disabilities.	Website: www.evolvepsych.ca Email: angela.thorpe@usask.ca	Saskatoon *Willing to Travel
Brendan Newton, M.Ed, R. Psych.	Assessment, supervision	Phone: (306)370-0510 Email: Newtonconsulting9@gmail.com	Saskatoon *Willing to Travel
Dr. Bette Brazier, Ph.D., R.D. Psych	Assessment, therapy; I provide consultations, assessments, and	Phone: (306)220-0926 Email: bbrazier@sasktel.net	Saskatoon

	treatment services for adults		
Gail Clark M.Ed. R. Psych	Assessment psycho-educational assessments, ADHD, assessments for gifted education; post-secondary supports	Phone: (306)931-7501 Email: gail@clarkeducation.com	Saskatoon
Heather Tomes, M.Ed., R.Psych (#772)	Assessment, therapy, supervision. I provide individual counselling to young adults and adults in the following areas: anxiety disorders (including OCD, panic disorder, social anxiety, and generalized anxiety), grief, mood disorders (depression and bipolar), pastoral and missionary support, relationship problems, trauma, stress management and women's sexuality.	Phone: (306)244-9890 Email: chcounselling@sasktel.net Website: www.saskatoonccs.com	Saskatoon
Jacqueline Rhinas- Helberg, MEd., Registered Psychologist (APE)	Assessment, therapy, supervision accredited practice endorsement – I can evaluate/diagnose ADHD, learning disabilities, and intellectual disabilities. I also provide counselling services and psycho-educational assessments.	Phone: (306)227-4297 Email: jacqueline@jrpsychologicalservices.ca Website: JRPsychologicalservices.ca	Saskatoon *Willing to Travel
Jeannette A Ambrose (M.Ed., R. Psych#390)	Assessment, therapy individual therapy – trauma/PTSD, anxiety/depression; health psychology; somatic therapy; couples and family therapy	Phone: (306)249-4244 Email: jeannette.ambrose@gmail.com Website: www.restoringconnections.ca	Saskatoon *Willing to Travel

Kristin Collevy, M.Ed., R. Psych	Assessment Psycho-educational assessments – primarily to confirm or rule out diagnoses such as: learning disabilities, ADHD, or intellectual disabilities.	Phone: (306)260-1456 Email: kristin.collevy@usask.ca	Saskatoon *Willing to Travel
Lana Shimp, PhD., R.D. Psych.	Assessment, therapy, supervision psychological assessment, individual psychotherapy with adults, and couples therapy. Areas of practice include mood problems (depression and bipolar disorder), anxiety (including OCD, panic disorder, social anxiety, and generalized anxiety), relationship problems, stress, addiction issues, and neurofeedback. Primary therapeutic approach is cognitive-behavioural therapy.	Phone: (306)664-6647 Email: shimp.l@saskpsych.ca Website: www.saskatoonpsychology.ca	Saskatoon
Lara Spagrud, Ph.D., R.D.Psych.	Assessment, therapy. I provide psychological services to children and families including the diagnosis and treatment of developmental delay, intellectual disability, autism spectrum disorder, attention deficit/hyperactivity disorder, oppositional defiant disorder, anxiety disorders, mood disorders, sleep difficulties and picky	Phone: (306)664-6647 Email: reception@saskpsych.ca Website: chartierarnoldbrock.ca	Saskatoon

	eating. My primary therapeutic approach is cognitive-behavioural therapy.		
Laurissa Letendre, M.Ed., R. Psych.	Assessment. I primarily work with adults who are pursuing adult 12, GED, or post-secondary education, providing psycho-educational assessments for those who may struggle with learning for various reasons. Less often, I also work with children as young as 8 years old and adolescents.	Phone: (306)361-4543 Email: laurissa.letendre@gmail.com	Saskatoon *Willing to Travel
Leslie Widdifield-Konkin, M.Ed., Registered Psychologist	Assessment completion of psycho-educational assessments in regard to learning difficulties, attention and academically talented individuals.	Phone: (306)222-4013 Email: lesliewkonkin@gmail.com	Saskatoon *Willing to Travel
Lindsay Robertson, Ph.D., R. Psych	Assessment forensic and risk assessment	Phone: (306)241-3677 Email: robertsonpsychological@gmail.com	Saskatoon *Willing to Travel
Lynne Wawryk-Epp, M.Ed. R. Psych.	Assessment, therapy language: sign language psycho-educational assessments, cogmed working memory training	Phone: (306)370-4425 Email: lwe@sasktel.net	Saskatoon *Willing to Travel
Marilyn Macdonald, M.Ed., R. Psych.	Assessment cognitive assessments provided for all ages, with consultation and report provided.	Phone: (306)374-4301 Email: macdonaldmar@sasktel.net	Saskatoon *Willing to Travel

Mirna Vrbancic, Ph.D., R.D. Psych.	Assessment, Supervision provision of psychological and neuropsychological consultation and assessment services to patients, insurance and disability carriers and for competency and forensic purposes.	Phone: (306)955-0850 Email: mirna.vrbancic@outlook.com	Saskatoon *Willing to Travel
Nayyar S. Javed, M.Ed., R.Psych.	Assessment, therapy, supervision areas include depression, anxiety, PTSD, grief, cross-cultural and relationships	Phone: (306)934-5898	Saskatoon
Phil Carverhill, Ph.D., Registered Doctoral Psychologist	Assessment, therapy grief/bereavement/loss, complicated/traumatic grief, anxiety, depression, PTSD, work stress, infertility, life transitions, retirement, career assessment & counselling, psychological assessment, mental health promotion, individuals, couples, teens, adults, seniors, grief support groups, workshops, seminars. Additional qualifications: Music therapy training	Phone: (306)651-7445 Email: dr.phil.carverhill@shaw.ca Website: www.carverhill.ca	Saskatoon *Willing to Travel
Samantha Horswill, Ph.D., R.D. Psych.	Assessment, Therapy	Phone: (306)664-6647 Website: www.samanthahorswill.com	Saskatoon
Tyson Kurtenbach, Ph.D., R.D. Psych.	Assessment, therapy, supervision. My primary areas of practice include	Phone: (306)664-6647 Email: kurtenbach.t@saskpsych.ca	Saskatoon

	assessment and treatment of mood, anxiety, trauma, and personality disorders in adults. An additional area of clinical focus is adult forensic psychology, including assessment and treatment of recidivism risk. My primary forensic interest involves sexual violence risk assessment and treatment. Additional areas of practice include obsessive-compulsive, schizophrenia spectrum, and substance use disorders.	Website: www.saskatoonpsychology.ca	
Audrey Gordon, M.Ed., R. Psych.	Therapy services provided: Adult individual & couples counselling mediation	Phone: (306)241-6725 Email: audrey.gordon@outlook.com	Saskatoon
Dennis Coates M.Ed., R. Psych #311D	Therapy, adult patients only	Phone: (306)664-0000 Email: office@peopleproblems.ca Website: www.peopleproblems.ca	Saskatoon
Dustin Reekie, M.Ed, R.Psych	Counselling, psychotherapy, cognitive behavioural therapy, conflict resolution	Phone: (306)291-0900 Email: cadence.psych@sasktel.net Website: cadencepsych.net	Saskatoon
Holly Graham, PhD., R. D. Psych.	Therapy: Dr. Holly Graham is a member of the Thunderchild First Nation. She has worked as a registered nurse (RN) in a variety of northern communities, in addition to various	Phone: (306)371-3039 Email: holly.grahamsok@gmail.com	

	<p>other health care environments since 1985. Holly is an Assistant Professor in the College of Nursing, at the University of Saskatchewan. She maintains an active practice as a registered doctoral psychologist, working primarily with individuals who have experienced trauma and symptoms of post-traumatic stress disorder (PTSD). Holly's research is focused on Indigenous health, mental health and well-being.</p>		
Karen Gilleta, R.D. Psych.	Therapy, individual & couples; psychotherapy for adults; supervision	Phone: (306)974-5411 Email: therapy@drscornishgilleta.com Website: www.drscornishgilleta.com	Saskatoon
Lynn Corbett, PhD., R.D. Psych	Individual and couples therapy; professional consultation and supervision	Phone: (306)220-1613 Email: lynn@corbettmills.ca Website: www.corbettmills.ca	Saskatoon
Maureen Walker, M.Ed., R. Psych	Therapy: Maureen Walker works with children, youth, adults, individuals, couples and families. Areas of interest include: anxiety, depression, trauma, self-esteem, grief, healthy relationships (including same sex couples), work-life balance, intimate partner violence	Phone: (306)665-6661 Email: info@crossroadstherapy.ca Website: www.crossroadstherapy.ca	Saskatoon
Peter Cornish, R.D. Psych.	Therapy, treatment of depression, anxiety,	Phone: (709)699-4230	Saskatoon

	trauma, emotional dysregulation, also couples therapy.	Email: pcornish@mun.ca Website: https://www.drscornishgilleta.com/	
Valérie Grenier, M.A., R.Psych	Adult individual and couples therapy. Areas of practice include infertility, family of origin, grief and loss, boundaries and assertiveness, anxiety, self-esteem, body image, relationship problems and trauma. Services in English and French	Phone: (306)717-7523 Email: valerie@valeriegrenier.ca Website: https://www.valeriegrenier.ca/	Saskatoon
Conor Barker, M.Ed., R. Psych.	Assessment, supervision; Brunswick Creek Psychology Services provides assessment and therapeutic services for adults. The practice is based out of North Side Medical Clinic, in Swift Current, Saskatchewan. Assessment services include diagnostic services to support treatment planning, workplace or academic accommodations, or qualification for particular programs or services. Therapy services include personal counselling, which supports individuals through life's challenges including: work/life/family transitions, coping with low mood or excessive worries,	Phone: (306)700-3141 Email: conor.barker@brunswickcreek.ca Website: www.brunswickcreek.ca	Swift Current *Willing to Travel

	relationship issues, bereavement and grief, among others. Language of service: English and French		
Evan Burdan, M.A., R.Psych.	Child and youth assessment and therapy, couples counselling, adult therapy	Phone: (306)891-9939 Email: familyservices1@yahoo.ca Website: familyservices1@yahoo.ca	Weyburn *Willing to Travel
Stacey Braithwaite, M.Ed., R. Psych.	Services include psycho-educational and ADHD assessments for children and adolescents.	Email: stacey.rea@sasktel.net	White City

APPENDIX A.3 ALCOHOLICS ANONYMOUS GROUPS

ALCOHOLICS ANONYMOUS GROUPS

Information about AA meeting times and locations across the province current to June 2019; information is subject to change.

Group Name	Day of Week	Start Time	Notes	Address	City
Asquith Group	Friday	8:00 pm	Asquith School (SW entrance)	Eagle Avenue & Miles Street	Asquith
We Agnostic Group	Monday	7:00 pm	North East Community Centre (behind Imperial School-back door, in basement)	160 Broad Street	Asquith
South Country Group	Monday	8:00 pm	Old Library (Basement)	110 4th Avenue West	Assiniboia
Out of Towner's Group	Saturday	7:30 pm	United Church	Main Street	Balgonie

Soul Sisters Candlelight Group (Women Only)	Tuesday	5:30 pm	St. George's Anglican Church	191 24th Street West	Battleford
South Town Group	Wednesday	8:00 pm	St. George's Anglican Church	191 24th Street West	Battleford
Tuesday Noon Group	Tuesday	12:00 pm (noon)	St. George's Anglican Church	191 24th Street West	Battleford
Beauval Sipihishk Group	Thursday	8:00 pm	Beauval Health Centre	Lavoie Street and Smith Ave	Beauval
Big Muddy A.A. Group	Tuesday Friday	7:00 pm	St. Michael's Parish	5th Ave East	Bengough
Bienfait Group	Friday	8:00 pm	St. Monica's Parish Hall, (South side of the highway on Main street)	502 Carbon Ave	Bienfait
Back to Basics Group	Thursday	7:30 pm	Evangelical Free Church	200 6th Avenue N	Big River
Big River Dry Bones Group	Thursday	7:30 pm	Station Seniors Centre	Main Street	Big River
Biggar United Group	Sunday	8:00 pm	United Church basement	907 Quebec Street	Biggar
Biggar United Group	Wednesday	8:00 pm	United Church basement; (Open 1st Wed of Month)	907 Quebec Street	Biggar
Gateway Group	Wednesday	8:00 pm	Blaine Lake Gospel Chapel	Railway Avenue West	Blaine Lake
Brock Tuesday Nite Group	Tuesday	8:00 pm	Brock Vesper Club	1 st Avenue West	Brock
Churchill Group	Wednesday	8:00 pm	St. Leo the Great Catholic Church	Tom Street	Buffalo Narrows
German A.A. Group	Saturday	8:00 pm	House (Open Meeting 2nd Sat of the Month)	1214 Hudson St	Cadillac
Happy Hour Eh Eh Group	Friday	7:30 pm	Candle Lake Golf Course Main Level	1 Fairway Drive	Candle Lake

			Meeting Room (Seasonal - May Long Weekend to Labour Day Weekend)		
Canoe Narrows Group	Wednesday	7:00 pm	Health Centre		Canoe Narrows
Canoe Narrows Group	Wednesday	8:00 pm	St. Georges Anglican Church	133 2nd Avenue West	Canora
Carlyle Group	Wednesday	8:00 pm	Catholic Church (Open Meeting 1st Wed of the Month)	216 6th St. West,	Carlyle
Central Border Group	Sunday	8:00 pm	United Church (basement)	Broadway & Pacific Avenue	Carnduff
Carrot River A.A. Group	Tuesday	8:00 pm	Carrot River Health Centre	4101 1 Avenue West	Carrot River
Hi 42 Group	Friday	8:30 pm	Iver Main Place (back door downstairs) First Friday of the month is an open meeting.	52 3rd Avenue West	Central Butte
Lakeshore Group	Sunday	8:00 pm	Legion Hall (Upstairs). Off Highway 263	120 Main Street	Christopher Lake
Potashville Group	Tuesday	8:00 pm	Concordia Lutheran Church (basement); (Open Meeting Last Tues of the Month)	310 Poplar Cres	Churchbridg e
Not Alone Group	Friday	8:00 pm	Prayer Room		Cigar Lake Mine
Cochin A.A. New Beginning Group	Friday	8:00 pm	Catholic Church (back door)		Cochin

Colonsay A.A. Group	Monday	8:00 pm	St. Mary Catholic Church (basement) (The last Monday of every month there is an open meeting)	Butte Avenue	Colonsay
Coronach Pioneer Group	Tuesday	8:00 pm	Legion Hall (Open meeting every third Tuesday of the month)	Centre Street	Coronach
Craik Group	Wednesday	8:00 pm	Craik Health Centre	620 Mary Street	Craik
Craven Group	Monday	8:00 pm	Craven Community Hall	9 Tennant Street	Craven
Big River First Nation – Trust The Process Group	Tuesday	7:00 pm	Big River First Nation at the Health Centre	401 Battle Avenue	Debden
Debden Group	Tuesday	8:00 pm	RC Church (basement)	Main Street	Debden
Downtown Delisle Group	Monday	8:00 pm	United Church (basement)	316 1st Street West	Delisle
Dinsmore Group	Friday	8:00 pm	United Church		Dinsmore
Eastend Group	Monday	8:00 pm	United Church	Popular Avenue South	Eastend
19'ers Group	Tuesday	8:00 pm	Elbow United Church	Bison Avenue and Aberdeen Street	Elbow
Esterhazy Sunshine Group	Wednesday	8:00 pm	Baptist Church	5th Avenue & Babyak Street	Esterhazy
Lifeline Group	Sunday	8:00 pm	Guys & Gals Club 80	622 5th Street	Estevan
Lignite Serenity Group	Monday	8:00 pm	Guys & Gals Club 80	622 5 th Street	Estevan

Women's Empowering A.A. Group	Tuesday	7:00 pm	Guys & Gals Club 80 (Open Meeting Last Tuesday of the Month)	622 5 th Street	Estevan
Borderline Group	Tuesday	8:00 pm	St Giles Anglican Church (basement)	317 12 th Avenue	Estevan
Wednesday Night Group	Wednesday	8:00 pm	Guys & Gals Club 80 (club house)	622 5 th Street	Estevan
Torquay Group	Thursday	8:00 pm	Guys & Gals Club 80	622 5 th Street	Estevan
Saturday Night Do Drop In Group	Saturday	8:00 pm	Guys & Gals Club 80 (club house)	622 5 th Street	Estevan
Eston Group	Wednesday	8:00 pm	St. Andrew's United Church	3 rd Avenue and Main Street	Eston
New Day A.A. Group	Thursday	8:00 pm		3 miles south of Kylemore; 1/2 mile W House 34	Fishing Lake First Nation
Floral Discussion Group	Tuesday		Floral School	Hwy 11 South to Grasswood, Turn Left, 4 Miles	Floral
Day One Group	Friday	8:00 pm	St. Andrews United Church	194 Bay Avenue South	Fort Qu'Appelle
First Things First Group	Wednesday	8:00 pm	St. Andrews United Church	194 Bay Avenue South	Fort Qu'Appelle
Glaslyn Group	Thursday	8:00 pm	United Church (basement)	Main Street	Glaslyn
Gravelbourg Group	Tuesday	8:00 pm	The Cultural Centre (basement Rm. 203)	133 5 th Avenue East	Gravelbourg
Grenfell Group	Wednesday	8:00 pm	United Church (Open Meeting Last Wed of the Month)	513 Anderson Street	Grenfell

Gull Lake Group	Wednesday	8:00 pm	Legion Hall	431 Main Street	Gull Lake
Even at Fourty Group	Monday	8:00 pm	Gospel Fellowship	211 Main Street	Hafford
Hodgeville Group	Monday	8:00 pm	Community Hall	Main Street	Hodgeville
Hudson Bay New Hope Group	Wednesday Saturday	7:00 pm	Seniors Building (behind library)	130 Main Street	Hudson Bay
Living Sober Group	Tuesday Friday Saturday	7:30 pm	Humboldt District Health Complex	515 14 th Avenue	Humboldt
Open Door Group	Monday	8:00 pm	Humboldt District Health Complex	515 14 th Avenue	Humboldt
Steps to Freedom Group	Thursday	8:00 pm	Humboldt District Health Complex	515 14 th Avenue	Humboldt
Big Island A.A. Group	Wednesday	7:30 pm	Last Meeting of the month is Open (all other meetings are closed)	CILX Radio Station	Ile-A-La-Crosse
Imperial A.A. Group	Tuesday	7:30 pm	Pentecostal Church	420 Prince Street	Imperial
Indian Head Group	Monday	8:00 pm	United Church (Open Meeting Last Mon of Month)	801 Buxton Street	Indian Head
Ministik Group	Monday	8:00 pm	Parkland Evangelical Free Church	329 Carment Avenue	Kamsack
Kelvington A.A. Group	Wednesday	8:00 pm	East Elevator Office on Elevator Road	Kelvinton	Kelvington
Tumble Inn Group	Saturday	8:00 pm	Tumble Inn Dance Hall (May to September)	Tumble Inn	Kenosee Park
Monday Night Group	Monday	8:00 pm	Lutheran Church	118 2 nd Avenue East	Kindersley
Lost & Found Group	Thursday	8:00 pm	New Life Community Church	303 5 th Avenue West	Kindersley

Kindersley Hospital Group	Friday	8:00 pm	Kindersley Legion Hall	807 3 rd Street West	Kindersley
Kipling Group	Monday	8:00 pm	United Church (Basement)	102 Nelson Avenue	Kipling
Milestone Service Group	Monday Wednesday Friday	8:00 pm	Old Town Hall (Downstairs)	1212 Hildebrand Drive	La Ronge
LaFleche Group	Thursday	8:00 pm	P.O.P. Complex (Main Entrance); (Open Meeting 2nd Thurs.)	38 2 nd Avenue West	LaFleche
Lake Lenore One Day at a Time Group	Wednesday	7:30 pm	Office – Shaw Building Movers	Railway Avenue	Lake Lenore
Stepping Stones Group	Thursday	8:00 pm	United Church (Basement)	218 McNaughton Crescent	Langenburg
Lanigan Its Your Choice Group	Tuesday	8:00 pm	Lutheran Church (Basement)	69 Bantry Street	Lanigan
Leader Group	Tuesday	8:00 pm	United Church	1 st Street West	Leader
Back to Basics Group	Thursday	8:00 pm	Leipzig Serenity Retreat North Door	Leipzig	Leipzig
Easy Does It Group	Thursday	8:00 pm		208 Main Street	Loon Lake
Lumsden Valley Group	Thursday	8:00 pm	Legion Hall	50 3 rd Avenue	Lumsden
Macklin Group	Thursday	8:00 pm	Grace United Church; 8:30 pm (Winter)	310 Main Street	Macklin
Makwa Freedom Group	Tuesday	8:00 pm	Seniors Activity Centre (Behind Post Office and Co-op Store)		Makwa
Road's End Group	Wednesday	8:00 pm	Calvary United Church	Corner 4 th Street & 1 st Avenue	Mankota

Cypress Hills Group	Monday Wednesday Thursday	8:00 pm 12:00 pm 8:00 pm	Jasper School	311 Jasper Street	Maple Creek
Martensville Group	Thursday	8:00 pm	Martensville Library	66 Main Street	Martensville
Monday Night A.A. Group	Monday	8:00 pm	City Hall (Basement)	120 1 st East	Meadow Lake
Pioneer Group	Wednesday	8:00 pm	City Hall (Basement)	120 1 st East	Meadow Lake
Flying Dust A.A. Group	Thursday	8:00 pm	Flying Dust Administrative Building		Meadow Lake
New Beginnings Group	Friday	8:00 pm	City Hall (Basement)	120 1 st East	Meadow Lake
Hi Lo Group	Tuesday Friday	8:00 pm	Legion Hall (Basement)	101 Macleod Avenue East	Melfort
Triangle Group	Sunday Friday	8:00 pm	United Church	148 5 th Avenue	Melville
West End Group	Monday	8:00 pm	St. Paul's Lutheran Church (Basement)	238 3 rd Avenue East	Melville
Come As You Are Group	Tuesday	8:00 pm	United Church (Basement)	3 rd Street East	Milden
Sunday At Nine Group	Sunday	9:00 am	Providence Place (Check room location at Reception)	100 2 nd Avenue North East	Moose Jaw
Minto Group	Sunday	7:30 pm	Minto United Church (Back Door Downstairs)	1036 7 th Avenue North West	Moose Jaw
ABC Group	Monday	8:00 pm	St. Marks Church (Basement)	80 High Street East	Moose Jaw
North Hill Group	Monday	8:00 pm	River Church (Downstairs)	406 Ominica Street West	Moose Jaw
West Side Lunch Bunch	Tuesday	12:00 pm (noon)	New Life Centre (Back Door)	916 Brown Street	Moose Jaw

Tuesday Nite Discussion Group	Tuesday	8:00 pm	Salvation Army Church (East side door)	2 Wintergreen Drive	Moose Jaw
Downtown Group	Tuesday Thursday	8:00 pm	Zion United Church (2 nd Tuesday of every month is a speaker meeting)	423 Main Street North	Moose Jaw
Big Book Study Group	Wednesday	12:00 pm (noon)	New Life Centre (Back Door)	916 Brown Street	Moose Jaw
Southside Welcome Group	Wednesday	8:00 pm	Trinity United Church (back door downstairs)	277 Iroquois Street West	Moose Jaw
Hi-Steppers Group	Friday	8:00 pm	St. Andrews Church	60 Athabasca Street East	Moose Jaw
Saturday Off Main Group	Saturday	8:00 pm	Salvation Army Thrift Store (Downstairs)	175 1 st Avenue North East	Moose Jaw
Moosomin Group	Tuesday	8:00 pm	Pipestone Kin-Ability Centre (all other Tuesday meetings are closed. AA members only, Open meetings are the 4 th Tuesday of the Month)	612 Cook Road	Moosomin
Naicam Reach Out Group	Monday	8:00 pm	Seniors Centre	305 1 st Street North	Naicam
Neilburg Country Roads Group	Tuesday	7:30 pm	Catholic Church (main floor); (Rm. 1 North door on east side)	20 1 st Street	Neilburg
Nipawin Big Book Group	Tuesday Thursday Saturday	8:00 pm	(Beside REMAX Building & Across from the PharmaSave)	209 1 st Avenue West	Nipawin

Easy Does It Group	Wednesday	8:00 pm	Salvation Army Church	714 8 th Street West	Nipawin
Norquay Group	Thursday	8:00 pm	United Church Hall	45 1 st Avenue South East	Norquay
Bar None Group	Tuesday Friday	8:00 pm	Don Ross Centre	891 99 th Street	North Battleford
Big Book Study Group	Wednesday	8:00 pm	Friendship Centre	960 103 rd Street	North Battleford
New Sunday Nite Group	Sunday	8:00 pm	Notre Dame Church (Basement)	1202 104 th Street	North Battleford
Silver Stream A.A. Group	Thursday	8:00 pm	Third Avenue United Church (if door is not open ring the buzzer)	1301 102 nd Street	North Battleford
Sunday Morning Open Group	Sunday	11:00 am	Indian and Metis Friendship Centre	960 103 rd Street	North Battleford
Sunshine Fresh Air Group	Monday	8:00 pm	Zion Lutheran Church	10801 Winder Crescent	North Battleford
South East Group	Thursday	8:00 pm	Unit Oxbow Memorial Hall (basement)	409 Wylie Avenue	Oxbow
Pelican Narrows Group	Thursday	8:00 pm	Angelique Canada Health Centre		Pelican Narrows
Pile Lake Group	Sunday	8:00 pm	Pike Lake Church	St. Martin's in the Field: Off Highway 60 on O'Malley Road	Pike Lake
German A.A. Group	Saturday	8:00 pm		232 2 nd Street West	Ponteix
Preeceville Group	Friday	8:00 pm	Preeceville Public Library	27 Main Street	Preeceville
Sunday Breakfast Group	Sunday	10:00 am	Double B Clubrooms	Suite 3 1501 Olive Diefenbaker Drive	Prince Albert

A New Happiness Group	Monday Friday	8:00 pm 8:00 pm	Salvation Army Church (Use East Door); Open Meeting Last Friday of the Monty & Speaker Meeting 2 nd Friday of the Month	163 12 th Street East	Prince Albert
We Do The Steps Group	Monday Thursday	8:00 pm 8:00 pm	Bay 3 406 South Industrial Drive (Across from John's Nursery)	406 South Industrial Drive	Prince Albert
The Road Group	Monday	8:00 pm	Baptist Church	1351 28 th Street East	Prince Albert
Double B Study Group	Tuesday Tuesday Thursday	noon 8:00 pm 8:00 pm	Beside Chicken Chef	Suite 3 1501 Olive Diefenbaker Drive	Prince Albert
Starlight Group	Tuesday	7:30 pm	St. Joseph's Church (Downstairs)	260 25 th Street East	Prince Albert
Pinegrove Group	Tuesday	8:00 pm	Sacred Heart Cathedral (Basement-North Doors)	561 12 th Street East	Prince Albert
New Life Group	Wednesday	8:00 pm	Redeemer Lutheran Church	310 27 th Street West	Prince Albert
Pass It On Group	Wednesday	8:00 pm	Sacred Heart Cathedral (Basement-North Doors)	1401 4 th Avenue West	Prince Albert
Big Book Fellowship Group	Thursday Friday	8:00 pm 6:30 pm	Upstairs	59A 17 th Street West	Prince Albert
The Early Risers Group	Friday	7:00 am	Upstairs	59 17 th Street West	Prince Albert
Winners Circle Group	Friday	12:00 pm (noon)	Marquis Inn	6 th Avenue East & Marquis Road	Prince Albert

D10 Saturday Night Open Group	Saturday	7:30 pm	Beside Chicken Chef	Suite 3 1501 Olive Diefenbaker Drive	Prince Albert
Rabbit Lake's Sunrise Group	Friday	8:00 pm	Sunrise Seniors Centre		Rabbit Lake
Raymore Group	Sunday	7:00 pm	United Church Hall (North Door)	Main Street & 3rd Avenue	Raymore
Redvers Border Town Group	Monday	8:00 pm	Knox United Church	19 Broadway Street	Redvers
Sunday @ 9 Group	Sunday	9:00 am	Ramada Hotel	1818 Victoria Avenue	Regina
12 x 12 Group	Sunday	10:00 am	Wascana Rehab Centre (Boardroom on 2 nd floor)	2180 23 rd Avenue	
Alano Sunrise Breakfast Group	Sunday	10:00 am	Alano Club	1165 Pasqua Street	
Fellowship Group	Sunday Monday Thursday	11:00 am 8:30 pm 8:30 pm	(Basement of Beige Row House- Sunday & Monday) White Row Building (Thursday)	2710 10 th Avenue	Regina
Meeting in the Park Group	Sunday	11:00 am	Knox Metropolitan United Church	2340 Victoria Avenue	Regina
Alano Rolling Home Group	Sunday Wednesday	5:30 pm 5:30 pm	Alano Club (Arrive by 5:25)	1165 Pasqua Street	
Northside Group	Sunday	7:30 pm	St. Peters RC Church	100 Argyle Street North	Regina
Vista Group	Sunday	7:30 pm	North East Community Centre (Craft Room)	160 Broad Street	Regina
Breakfast Group	Monday Friday	7:00 am 7:00 am	Seven Oaks Inn	777 Albert Street	Regina

A.A. for Women Group	Monday	12:00 pm	Sunset United Church	177 Sunset Drive	Regina
Alano Acceptance is the Answer Group	Monday Tuesday Wednesday Thursday	12:00 pm 12:00 pm 12:00 pm 12:00 pm	Alano Club	1165 Pasqua Street	Regina
No Name Group	Monday Tuesday Wednesday Thursday Friday	12:00 pm 12:00 pm 12:00 pm 12:00 pm 12:00 pm	St. Paul's Cathedral	1859 McIntyre Street	Regina
Out to Lunch Bunch	Monday Wednesday Friday	12:00 pm 12:00 pm 12:00 pm	Seven Oaks Inn	777 Albert Street	Regina
Monday Noon Eastside Group	Monday	12:15 pm	Holy Child Church	2636 7 th Avenue East	Regina
Alano 525 Rolling Home Group	Monday Tuesday	5:30 pm 5:30 pm	Alano Club (Arrive by 5:25 PM)	1165 Pasqua Street	Regina
We Agnostic	Monday	7:00 pm	North East Community Centre	160 Broad Street North	Regina
12 Steps to Recovery Group	Monday	8:00 pm	North East Community Centre (Auditorium)	160 Broad Street North	Regina
Harmony Group	Monday	8:00 pm	Living Spirit Centre	3018 Doan Drive	Regina
Hero Group	Monday	8:00 pm	Redeemer Reformation Church	3717 Hill Avenue	Regina
Massey Road Group	Monday	8:00 pm	Whitemore Park United Church at Southside Pentecostal Assembly	41 Birchwood Road	Regina
Regina Novalco Service Group	Monday Wednesday	8:00 pm 8:00 pm	Our Savior's Lutheran Church	190 Massey Road	Regina
South Hillsdale Group	Monday	8:00 pm	Wesley United Church	3913 Hillsdale Street	Regina

Fellowship Group	Sunday Monday Thursday	11:00 am 8:30 pm 8:30 pm	Basement of Beige Row House (Sunday & Monday) White Row Building (Thursday)	2710 10 th Avenue	Regina
Fresh Start Youth Group	Tuesday	7:30 pm	Wascana Rehab Centre Meeting Room #5 - 2nd Floor	2180 23 rd Avenue	Regina
Nu Life Group	Tuesday Friday	7:30 pm 7:30 pm	First Presbyterian Church (Open Last Friday of the Month)	14 th Avenue & Albert Street (Tuesday) 2170 Albert Street (Friday)	Regina
Walsh Acres Group	Tuesday	7:30 pm	New Hope Lutheran Church	370 McIntosh Street North	Regina
Home Away From Home 12 and 12 Group	Tuesday	8:00 pm	Westminster United Church (open meeting last Tuesday of each month, use doorbell labelled "Church Office")	3025 13 th Avenue	Regina
Last Chance Group	Tuesday	8:00 pm	Christ Lutheran Church (back door)	4825 Dewdney Avenue	Regina
Pasqua Group	Tuesday	8:00 pm	Grace Mennonite Church	2935 Pasqua Street (at Kings Road & Pasqua Street)	Regina
Courage to Recover Group	Tuesday	8:00 pm	White Pony Lodge (Centre Building)	2901 5 th Avenue	
4 Aces Group	Tuesday	8:30 pm	Indian Métis Christian Fellowship (back door)	3131 Dewdney Avenue	Regina
Wednesday Breakfast	Wednesday	7:00 am	St. James United Church	2340 Victoria Ave	Regina

Meeting Group					
Lucky Nooner A.A. Group	Wednesday	12:00 pm	North East Community Centre (Behind Imperial School – back door in basement)	160 Broad Street	Regina
One Way	Wednesday	7:30 pm	St. Mary the Virgin Anglican Church	3337 15 th Avenue (Montague Street & 15 th Avenue)	Regina
Healing Hands Group	Wednesday	8:00 pm	St. James Anglican Church (Open meeting last Wednesday of the Month)	1105 Empress Street	Regina
Heartview	Wednesday	8:00 pm	Little Flower Church	420 College Avenue	Regina
Free Speech Group	Thursday	8:00 pm	Holy Child Church	2636 7 th Avenue	Regina
Northern Lights Group	Thursday	8:00 pm	Norman Kennedy Presbyterian Church	5303 Sherwood Drive	Regina
Gratitude Group	Friday	7:00 am	Knox Metropolitan United Church	2340 Victoria Avenue	Regina
Alano Friday Luncheon Group	Friday	12:00 pm	Eureka Club	1165 Pasqua Street	Regina
Big Book Focus Group	Friday	7:30 pm	Wascana Rehab Centre Boardroom (2 nd Floor)	2180 23 rd Avenue	Regina
Fireside Group	Friday	7:30 pm	Broadway United Church (Back Door)	105 Broadway Avenue	Regina
Women's Serenity	Friday	7:30 pm	St. James United Church	4506 Sherwood Drive	Regina

North Gate Group	Friday	9:00 pm	North East Community Centre (Meeting Room 2)	160 Broad Street	Regina
Alano Saturday at 9	Saturday	9:00 am	Eureka Club	1165 Pasqua Street	Regina
The 43 rd Group	Saturday	10:00 am	Knox Metropolitan United Church (Open Meeting last Saturday of the Month) Use Victoria Avenue entrance	2340 Victoria Avenue	Regina
Nor-West Group	Saturday	7:30 pm	St. James United Church (open last Saturday of the month 12x12)	4506 Sherwood Drive	Regina
Alano Experience, Strength, & Hope Group	Saturday	7:30 pm	Eureka Club (open speakers meeting 1 st Saturday of the month)	1165 Pasqua Street	Regina
Regina Beach A.A. Group	Saturday	10:00 am	United Church	107 Green Avenue	Regina Beach
Rocanville Group	Friday	8:00 pm	St. Paul's United Church	202 Pelly Street	Rocanville
Rosthern Recovery Room Group	Tuesday	7:30 pm	Trinity Lutheran church (main door, downstairs events room, elevator available for those who need it)	918 4 th Avenue	Rosethern
Eye Opener Group	Thursday	8:00 pm	Alliance Church	1002 6 th Street East	Rosetown

Rendezvous Group	Sunday	8:00 pm	Catholic Church (basement): 1 st Sunday of the month	343 3 rd Street	Saint Louis
Keep It Simple Group	Friday	8:30 pm	Bottom Meeting Room RC Rectory	Sandy Bay & Wharf Avenue	Sandy Bay
Saskatoon Breakfast Group	Sunday	9:30 am	Smitty's Restaurant at #46 in the Market Mall	2325 Preston Avenue	Saskatoon
Airliner Breakfast Group	Sunday	10:00 am	Colonial Square	1301 8th Street East	Saskatoon
Upon Awakening	Sunday	11:00 am	Confederation Inn Boardroom (Open Meeting Last Sun of the Month)	3330 Fairlight Drive	Saskatoon
Living Sober	Sunday	12:00 pm	Regent Plaza - Downtown Meeting Room	115 3rd Avenue South	Saskatoon
The Healing	Sunday	2:00 pm	The Healer Gospel Church	136 Avenue F South	Saskatoon
Conscious Contact	Sunday	7:00 pm	Queen's House of Retreat (Location on Bulletin Board)	601 Taylor Street West	Saskatoon
Neechee Group	Sunday	7:30 pm	MACSI Centre	115 3 rd Avenue South	Saskatoon
Mustard Seed Group	Sunday	8:00 pm	Grosvenor Park United Church (Open Meeting 1 st Sunday of the Month)	14 th Street and Cumberland Avenue	Saskatoon
The Gutting Room	Monday	7:00 am	Lutheran Campus Centre (Arrive by 6:45 AM)	1302 College Drive	Saskatoon
Drop In Group	Monday Wednesday	12:15 pm	Downtown Meeting Room (Side Door); (Arrive by 12:12PM)	115 3 rd Avenue South	Saskatoon

K.I.S.S Group	Monday	5:15 pm	St. Stephen's Anglican Church (open meeting last Monday of the month)	10 Grosvenor Crescent	Saskatoon
Mount Royal Group	Monday	8:00 pm	Pleasant Hill Mennonite Church	111 Whitney Avenue North	Saskatoon
New Freedom Group	Monday	8:00 pm	United Church (Located at McLure Avenue and Taylor Street)	4025 Taylor Street East	Saskatoon
Pleasant Hill Group	Monday	8:00 pm	Anglican Church (Located at 33 rd Street West & Latrace Road)	3572 33 rd Street West	Saskatoon
Riversdale Group	Monday	8:00 pm	St. George's Anglican Church	624 Avenue I South	Saskatoon
Veterans Group	Monday	8:00 pm	Sherbrook Community Centre (2 nd floor conference room)	401 Acadia Drive	Saskatoon
Women of Will	Monday	8:00 pm	Zion Lutheran Church	323 4 th Avenue South	Saskatoon
Pass It On	Monday	8:30 pm	St. Martin's United Church	2617 Clarence Avenue	Saskatoon
Attitude Adjustment Group	Tuesday Friday	7:00 am 7:00 am	Regent Plaza - Downtown Meeting Room (Side door); (Open Meeting last Tues of the Month)	115 3 rd Avenue South	Saskatoon
Beginning A New Life Group	Tuesday Thursday Friday	12:00 pm 12:00 pm 12:00 pm	Friendship Inn Centre	168 Wall Street	Saskatoon

Ladies Group	Tuesday	1:30 pm	Hole Covenant Church (South Side Door)	1426 Alexandra Avenue	Saskatoon
Dundonald Group	Tuesday	8:00 pm	Holy Trinity Anglican Church	3572 23 rd Street West	Saskatoon
Been There Done That	Tuesday	8:00 pm	Nutana Mennonite Church	1701 Ruth Street East	Saskatoon
Stepping Stones Group	Tuesday	8:00 pm	Westgate Alliance Church	3315 Centennial Drive	Saskatoon
Yours Mine & Ours Group	Tuesday	8:00 pm	Mayfair United Church (Open Meeting Last Tues of the Month)	33rd Street West & Avenue I North	Saskatoon
Kleen A.A.ir. Group	Wednesday	7:30 pm	Holy Cross Lutheran Church	1405 31 st Street West	Saskatoon
A.A. The Original Way	Wednesday	7:30 pm	The Unitarian Congregation Centre	213 2 nd Street East	Saskatoon
12 th Hour Group	Wednesday	7:30 pm	St. Matthews Anglican Church (Open Meeting last Wednesday of the Month)	109 th Street & Egbert Avenue	Saskatoon
Traditional Group	Wednesday	8:00 pm	Bishop Pocock School	227 Avondale Road	Saskatoon
Westside Group	Wednesday	8:00 pm	St. Stephen's Anglican Church	10 Grosvenor Crescent & Taylor Street	Saskatoon
Circle of Choice AA Gay Group	Wednesday	8:00 pm	Grace Westminster Church	505 10th Street East	Saskatoon
Fresh Air Group	Wednesday	8:00 pm	St. Paul's Lutheran Church	Taylor Street & Dufferin Avenue	Saskatoon
Half Century Group	Wednesday	8:00 pm	Louise Street Community Church	3042 Louise Street	Saskatoon
Northerners Group	Wednesday	8:30 pm	St. George's School Gym	748 Redberry Road	Saskatoon

Thursday Morning Men's Group	Thursday	7:00 am	Drinkle Building (Alley door)	115 3rd Avenue South	Saskatoon
Mayfair Brown Bag Circle Group	Thursday	12:00 pm	Trinity Lutheran Church (Corner Ave E & Bedford Road; Main Door Entrance)	419 Avenue E North	Saskatoon
Jekyll & Hyde	Thursday	7:30 pm	Thien Vietnam Restaurant	1301 8 th Street East	Saskatoon
Serenity Group	Thursday	8:00 pm	St. Thomas Wesley Church	802 20 th Street West	Saskatoon
Shamrock Group	Thursday	8:00 pm	Eastview Bowl	2929 Louise Street	Saskatoon
Sutherland Group	Thursday	8:00 pm	St. Paul's Church	Egbert Avenue & 105th Street	Saskatoon
Miracle Group	Thursday	8:30 pm	St. Martin's Church	Clarence Avenue & Wilson Crescent	Saskatoon
Circle of Life	Friday	12:00 pm	St. Paul's Hospital (Avenue R entrance- 1 st right- end of Hall)	1702 20 th Street West	Saskatoon
Winners Circle Group	Friday	12:15 pm	Willows Golf Course	382 Cartwright Street	Saskatoon
10th Step Group	Friday	8:00 pm	Holy Cross Lutheran Church	1405 31 st Street West	Saskatoon
Friday Night Men's Stag	Friday	8:00 pm	Redeemer Lutheran Church	812 Preston Avenue	Saskatoon
49'ers Group	Friday	8:00 pm	Grace Westminster Church	505 10 th Street East	Saskatoon
Life's Good Group	Friday	8:00 pm	Holy Covenant Church (south side entrance)	1426 Alexandra Avenue North	Saskatoon

Lost and Found Group	Friday	8:00 pm	Holy Trinity Church	3572 33 rd Street West	Saskatoon
Saskatoon Group	Friday	8:00 pm	Christ Anglican Church	Avenue E North & 28 th Street West	Saskatoon
Saturday Morning Live Group	Saturday	10:00 am	Community of Christ Church	701 1 st Street East	Saskatoon
Caswell Hill Group	Saturday	1:00 pm	Saskatoon Convalescent Home: Main Floor Big Book Study	101 31 st Street West	Saskatoon
Rolling Stones Group	Saturday	1:30 pm	Redeemer Lutheran Church	812 Preston Avenue	Saskatoon
Tea Room Group	Saturday	3:00 pm	Augustana Lutheran Church (Open Meeting 1 st Saturday of the Month)	1201 Broadway Avenue	Saskatoon
Saturday Sunset Group	Saturday	8:00 pm	Saskatoon Youth for Christ (North East Door)	1338 Avenue B North	Saskatoon
Welcome Group	Saturday	8:00 pm	Grosvenor Park United Church	14 th Street & Cumberland Avenue	Saskatoon
Shaunavon Friday Group	Friday	7:00 pm	United Church (basement)	6 th Avenue & Centre Street	Shaunavon
Shell Lake Group	Sunday	7:30 pm	Legion Hall	129 1 st Street West	Shell Lake
Prairie Promises Group	Monday	7:00 pm	Southey Senior Citizens Club (Open Meeting Last Wed of the Month)	100 Dr. J.L Dr	Shellbrook
Southey Group	Wednesday	8:00 pm	Senior Citizens Club (Open Meeting Last Wednesday of the Month)	132 Keats Street	Southey

Spiritwood Group	Wednesday	8:00 pm	Anglican Church (basement) (Open Meeting Last Wed of the Month)	137 2 nd Street West	Spiritwood
Stockholm Group	Sunday	8:00 pm	Old Town Office (beside the Fire Hall)	Main Street	Stockholm
Sunday Night H.O.W. Group	Sunday	7:30 pm	Lions Hall (Basement); Scent Free candlelight meeting	155 3 rd Avenue North East	Swift Current
Moon Lite Group	Monday	8:00 pm	Lions Hall (Basement)	155 3 rd Avenue North East	Swift Current
Nu Hope Group	Monday	8:00 pm	Canadian Mental Health (basement) (Open Last Monday of the Month)	176 4 th Avenue North West	Swift Current
Ladies Steps to Freedom Group	Tuesday	12:00 pm	Lions Hall (Basement)	155 3 rd Avenue North East	Swift Current
Guiding Light Group	Tuesday	8:00 pm	First United Church	233 3 rd Avenue NE	Swift Current
Wednesday Nooners Group	Wednesday	12:00 pm	Lions Hall (Basement)	155 3 rd Avenue North East	Swift Current
Guideline Group	Wednesday	8:00 pm	Lions Hall (Basement) (Open Last Wednesday of the Month)	155 3 rd Avenue North East	Swift Current
Come As You Are Group	Thursday	8:00 pm	Lions Hall (Basement); Speaker Meeting last Thursday of Month	155 3 rd Avenue North East	Swift Current
Friday Freedom	Friday	12:00 pm	Lions Hall (Basement); Potluck before Meeting	155 3 rd Avenue North East	Swift Current

Miracle Group	Friday	8:00 pm	Lions Hall (Basement)	155 3 rd Avenue North East	Swift Current
Saturday Morning Big Book Study Group	Saturday	10:00 am	The Centre	55 1 st Avenue North East	Swift Current
Copps & Robbers Group	Saturday	8:00 pm	Lions Hall (Basement) (Open 3 rd Saturday of the Month)	155 3 rd Avenue North East	Swift Current
Tisdale Group	Tuesday	8:00 pm	St. Matthew's Anglican Church	100 Street	Tisdale
Tisdale Big Book Group	Thursday	8:00 pm	Community Bible Church	802 101 st Avenue West	Tisdale
Turtle Lake Clarity Group	Monday	8:00 pm	Turtle Lake Mission (Open Meeting Last Monday of the Month) 1 Mile South of Turtle Lake		Turtle Lake
Turtle River Group	Tuesday	8:00 pm	Good Shepherd Anglican Church (Open Meeting Last Tues of the Month)	1 st Street South	Turtleford
Unity Group	Monday	8:00 pm	Hospital Board Room	Highway 14 North	Unity
Vibank Group	Tuesday	8:00 pm	St. Paul's Roman Catholic Church (Basement)		Vibank
How It Works Group	Tuesday	7:30 pm	(Use Back Door)	78 Main Street	Wadena
Wakaw Group	Sunday	7:30 pm	Old Hospital Boardroom	1 st Street North	Wakaw
Hepburn Group	Friday	7:30 pm	Hepburn Mennonite Brethren Church	5003 2 nd Avenue East	Waldheim

Wapella Group	Wednesday	8:00 pm	Community Hall	S Railway Avenue	Wapella
Warman Group	Monday	8:00 pm	Route 11 Creative Arts Centre	101 Klassen Street	Warman
A.A. Group of Warman	Monday	8:00 pm	Route 11 Creative Arts Centre	101 Klassen Street	Warman
Waterhen Group	Monday	8:00 pm	Waterhen First Nation Band Office		Waterhen Lake
Watrous A.A. Group	Thursday	8:00 pm	Seniors Centre Main street	1 st Street West	Watrous
Watrous Group	Thursday	8:00 pm	Anglican Church Rectory Hall	101 4 th Avenue East	Watrous
Watson Group	Thursday	8:00 pm	United Church	1 st Avenue North East	Watson
Wawota Parkland Group	Wednesday	8:30 pm	United Church	110 Lionsdale Street	Wawota
Weyburn Group	Sunday Tuesday Wednesday	8:00 pm 10:30 am 8:00 pm	United Church (Basement)	210 3 rd Street North East	Weyburn
Legacy Group	Monday Friday	8:00 pm 8:00 pm	Presbyterian Church (Basement)	210 3 rd Street North East	Weyburn
The Nooner Group	Saturday	12:00 pm	12x12 Meet in the Boardroom of the Public Library (Basement)	45 Bison Avenue	Weyburn
White Bear Last Stand Group	Tuesday	8:00 pm	4 Nations Care Lodge White Bear First Nation	White Bear Community Hall	White Bear
Whitewood Group	Thursday	8:00 pm	Presbyterian Church Hall	611 N. Railway Street	Whitewood
Wilkie A.A. Group	Saturday	7:00 pm	United Church Basement	310 Main Street	Wilkie
Wynyard Group	Monday Friday	8:00 pm 8:00 pm	United Church (basement) (Open Meeting Last	301 1 st Avenue East	Wynyard

			Monday of the Month)		
Sunday Morning Breakfast	Sunday	10:30 am	Dunlop Block	#6 23 2 nd Avenue	Yorkton
12 & 12 Group	Sunday Wednesday	8:00 pm 8:00 pm	Anglican Church Hall	164 3 rd Avenue North	Yorkton
Dunlop Group	Monday Friday	8:00 pm 8:00 pm	Dunlop Block	6-23 2 nd Avenue	Yorkton
Fellowship Group	Monday Thursday	8:00 pm 8:00 pm	Westview United Church	355 Bradbrooke Drive	Yorkton
4 Aces Group	Tuesday Friday	6:30 pm 6:30 pm	Dunlop Block	6-23 2 nd Avenue	Yorkton
Split Aces Group	Tuesday	8:00 pm	Sign Building	83 North Street	Yorkton
Zealandia Group	Wednesday	8:00 pm		21 Main Street	Zealandia

APPENDIX A.4 NARCOTICS ANONYMOUS GROUPS

NARCOTICS ANONYMOUS GROUPS

Information about NA meeting times and locations across the province current to June 2019; information is subject to change.

Group Name	Day of Week	Start Time	Notes	Address	City
Flying Dust	Tuesday	8:00 pm	Flying Dust Health Centre	8001 Flying Dust Reserve	Meadow Lake
Last Chance	Sunday	7:00 pm	Emmanuel Baptist Church	112 Burns Avenue East	Melfort
Sharing Recovery	Monday Thursday Saturday	Monday 8:00 pm Thursday 7:00 pm Saturday 8:00 pm	Third Avenue United Church	13 th Avenue & 102 nd Street	North Battleford

Freedom	Monday Saturday	7:30 pm	Cornerstone Free Methodist Church	2200 15 th Avenue East	Prince Albert
Serenity Group	Wednesday Sunday	7:00 pm	St. Alban's Church	1410 Bishop McClean Crescent	Prince Albert
SWAT	Tuesday Friday Sunday	Tuesday & Sunday 7:30 pm Friday 8:00 pm	St. David's Anglican Church	500 24 th Street East	Prince Albert
A New Hope	Wednesday	8:00 pm	St. Martin's United Church (East Back Door of Building)	2617 Clarence Avenue South	Saskatoon
Circle of Hope	Monday	8:00 pm	MACSI Centre	335 Avenue G South	Saskatoon
Eagle's Nest	Sunday	8:00 pm	Preston Ave Community Church	2216 Preston Avenue	Saskatoon
Easy Does It	Tuesday	8:00 pm	St. Thomas Wesley United	808 20 th Street West	Saskatoon
Forward Bound	Thursday	8:00 pm	Christ Church	515 28 th Street West	Saskatoon
Just For Today	Friday	8:00 pm	St. Thomas Wesley United	808 20 th Street West	Saskatoon
On The Mend	Saturday	10:00 am	Grace Lutheran Church	603 115 th Street East	Saskatoon
Recovery Rocks	Daily	9:00 am	Friendship Inn	619 20 th Street West	Saskatoon
Rogue Recovery	Thursday	7:00 pm	Zion Lutheran Church	323 4 th Avenue South	Saskatoon

Safe Passage to Recovery	Saturday	8:00 pm	Grace Westminster Church	505 10 th Street East	Saskatoon
Step By Broken Step	Friday	6:00 pm	Zion Lutheran Church	323 4 th Avenue South	Saskatoon
The Freedom Group	Friday	12:00 noon	Zion Lutheran Church	323 4 th Avenue South	Saskatoon
The Journey Continues	Monday	7:30 pm	St. Andrew's Church	436 Spadina Crescent East	Saskatoon

APPENDIX A.5 ABORIGINAL COURTWORKER PROGRAM CONTACT LIST

The Saskatchewan Aboriginal Courtworker Program provides important services that assist Aboriginal adults and youth in conflict with the law. Courtworkers help to ensure that Aboriginal people who are alleged to have committed a criminal offence receive fair and just treatment before the courts.

Courtworkers:

- Explain the reason for the charges to the accused
- Provide general information about legal rights and responsibilities
- Help the accused get legal counsel
- Act as a liaison between the accused and the police, defence lawyers, the court or the Crown prosecutor
- Ensure the accused understands all court proceedings
- Translate court proceedings for the accused if he or she is not fluent in English
- Appear with the accused in court

Courtpoint	Agency	Courtworker
Beadry's	Saskatoon Provincial Court (interim)	Misty Moran (306)964-1440
Beauval	Ile-a-la-Crosse Friendship Centre Inc.	Mary McCallum (306)833-2313
Blaine Lake	Saskatoon Provincial Court (interim)	Misty Moran (306)964-1440

Broadview	Yorkton Tribal Council	Jacqueline Johnson (306)782-8132
Buffalow Narros	Ile-a-la-Crosse Friendship Centre Inc.	Mary McCallum (306)833-2313
Caora	Yorkton Tribal Council	Jacqueline Johnson (306)782-8132
Carrot River	Prince Albert Indian and Metis Friendship Centre Inc.	Natalie Hawkeswood (306)953-2869
Cumberland	Prince Albert Grand Council Holdings Inc.	Maggie Fiddler (306)888-2226
Cut Knife	Northwest Professional Services Corp.	Liz Mayo (306)937-6891
Fort Qu'Appelle	File Hills Qu'Appelle Tribal Council Inc.	Norris Creely (Alternate: Alysia Peigan) (306)331-6699
Ile-a-la-Crosse	Ile-a-la-Crosse Friendship Centre Inc.	Mary McCallum (306)833-2313
Indian Head	File Hills Qu'Appelle Tribal Council Inc.	Norris Creely (306)331-6699
Kamsack	Yorkton Tribal Council	Jacqueline Johnson (306)782-8132
La Loche	Ile-a-la-Crosse Friendship Centre Inc.	Mary McCallum (306)833-2313
La Ronge	Prince Albert Grand Council Holdings Inc.	Ron Ratte (306)425-1753 Edmund Clarke 306425-1148
Lloydminster	Onion Lake Native Justice Inc.	John Littlewolf (306)344-5283
Melville	Yorkton Tribal Council	Jannett Reinson (306)696-7624

Montreal Lake	Prince Albert Indian and Metis Friendship Centre Inc.	Donna Lerat (306)953-3252
Nipawin	Prince Albert Indian and Metis Friendship Centre Inc.	Donna Lerat (306)953-3252
North Battleford	Northwest Professional Services Corp.	Liz Myo (306)937-6891
Onion Lake	Onion Lake Native Justice Inc.	John Littlewolf (306)344-5283
Pelican Narros	Prince Albert Grand Council Holdings Inc.	Robin Merasty (306)632-4464
Pinehouse	Prince Albert Grand Council Holdings Inc.	Ron Ratte (306)425-1753
Prince Albert	Prince Albert Indian and Metis Friendship Centre Inc.	Family: Michelle Gudbrandson (306)764-3431 Natalie Hawkeswood (306)953-2869 Donna Lerat (306)953-3252
Regina	Fort Qu'Appelle Ka-pa-chee Training Centre Inc.	Rick Charette (306)787-5839 Family: Rolande Wright (306)216-6430
Rosthern	Saskatoon Provincial Court (interim)	Misty Moran (306)964-1440
Sandy Bay	Prince Albert Grand Council Holdings Inc.	Lisa Bear (306)754-2213
Saskatoon	STC Urban First Nation Services Inc.	Carol Lafone (306)933-7038

Saskatoon	Saskatoon Provincial Court (interim)	Misty Moran (306)964-1440
Saskatoon	Fort Qu'Appelle Ka-pa-chee Training Centre Inc.	Family: Debbie Ross (306)203-0996
Southend	Prince Albert Grand Council Holdings Inc.	Edmund Clarke (306)425-1148

APPENDIX A.6 SGI IMPAIRED DRIVING PROGRAM

SGI Impaired Driving Program

Toll-free: (844)855-2744

There are 3 types of impaired driving education programs. The program you have to take depends on how many impaired driving offences you have:

- **1st offence – Driving Without Impairment (DWI) Program**
- **2nd offence – Alcohol and Drug Education (ADE) Program**
- **3rd and subsequent offences – Addiction Assessment**

Once you've completed your required impaired driving education program, you may be eligible to get your driving privileges back early with:

- an ignition interlock restricted licence
- an HTB special restricted licence
- a provisional driver's licence

Your eligibility date for early reinstatement and the licence type will be on the letter you received from SGI, either:

- at the time of your roadside suspension, or
- from when you were first convicted.

Driving Without Impaired (DWI) Program

You have to complete the DWI program if your licence is suspended because of your: impaired-driving (drugs and/or alcohol) offences, and/or driving-related *Criminal Code* convictions. The DWI Program is designed to educate you about the serious problems related to impaired driving and help you distinguish and separate the acts of impaired driving. The course includes videos, group discussions and presentations. It has a laid back, friendly atmosphere that encourages group interaction. The cost is \$170 and can be paid at any motor licence issuer and the issuer will give you a DWI receipt. The course takes 16 hours total and is held on Friday evenings, Saturday and Sundays during the day. Your deadline to take the program depends on your offence and whether you're a new or experienced driver.

Alcohol and Drug Education (ADE) Program

You have to complete the ADE Program if your licence is suspended because of your:

- impaired-driving (drugs and/or alcohol) offences, and
- driving-related *Criminal Code* convictions.

The ADE Program is designed to educate you and give you ways to look at your alcohol and drug use and its side effects, including how it impacts your family. Help you learn about the side effects of alcohol, other drugs, and the addiction signs and symptoms. The program will give you information about chemical dependency and how it gets worse, along with steps for recovery. Lastly, it will help you see the need to separate the acts of drinking, drug use, and driving. We have addiction counsellors who facilitate the sessions in a laid back, friendly atmosphere that encourages group interaction. The cost is \$450 and can be paid at any motor licence issuer and the issuer will give you an ADE receipt. The course takes 28 hours and is held over two sessions for two consecutive weekends.

- Weekend 1:
 - Friday (evening)
 - Saturday (full-day)
 - Sunday (full-day)
- Weekend 2:
 - Saturday (full-day)
 - Sunday (full-day)

Addiction Assessment:

You have to take a mandatory addiction assessment if your driver's licence is suspended because of a 3rd (or subsequent) offence for a *Criminal Code* conviction, or roadside suspension. If you're a suspended driver, you can't simply wait until your suspension term is over to get your licence back. If you don't complete the addiction assessment, your driver's licence stays suspended indefinitely. The assessment is done by an addictions counsellor who works with you to come up with a plan just for you. We'll mail you a letter advising you that you need to complete an addictions assessment. The cost and length depend on your individual assessment.

To find an addictions counsellor in your area, you can use the following information:

- Employee Assistance Programs (if available at your workplace)
- Private addictions services
- Provincial Mental Health and Addictions Services
- Métis Addiction Council of Saskatchewan Inc.
- National Native Alcohol and Drug Abuse Program (NNADAP)



**COMMUNITY LEGAL ASSISTANCE SERVICES
FOR SASKATOON INNER CITY INC. (CLASSIC)**

123 – 20th Street West, Saskatoon SK S7M 0W7

Phone: (306) 657-6100

Fax: (306) 384-0520

www.classiclaw.ca